**Cover Letter**

**Applied For: 1. Senior Student Counsellor.**

**2. Professor-Clinical Psychology.**

Dear Madam / Sir,

With regard, I want to apply for aforementioned position as it is closely matching with my qualification and professional experience in Clinical Psychology and cognate domains. Presently, I am working as a Professor & Head in Clinical Psychology at the Amity University Rajasthan, Jaipur, India. My total professional experience is for 23 years at international level.

I am aqualified, licensed and registered Clinical Psychologist by the Rehabilitation Council of India (RCI), Ministry of Social Justice & Empowerment, Government of India, New Delhi. I have worked as a clinical psychologist in clinical –cum- teaching Psychiatric hospitals and rehabilitation centers comprising forensic- and non-forensic persons with psychiatric disorders, cognitive/ intellectual & other disabilities, substance abuse, procrastination, low self - esteem, anger, burn out, interpersonal & family dysfunctions, marital problems, indecision, communication-related problems, and disorders etc. My professional experience tremendously helped me in understanding individual support-related needs and providing care for the same, which in turn, equipped me in intervening many cases with lived experience in mental health in all age-groups of male and female clients. My clinical expertise includes interview, behavioural observation, psychological and neuropsychological assessment on all types of tests and scales in general and with special emphasis on applied behavioural analysis and other form of behavioural assessment in mental health, substance abuse, chronic physical issues, surgical / tranplantation etc. Besides, individual therapy through behavior therapies, cognitive behavior therapy; family therapy, group therapy, school counseling, crisis intervention have been major domains/techniques of psychological intervention. My more than two decades of international professional experience has enriched me with abilities and skills to develop workforce for lived experience in mental healthcare as well as providing strategic advice to the management for developing quality services.

**I am especially interested, trained and professionally experienced in ‘Cognitive- Behavioural Therapies’.** Till date, I have effectively dealt with several critical and difficult cases of criminal and non-criminal (i.e., forensic and non-forensic) adults with psychotic disorders, anxiety disorders, substance abuse, affective disorders, cognitive disabilities, erectile dysfunction, various types of chronic medical health problems, etc. In similar vein, I have successfully dealt with children and adolescents with psychological disorders, autism spectrum disorders, other developmental and intellectual disabilities, learning and other scholastic problems, behavioural disorders etc in last 23 years of international experience. In relation to women, I have dealt with many cases of miscarriage, sexual molestation, premenstrual syndrome, psychosomatic disorders, sleep disorders, anxiety disorders, PTSD, learning disorders, chronic medical diseases etc in India, Ethiopia and Saudi Arabia. In genetic counselling, I have counselled on various diagnostic procedures, e. g., ultrasound, amniocentesis, fetal blood sampling, chorionic villus sampling, various others methods also and counselled patients on various psychosocial and psychological issues through cognitive behaviour intervention. I am quite experienced in providing clinical services and support in rehabilitating employment and negotiating with family members, employment avenues, community agencies as per the guidelines and regulations of the statutory acts of the state. I do understand and apply therapeutic approaches (within my specialization), possess capacity and acumen of evaluating therapeutic outcomes as per the ethical guidelines and professional norms. I have good experience in maintaining case records with confidential information.

I established a student support unit and provided academic interventions for enhancing their performance and success in career. I work for and serve students in line with the student development theory. I duly understand and effectively treated students facing challenges and difficulties, e.g., problems in educational performance, disabilities, transition, cultural issues, exploitation, abuse, discipline, drug addiction, academic stress and coping, barricades and difficulties in research works, preparation for prospective job, stress-related health issues, procrastination, time management, burning out, immigration stress etc. I develop confidential, individual-specific as well as group programmes, guide and duly supervise students for their personality development, intervening learning difficulties, life-long adjustment, and care for mental health. I duly conduct assessment for academic skills, relevant psychodiagnostic / non-academic issues, provide professional services and support in treating specific learning difficulties. I duly evaluate existing treatment programme as well as treatment given to the students and incorporate needful interventions accordingly. As required, I actively collaborate and sincerely coordinate with other faculty members and professional agencies for improving wellness and health of needy students. I conduct training programmes and disseminate information to students on research skills & opportunities, cross registration for career development, as well as support them preparing for licensing and entrance examinations like, USMLE, MCAT, MCI qualifying test etc. In addition, I duly keep myself opened and easily accessible to staff and faculty members to receive behavioral and psychological services who shape and nourish career of students and trainees.

I have been serving interdisciplinary cases including the clinical departments of Psychiatry, special education, occupational and environmental health, Family medicine, Neurology, Rehabilitation, Speech pathology, Oncology and other relevant cognate specialties. Some atypical cases of successful psychological intervention have been published in international journals. I do have skills in basic Microsoft words for proper documentation of clinical and non-clinical formal interactions and information, excel for data / record and SPSS for data analyses in research. I have made several relevant presentations and conducted (as a part of job profile) ‘Employ Assistance Programmes (EAPs) for staff with behavioural and psychological health issues, as well as chronic general health issues. Currently, I have treated many patients with COVID-19.

I have represented the student cell of the medical college twice successfully before an international panel of accreditation and assessment (i.e., for institutional and programme accreditation) while working in Saudi Arabia as a chief advisor & senior faculty in Clinical Psychology. I worked in Saudi Arabia for eight years.

