



# Rolling a Patient onto a Backboard: From a Prone Position

## Skill Sheet

BLS	OT	AM	FR	EMR	AFA	MAFA
			✓	✓	✓	✓

### Steps

Ensure you are always wearing proper PPE before performing the skill.

1. Establish a plan with the other responders and work as a team.
2. Explain the procedure to the patient.
3. Responder A: maintain manual spinal motion restriction (SMR) and in-line stabilization of patient's head and neck throughout procedure.
4. Responder B: examine patient's back.
5. Responders B and C: kneel beside patient and place backboard between patient and yourselves.
6. Responder B: grasp patient's far shoulder and hip to stabilize patient.
7. Responder C: grasp patient's far hip and knee to stabilize patient.
8. Responder A: give a pre-arranged command to roll patient.
9. Responders roll patient as one unit onto patient's side.
10. Responders B and C: position backboard against patient.
11. Responder A: give pre-arranged command to roll patient as one unit onto backboard.
12. Responders roll patient as one unit onto backboard.

Organizational/local protocol for \_\_\_\_\_ :

#### Skill Notes

- This requires a minimum of two responders. If possible, it is preferable to perform this technique with at least three responders.