

	Title <div style="text-align: center;">PATIENT ASSESSMENT FORM</div>	Level 3 Document
		Document Code: MyHealth-MOB-F-003-01
		Effective Date: 02.16.2015

EXAMINATION DATE:	AUGUST 24, 2023	PATIENT NO:	1389187	DATE OF BIRTH:	DECEMBER 28, 1972
TYPE OF PATIENT:		EMPLOYEE NO:		AGE:	50 YEAR(S) OLD
TYPE OF EXAMINATION:	ACU	MEDILINK NO:		GENDER:	MALE
PATIENT NAME:	GO, ZACHARY SEE			CIVIL STATUS:	
COMPANY NAME:	Others : weserv systems international, inc.			CONTACT NO:	09177091613
COMPANY ADDRESS:				JOB TITLE:	

SOCIAL HISTORY

SMOKING? NO: <u>DENIES</u>	ALCOHOLIC BEVERAGE DRINKER? NO: <u>DENIES</u>
EXPOSURE TO ANY HAZARDS:	

PHYSICAL EXAMINATION

BLOOD PRESSURE:	PULSE RATE/MIN:	HEIGHT:	WEIGHT:	BMI/CLASS:
130/80 mmHg	96 bpm	180 cm	97.7 kg	30.2/OBESE I
TEMPERATURE:	RESPIRATORY RATE:	WAIST:	HIP:	WAIST HIP RATIO:
35.9	19 cpm			
CORRECTIVE APPARATUS	VISUAL ACUITY	FAR VISION (OD/OS)	NEAR VISION (OD/OS)	ISHIHARA TEST:
	UNCORRECTED	20/25	20/25	J5+
	CORRECTED			J4+
SKIN	ESSENTIALLY NORMAL		HEART	ESSENTIALLY NORMAL
EYE	ESSENTIALLY NORMAL		ABDOMEN	ESSENTIALLY NORMAL
EAR	ESSENTIALLY NORMAL		BACK	ESSENTIALLY NORMAL
NOSE	ESSENTIALLY NORMAL		EXTREMITIES	ESSENTIALLY NORMAL
MOUTH	ESSENTIALLY NORMAL		NEUROLOGICAL	ESSENTIALLY NORMAL
THROAT	ESSENTIALLY NORMAL		GENITALIA	ESSENTIALLY NORMAL
NECK	ESSENTIALLY NORMAL		ANUS/RECTUM	ESSENTIALLY NORMAL
LUNGS	ESSENTIALLY NORMAL		REVIEW OF SYSTEMS:	
CHEST	ESSENTIALLY NORMAL			
BREASTS	ESSENTIALLY NORMAL			

MEDICATION HISTORY

GENERIC	BRAND	DOSE	QUANTITY	DURATION

MEDICAL HISTORY

TYPE OF ILLNESS	INDICATION	DATE
DM TYPE2 HYPERTENSION	METORMIN, DIAMICRON, GLYXAMBI CARVEDILOL	2010 2012
DATE OF LAST PAP SMEAR:	DATE OF LAST MAMMOGRAM:	DATE OF LAST COLONOSCOPY:
NOT APPLICABLE	NOT APPLICABLE	
DATE OF LAST KIDNEYS, URETERS BLADDER ULTRASOUND:		

SURGICAL HISTORY

TYPE OF SURGERY	INDICATION FOR SURGERY	DATE OF SURGERY

FAMILY MEDICAL HISTORY

OBSTETRIC HISTORY

AGE OF FIRST MENSTRUATION:	AGE OF LAST MENSTRUATION (FOR MENOPAUSE PATIENTS):	CYCLE DURATION: (How many days is the menstruation):	PAST MENSTRUAL PERIOD:	LAST MENSTRUAL PERIOD:
NOT APPLICABLE	NOT APPLICABLE	NOT APPLICABLE	NOT APPLICABLE	NOT APPLICABLE
MENSTRUAL DESCRIPTION:	NUMBER OF PADS USED PER DAY:	METHOD OF BIRTH CONTROL:	GRAVIDITY:	PARITY:

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PATIENT NAME:	GO, ZACHARY SEE			CIVIL STATUS:	
COMPANY NAME:	Others : weserv systems international, inc.			CONTACT NO:	09177091613
COMPANY ADDRESS:				JOB TITLE:	

NOT APPLICABLE	NOT APPLICABLE	NOT APPLICABLE	NOT APPLICABLE	NOT APPLICABLE
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	Title <div style="text-align: center;">OFFICIAL RESULT</div>	Level 3 Document
		Document Code: MyHealth-MOB-F-011-00
		Effective Date:

