



# Unresponsive Foreign-Body Airway Obstruction

## Skill Sheet

BLS	OT	AM	FR	EMR	AFA	MAFA
✓			✓	✓	✓	✓

Participants may not need to demonstrate skills for all age groups. The learning objectives for each course indicate the applicable content.

### Steps

Ensure you are always wearing proper PPE before performing the skill.

#### IF CIRCULATION IS ABSENT:

1. Perform 30 compressions, attempt one ventilation.
2. If there is no air entry, reposition head and attempt to ventilate again.
3. If air still does not enter, resume the CPR sequence, starting with 30 chest compressions.
4. Look in the patient's mouth for a foreign object (using a tongue-jaw lift or cross-finger technique); remove object, if one is found.
5. Attempt one ventilation.
  - a) If air does not enter, repeat step 3.
  - b) If air does enter, then give a second ventilation. Continue with CPR protocol.

#### IF CIRCULATION IS PRESENT:

1. If first ventilation is **successful**, deliver a second ventilation.
2. Continue ventilating and assessing circulation.
  1. If first ventilation is **unsuccessful**, reposition airway and attempt a second ventilation.
  2. If second ventilation attempt does not enter, initiate CPR sequence of 30 compressions.
  3. Look in mouth for a foreign object; remove if one is found.
  4. Attempt to ventilate; if unsuccessful, continue CPR compressions cycles.

#### VENTILATION RATES

Adult: one ventilation every 5 to 6 seconds.

Child and infant: one ventilation every 3 to 5 seconds.

Organizational/local protocol for \_\_\_\_\_ :