

SANDEEP K. PANDEY  
(Ph.D in Psychology)  
(UGC-NET Qualified 2021)



**Current Position & Affiliation :**

*Assistant Professor, Dept. of Psychology  
Sri Vaishnav Vidyapeeth Vishwavidyalaya  
Indore, M.P.*

*DOB: 05 March 1993*

*E-mail: [spindia140@gmail.com](mailto:spindia140@gmail.com)*

*Mo. +919451575453, 7351652121*

**Correspondence Address :** *B/73, Lotus Park*

*Near Arvindo University, Indore (M.P)*

**Permanent Address :** *Rampur, Distt- Balrampur 271201 (U.P)*

**Vision & Mission of Life:**

To serve the society with my knowledge, teaching learning experiences and observations which I gained from my teachers, colleagues, academic leaders and organizations for the holistic development of the individuals and society.

**Philosophy of Teaching:**

Teaching & Research in such an ethical way so that I could fulfill the goals of organization as well as scholars.

**Academic Qualifications:**

**Honors Thesis** : Emotional Intelligence in Relation to Self-Efficacy and Quality of Life among Medical Practitioners  
(Awarded: March-2021)

**Supervisor** : Dr. Shyam Lata Juyal  
Profesor & Head, Department of Psychology, KGC  
(Gurukul Kangri Vishwavidyalaya)  
Haridwar, 249404 Uttarakhand (India)

**Post-Graduation (2015)** : Department of Psychology, M.L.K. (PG) College Balrampur,  
Affiliated to (Dr. R.M.L Awadh University, Ayodhya U.P)

**Graduation (2013)** : Psychology & Med.History, M.L.K. (PG) College Balrampur,  
Affiliated to (Dr. R.M.L Awadh University, Ayodhya U.P)

**Publication of Research** : (11) Research papers published in various International/ National Journals.

**Conference/Seminar/  
Workshop Participated** : (15)

Computer Skills : Diploma in Computer Application and hands-on experience of using MS Office and SPSS etc.

Research Guidance (Under Processing) : I. 01 Post Graduate Dissertation  
II. 01 Under Graduate Dissertation

### Published Research Papers:

- Dr. Sandeep K Pandey & Dr. Kalpana Sharma (2021), "A Study of Emotional Intelligence and Quality of Life among Doctors" Journal of Education Rabindra Bharti University, (UGC CARE Approved) ISSN No. 0972-7175 (Print) Vol. 22 Issue-1 page- 520-525.
- Sandeep Kumar Pandey & Abhishek Pratap Singh (2020), "*Yogdarshan me mansik rog evm manochikitsa: Ek addhyan*" International Journal of Creative Thought, © (IJCRT) Volume 8, Issue 9 September 2020 | ISSN: 2320-2882 (Online). An Open Access, Peer-reviewed, Refereed Journal, Page 3607-3616, [www.ijcrt.org](http://www.ijcrt.org).
- Farha Naaz & Sandeep Kumar Pandey (2020) "*COVID-19 Pandemic and Mental Health of People with Diabetes*" The International Journal of Indian Psychology, ISSN 2348-5396 (Online) | ISSN: 2349-3429 (Print), Volume 8, Issue 2, April- June, 2020  DIP:18.01.240/20200802,  DOI: 10.25215/0802.240, Page 962-965 <http://www.ijip.in>.
- Sandeep Kumar Pandey & Prachi Goswami (2019), "*Personality development in Indian philosophical perspective*" Our Heritage, ISSN: 0474-9030 Vol-67-Issue-2nd July December-2019, Page 1455-1460, [www.ourheritagejournal.com](http://www.ourheritagejournal.com)
- Sandeep Kumar Pandey & Abhishek Pratap Singh (2019), "A study of Emotional Intelligence among Doctors" International Journal of Psychosocial Rehabilitation (**Scopus Indexed**), Vol. 23, Issue 06, 2019 ISSN: 1475-7192, Page 1186-1195, [www.psychosocial.com](http://www.psychosocial.com)
- Sandeep Kumar Pandey & Farah Naaz (2019), "*A Comparative Study of Job Involvement between Public and Private Sector Employees*" International Journal of Research in Social Sciences Vol. 9 Issue 1(1), January 2019, ISSN: 2249-2496 Impact Factor: 7.081, Page 1-8, [www.ijmra.us](http://www.ijmra.us)
- Sandeep Kumar Pandey & Abhishek Pratap Singh (2019), "*A study of Super brain yoga on memory enhancement and mental health of Adolescence*" International Journal of Emerging Technologies and Innovative Research, A Peer Reviewed, Open Access Journal, June 2019, Volume 6, Issue 6, ISSN: 2349-5162 | Impact Factor: 5.87, Page 435-440, [www.jetir.org](http://www.jetir.org).
- Abhishek Pratap Singh & Sandeep Kumar Pandey (2019), "*To study the Personality of Widows, Divorcee and Married status of Young Women*" International Journal of Research in Engineering, IT and Social Sciences, ISSN: 2250-0588, Impact Factor: 6.565, Volume 09 Issue 03, March 2019, Page 194-200, [www.indusedu.org](http://www.indusedu.org)
- Shyam Lata Juyal, Farha Naaz & Sandeep Kumar Pandey (2017), "*A Comparative Study of Job Satisfaction of Private and Public Sector Managers*" International Journal of Academic Research & Development, Volume: 3 • Issue 2 • July-December, 2017 ISSN: 2395-1737, 6<sup>th</sup> Issue, Page 1-5.
- Shyam Lata Juyal & Sandeep Kumar Pandey (2017), "*A Study of Emotional Intelligence and Self-Efficacy of Medical Professionals*" Psychology Present, Past & Future (Conference Proceeding Book), Page 34-43.

