



Rolling a Patient onto a Backboard: From a Semi-Prone Position

Skill Sheet

BLS	OT	AM	FR	EMR	AFA	MAFA
			✓	✓	✓	✓

Steps

Ensure you are always wearing proper PPE before performing the skill.

1. Establish a plan with the other responders and work as a team.
2. Explain the procedure to the patient.
3. Responder A: maintain manual spinal motion restriction (SMR) and in-line stabilization of patient's head and neck throughout procedure.
4. Responder B: examine patient's back.
5. Responders B and C: kneel beside patient and place backboard behind patient.
6. Responder B: grasp patient's far shoulder and hip to stabilize patient.
7. Responder C: grasp patient's far hip and knee to stabilize patient.
8. Responder A: give pre-arranged command to roll patient as one unit onto backboard.
9. Responders roll patient as one unit onto backboard.

Organizational/local protocol for _____ :

Skill Notes

- This requires a minimum of two responders. If possible, it is preferable to perform this technique with at least three responders.
- Responder A needs to be careful not to roll patient onto his or her face.