EXAMINATION DATE:	AUGUST 24, 2023	PATIENT NO:	1389187	DATE OF BIRTH:	DECEMBER 28, 1972
TYPE OF PATIENT:		EMPLOYEE NO:		AGE:	50
TYPE OF EXAMINATION:	ACU	MEDILINK NO:		GENDER:	MALE
PATIENT NAME:	GO, ZACHARY SEE			CIVIL STATUS:	
COMPANY NAME:	Others : weserv systems international, inc.			CONTACT NO:	09177091613
COMPANY ADDRESS:				JOB TITLE:	

SUMMARY OF LABORATORY AND OTHER STANDARD TESTS RESULTS

FECALYSIS	UNREMARKABLE
ROUTINE URINALYSIS	GLUCOSE (4+), PROTEIN (1+)
(CBC) COMPLETE BLOOD COUNT WITH PLATELET COUNT	INCREASED WHITE BLOOD CELL COUNT, NEUTROPHIL COUNT, MONOCYTE COUNT, EOSINOPHIL COUNT, BASOPHIL COUNT
(FBS) FASTING BLOOD SUGAR	INCREASED
CHOLESTEROL	UNREMARKABLE
CHEST PA (ACU)	NEGATIVE CHEST
12 LEAD ECG	Sinus rhythm, first degree AV block, left axis deviation and non specific ST T wave changes.


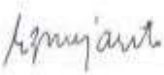

ASSESSMENT:

1. ECG FINDING: LEFT AXIS DEVIATION, FIRST DEGREE AV BLOCK
2. HYPERTENSION: W/ MAINTENANCE, CONTROLLED
3. ERROR OF REFRACTION, UNCORRECTED, NEAR
4. OBESE CLASS I (BMI 30.2)
5. DIABETES MELLITUS TYPE 2: UNCONTROLLED WITH MEDICATIONS
6. URINALYSIS: PROTEINURIA
7. CBC: LEUCOCYTOSIS WITH NEUTROPHILIA, MONOCYTOSIS, EOSINOPHILIA

RECOMMENDATION:

1. PLEASE CONSULT WITH AN INTERNIST / CARDIOLOGIST FOR CLINICAL CORRELATION AND FURTHER EVALUATION OF ECG FINDINGS.
2. LOW SALT, LOW FAT DIET, AND LIFESTYLE MODIFICATIONS (SUCH AS SMOKING CESSATION AND MODERATION OF ALCOHOL INTAKE) ARE RECOMMENDED. CARDIAC WORK UP SUGGESTED. CONTINUE PRESENT MEDICATIONS AS PREVIOUSLY PRESCRIBED AND FOLLOW-UP WITH ATTENDING CARDIOLOGIST AS SCHEDULED. PLEASE MONITOR BLOOD PRESSURE TWICE DAILY (AM & PM) FOR ONE WEEK, RECORD PLEASE, AND THEN CONSULT WITH ATTENDING INTERNIST/CARDIOLOGIST FOR CONTINUED MANAGEMENT.
3. PLEASE CONSULT AN OPHTHALMOLOGIST FOR FURTHER EVALUATION AND MANAGEMENT OF VISUAL ACUITY FINDINGS
4. ADVISED ON PROPER WEIGHT MANAGEMENT THROUGH DIETARY MODIFICATION AND REGULAR EXERCISE, PERTINENT TO PATIENT'S CONDITION/ PHYSICAL CAPACITY. MAY CONSULT A NUTRITIONIST FOR DIETARY COUNSELING. CONSULT AN ENDOCRINOLOGIST FOR FURTHER EVALUATION AND MANAGEMENT.
5. MAINTAIN A REDUCED CARBOHYDRATE/SUGAR DIET, ALONG WITH REGULAR EXERCISE, PERTINENT TO PATIENT'S CONDITION/ PHYSICAL CAPACITY. CONSULTATION/FOLLOW-UP WITH ATTENDING INTERNIST/ ENDOCRINOLOGIST IS HIGHLY RECOMMENDED FOR CONTINUED MONITORING AND MANAGEMENT. SUGGEST HBA1C EVERY 3 MONTHS AND FASTING BLOOD SUGAR.
6. SUGGEST CONSULT WITH AN INTERNIST REGARDING URINALYSIS RESULT FOR CLINICAL CORRELATION, FURTHER EVALUATION AND MANAGEMENT.
7. CONSULT AN INTERNIST FOR FURTHER EVALUATION, CLINICAL CORRELATION AND MANAGEMENT OF CBC RESULT.

REMARKS: Please note that above classification is based on symptoms reported and diagnostic findings at time of examination/evaluation. Any changes in patient's condition/diagnostic results may alter classification.

 RALPH VENTURA, MD Examining Physician/Date	 ROXANE MEJARITO Medical Evaluator/Date	 JESAN ANIKA TUJAN Verified by/Date
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RESTING ECG RESULT

Patient Name :	GO, ZACHARY SEE		Patient Number :	1389187	
Date of Birth :	DEC 28, 1972	Age :	50 YEARS OLD	Sex :	MALE
Requested By :			Test Date :	08/24/2023	
Height :	177.5 cm	Weight :	99.3 kgs	Technician :	GESSYL BUCOL
Company :	OTHERS : WESERV SYSTEMS INTERNATIONAL, INC.		Physician :	CASHMERE MALAINE SAYRUDDIN, MD	

Medication :

Comment :

ANNUAL CHECK-UP

Reason For Test :

ANNUAL CHECK-UP

Summary

Heart Rate : 89

Blood Pressure : 130/80

Measurement Results :

QRS	:	88
QT/QTc	:	365/445
PR	:	232
P	:	128
RR/PP	:	674/
P/QRS/T	:	43/-20/117

RESTING ECG RESULT

Patient Name : GO, ZACHARY SEE		Patient Number : 1389187	
Date of Birth : DEC 28, 1972	Age : 50 YEARS OLD	Sex :	MALE
Requested By :		Test Date :	08/24/2023
Height : 177.5 cm	Weight : 99.3 kgs	Technician :	GESSYL BUCOL
Company : OTHERS : WESERV SYSTEMS INTERNATIONAL, INC.		Physician :	CASHMERE MALAINE SAYRUDDIN, MD

Interpretation

Sinus rhythm, first degree AV block, left axis deviation and non specific ST T wave changes.



CASHMERE MALAINE SAYRUDDIN, MD

Physician



GESSYL BUCOL

Technician

RESTING ECG RESULT

Patient Name : GO, ZACHARY SEE

Patient Number : 1389187

Date of Birth : DEC 28, 1972 **Age :** 50 YEARS OLD

Sex : MALE

Requested By :

Test Date : 08/24/2023

Height : 177.5 cm **Weight :** 99.3 kgs

Technician : GESSYL BUCOL

Company : OTHERS : WESERV SYSTEMS
INTERNATIONAL, INC.

Physician : CASHMERE MALAINE SAYRUDDIN, MD



PATIENT NAME
GO, ZACHARY SEE

DOB
AGE
SEX
SAMPLE RECEIVE
YOUR REF
REFERRING DOCTOR
DEC 28 1972
50 Y
M
DATE/TIME
AUG 24 2023 16:53
**CEB-000000004351-
1389187-
1168011052409342**
NOT PROVIDED

ANALYTE	RESULT	SI UNIT	REF RANGE	RESULT	CONV UNIT	REF RANGE
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Complete Blood Count

Red Cell Count	5.04	10 ¹² /L	4.50 - 6.50			
Hemoglobin	149	g/L	130 - 180			
HCT	0.45	L/L	0.40 - 0.55			
MCV	90	fL	78 - 99			
MCH	30	pg	27 - 32			
MCHC	329	g/L	300 - 360			
RDW-CV	13.2	%	11.0 - 15.0			
White Cell Count	▲ 15.60	10 ⁹ /L	4.00 - 11.00			
Neutrophils	▲ 12.07	10 ⁹ /L	2.00 - 8.00	77.4	%	
Lymphocytes	1.26	10 ⁹ /L	1.00 - 4.00	8.1	%	
Monocytes	▲ 1.28	10 ⁹ /L	<= 1.10	8.2	%	
Eosinophils	▲ 0.83	10 ⁹ /L	<= 0.70	5.4	%	
Basophils	▲ 0.15	10 ⁹ /L	<= 0.10	0.9	%	
Platelet Count	326	10 ⁹ /L	150 - 400			

Results have been verified with repeat analysis, slide and/or scattergram review.

