



Using an Epinephrine Auto-Injector

Skill Sheet

BLS	OT	AM	FR	EMR	AFA	MAFA
			✓	✓	✓	✓

Steps

Ensure you are always wearing proper PPE before performing the skill.

1. Check the Six Rights of Medication before proceeding.
2. Remove the safety cap.
3. Have the patient firmly push the tip of the epinephrine auto-injector against their quadriceps muscle in the centre of the outer thigh. A click should be heard.
4. Have the patient hold in place for up to 10 seconds.
5. Have the patient remove the epinephrine auto-injector.
6. Rub the injection site for 30 seconds.
7. Safely dispose of the auto-injector.

Organizational/local protocol for _____ :

Skill Notes

- Before using the auto-injector, quickly check for anything that might prevent the auto-injector needle from entering the skin (e.g., a mobile phone or a wallet in the pocket of the patient's pants).
- Ensure that the used epinephrine auto-injector is transported with the patient to the hospital in a rigid sharps container.
- If the patient does not improve within 5 minutes of the initial dose of epinephrine, a second dose may be indicated.