

A

I. Choose the best answer

- ( ) 1. Kitty likes playing \_\_\_\_\_ basketball with her friends after school.  
A.a      B.an      C.the      D./
- ( ) 2. Our class teacher Mr Smith is also going \_\_\_\_\_ part in the race.  
A.take      B.taking      C.to take      D.to taking
- ( ) 3. I'll have a picnic with my parents in the city park \_\_\_\_\_ this Sunday.  
A.in      B.on      C.at      D./
- ( ) 4. "Is the little boy good \_\_\_\_\_ sports?" Kate asked.  
A.in      B.at      C.to      D.for
- ( ) 5. Mary, \_\_\_\_\_ forget to drink some warm water after exercise.  
A.not      B.don't      C.doesn't      D.didn't
- ( ) 6. Do I have to \_\_\_\_\_ Dad \_\_\_\_\_ the housework. Mum?  
A.help do      B.help doing      C.helping do      D.helping doing
- ( ) 7. Anybody can use the pool—you \_\_\_\_\_ be a member.  
A.need to not      B.not need to      C.don't need      D.don't need to
- ( ) 8. The dictionary \_\_\_\_\_ to help you with your English study.  
A.uses      B.used      C.is used      D.is using
- ( ) 9. These children seem \_\_\_\_\_ lost their enjoyment in reading.  
A.have      B.to have      C.having      D.to having
- ( ) 10. Two of the apples are for Jim, and \_\_\_\_\_ two apples are for you.  
A.other      B.the other      C.others      D.the others
- ( ) 11. It's time \_\_\_\_\_ some outdoor activities now, kids.  
A.do      B.to do      C.doing      D.to doing
- ( ) 12. Jason got up \_\_\_\_\_ late \_\_\_\_\_ he missed the first bus.  
A.so, that      B.such, that      C.too, to      D.enough, to
- ( ) 13. We all enjoy \_\_\_\_\_ water games very much. What about you, Gina?  
A.play      B.to play      C.playing      D.to playing
- ( ) 14. It is very kind \_\_\_\_\_ you \_\_\_\_\_ me with the work, Ben. Thank you very much.  
A.for, helping      B.for, to help      C.of, helping      D.of, to help
- ( ) 15. —I heard Mark hurt his knee in the race. \_\_\_\_\_  
—Oh, he fell off his bike.  
A. Why not?      B.How much?      C.What else?      D.How come?

II. Complete the following passage with the words in the box. Each can only be used once.

A. also      B.choice      C.because      D.more      E.study      F.other

As students, we should all have good study habits. With them, we can learn things more quickly and we can 1. \_\_\_\_\_ remember what we have learned more easily. For example, when you are at home, which room do you usually 2. \_\_\_\_\_ in? In the living room? No, this is not a good 3. \_\_\_\_\_. It is usually too noisy (嘈杂的). A quiet place, such as your bedroom, would be much better. And when you do your homework, focus only on it. If you think about 4. \_\_\_\_\_ things at the same time, it will take you more time to finish your homework. And you may make 5. \_\_\_\_\_ mistakes.

In short, good study habits are very important.

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_ 5. \_\_\_\_\_

III. Complete the sentences with the given words in their proper forms.

1. Mike has scored 20 \_\_\_\_\_ (point) so far.
2. What \_\_\_\_\_ (happen) to Mike yesterday morning?
3. There are two \_\_\_\_\_ (report) about the matter.
4. The topic of the passage is sports \_\_\_\_\_ (safe).
5. Look, the little boy \_\_\_\_\_ (climb) the tall tree.

IV. Rewrite the sentences as required.

6. Danny loves sports very much. (改为一般疑问句)

\_\_\_\_\_ Danny \_\_\_\_\_ sports very much?

7. My ankle kind of hurts. (对划线部分提问)

\_\_\_\_\_ is \_\_\_\_\_ matter with you?

8. Peter wants to do some sports with Jason. (对划线部分提问)

\_\_\_\_\_ Peter want to do some sports with?

9. Kate usually goes swimming at weekends. (对划线部分提问)

\_\_\_\_\_ does Kate usually \_\_\_\_\_ at weekends?

10. spont. which, to, do, want, you, try? (连词成句)

## B Reading comprehension.

### A Choose the best answers.

Do you like playing sports in your free time? In fact, it plays a very important part in our daily life. It has many different advantages:

- ◆ It can make us happy, relaxed and excited.
- ◆ It can help us grow up healthily. For example, playing basketball helps us grow tall and strong.
- ◆ It can help us make more friends. When playing sports, we have more chances to meet new people and make friends with them.
- ◆ It can make us sleep well at night. After playing sports, we may feel kind of tired so we can have a good night's sleep.

( ) 1. What does the underlined word "advantages" mean here in Chinese?

- A. 优点      B. 要求      C. 价格      D. 规则

( ) 2. How can playing sports make us feel according to the writer?