At present, I am supervising seven PhD scholars in Clinical Psychology. In the past, I have supervised many interns of M. Phil. (post M.A.) of clinical psychology (comprising clinical training and preparing research dissertation), students of medical science, dentistry, pharmacy and nursing, in India Ethiopia and Saudi Arabia. In addition, I have also supervised more than 100 undergraduate students in 'senior essay' (a mini research programme) and practicum in 'counselling psychology' (including case preparation, training and presentation) at undergraduate level of studies. Till date, I have served multi-cultural and continental societies of India, Ethiopia and Saudi Arabia as a faculty and clinician. I do use lecturing, case presentation/demonstration, tutorial presentation, field visit, collaborative researches, seminar, group discussion, role play etc for teaching and training in clinical psychology and its cognate areas. Besides large-group teaching pertaining to healthcare-related education and training, I am quite experienced in conducting, facilitating and supervising small-group teaching through problem-based learning (PBL), bed-side clinical rounds in hospital, work- & skill-based assessment through buzz groups, small groups, fishbowl grouping, crossover grouping, circular questioning etc.

I do have good skills of communication, interpersonal relationships, and adaptation in diverse cultures. I have been providing academic support to my students in learning-related problems and difficulties, career-related issues including career selection and personal problems etc. I have designed and began courses for medical and non-medical studies in India and abroad, as well as, contributed in planning, development of academic operations and evaluation of academic programmes. I have played effective role in developing programme-related budget for research projects, staffing, training in professional academics, learning materials, equipment, and duly monitored expenditures at department level. I have conducted workshops for students and staff on awareness, prevention and promotion of behavioural, medical and mental health issues in academic ambience in addition to individual and group intervention. I have prepared manual and policies at school -level for professional development of teaching faculties and students, incorporated technology-supported teaching techniques, and kept the school abreast with current trends of higher education in professional academics to be indorsed in other schools and departments.

As required, I am capable to conduct quantitative and qualitative researches in mental health and other health domains, and willing to work on randomized controlled trials, mixed method evaluations, surveys, pilot & action researches, and qualitative methods. I am competent with all stages of the research process, from study design, applying for funding, co-ordination, data analysis and writing for publication. I am experienced in conducting clinical and therapeutic researches as well.Other Indian universities invited me to supervise their postgraduate students in research as a co-supervisor. I am highly interested in serving children, adolescents and the elderly people as I have been working with these age-groups since the outset of professional career. I am planning to start research on the elderly population pertaining to cognitive disabilities, co-morbidity, rehabilitation, substance abuse and other mental health issues in relation to university students. Because children are the future of the country, an avid generation of learning and experience, and the elderly population is the reservoir of all experiences of life- the combination of the two is required for nation building social prosperity.

I have worked in several departmental administrative positions including steering institute/ faculty, professional recruitment, course-coordination and other related duties. I have contributed as a member and chairperson of committee of curriculum development in 'school psychology', 'clinical psychology' for postgraduate programme while working in Ethiopia, as well as, actively participated in faculty development programmes in India and abroad. Of late, I have revised the curriculum of 'Psychiatry and behavioural science' for undergraduate programme in medicine accepted by the Ministry of Education, Saudi Arabia. I have successfully coordinated the postgraduate programme in clinical psychology (at M.Phil. level) in two Indian universities. In addition, I have actively worked in a team of quality control for institutional as well as programme/ course level of international accreditation.

Personally, I find myself a persevering, honest, sincere, ethical and quite cooperative to teamwork in interdisciplinary services. I duly consider entire world as a single family and keep myself ready to serve humanity wherever required as per my qualification and professional experience. It would be my pleasure to implement policies of work and safety for all preventing them from likely risks, danger towards promoting healthy work culture, equal opportunity for all qualified and deserving individuals and disciplined environment. An effective communication skills and decorum have been assets in professional stride.

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**Philosophy of Administration**

As an administrator, my prime responsibility is to develop a **vision** in line with its mission. And, I would prefer to share my vision with others for wide and collective consent and acceptance to work efficiently in teaching, research and congenial but disciplined administration.

The administrator is the guardian of the organization. Since a university is a complex system of work and service conglomerating students as pivotal asset, distinguished faculty members, researchers, staff, administration, managers, legislators and what not.The administrator is responsible for establishing **collaboration** with **harmony** among all sections of works and personnel for productivity and progress.

I always keep myself **accessible** to new ideas and innovative individuals, **facilitate** and support new generation of abilities and acumen to make things happen in right time and at suitable place. I appreciate and duly use assertiveness justifiably while addressing reasonable requests and painful pressures at work.

While working in administration, I can't ignore my own professional unit, rather do protect and promote its progress in all possible ways for the benefits of students and academicians. In addition, whenever required, I do mentor students, academic and non-academic staff for their prospective professional role, innovative and model practices. I don't use power on or exploit anyone for my vested interest, rather, duly respect their individuality. However, I do have my guts to break protocol for something reasonably utmost and salubrious to welfare. Thus, I also need to work at times as a **mentor**.

Despite kingpin role in administration, I do manage time for my own professional updates andscholarly activitiesin teaching and research. This is because I treat myself firstly as a **scholar**.

**CURRICULUM VITAE**

A person wearing glasses

Description automatically generated with medium confidence

**ANAND PRAKASH, PhD**

**Current Position**: **Professor** in **Clinical Psychology**, & Head - Amity Institute of Clinical Psychology (AICP), Amity University Rajasthan, Near- Kant Kalwar, NH-11 C, Jaipur-303002, **India**.

**Phone:** +91- 7319884607, 9801637657.

(**Work Profile**: Academic administration, teaching, training, clinical services, research supervision in Clinical Psychology and cognate domains; steering clinical, academic, rehabilitation services, related recruitment & selection of staff, professional training programmes, quality assurance, other duties as assigned).

**E-mail**: anandprakash72@yahoo.com; [anandprakash72@gmail.com](mailto:anandprakash72@gmail.com)

**SKYPE ID: anandprakash722**

**Permanent Address**: S/o Shri Yogendra Upadhyay, Daudpur Kothi, MIT, Muzaffarpur-842003, Bihar, **India.** **Phone**: +91-9801637657, +91-7319884607, 9431427545, 7870309020.

**Personal Profile:**

**Date of birth**: 10th July, 1972

**Father’s Name** : Shree Yogendra Upadhyay

**Nationality** : Indian.

**Marital status** : Married.

**Passport number** : **K7360307**.

**Language Proficiency: English, Hindi and Arabic (Intermediate level).**

**Educational Qualifications**:

1. PhD in Psychology, **LNM University**, Darbhanga, Bihar, **India**.

**(Title of Thesis**: Psychological Well-being and Locus of Control in Adults with Diabetes**)**.

1. M. Phil. in Clinical Psychology (formerly, Medical & Social Psychology), **Central Institute of Psychiatry (Govt. of India),** Ranchi University, Ranchi, **India**.
2. M.A. in Psychology, **Banaras Hindu University**, Varanasi, **India**.
3. B.A. (Honours)-Psychology, **Banaras Hindu University**, Varanasi, **India**.
4. Intermediate-Arts (10+2), L. S. College, Muzaffarpur, **Bihar Intermediate**

**Education Council**, Patna, **India**.

1. Matriculation (10th), SHS High School, Muzaffarpur, **Bihar School Examination Board**, Patna**, India**.

**Clinical / Professional License**:

**Licensed Clinical Psychologist** by **Rehabilitation Council of India (RCI)**, Ministry of Social Justice and Empowerment, **Government of India**.

**Registration No: CRR/A04888.** (**Completion of (Post M.A.) 2-year Master of Philosophy (M.Phil.) in Clinical Psychology (formerly, Medical & Social Psychology) from an accredited and recognized institute is the basic qualification of clinical psychologist in India**).

**Clinical Expertise**:Psychological Assessment and Cognitive Behaviour Therapy in Mental Health, Medical Health and Disabilities.

**Teaching Interests and Experience**: Clinical Psychology, Criminology / Forensic Sciences, Health Psychology, Psychology of Personality, Biopsychology.

**Courses Taught:**

**Masters level & above:** Clinical Psychology, Psychotherapy & Counselling, Behavioural Medicine, Biopsychology, Psychology of Personality, Research Methodology & Statistics.

**Bachelor Course:** Introduction to Psychology (Medical other clinical students) (Clinical Psychology (Medical & Non-medical), Health Psychology (Medical & Non-medical), Physiological Psychology, Community Psychology, Psychology of Personality, Research Methodology & Statistics.

**Professional Awards / Scholarships**:

1. **Best Reviewer with Outstanding Contributions**, International Journal of Life Science & Pharma Research, October, **2021 (**Indexed in the **Web of Science)**.
2. **Best poster paper award** for the research paper titled 'Non-clinical Factors Affecting Trustworthiness of Health Clinicians in Saudi Arabia', **presented in 2nd International Conference on Aesthetic Dentistry, College of Dentistry**, Al-Jouf University, AlJouf, **Saudi Arabia**, 10-12 May, 2017.

**(3.)** National Merit Scholarship: 1990.

**Professional Objectives:** 1. Foundation & Promotion of professional postgraduate courses in Clinical Psychology & cognate domains like Health Psychology, Rehabilitation Psychology, Early intervention etc.

2. Research promotion in behavioural & mental health, Rehabilitation.

3. Foundation of Support Services and Active professional services to staff and students.

4. Quality assurance.

5. Research Projects for promoting community well-being.

**Research Interests:** **Clinical Psychology**, **Neuropsychology, Health Psychology**, and **Psychology of Disabilities**.

**ORCID ID: 0000-0003-2530-0424.**

**Google Scholar**: **scholar.google.com/citations?hl=en&user=H\_2oqs4AAAAJ**

**Research Projects Completed:**

1. **Anand Prakash & Riyadh Bawazeer-** Perceived Stress among Medical and Non-medical Students in Saudi Arabia. **(2018)**
2. **Anand Prakash & Riyadh Bawazeer-** Certainty in Career Decision-making in Undergraduate Students in Saudi Arabia. **( 2017)**
3. **Anand Prakash & Fatima Al-Ghamdi-** Non-clinical Factors Affecting Trustworthiness of Health Clinicians in Saudi Arabia. **(2017)**
4. **Anand Prakash & Ebtesam Al-Ghamdi-** Factors Affecting Self-Medication in Jeddah, Saudi Arabia. **(2016).**

**Professional Membership:**

**1. Clinical Psychologist, Rehabilitation Council of India, Ministry of Social Justice & Empowerment, Government of India.**

**Registraton No.: CRR/A04888. (Since 12th March, 2002)**

**2. Life Fellowship** of the **International Association of Holistic Psychology**.

**Fellowship No: JA09AMF0004. (Since 10th July, 2008)**

**3. Professional Life Member** of the **Indian Association of Clinical Psychologists.**

**Membership No**- **PLM: 248. (Since 15th June, 2008)**

**4. Life Member** of the **Indian Science Congress Association**, Kolkata, India.

**Membership No. : L-12733. (Since 15th October, 2007)**

**5. Full Member** of the **Ethiopian Psychologists’ Association**, Department of

Psychology, Addis Ababa University, Addis Ababa**, Ethiopia. Membership No.:**

**30/2007. (Since 5th April, 2007)**

**Profile on Social websites**:

1. <https://www.linkedin.com/in/anand-prakash-56471834?trk=hp-identity-name>
2. <https://www.researchgate.net/profile/Anand_Prakash3?ev=hdr_xprf&_sg=3TEHbxKKXrBIuuPPy4Fb7p2-qMjqjpzBfPbEiloMVtLubU4yzPJWHv8gePVNHdaL>
3. <https://www.facebook.com/anand.prakash.94009>

**Countries Served: Saudi Arabia, Ethiopia and India.**

**Countries/Opportunities Previously selected for:**

1. Assistant Professor in Psychology & Ethics, Xavier University School of

Medicine, **Aruba, Netherlands Antilles. (2009)**

1. Assistant Professor in Psychology, Eritrea Institute of Psychology, Asmara,

**Eritrea. (2010**)

**(3.)** Chief Clinical Psychologist**,** Adesh Institute of Medical Sciences & Research**,**

Bathinda, Punjab, **India. (2010)**

**(4.)** Senior Consultant in Clinical Psychology**, Doha, Qatar. (2011)**

**Salient Achievements in Profession:**

**Duration: 24 Years**

1. **As a Head of the postgraduate institute,** secured a full-time professional accreditation **for the first-time from the Rehabilitation Council of India, Government of India,** to the Amity Institute of Clinical Psychology, **Amity University Rajasthan, Jaipur (November, 2021).**
2. **Executive Editor-In-Chief** (Psychology & Psychiatry section) for the Journal

titled 'Science Insights' ,Bonai Academy of Science and education (BASE),

Winston-Salem NC 27157, **USA, since 2017).**

1. **Member of Editorial Board** of the journal 'EC Psychology &Psychiatry,

from the **ECRONICON LIMITED,** 32, 19-21, Crawford Street, London-W1H1PJ,

**United Kingdom** (23th April, **2018**).

1. **Coordinator** with the Internal Institute of Knowledge Management,

Pittakotte, **Sri Lanka** for international academic partnership in GLOBALHEAL

Conference, Feb-2022.

1. **Member,** Ethical Committee on Human Research & Research Advisory

Committee, Amity University Rajasthan, Jaipur, **India (October, 2021).**

1. **Revised curriculum** of Psychiatry and behavioural Science for undergraduate

Medical and Pharm.D. programmes, **Ibn Sina National College for Medical**

**Studies, Jeddah, Saudi Arabia. (2018).**

1. Received invitation to **write a book in clinical / health psychology**, from the

Cambridge Scholars Publishing, Welbeck Road, Newcastle upon Tyne,, NE6 2PA,

**United Kingdom (18th October, 2017).**

1. **Chief Advisor** for International studentsat the Ibn Sina National College for

Medical Studies**, Jeddah, Saudi Arabia. (2016).**

1. Associated as a **Research Supervisor / Co-Supervisor/ Visiting Professor** in

Clinical Psychology and its cognate domains to Department of Psychology**,**

Adikavi Nannayya University, Rajah Narendhra nagar, Rajamahendravaram

(Rajahmundry)-**533296,** Andhra Pradesh**, India). (2016).**

1. **Member, Quality Control Department** for **Medicine Programme,** Ibn Sina

National College for Medical Studies, Jeddah, **Saudi Arabia. (Since 2014).**

1. **Received invitation for authoring and published a book** from the

**LAMBERT Academic Publishing GmbH & Co. KG,** Dudweiler Landstrafie

99, 66123 Saarbrucken**, Germany** to write a book**. (2012).**

1. **Prepared a course book** titled **‘Psychology and Health’** for undergraduate

Students of MBBS and Pharmacycourses at Ibn Sina National College for

Medical Studies, Jeddah, Saudi Arabia. **(2012).**

**12. Chairperson** of the committee to develop courses for **Master’s programme**

**in Clinical and Health Psychology,** University of Gondar, Gondar,

**Ethiopia. (2009-2010). It was the first postgraduate programme in Clinical**

**Psychology including twelve countries in North-East Africa.**

**13. Member of ‘Reform Committee’,** ‘Committee of Teaching Material

Preparation’ in the Department of Psychology, University of Gondar.

Gondar, **Ethiopia.**

**14. Resource Person** to the **Workshop on Teachers’ Training**

on topics including dealing with difficult children, helping children under

difficult circumstances, reinforcement & punishment, and shaping personality

of children, Community School, University of Gondar, Gondar**, Ethiopia (2005)**.

**15.** **Course Author and Consultant Supervisor**, B.Ed. in Special Education, **M.P.**

**Bhoj (Open) University, Shivaji Nagar, Bhopal-**462016, **India. (2001).**

**Clinical Working Experience**

(Including experience in psychiatric hospital and tertiary education**):**

1. **Professor in Clinical Psychology & HoD-Clinical Services**, Sweekaar

Academy of Rehabilitation Sciences, Secunderabad-500003, India. (From: 25-10-

2019 to 25-03-2020). (**Work Profile**: Teaching, Head- Academics, training, clinical

services, research supervision in Clinical Psychology and cognate domains; steering

clinical, academic, rehabilitation services and related administrative affairs, related

recruitment & selection of staff, professional training programmes, quality assurance,

other duties assigned in quality assurance).

1. **Worked as a Clinical Psychologist, Institute of Mental Health (Govt. of**

**Punjab**), Circular Road, Amritsar, **INDIA, Phone:** +91-183-2423920 (from 18-

01-2002 to 25-09-2004); Email: [**directorimhasr@yahoo.com**](mailto:directorimhasr@yahoo.com) (**Job profile**:

Clinical service to psychiatric illness, Disabilities including cognitive disabilities,

teaching& training to Postgraduate Students of Clinical Psychology and Guidance

& Counselling, Psychological intervention to school and College/university

students on academic and other relevant issues and research works).

**(3.)** Worked as a **Consultant Clinical Psychologist (Part-time),** Manobal Hospital,

#26, Circular Road,Amritsar-143001, **INDIA** (**From:** October, 2002-September,

2004).Phone: +91-183- 2223553. (**Job profile**: Psychological assessment and

intervention to persons with psychiatric disorders, disabilities and

other adjustment problems).

**(4.)** Worked as **Lecturer in Psychology, Department. Of Psychology, Barkatullah**

**University**, Bhopal-462026, **INDIA.** Phone: +91-755-2582734; from 06-12-

2000 to 15-01-2002; (**Job profile**: Teaching, supervision in research, training and

counselling service to post M.A. (i.e., M.Phil. interns) and postgraduate students

of Clinical Psychology, Psychology, and Special Education).

**(5.)** Worked as **Clinical Psychologist** at the **Composite Regional Centre** (For Persons

with Disabilities) (Ministry of Social Justice & Empowerment**, Govt. of India**),

Shivaji Nagar, Bhopal-462016, **INDIA.** Phone: 0755-2685950, 5; Email:

[**crcbhopal-nihh@nic.in**](mailto:crcbhopal-nihh@nic.in)  (from August, 2000 to January 2001). (**Job profile:**

Psychological assessment and intervention to disabilities, learning disorders of

children and adolescents, and Community services).

**(6.)** Worked as **Resource Person** to teaching and programme of B.Ed in Special

Education, **M.P. Bhoj (Open) University**, Shivaji Nagar, Bhopal-462016,

**INDIA**. Phone: +91-755-2576555; from January, 2001 to January, 2002. (**Job**

**profile**: Preparing teaching material, classroom teaching, training and clinical

supervision to the trainees of B. Ed. in Special Education).

**Teaching Experience**

**(1.)** **Professor in Clinical Psychology & HoD-Clinical Services**, Sweekaar Academy of Rehabilitation Sciences, Secunderabad-500003, India. (From: 25-10-2019 to 25-03-2020). (**Work Profile**: Teaching, Head- Academics, training, clinical services, research supervision in Clinical Psychology and cognate domains; steering clinical, academic, rehabilitation services and related administrative affairs, related recruitment & selection of staff, professional training programmes).

**(2.)** **Chief Advisor of Student Support Unit** & **Associate Professor in Clinical Psychology**, Ibn Sina National College for Medical Studies, **Jeddah-**21418, **Saudi Arabia**. (From October 2011 to July, 2013 and August, 2016 to May, 2019). (**Job Profile**: Teaching, training, clinical services, curriculum designing & revision, and research supervision; academic, foundation of student support unit for behavioural &amp; psychological consultation to international internal clients and students of medicine, Pharmacy, Dentistry and Nursing as well as staff; other duties assigned in quality assurance).

**(3.)** **Senior Lecturer in Clinical Psychology and Course Coordinator** (From March, 2011 to October, 2011) as well as research works, at Amity University Rajasthan, Jaipur-303002, **INDIA**. (**Job profile**: Teaching, clinical training and research supervision to Postgraduate Interns / Students of Clinical Psychology ((Recognized by the **Rehabilitation Council of India, Government of India**), Guidance & Counselling, coordinating the course of M.Phil. in Clinical Psychology).

**(4.)** **Assistant Professor in Clinical Psychology,** Department of Psychology,

University of Gondar, **ETHIOPIA,** From October, 2004 to December, 2010 **(**

**Under the United Nations Development Programme). ( Job profile:** Teaching,

training, and research supervision to the undergraduate and postgraduate students

of Clinical Psychology, Abnormal Psychology, Health Psychology, Physiological

Psychology, Psychology of Personality, Medicine, Physiotherapy, Environmental

& Occupational Health, and counselling service to boarding students of different

faculties**).**

**(5.) Clinical Psychologist**, Institute of Mental Health (Govt. Mental Hospital,

Punjab), Circular Road, **Amritsar**, **INDIA** (From January, 2002 to September,

2004). (**Job profile**: Clinical services to the persons with psychological disorders,

disabilities**,** teaching & training to visiting postgraduate students of Clinical

Psychology, Counselling, andNursing).Besides, I actively participated in a

'working committee' of workshop on ‘Rehabilitation in Psychiatry’).

**(6.) Lecturer** in **Clinical Psychology,** Department Of Psychology, Barkatullah

University, Bhopal-462026 **INDIA (From: 16th December, 2000 to 15th**

**January, 2002). (Job profile:** Teaching, clinical training, research

supervision to theM. Phil. (Post M.A.) interns of Clinical Psychology and M.A.

Students of Psychology respectively).

