



Frequently Asked Questions on the Annual Physical Exam

Who are eligible to take the APE?

All **employees hired on or before May 31, 2024**, are required to take the APE scheduled from **October 1, 2024, to May 31, 2025**.

Cebu employees must complete their APEs by November 25, 2024.

Can I waive some exams during the APE?

Kindly see below the exam treatments for the APE:

- Physical Examination (breast, rectal, genital) – Mandatory
- Urinalysis – Mandatory
- Fecalysis – Mandatory
- CBC – Mandatory
- FBS - Mandatory
- Cholesterol - Mandatory
- Chest Xray – Mandatory
- ECG for 35 yrs. old and above - Mandatory
- Pap smear for 35 yrs. old and above - Optional
- Eye refraction – Optional

I am currently pregnant, am I exempted to take the APE?

You are exempted from the **X-Ray only**.

For pregnant **Cebu employees**, you may send us a copy of your **ultrasound report** instead.

I have recent X-Ray results from a previous check-up, can I skip this requirement?

For Cebu employees: Only results from October onwards will be accepted by our City Health. Please re-take the X-Ray before November 25, 2024.

Can I make an appointment with my chosen clinic?

Employees are encouraged to call the facility to verify the APE and doctor's schedule. Those without prior endorsement will not be accommodated.





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Where do I submit my APE results?

For APE results **taken at Aventus clinics**, there is no need to send us your results.

For APE taken **outside Aventus**, you must obtain the hard copies from the clinic where you took your APE and send a scanned copy to the following email addresses:

- **Manila:** weserv.manilaclinic@intellicare.com.ph
- **Cebu:** weserv.cebucclinic@intellicare.com.ph

Cc:

Manila:

- **Joy Alcala-Dayola:** m.alcala@fujitsu.com
- **Louraine Faye Liporada:** lourainefaye.liporada@fujitsu.com

Cebu:

- **Angela Christi Torio:** catadman.angelachristi@fujitsu.com,
- **Alexaine Calipayan:** a.calipayan@fujitsu.com
- **Rhonna May Fernandez:** rhonnamay.fernandez@fujitsu.com

My APE results have significant findings, what do I need to do?

Visit an accredited Intellicare doctor (either your own doctor or our site clinic) for a follow-up check-up.

They will advise if further laboratory tests or procedures are needed. Please secure a Fit-To-Work certificate if required.

I was recently repatriated and have taken the medical exam upon return, should I still take the APE?

For Cebu employees: Employees who were repatriated from June 2024 onwards do not need to take the full APE. However, you need to re-take the X-Ray between October 1 and November 25, 2024.

I will change my preferred clinic, should I fill-out the form again?

Yes. Please fill-out the form again and inform our POCs.

- **Manila:** Joy Alcala-Dayola - m.alcala@fujitsu.com
- **Cebu:** Angela Christi Torio - catadman.angelachristi@fujitsu.com