- Sandeep Kumar Pandey (2017), *“The Abnormal Behaviour and Psychotherapies in Atharva Veda”* Gurukul Patrika, Vol: 68/4 & 69/1 (Combined), April to Sep.2017, ISSN: 0976-8017, Page 70-80.

#### **Lists of Workshops/Conferences/Seminars Attended and Paper Presented:**

- Paper presented at “Udgam Virtual National Conference on “Imaging Higher Education in Social Sciences, Humanities, Arts and Journalism and Mass Media” presented paper entitled *“Coping Strategies of Young Women: A Study of Widows, Divorcee and Married Women”* on 3-4 Dec 2021.
- Participated in the Two-Days National Workshop on *“Methods and Approaches for Health Research in Social Sciences”* in collaboration with ICMR, NIRTH and VIT-AP University organized by dept. of Geography, SES, Central University of Karnataka, in virtual mode on 26<sup>th</sup> -27<sup>th</sup> June 2021.
- Participated in 10 days online workshop on *“Research Methodology Course for Ph.D Students”* sponsored by ICSSR-NRC, New Delhi (12 to 21 march 2021) organized by Dept. of Psychology, Soban Singh Jeena University, Almora (Uttarakhand).
- Participated in a National Webinar on *“Criminal Justice Social Work: Scope & Challenges”* Organized by Department of Criminology and police studies, Sardar Patel University of Police, Security and Criminal Justice, Jodhpur in association with Indian Society of Criminology on 04 April 2020.
- *“Psychology and Literature: An Interdisciplinary Relationship”* Haridwar Literature Festival, jointly organized by Gurukul Kangri Vishwavidyalya and Antah Pravah Society, Haridwar held at 10-12 January 2020 Gurukul Kangri Vishwavidyalya, Haridwar, Uttarakhand.
- *“Psychotherapies and Spirituality in Context of Atharva Veda”* National Vedic Seminar on, Vedic Literature: Origin of Traditional and Modern Science’ sponsored by Maharshi Sandipani Rashtriya Veda Vidya Pratisthan, Ujjain (Ministry of HRD Gov. of India) at 25, 26 & 27 Feb 2019, Gurukul Kangri Vishwavidyalya, Haridwar, Uttarakhand.
- Participated in a National Seminar Theme: *Yog evm Srimadbhagwadgeeta ke siddhanton evm sadhna paddhtiyon ka swaroop evm prasangikta*”, at 24-25 November 2018 in the Dept. of Philosophy, Gurukul Kangri Vishwavidyalya, Haridwar, Uttarakhand.
- *“The Contribution of Yoga in the Development of Personality”*, 4<sup>th</sup> International Conference on *Developing Human Values Through Yoga*’ joint Organized by Indian Association of Yoga New Delhi & Dept. of Yogic Science at 24 & 25 Feb 2018 in Uttarakhand Sanskrit University, Haridwar, Uttarakhand.
- *“A Comparative Study of Job Involvement between Private and Public Sector Employees”*, 7<sup>th</sup> International Conference on *Implications of Managements Theories on Literature Education, Social Sciences and Cultural Issues*, by the Faculty of Managements Studies at 30 September 2018, Gurukul Kangri Vishwavidyalya, Haridwar, Uttarakhand.

- “A Comparative Study of Job Satisfaction of Private and Public Sector Managers” XVI International Conference on Business Management and Behavioural Sciences (ICBMBS-17) Organized by ‘*Society of Technical and Management Professionals*’ held at Hotel Grand Shiva Haridwar, Uttarakhand (India) 30 to 31 December 2017.
- “Alternative Therapies in Indian Literature”, National Seminar (Sanskrit Mahotsav) on ‘*Sanskrit Vangmaye Vaikalpik Chikitsa Padhthyah*’ at 5 September 2017 by Dept. of Sanskrit, Gurukul Kangri Vishwavidyalaya, Haridwar, Uttarakhand.
- “Ethical Issues In the Practice of Psychology” Post Conference Workshop ‘*Society of Management and Behavioural Sciences India & Canada (SMBS)*’, 30 May 2017.
- “A study of Super brain yoga on memory enhancement and mental health of Adolescence”, National Seminar on ‘*Innovative Trends for Professional Skills Development in Yogic Science*’, Gurukul Kangri Vishwavidyalaya, Haridwar, March 27 to 28, 2017, Reg. No. NS 239.
- “A Study of Emotional Intelligence and Self-Efficacy of Medical Practitioners”, *Indo Canadian Conference on Psychology: Present, Past & Future (ICCP-2017)*, 29-30 May 2017 at Le Grand Hotel, Haridwar, Uttarakhand.
- “Psychotherapies in Atharva Veda” *3<sup>rd</sup> International & 5<sup>th</sup> Indian Psychological Congress*, Chandigarh (India) 28 to 30 September 2016, Sr. No. 288.

*I hereby declare that all the statement made in this application are true, complete and correct to the best of my knowledge and belief.*

#### **References:**

1. Dr. Shyam Lata Juyal  
Professor, Dept. of Psychology  
Gurukula Kangri (Deemed to be University) Haridwar (U.K.)  
Email; [shyam.latajuyal@gmail.com](mailto:shyam.latajuyal@gmail.com), Mo-7830211021
2. Dr. Sri Niwas Shukla (Retd.)  
Professor, Dept. of Psychology  
M.L.K P.G College, Balrampur (U.P.)  
Affiliated to Siddhartha University, Siddharthanagar (U.P.)  
Mobile no; 9415458719

**Date:**

**Place: Indore**

*-Sandeep Kumar Pandey*