



# Splinting

## Skill Sheet

BLS	OT	AM	FR	EMR	AFA	MAFA
			✓	✓	✓	✓

### Steps

Ensure you are always wearing proper PPE before performing the skill.

1. Explain the procedure to the patient.
2. Expose and examine injury.
3. Perform manual stabilization of the injury site and control any bleeding.
4. Assess distal pulse, and motor and sensory function.
5. Measure splint appropriately, using the uninjured limb first.
6. Pad splint as necessary.
7. Apply splint to immobilize limb above and below injury.
8. Secure splint in place.
9. Reassess circulation, and motor and sensory function.

Organizational/local protocol for \_\_\_\_\_ :

#### Skill Notes

- Remove any jewellery that the person is wearing below the site of the injury, or that may present a hinderance to performing the skill.
- Follow the manufacturer's directions for commercial splints.
- If the area becomes cold to the touch after immobilizing, or if the patient feels numbness and/or tingling, gently loosen the splint while monitoring the circulation distal to the injury site.
- For bone injuries, immobilize the joint above and below the site of the injury.
- For joint injuries, immobilize the bones above and below the site of the injury.