

Zachary Long - CV

Personal strengths

- Friendly, reliable and responsible;
- Team worker, who motivates others;
- Confident, hardworking and enthusiastic;
- Empathetic and engaging;
- Adaptable;
- Professional

Education

2020-2021

Bachelor of Psychological Science (Honours) Swinburne University of Technology

- Developed my ability to understand and explain key theories underpinning scientific psychology.
- Developed my general computer competency skills and developed in-depth knowledge on the following applications – Microsoft Word, Excel, PowerPoint and IBM SPSS.
- Improved my ability to effectively communicate ideas, problems, and arguments to a variety of different audiences.
- Demonstrated my ability to work independently or within a team.
- Improved my critical thinking and problem solving skills, through effectively interpreting research and information and integrating it into project work.

2016-2019

Bachelor of Psychological Science Swinburne University of Technology

2012-2014

Wesley College Melbourne - VCE

Work Experience

April 2022 - August 2022

Intern Psych Press, Melbourne, Victoria

- Help develop and research various psychometric tests that can be marketed towards a specific client and their needs.
- Involved in the process of building a database of potential clients.
- Requires a high level of adaptability, as tasks and goals are ever changing.
- Insight into the commercial aspects of psychology.

June 2021 - Current

Warehouse Assistant PHE International, Abbotsford, Victoria

- Helped ensure customers products were packaged and shipped out on time.
- Was part of a team in charge of maintaining a high standard of warehouse organisation.

November 2018 – May 2021

Packaging Hand Moon Dog Craft Brewery, Preston, Victoria

- Responsible for ensuring machinery was operational and safe to work with.
- Helped ensure that the quality of the product was of an appropriate standard.
- Required problem solving and communication when issues arose.
- Role involves an ability to undertake repetitive processes and maintain concentration.
- Required knowledge on how to safely lift heavy and large objects.

November 2019 – March 2020

Bartender Boatbuilders Yard, South Wharf, Victoria

- Part of a team responsible for ensuring customers needs were satisfied.
- Maintained a high level of cleanliness.
- Enhanced social skills through repeated customer interactions.

February 2018 – January 2019

Production Technician & Pick Packer 333D Printing, Brunswick, Victoria

- Helped ensure that the right products were sent to the right person.
- Competent in using ShipStation.
- Communicated within a small team.
- Processed the 3D models after printing, and ensured quality was acceptable.

March 2019 – January 2020

Bartender MCG MCC Members Bars, Richmond, Victoria

- Basic bar service.
- Worked within a small team to ensure customers' needs were met.

June 2015 – February 2018

Waiter, Bartender, & Kitchen Hand, Borsch, Vodka & Tears, Windsor, Victoria

- All around hospitality skills.

April 2015 – August 2019

Basketball Coach, Wesley College, Melbourne, Victoria

- Coached multiple teams of boys aged 16-18.
- Responsible for their duty of care.
- Interacted with parents to ensure their children's coaching needs were met.

References available upon request.