



# Piyush Parimoo



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Languages: -

English, Hindi, Punjabi, Dogri,



## Education

(Information Technology)

- Bachelors in Computer Science and Application
- Post-Graduation Diploma in Computer Application
- Masters in Computer Science
- Diploma in Ethical Hacking
- Diploma in .NET Technologies and Application

(Management)

- Masters in Business Administration
- Diploma in Web-Business and Marketing

(Cognitive Science)

- Masters Research in Cognitive Neuroscience
- Pursuing phd in cognitive science ( on going)
- Title of Research for PhD “Effect of Meditation practices on phenomenology and cognitive science”

(Philosophy)

- Masters in Philosophy\*
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## Institutions Attended

- Amity university Jaipur
- Centre of Behavioural and Cognitive Sciences, Allahabad
- Panjab University, Chandigarh
- Guru Nanak Dev University, Amritsar



## Skills



I have a skill set for developing applications for both web-based and window based areas with strong experience with .NET framework and extensions of it, further I have experience in Management and Business consultation with direct or indirect relationship with IT industry, which have equipped me with strong decision making skills in predictable and unpredictable situations.

In area of Philosophy, my general area of interest has been in Indian philosophy, and in particular meditative practices. Recently, I have developed interest in philosophy of science, mind and Education. Skills developed via study of philosophy are Logic and Analytical Thinking, which are applicable in wide range of domains.

Cognitive science has provided me with wide exposure of fields ranging from Neuroscience, Psychology, Decision Making to Philosophy of Mind and my main area of interest has been in Scientific Method in general and understanding meditative process and its application in Education and Counselling domains.

- **Computer Science: -**  
Languages: - C#, C++, C. Others: - VB.net, Java, Python, Basic, Fortran  
Framework: - .NET Technologies  
DBMS: - SQL Other: - Oracle  
Packages/Others: -MS Office, HTML,ASP.NET, UML, Adobe Photoshop, Adv. Image and Video Processing, Information Security and Networking, Graphics manipulation, Software Marketing, PC Computing Organization and Hardware, Smart Technologies (ILE), Microsoft Expression, Visual Studio etc.
- **Philosophy: -**  
Critical Analytical Thinking, Logic, Art of argumentation and discussion, Indian philosophy, Sankhya philosophy, Philosophy of religion and rituals, Meditative practices, History of Philosophy of Mind.
- **Cognitive Science: -**  
Tools: - Inquist Others: - Basic MatLab, E-Prime, Basic EEG and FMRI  
Others: -Meditation and Cognition, Computational Cognitive Modelling, Scientific Research and Statistics, Numerical Methods and Analysis, Basic Psychophysics, Visual Perception, Cognitive Neuroscience, Attention, Cognitive Disorders, Cognitive Psychology, Philosophy of Mind.



## Thesis / Projects

- “Effect of Mindfulness/Meditation on Theory of Mind, Empathy, Compassion, Emotional Regulation,” – Empirical Study”
- “Clinical assessment and Counselling of Autistic subjects (Children) – Practical study”
- “Mindfulness as counselling in Psychological and Social Processes”
- “Mindfulness/Meditation as a modern expression in corporate sector”
- “Human Resource Management Concepts and Practices in Scientific Organizations(IN)” -- Management
- “Jiddu Krishnamurti and Sankhya Philosophy on notion of Truth and Reality” - Philosophy
- “Enlightenment and Brain Disorders” – Philosophy
- “Academic Automation through web-technologies” -- Computer Science



## Research Projects

- “Understanding Dalit Society: A Cognitive Sociology Approach, Panjab University, Delhi University and Indian Institute of Social Science”



I have a skill set for educational research and its application that includes using various scientific tools for evaluation of student learning process and classroom dynamics and its direct application as counselling to students and also application for generating effectiveness of classroom dynamic's according to the particular data.

“Conceptual Analysis and Survey of Philosophy Positions held by contemporary professional philosophers in India, Panjab University and Indian counselling of philosophical research” \*under Process\*

“Value Education and Mindfulness as a tool to for enhanced academic performance at both school and university level: Creation of new Mindfulness based Intervention, Centre of Vivekananda studies, Panjab University”

“Mindfulness and its Effects in relation to Theory of Mind (ToM): A Shaiva Model “

“Assessment of Theory of Mind of Monks, Dharamshala”

“Memory Retrieval Facilitation in courts Witness Subjects by use of Focused Attention and Cognitive Enhancements Drug Modafinil” Forensic Science department, Chandigarh University”



## Publications

I have training in both quantitative and qualitative research and effective execution of scientific method. My expertise has been so far in Human brain and behaviour, Social Dynamics, Economical Dynamics, Decision making and Cognitive- Affective enhancement of Human subjects.

