

Doc. No: MyHealth-HS-F-003-01

Effective: November 15, 2017

EXERCISE STRESS TEST REPORT

Patient Name: GO, ZACHARY S. Patient Number: 1389187

Date of Birth: DEC 28, 1972 Age: 50 YEARS OLD Sex: MALE

Requested By: Date: 06/06/2023

Height: 179.5 cm. **Weight**: 96.2 kg. **Protocol**: BRUCE

Company: OTHERS: WESERV SYSTEMS **Physician:** DISPO, SHARON INTERNATIONAL, INC.

Medications:

Medical History:

Reason For Exercise Test: CONSULTATION

Phase Name	Stage Name	Time In Stage	Speed	Grade	HR	ВР	Remarks
Pretest	Standing	02:16	0	0	93	140/90	
Exercise	Stage 1	03:01	2.7	10	144	150/90	
Exercise	Stage 2	03:17	4	12	145	150/90	
Recovery	Recovery 1	00:20	1	12	148	160/100	
Recovery	Recovery 2	01:05	0.8	0	141	160/100	
Recovery	Recovery 3	03:05	0.8	0	120	150/90	
Recovery	Recovery 4	05:06	0.8	0	112	140/90	



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Procedure:

Interpretation: Reference ECG: Left ventricular hypertrophy, non specific ST T-wave changes.

Functional Capacity: Low.

INTERNATIONAL, INC.

HR Response to Exercise: Appropriate.

BP Response to Exercise: Normal resting BP - appropriate response.

Chest Pain: None.

Arrhythmias: None.

ST Changes: None.

Overall impression: Normal stress test.

Conclusions: Functional capacity at 4 METS.

The patient achieved 88% of maximum predicted heart rate.

Remarks:

SHARON DISPO, MD GESSYL BUCOL

Physician: Technician: