**Abhijit Pathak**

**Research Scholar**

**Department of Humanities & Social Sciences**

**National Institute of Technology Rourkela**

**Rourkela-769008**

**ORCID ID:0000000331349523**

**Mobile No**: +91 9162941374 **Email**: [abhijitpathak29@gmail.com](mailto:abhijitpathak29@gmail.com)

**Biographical Sketch**

Abhijit Pathak is a research Scholar in Department of Humanities and Social Sciences, National Institute of Technology Rourkela and currently pursuing his PhD in Mental Health of Caregivers of Children with Developmental Disabilities. He has a Bachelor Degree in Mass Communication from Maulana Abul Kalam Azad University of Technology (formally known as West Bengal University of Technology) and Master Degree in Social Work specialization “Mental Health” from Tata Institute of Social Sciences (Mumbai). He has published many research papers in peer reviewed, UGC, Scopus and Web of Science Journals in the field of health, mental health, caregivers of person with mental illness, media’s perception on mental illness, pathways of seeking care for mental illness, mental health services and psychological interventions. He has one year experience of working in a Half-way Home for person with mental illness with field practice of Cognitive Remediation Therapy (CRT).

**Academics**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  | **Degree** |  |  | **School/College** |  |  | **Board/University** |  |  | **Percentage** |  |  | **Year of** |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  | **Obtained %** |  |  | **Passing** |  |
|  |  | | |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Matriculation** |  |  | St. Mary Higher |  |  | Indian School of |  |  | 76% |  |  | **2008** |  |
|  |  |  |  |  | Secondry |  |  | Secondary |  |  |  |  |  |  |  |
|  |  |  |  |  | School, |  |  | Education |  |  |  |  |  |  |  |
|  |  |  |  |  | Jharsuguda |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | **Intermediate** |  |  | Desouza’s | |  | Indian School | | 84.5% | |  | **2010** | |  |
|  |  |  |  |  | School, Rourkela | |  | Certificate | |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | Examination | |  |  |  |  |  |  |
|  |  | | |  |  | |  |  | |  | |  |  | |  |
|  |  | **Bachelor In** |  |  | Nshm School Of |  |  | West Bengal |  |  | 70.9% |  |  | **2013** |  |
|  |  | **Media Sciences** |  |  | Media & |  |  | University of |  |  |  |  |  |  |  |
|  |  |  |  |  | Communication |  |  | Technology |  |  |  |  |  |  |  |
|  |  | **Master of Arts** |  |  | Tata Institute of | |  | Tata Institute of | | 62% | |  | **2016** | |  |
|  |  | **in Mental** |  |  | Social Sciences | |  | Social Sciences | |  |  |  |  |  |  |
|  |  | **Health** |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  | |  | |  |  | |  |
|  |  | **National** |  |  |  |  |  | Central Board of |  |  | 61.14 |  |  | **2016** |  |
|  |  | **Eligibility Test** |  |  |  |  |  | Secondary |  |  |  |  |  |  |  |
|  |  | **(NET)** |  |  |  |  |  | Education & |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | University Grant |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | Commission |  |  |  |  |  |  |  |

**Publications**

**Journal Article**

* Pathak, A., & Biswal, R. (2021). Mental Illness in Indian Hindi Cinema: Production, Representation, and Reception before and After Media Convergence. *Indian Journal of Psychological Medicine*, *43*(1), 74-80. **Sage/ ESCI.**
* Sharma, M., Srivastava, S., & Pathak, A. (2021). Family psychoeducation as an intervention tool in the management of schizophrenia and the psychological wellbeing of caregivers. *Indian Journal of Community Medicine*, *46*(2), 304. **Medknow/ Scopus/ ESCI.**
* Pathak, A., & Biswal, R. (2020). Caregiver's perspective in the RPWD Act (2016) of India. *Asian Journal of Psychiatry*, *56*, 102544-102544. **Elsevier/ Scopus/ SCI**.
* Lilhare, V. K., Pathak, A., Mathew, K. J., & Subudhi, C. (2020). Explanatory model of mental illness and treatment-seeking behavior among caregivers of patients with mental illness: Evidence from Eastern India. *Indian Journal of Social Psychiatry*, *36*(4), 327-332. **Medknow/ UGC Care.**
* Subudhi, C., Biswal, R., & Pathak, A. (2020). Willingness on hospital stay among the tribal patient with mental illness and their caregivers. *Journal of Psychosocial Rehabilitation and Mental Health*, *7*(2), 183-187. **Springer/Scopus.**
* Pathak, A., & Mathew, K. J. (2017). Need for care to caregivers: Psychological distress and its socio-demographic correlates among the relatives of persons with mental illness. *International Journal of Psychosocial Rehabilitation. Vol 21 (2) 3*-12. **Scopus.**
* Mathew, K. J., Pathak, A., Rai, S., & Sangeeta, S. J. (2016). Risk of psychological distress among individuals living with a mentally ill person: a study from a backward state of india and its implications. *Online J Health Allied Scs*, *15*(4), 1-6. **Scopus.**

**Chapter in Edited Book**

* Biswal, R, Subudhi, C.& Pathak, A. (2021). Beliefs on Etiology and Healing Practices of Mental Illness among Tribes in India: Special Reference to Eastern India. In Mainstreaming the Marginalized: Fresh Perspectives on India’s Tribal Story, **Routledge.**
* Pathak, A & Biswal, R. (2021). Are We Competent Enough to Combat Mental Illness? Current Scenario of Mental Health in India. In Rethinking Management, Humanities & Social Sciences: Approaches & Trends,  M/S University Book House (Pvt.) Ltd (ISBN No: 978-93-90672-65-3)
* Pathak, A & Biswal, R. (2021). Ancient, Medieval and Colonial Psychiatric Treatment Practices in India. In Social Sciences & Humanities: Different Perspectives, Nitya Publications (ISBN NO: 978-93-91257-41-5)
* Pathak, A, & Subudhi, C. (2020). Understanding psychological distress among female caregivers of the patients with mental illness. In Psycho-Social Perspectives on Mental Health and Well-Being, **IGI Global.**
* Pathak, A & Mathew, KJ. (2019). Psychological Distress and Geriatric Population in Indian Context. In Ageing in India: Present Situation & Future Perspectives, Manas Publishers & Distributors (ISBN NO: 978-93-83231-55-3).

**Paper Presented in Conference**

* 28th Congress of National Academy of Psychology on Towards Building Inclusive Societies organized by Ramanujan College, Delhi University, Delhi (2018). Presented: “Comprehensive status of mental health in India.”
* Y-Factor International Conference on Media & Society on Media at Crossroads:Censorships, Social Media and Fake News organized by NSHM School of Media & Design, NSHM Knowledge Campus, Kolkata (2019). Presented: “Mental health awareness: the role of media.”
* International Society for the Study of Behavioural Development Regional Workshop on Parenting among Asians organized by The Chinease University of HongKong, HongKong (2019). Presented: “Disciplining children: parental concerns and strategies.”
* 29th Annual Convention of National Academy of Psychology on Making Psychology Deliverable to the Society organized by the Department of Applied Psychology, Pondicherry University, Puducherry (2019). Presented: “Adolescent with Developmental Disabilities: Issues & Challenges for the Parents.”
* International Conference on Human Dignity and Mental Health in the New Normal organized by the Department of Psychology, Utkal University (2021). Presented: “Physical Health as a predictor of Coping Style and Well-being of Parents of Children with Developmental Disabilities.”

**Work Shop Attended**

* Participated in Author Workshop on “Everything you need to know about writing a publication-ready manuscript; understanding research integrity, ethics, and plagiarism by WILEY on November 18, 2019.
* Participated in TEQIP III sponsored TURNITIN WORKSHOP on the theme Research Writing and Plagiarism at NIT Rourkela, September 7, 2019.
* Participated in TEQIP III sponsored on THESIS WRITING BOOT CAMP at NIT Rourkela, July 16-20, 2019.
* Participated in Faculty Development programme on “Integrating Theory in Research and Questionnaire Structuring and Validation” organised by Koach Scholar, New Delhi from 18 September to 22 September, 2021.
* Participated in One Month Weekend Course on "Art of Doing Effective Literature Review” organised by Koach Scholar, New Delhi from 20 February to 20 March, 2021.
* Participated in the Online workshop entitled “Writing Literature Review and Hypothesis Testing Using SPSS” organised by Koach Scholar, New Delhi from 14th - 17th October, 2020.

**Work Experience and Internship**

**Work Experience**

* Worked as a counsellor in Richmond Fellowship Society Delhi Branch from August 2016 to July 2017.

**Internship**

* Gained experience for a month in the Department of Psychiatry, Ispat General Hospital Rourkela between March 2016.
* Gained experience for a month in the Richmond Fellowship Society, Delhi Branch in the month of September 2015.
* Gained experience in a two day field work in a week internship in Ranchi Institute of Neuro-psychiatry and Allied Sciences (RINPAS) Ranchi from July 2015 to February 2016.
* Gained experience in a two day field work in a week internship in Vikas Bharti Ranchi from July 2014 to March 2015.

**Proficiency Forte**

* Counselling
* Psychotherapy
* Research
* Advocacy

**Personal Skills**

* Proficiency in MS Office.
* Proficiency in SPSS.

**Linguistic Proficiency**

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|  | Languages |  |  | Read |  |  | Speak |  | Write |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  | |  |  |  |  |  |
|  | **Hindi** |  |  | **** |  |  | **** |  | **** |  |
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|  | **English** |  |  | **** | |  | **** |  | **** | |
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**Area of Teaching Interest**

* Methods of Social Work.
* History and Perspective of Social Work.
* Social Theory.
* Mental Health.

**Reference Details**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | **Designation** | **Company** | **Contact** |
| Dr. Chittaranjan Subudhi | Asst. Professor | Department of Social Work, Central University of Tamil Nadu. | 7004031651 |
|  |  |  |  |
|  |  |  |  |
| Dr. Ramakrishna Biswal | Asst. Professor | Department of Humanities &Social Sciences | 8249348088 |
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I hereby declare that the information furnished here is true to the best of my knowledge and belief.

Abhijit Pathak.