- A. Happy.      B. Relaxed.      C. Excited.      D. All of the above.

( ) 3. Which sport can help us grow tall and strong according to the writer?



( )4.Which of the following is NOT TRUE according to the passage?

- A. Playing sports is very important in our daily life.
- B. Playing sports can help us make new friends.
- C. Playing sports can make us a little tired.
- D. Playing sports can make us study well.

( )5.What's the best title of the passage?

- A.Let's play sports often!
- B.Let's make more friends!
- C.How to sleep well?
- D.How to play sports?

B Choose the best words or expressions to complete the passage.

Helen and Sally are cousins, and they live in a flat(公寓)in Shanghai together now. Helen is a writer. She writes every day.

She doesn't want to talk with others when she is 6 \_\_\_\_\_. Her friends know her well. So 7 \_\_\_\_\_ they want to visit her, they will call her in advance(事先). If Helen tells them she has free time, they will come to her house. If not, they will appoint(约定)another time.

Sally works as a 8 \_\_\_\_\_ in a middle school. She has lots of students and they often come to visit her at weekends.

However, when Sally's students visit her, Helen can't write well because they usually talk loudly.

Helen doesn't know what and how to say to Sally about that, 9 \_\_\_\_\_ she discusses it with her best friend Ruth. Ruth says, "You can put a note on the door when you work. It would say,

"10 \_\_\_\_\_ is at home now. Please come another day."

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|------------------|-----------|--------------|-------------------|
| ( )6.A.writing   | B.eating  | C.playing    | D.sleeping        |
| ( )7.A.When      | B.Where   | C.How        | D.What            |
| ( )8.A.cook      | B.teacher | C.bus driver | D.football player |
| ( )9.A.so        | B.because | C.but        | D.although        |
| ( )10.A.Somebody | B.Anybody | C.Everybody  | D.Nobody          |

C Playing a sport well may be difficult at first, but don't worry—you can do it! The following are some tips for you.

If you don't know what sport you like to play, try a few! The P.E. class is usually a great chance to try new sports.

Get the right equipment(装备). You can ask your parents for help. For example, you can ask your parents to buy you a pair of soccer shoes by doing housework for two months for them.

Practise, practise and practise. Practise playing your favorite sport with your friends as much as you can. If you don't have anyone to play with, then practise by yourself. Sometimes you may get the chance(机会)to make new friends when you play.

Eat healthily. A healthy body is very important in playing sports. Stop eating hamburgers and ice-cream. Try to eat a lot of fresh fruit and vegetables. Stop eating high-calorie food like chocolate or cakes. Try to eat some healthy food like carrots or apples.

Watch games. Watch games to see how the players play. The more games you watch, the more you will know about the sport.

11. What can we put into the blank?

- A. Ask your friends for help.
- B. Find the sport you like.
- C. Play sports with your friends.
- D. Have fun in P.E classes.

12. What does the underlined word(划线词)“it”refer to(指的是)?

- A. Playing a sport well.
- B. It's good for us to practise by ourselves.
- C. Something difficult at first.
- D. The following tips for you.

13. Why does the writer ask us to watch games?

- A. Because it makes us love doing sports.
- B. Because it makes us make more friends.
- C. Because it makes us always feel relaxed.
- D. Because it makes us learn more about a sport.

14. Why does the writer write the passage?

- A. To tell us how to keep healthy.
- B. To tell us how to make friends.
- C. To tell us how to be good in a sport.
- D. To tell us how to choose a good sport.

15. In which column of your school newspaper can you read the passage?

- A. School News.
- B. Sports Word.
- C. Loving Stories.
- D. Game Time.

D Cars can bring us lots of convenience, but they could also bring us much danger. So we have to be very careful whether we drive them or ride in them.

It's always a good idea to put on your seat belt when you're in a car. Why? Think about this example: You put an egg on a skateboard and give it a push. If the skateboard hits a stone on its way or another skateboard hits yours, it will stop, but the egg won't—it will fly through the air, fall down onto the ground and break. Again, think about what would happen if you tied the egg to the skateboard. When the skateboard hits a stone or another skateboard hits yours, the egg won't go flying—it will stay safely on the skateboard. Now you must know, how important it is to put on your seat belt when you're in a car.

Air bags are also very important to car safety—if a car is going really fast and runs into something, a seat belt isn't enough. So most of the newest cars have air bags in front of and next to the seats. When the car hits something at a high speed, its air bags will come out quickly—in less than one second—to keep the people inside safe.

16. Cars could bring us both convenience and danger, couldn't they?

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17. What does the writer use as an example to show us how important it is to put on a seat belt in a car?

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18. Where do most of the newest cars have their air bags?

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19. How long does it take the newest car's air bags to come out when it hits something at a high speed?

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20. What else do you think you can do to keep safe in a car?

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