Lipid Studies

Total Cholesterol	3.92	mmol/L	< 5.20	151	mg/dL	< 200
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Diabetic Studies

Glucose (Fasting)	▲ 9.88	mmol/L	3.89 - 5.83	178.02	mg/dL	70.09 - 105.04
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Urinalysis

Color	Yellow					
Appearance	Slightly Cloudy					
Specific Gravity	1.020		1.010 - 1.030			

RESULT FLAGS ▼ Low ▼▼ Critical Low ▲ High ▲▲ Critical High

THIS IS A COMPUTER GENERATED REPORT.

PAGE 1 OF 3

LAB ID: C2308240052 RELEASED ON: Aug 25 2023 13:09:26

PATIENT NAME
GO, ZACHARY SEE

DOB
AGE
SEX
SAMPLE RECEIVE
YOUR REF
REFERRING DOCTOR
DEC 28 1972
50 Y
M
DATE/TIME
AUG 24 2023 16:53
**CEB-000000004351-
1389187-
1168011052409342**
NOT PROVIDED

ANALYTE	RESULT	SI UNIT	REF RANGE	RESULT	CONV UNIT	REF RANGE
pH	5.0		4.8 - 7.4			
Glucose	++++					
Ketones	Negative					
Protein	+					
Nitrite	Negative					
Bilirubin	Negative					
Urobilinogen	Negative					
Blood	+					
Leucocytes	Negative					
Red Blood Cell Count	2	/uL	< 10	0	/hpf	< 2
White Blood Cell Count	0	/uL	< 20	0	/hpf	< 5
Epithelial Cells	None					
Bacteria	Rare					
Casts	Hyaline Casts: 0-1/lpf					
Others	None					

Result has been verified with microscopic examination.

Fecalalysis

Color	Dark Brown		
Form & Consistency	Formed		
Fat Globules	None		
Yeast Cells	None		
Red Blood Cells	0	/hpf	< 1
Leukocytes (Pus cells)	0	/hpf	< 1
Organisms	No intestinal parasites seen.		

Important Notice

This lab report is intended to be interpreted by a qualified medical doctor in conjunction with clinical evaluation and other diagnostic procedures.

Validated by

Scientist Mae Angelica B. Ewican, RMT (PRC License #)

RESULT FLAGS ▼ Low ▼▼ Critical Low ▲ High ▲▲ Critical High

THIS IS A COMPUTER GENERATED REPORT.

PAGE 2 OF 3

LAB ID: C2308240052 RELEASED ON: Aug 25 2023 13:09:26

PATIENT NAME
GO, ZACHARY SEE


MYHEALTH - CEBU

DOB
AGE
SEX
SAMPLE RECEIVE
YOUR REF
REFERRING DOCTOR
DEC 28 1972
50 Y
M
DATE/TIME
AUG 24 2023 16:53
CEB-000000004351-
NOT PROVIDED
1389187-
1168011052409342
ANALYTE
RESULT
SI UNIT
REF RANGE
RESULT
CONV UNIT
REF RANGE

Pathologist

Matthew A. Moreno, M.D. (PRC License# 0115718)

Sample Collection Date/Time

EDTA WB

Aug 24 2023 16:53

Feces

Aug 24 2023 16:53

FluorideF

Aug 24 2023 16:53

Serum

Aug 24 2023 16:53

Urine

Aug 24 2023 16:53

Test Status

Released

Complete Blood Count, Cholesterol (Total), Glucose (Fasting), Urinalysis, Fecalalysis

RESULT FLAGS ▼ Low ▼▼ Critical Low ▲ High ▲▲ Critical High

THIS IS A COMPUTER GENERATED REPORT.
PAGE 3 OF 3

LAB ID: C2308240052 RELEASED ON: Aug 25 2023 13:09:26

Name: GO, ZACHARY	Case no.: 1389187
Age: 50Y7M	Sex: M
Referring Physician:	Date: Aug 13, 2023
Examination: CHEST PA	Company: ACU

Findings:

A single PA view of the chest reveals the lung fields are clear. The cardiac silhouette is not enlarged. The thoracic aorta is not remarkable. Both hemidiaphragms are sharp and distinct. The superior mediastinum is not widened. Trachea lies in the midline. The osseous thoracic cage reveals no significant bony abnormality.

Impressions:

NEGATIVE CHEST.

Renee Rose Cabahug Bertulfo
Radiologic Technologist

Franco Alejandro Soriano MD FPCR
Radiologist

The image reflected herewith should not be used as reference for diagnostic purposes. Kindly request for the film or digital copy of the image.

*This report is based entirely on the radiologic examination and should be correlated with clinical and laboratory findings.

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