



# Assisted Ventilations — Adult/Child/Infant

## Skill Sheet

BLS	OT	AM	FR	EMR	AFA	MAFA
✓			✓	✓	✓	✓

Participants may not need to demonstrate skills for all age groups. The learning objectives for each course indicate the applicable content.

### Steps

**Ensure you are always wearing proper PPE before performing the skill.**

1. Determine the need for assisted ventilations.
2. Maintain an open airway using the head-tilt/chin-lift or jaw thrust.
3. Give one ventilation:
  - Every 5 to 6 seconds for an adult.
  - Every 3 to 5 seconds for a child or an infant.
  - On inhalation, and a second ventilation after exhalation if the patient has bradypnea (breathing too slowly).
  - On every second ventilation if the patient has tachypnea (breathing too quickly).
4. Watch the chest:
  - The chest should just start to rise with each ventilation.

**Organizational/local protocol for \_\_\_\_\_ :**

### Skill Notes

- Assisted ventilation is indicated for the following conditions:
  - Respiratory arrest
  - Irregular respiratory rates (i.e., lower than 10 breaths per minute or higher than 30 breaths per minute)
- If the patient is responsive, he or she may resist the ventilations. Try to calm and reassure the patient.
- The procedure is the same even if the patient's mouth is compromised.