

Patient: ZACHARY GO
Age: 50

Consult Date: 2023-10-04
Sex: MALE

Rx

Diagnosis:

I10: Essential (Primary) Hypertension: Essential (Primary) Hypertension
E11: Type 2 diabetes mellitus

Medicines Covered In Best Life

Gliclazide 60mg Tablet - - - - - #90
Sig: Take 1 tab once daily

Spirolactone 25mg Tablet - - - - - #90
Sig: Take 1 tab once daily

Metformin 500mg Tablet - - - - - #90
Sig: Take 1 tab once daily

Carvedilol 25mg Tablet - - - - - #90
Sig: Take 1 tab once daily

Fenofibrate 200mg Capsule - - - - - #90
Sig: Take 1 tab once daily in the morning after meals

Medicines Not Covered In Best Life

Aspirin 80mg Tablet - - - - - #90
Sig: Take 1 tab once daily

Sacubitril-Valsartan 50mg Tablet - - - - - #90
Sig: Take 1 tab once daily

Empagliflozin + Linagliptin 10mg/5mg Tablet - - - - - #90
Sig: Take 1 tab once daily



ASHLEY FLORES

PRC No. 154869 PTR No.

MG HEALTH SOLUTIONS INC.

24F Centuria Medical Makati, Kalayaan cor. Salamanca St.,
Poblacion, Makati, 1210, Metro Manila

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Remarks:

Low salt, low fat, low sugar diet. Continue moderate intensity exercises at least 2-3x weekly for 30-45 minutes

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