



# Using a Resuscitation Mask

## Skill Sheet

BLS	OT	AM	FR	EMR	AFA	MAFA
✓			✓	✓	✓	✓

### Steps

Ensure you are always wearing proper PPE before performing the skill.

1. Position yourself by the patient's head, facing the chest **OR** to the patient's side, by the patient's head.
2. Place one thumb on each side of the mask to maintain a tight seal on the patient's face.
3. Seal mask onto the patient's face in a way that the airway is positioned open.

Organizational/local protocol for \_\_\_\_\_ :

### Skill Notes

- The position of the responder depends on whether the responder is working alone or as part of a team.
- A resuscitation mask is indicated for a patient in respiratory arrest, or a patient whose respiratory rate is too low or too high.
- Some resuscitation masks are designed specifically for children and infants.
- Resuscitation masks may also include an oxygen inlet port.