- “Piyush Parimoo, Pankaj Srivastava, Harvinder Pal Singh, Arun Garg (2017), Effect of Brief Focused Mindfulness Mediation on Theory of Mind, The International Journal of Indian Psychology ISSN 2348-5396 (e) | ISSN: 2349-3429 (p) Volume 2, Issue 4, No. 94, DIP: 18.01.142/20170402”
- Piyush Parimoo, Pankaj Srivastava, Harvinder Pal Singh (2017) Effect of 4-week computerized mindfulness based intervention for stress management and burn-out reduction in call centre employees, Prabandhan: Indian Journal of Management (ISSN 0975-2854) \*
- P Parimoo, Effect of Various degree of Mindfulness Practices on Theory of Mind, Empathy, Compassion, Emotional Regulation; A Cross-sectional and Brief Intervention Study (Mindfulness Journal) \*
- Others in Pipeline



## Projects / Presentations / Conferences

- **Computer Science: -**
  - Window based Application for transport reservation Service.
  - Windows based Application for Restaurant food DB and Bill Generator.
  - Dynamic content-based University Website in Asp.net and Flash
  - University Domain for Admission Processes, Library Application, Employees interaction and Hostel Allotment in Asp.Net and SQL.
  - IT services Automation in Tata.



## References

### Academic only

- ❖ Prof. Sebastian Velassery, Department of Philosophy, Panjab University
- ❖ Prof. Narayanan Srinivasan, HoD, Centre of Behavioural and Cognitive Sciences
- ❖ Dr. Ark Verma, Department of Humanities / Psycholinguistics, Indian Institute of Technology Kanpur (IIT K)
- ❖ Dr. Pankaj Srivastava, Department of Philosophy, Panjab University.
- ❖ Dr. Navneet, Department of Philosophy, Delhi University.
- ❖ Arun Garg, Department of Philosophy, Government College Bathinda.
- ❖ Dr. Karanjeet Singh Kahlon, Department of Computer Science, Guru Nanak Dev University Amritsar
- ❖ Dr. Balram Singh Yadav, Department of Computer Science, DAV college, Amritsar
- ❖ Dr. Haroon Salaria, Neuro and Spine Surgeon, PGI Chandigarh

Security Analysis in Windows based System.  
Various other projects.

### Philosophy: -

Presentations/Projects: -  
Parallels between Sankhya and Jiddu Krishnamurti,  
Education and Child's mind according to J.K,  
Truth, Reality, Actuality according to J.K,  
Universal, Human and Particular Mind acc. to J.K,  
Free will vs. Freedom in Indian philosophy, Analysis of Indian Philosophy in concept and practices in India,  
Philosophy behind various Meditative practices, Free Will and Karma, Psychedelic and Mental States.

### Cognitive Neuroscience and Psychology:

Presentations/Projects: -  
Awareness and Attention: same or distinct process,  
Language and world View (WHORF's hypothesis),  
Free will and Neuroscience, Meditation and Neuroscience,  
Perception and Mirror Agnosia & Ataxia, Social judgement theory in Decision making, Attention Blink model & Meditation,  
Empathy Theory of Mind & Meditation,  
Compassion, Emotional Regulation and Meditation.



## Experience in Corporate Sector

- ZTE Telecom India (P) Ltd. – Business and Management Consultant
- Ericsson India (P) Ltd. – Business Consultant and Coordinator
- Reliance Ltd. - Business and Management Consultant
- Sterlite Technologies limited - Human Resource Management
- 9i solutions - COF and Technical Consultant
- Tata Teleservices Limited - IT service Automation
- CiS Technologies (P) Ltd. – Web Application Developer



## Others

- Co-founder of 9i solutions
- Participated in electoral process as Students Representative in Panjab University, Chandigarh.
- Former Core Member of Various Social, Student and Spiritual Organizations.
- Former member of Various Student Debate clubs
- Former active participation for the Educational upliftment of labour Class.
- Former associate member of teaching Meditative practices at

Corporate and Student bodies.

- Various retreats and manipulation with Meditative processes at both personal and origination level

## **TEACHING EXPERIENCE**

**1. GRADUATION BA PSYCHOLOGY AND NEURO LAW  
( CHANDIGARH UNIVERSITY)**

**2. MA PHILOSOPHY PHILOSOPHY OF SCIENCE  
,COUNSELLING ,PHENOMENOLOGY**

**3. POST GRADUATE DIPLOMA IN COGNITIVE SCIENCES  
AND HUMAN FACTORS**

**COGNITIVE ANALYTICS ,NEURO SCIENCES  
,EXPERIMENTATION IN COGNITIVE SCIENCE ,  
CONSCIOUSNESS STUDIES ,NEUROPHENMONOLOGY**

**4. VEDIC GYAN VEDIC COGNITIVE SCIENCE  
( BANARAS HINDU UNIVERSITY)**

**5. LLM NEUROLAW RAFFELS UNIVERSITY**

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