



Applying a Tube Sling

Skill Sheet

BLS	OT	AM	FR	EMR	AFA	MAFA
			✓	✓	✓	✓

Steps

1. Check the patient's circulation and sensation of the injured arm.
2. Have the person hold the injured arm across the body, with the fingers touching the opposite shoulder.
3. Place a triangular bandage over the forearm and hand of the injured arm, with the point of the bandage extending past the elbow.
4. Tuck the base of the triangular bandage under the injured arm, from the hand to the elbow.
5. Twist the end of the bandage hanging below the elbow to secure the injured arm.
6. Tie the ends of the bandage together by bringing the lower half of the bandage up the back to meet the other end near the person's neck.
7. Secure the arm to the body by applying a binder:
 - Wrap a broad bandage around the injured arm and the body.
 - Tie the bandage snugly at the uninjured side.
8. Recheck circulation and sensation.

Organizational/local protocol for _____ :

Skill Notes

- Remove jewellery below the site of the injury.
- Check for normal temperature and skin colour below the injured area before and after immobilizing the limb:
 - If the area is cold after immobilizing, or if the patient feels numbness and/or tingling, gently loosen the bandages.
- Pad slings to increase comfort.
- Tying the bandage toward one side of the neck, and not at the back, can reduce discomfort caused by the knot.
- Adjust the height of the sling before tying the ends together to make sure the sling is supporting the arm.