



DEVIKA M

MSC PSYCHOLOGY SPECIALIZATION IN
CLINICAL AND COUNSELING PSYCHOLOGY
(PURSUING)

Profile

A psychology student who quests for knowledge and enthusiastic in finding new things and hence intrigued in research. Dreams of bestowing for the cause of improved mental health in the society.

Contact

ADDRESS

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Personal details

DOB: 28.09.1999

Nationality: Indian

Language

SPEAK, READ & WRITE

ENGLISH

MALAYALAM

TAMIL

COULD UNDERSTAND:

KANNADA, HINDI

Achievements

- Volunteered in Deaddiction awareness program conducted by Krishna Nursing home **2018**
- Volunteered and participated in Mental Health Awareness Program **2021**

Personal skills

- Smart worker
- Leadership skill
- Analytical skills
- Empathy
- Communication skills
- Time management
- Public speaking
- Assertiveness
- Active listening

Professional skills

- Working with psychiatric population
- Assessment, therapy and intervention
- Knowledge of Psychological theory and practice
- Research
- Teaching
- Counselling
- SPSS, Mendeley
- Microsoft Excel, Word, Powerpoint
- Google form

Education

Kateel Ashok Pai Memorial College, Shivamogga

2021-2022 (expected completion of course in November 2022)

M. Sc. Psychology Specialization in Clinical and Counselling Psychology

Sree Narayana Guru College, Coimbatore 2017-2020

B. Sc. Psychology

Percentage obtained : 76

CMS Matriculation Higher Secondary School, Coimbatore 2015-2017

Plus 2

Percentage obtained : 79

CMS Matriculation Higher Secondary School, Coimbatore 2015

Class 10th

Percentage obtained : 97

Conferences and publications

Attitude towards homosexuality among young adults

Publication: ISBN 978-93-91775-19-3

Conference: 57th National and 26th

International conference of Indian Academy of Applied Psychology

Dissertation

A study on happiness and triguna personality traits on retired paramilitary and non-paramilitary personnel and children of paramilitary and non-paramilitary personnel

Internships

Government Mental Health Centre, Kozhikode (2019)

Interaction with people with mental disorders, rehabilitation of people with addiction towards substances and clinical skills were acquired.

Institute of Mental Health and Psychological Sciences (IMHAPS), Coimbatore (2020)

The online clinical psychology internship focused more towards theoretical framework on understanding clinical psychology and equipped with in-depth knowledge on clinical skills and case history taking.

Observation Home, Coimbatore (2021)

A novel experience on the psychosocial role in the field of juvenile system and helped gain new perspectives on the attitude towards delinquency.

Schizophrenia Research Foundation, Chennai (2022)

Individual cases were assigned, Research assistance, administration of assessments and participation in group discussions on mental health

Certifications

Certificate course in Counselling and Guidance, Bharath Sevak Samaj (2018)

Duration: 6 months

The course detailed on the micro skills in counseling and psychological disorders

Advanced Diploma in Medical Psychiatry (2019-2020)

Bharathidasan University

Duration: 1 year

Case history, psychopathology, treatment approaches were all studied in detail and included practicals on counseling.

Skill Certificate course in Indian Sign language (2019)

Deaf Leaders foundation

Duration: 3 months

Level A of sign language was taught

Certificate course in Basics of Yoga therapy (2021)

NIMHANS

Duration: 1 month

The significance on yoga in treating mental disorders was majorly concentrated and practical sessions on modules for disorders provided light on the importance of Indian psychology.

Certificate course in Specific Learning Disability (2021)

Duration: 6 months

The different types of learning disability and intervention for each was the focus of this course.

Workshop

Science communication workshop conducted at NIAS Bangalore, IISc and SERB-DST funded high-end workshop (Karyashala)

The workshop included lectures by experts of the field and practical sessions. Major focus was on how effectively to communicate science to the general public.

Experience

Nanjappa Institute of Allied Health sciences and Physiotherapy (2022)

Shivamogga, Karnataka

Student faculty

Joined the position of guest faculty of Psychology in the Department of Physiotherapy

Reference

Dr Archana Bhat Kallahalla

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Kateel Ashok Pai Memorial College,
Shivamogga

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