**(7.)** As a **Resource Person** to B. Ed. in Special Education, M.P. Bhoj (Open)

University, Shivaji Nagar, Bhopal-462016, **INDIA** (5th February, 2001 to 15th

January, 2002). **(Job profile:** I provided services to course book writing, teaching

and training and clinical supervision to the students and Disability workers.

**Scientific Publications & Presentation/ Participation:**

**Book/s Published:**

1. **Prakash, A.** (2012)**.** Understanding Play Therapy. **LAMBERT Academic**

**Publishing GmbH & Co. KG,** Dudweiler Landstrafie 99, 66123 Saarbrucken**,**

**Germany**. ISBN-**978-3-659-12247-7.**

**Editorial Experience:**

1. Mahapatra, B. C.and **Prakash, A. (2012).** Future Prospect of Teaching Strategies and Teacher Education. **Sarup Book Publishers, New Delhi. ISBN-978-8-176-25827-2.**

**Teaching Material:**

**1.** **Prakash, A.** and Desai, F.(2012). Psychology and health. Ibn Sina National College

for Medical Studies. Jeddah, **Saudi Arabia**.

**International Publications- Invited Articles / Chapters**

1. **Prakash, A.** (2012). **Cognitive behaviour therapy in India: Practice, problems and innovation**. In Alexandra M. Columbus [Ed], Advances in Psychology Research, Volume-94, 187-205. **New York. Nova Science Publishers. ISBN-978-1-62081-696-7.**
2. **Prakash, A.** (2012). **Cognitive behaviour therapy in Africa: Practice, problems and innovations.** In Alexandra M. Columbus [Ed.], Advances in Psychology Research, Volume-94, 245-260. **New York. Nova Science Publishers. ISBN-978-1-62081-696-7.**
3. **Prakash, A.** and Singh, A. (2014). **Psychological intervention for women: Issues**

**across life span**. In Rashmi Singh [Ed.], Reaching our voices: Psychology of Women,

**LAP Lambert Academic Publishing GmbH & Co. KG,** Dudweiler Landstrafie 99,

66123 Saarbrucken**, Germany**. ISBN- 978-3-659-54001-1.

4. **Prakash, A.**, Singh, I., Singh, A. and Roy, H. P. (2015). **Impact of divorce: Treating**

**children and adolescents. Advances in Psychology Research,** Volume-103. **New**

**York. Nova Science Publishers. ISBN-** 978-1-63482-357-9, 141-148.

5. Bajpai, P.and **Prakash, A.** (2015). **Stress among engineering students: Who are**

**responsible.** In Alexandra M. Columbus [Ed.], **Advances in Psychology Research,**

Volume-105. **New York. Nova Science Publishers. ISBN-** 978-1-63482-457-6.

6. Sharma, S. and **Prakash, A.** (2021). Intergenerational transmission of inequality in

psychological health. Science Insights, Vol.- 39 (5), 379-390. eISSN: 2329-5856

( **DOI** <https://doi.org/10.15354/si.21.re251>)

**International Publications- Research Articles**

1. **Prakash A**, Baxi Neeraj, Sinha V.K. (2003). TAT profile of aggressive manic Patients. ***International Journal of Psychological Researches***, Vol.47, No-01, **25-30**.

2. Singh B, **Prakash A**, Tiwari, A. (2007) A retention under Self reference among

Depressives, ***Psychological Studies***, vol.- 52, No.-1, 95-96**.** (ISSN: 0033-2968).

3. Bhushan B, **Prakash A**, Gupta R (2008). Lateralization patterns in Schizophrenia and Depression. *I****nternet Journal of Medical Update,* vol-3, No-2, 13-21**. (ISSN-1694-0423)

4. **Prakash A** (2010). Managing psychological emergencies of teenage girls. ***The***

***Psychological***  ***Society, online publication, 8th August.***

*5.* **Prakash A** (2010). B-G test correlates of prognosis in Depression. ***Internet Journal***

***of Medical Update, Vol-5, No-2, 34-37***. (ISSN-1694-0423)

6. **Prakash A**, Asrie Y (2011). Murophobia: A case report. ***Internet Journal of Medical***

***Update Vol-6, No-2*, 61-64.** (ISSN-1694-0423)

7.  **Prakash, A.** and Kumari, N. (2016). Obsessive-compulsive disorder in adolescence. Sci Insigt.2016;2016:e00221.doi:10.15354/si.16.cr019.(eISSN: 2329-5856)

8. **Prakash, A.** and Kumari, N. (2017). Cognitive behavior therapy terminates dependence on psychiatric pharmacology: A 6-year chronic case of generalized anxiety disorder. Sci Insigt Med. 2017; 2017:e000111. doi:10.15354/sim.17.sc051 (eISSN: 2640-8589).

9. Das, S., and **Prakash, A**. (2019). Parental Attitudes and Adolescents’ Psychopathology. EC Psychology and Psychiatry, Vol-08, *1*, 39-43.

10. Jha, R. N., Kumari, P. and **Prakash, A**. (2019). Psychology of Depression in Elderly: A Review. EC Psychology and Psychiatry, Vol-08, *4, 263-272.*

11. **Prakash, A**. (2019). Adolescent Drug Use, Trauma & Mental health: Some Hidden Challenges for Community Workers. EC Psychology and Psychiatry, vol-08, 5, 346-348.

12. **Prakash, A.**, Jha, R. N., and Rani, D. (2020). Deviance in Adolescents: Causes and Risk Factors. EC Psychology and Psychiatry, Vol.- 9, Issue 2, 1-11.

13. Shaheen, N., Roy, I. K., and **Prakash, A.** (2020). Psychological well-being and locus of control in adolescents with visual impairments. EC Psychology & Psychiatry, Vol-09, (9), 139-144.

14. Shaheen, N., Chaturvedi, B. K., Roy, I. K., and **Prakash, A.** (2021). Impact of COVID-19 on persons with visual impairments. EC Psychology & Psychiatry, Vol-10, *1*, 50-55.

15. Ranjan, R., Priyambada, R., and **Prakash, A.** (2021). Adolescence Suicide: Role of Self-efficacy. EC Psychology & Psychiatry, Vol.-10, *5*, 83-88.

**National Publications- Chapters in Books**

1. **Prakash A** (2001). **Historical Perspectives and Constitutional Obligations Regarding Education of the Disabled** in Swarup Smriti [Ed] Developments in the Education of Disabled Children, Block-2, B. Ed. in Special Education Programme,***Bhopal, India. M.P. Bhoj (Open) University***.

2. **Prakash A** (2001). **Recommendations/Suggestions of the National Policy on**

**Education (1986) and Programme of Action (1992)** in Swarup Smriti [Ed]

Developments in the Education of Disabled Children, Block-2, B. Ed. in Special

Education Programme, ***Bhopal, India. M.P. Bhoj (Open) University***.

3. **Prakash A** (2012). **Psychology of children and adolescents with HIV/AIDS:**

**Assessment and intervention,** in S K Srivastava [Ed], Psychopathological disorders,

New Delhi, **India*. Global Vision Publishing House*. ISBN-978-8-182-20469-0**

4. **Prakash A** (2012). **Intervention for** **Psychological Co-morbidity in HIV/AIDS,**

In S K Srivastava, Vipin Kiumar and Veena Katyal [Eds], Healthcare Management in India**,** New Delhi, **India. *New Century Publications*. ISBN- 978-8-177-08244-9**

5. **Prakash, A.** (2012). **Effective teaching for students.** In B.C. Mahapatra and A. Prakash [Eds], Future prospect of teaching strategies and teacher education. **New Delhi.**  **Sarup Book Publishers. ISBN-978-8-176-25827-2**

6. **Prakash, A.** (2013). **Psychological intervention for multiple morbidity in adolescence,** in S K Srivastava [Ed], New Perspectives of Mental Disorders. New Delhi, **India*. Sarup Book Publishers*. ISBN-978-8-176-25910-1**

7. **Prakash, A.** (2013). **Psychological intervention for learning difficulties,** in S K Srivastava [Ed], Psychological Intervention of Mental Disorders. New Delhi, **India*. Sarup Book Publishers*. ISBN-978-8-176-25911-8.**

8**. Prakash, A.,** Anmaw, M., Alemayehu, T., Befekadu, B. And Mihretu, A. (2013). **Psychological well-being of adolescents with physical impairment,** in S K Srivastava [Ed], New Perspectives of Mental Disorders. New Delhi, **India*. Sarup Book Publishers*. ISBN-978-8-176-25910-1.**

9. **Prakash, A.** & Tiwari, S. (2021). Vriddhavastha mein Mansik Swasthya: Ek Manovaigyanik Drishtikon (Psychological Health in Old age: A Psychological Perspectives)- in Hindi. In Press.

10. **Prakash, A.** (2021). Vriddh jano se Sakshaatkaar Evam Sampreshan Kaushal (Interview and Communication Skills with Older People)- in Hindi. In Press.

**National Publications- Research Articles**

1. **Prakash, A.** (2009). Care for mental health of school children. *Souvenir, Annual Conference,***Post graduate Institute of Behavioural and Medical Sciences, Raipur, Chhatisgarh.**

1. Sayeed, S. A. and **Prakash, A.** (2013).The Islamic prayer (Salah/ Namaaz) and Yoga: Togetherness in mental health. Indian Journal of Psychiatry, 55, 6, 224-230. **PUB MED**: PMCID: PMC3705686 (ISSN: 0019-5545)
2. **Prakash, A. and** Singh, A. (2014). Disease mongering: Intricacies and intervention. Souvenir, Samastipur College, LNM University, Darbhanga, Bihar, India.

4. **Prakash, A.** (2014). Bullying at Schools: A Growing Menace. **Indian Journal of**

**Psychology, January, 113-120.** (ISSN: 0019-5553)

5. Singh, A. and **Prakash, A.** (2015). Environmental effects on stress and coping

strategies. **Indian Journal of Psychological issues**, Vol-23 (1), 115-130. (ISSN: 0972-4427)

6. **Prakash, A.** (2015). Experiential learning: Why and why not. **Indian Journal of**

**Psychological issues**, Vol-23 (1), 155-162. (ISSN: 0972-4427)

1. **Prakash, A.** (2016). Buddhism**,** mindfulness and CBT for Children with ADHD: A

review. **Periyar University Journal of Psychology,** vol-4, No-1 &2,12-19.(ISSN:

2319-9601)

8. Das S, and **Prakash A**. (2017). Salient indicators of psychopathology in parent-child relationships. ***Journal of Psychosocial Research***, 12, *2,*373-380. (ISSN: 0973-5410)

**Chair - Scientific Session in Seminar / Conference/ Workshop:**

1. A session of seminar on **Cardiac problems and Physical Exercise**, presented by Ms Naina Arora on 08th January, 2021 at Amity Institute of Clinical Psychology, Amity University Rajasthan, Jaipur, India.
2. A session of seminar on **Domestic Violence and Pandemic**, presented by Ms Vinika Rawat on 12th February, 2021 at Amity Institute of Clinical Psychology, Amity University Rajasthan, Jaipur, India.
3. A session of seminar on **Stress in Corporate Employees**, presented by Ms Umang Narang on 19th February, 2021 at Amity Institute of Clinical Psychology, Amity University Rajasthan, Jaipur, India
4. A session of seminar on **Growing Incest**, presented by Ms Aayushi Jain on 26th February, 2021 at Amity Institute of Clinical Psychology, Amity University Rajasthan, Jaipur, India.
5. A session of seminar on **Cultural Shock**, presented by Mrs. Apoorva Krishnan on 05th March, 2021 at Amity Institute of Clinical Psychology, Amity University Rajasthan, Jaipur, India.
6. A session of Webinar on **Physical Exercise in Substance Abuse**, presented by Ms Subhangini Tiwari on 02nd April, 2021 at Amity Institute of Clinical Psychology, Amity University Rajasthan, Jaipur, India.
7. A session of Webinar on **Genetic Counselling**, presented by Ms Anuja Chaturvedi, on 09th April, 2021 at Amity Institute of Clinical Psychology, Amity University Rajasthan, Jaipur, India.
8. A session of webinar on **Single Parenthood**, presented by Ms Nimisha Kulkarni on 21st May, 2021 at Amity Institute of Clinical Psychology, Amity University Rajasthan, Jaipur, India.
9. The **3rd Annual International Conference** “Healthcare and Well-being: Current Trends and Challenges, organized by the **Indian Mental Health & Research Centre**, Nischay Hospital, 2/414 Vikalp Khand Gomtinagar, Lucknow U.P.-226010, from 30th & 31st October, 2021. (**Session Title**: Psychosocial Perspectives and Well-being).

**Presentation in Scientific sessions/Seminars/Workshops**:

1. A seminar on **'Psychodynamics of Anxiety Disorders'**, Central Institute of Psychiatry (Government of India), Ranchi, 1998.
2. A seminar on **'Brief Psychotherapies'**, Central Institute of Psychiatry(Government of India), Ranchi, 2000.

3. Presented research paper on "TAT profile of Aggressive Manic Patients" in

the **Annual National Conference of Indian Psychiatric Society and Indo-**

**British- American Symposium**, Cochin, from 20th to 23rd January, 2000.

4. Presented research paper on “Bender-Gestalt Test Correlates of Prognostic

Factors in Depression” in the **Annual National Conference of Indian**

**Psychiatric Society and Indo-British-American Symposium,** Cochin, 20th to

23rd January, 2000.

5. Delivered lecture on “Token Economy in Psychiatric Rehabilitation" in the

Workshop held in the Annual Conference at the **Institute Of Mental Health,**

**Amritsar** with collaboration of the **Punjab and Chandigarh Psychiatric**

**Society** and NIMHANS, Bangalore From 31-10-2003 to 01-11-2003.

1. Presented scientific paper titled “Looking lines and finding figures: Matching strategies and brain damage” in the **14th Annual National Conference** of The **National Academy of Psychology** held at Department of Humanities and Social Sciences, **Indian Institute of** **Technology , Kharagpur** from 26-02-2004 to 28-02-2004.
2. Participated as a **Resource Person-cum- Speaker** in the **Teachers’ Training Workshop, University of Gondar Community School**, Gondar, Ethiopia. Topics included were dealing with difficult children, Children in difficult circumstances, reinforcement and punishment, and Personality development. June 23-25, 2005.
3. Presented a case report titled “The Cognitive- Behavioural Therapy in Depression with psychosis”, 16th Annual National Conference at **University of Gondar, Ethiopia,** 30th June to 01st July, 2006.
4. Presented a study on “The parent-child relationship correlates of

Psychopathology among adolescents”, 16th Annual National Conference at

**University of Gondar, Ethiopia,** 30th June to 01st July, 2006.

10. Presented a research paper titled ' Factors Affecting Self-medication in Jeddah',

The **2nd International Conference on Exploring New Horizons of Pharmacy Pratice,Organized by the Ministry of National Guard-Health Affairs & King Saud Bin Abdulaziz University**, Jeddah, **Saudi Arabia**, 16-18 April, 2017.

11. Presented a research paper titled ' Non-clinical Factors Affecting Trustworthiness of Health Clinicians in Saudi Arabia', **2nd International Conference on Aesthetic Dentistry, College of Dentistry**, AlJouf University, AlJouf, **Saudi Arabia**, 10-12 May, 2017.

12. Presented a research paper titled **“Impact of remote learning on achievement**

**motivation of engineering students during COVID- 19 ”** the 4th Global Public

Health Conference 2021 (Globe Heal 2021) held as a Virtual Online Conference

on **25th – 26th February 2021**, International Institute of Knowledge

Management, [Kotte Road, Pitakotte, **Sri Lanka**](https://www.google.com/maps/search/No:+531%2F18,+Kotte+Road,+Pitakotte,+Sri+Lanka?entry=gmail&source=g).

13. Presented a research paper titled “**A study to assess the effectiveness of cognitive**

**behaviour therapy for stressful life event induced depressive episodes among**

**undergraduate college students**” the 4th Global Public Health Conference 2021

(Globe Heal 2021) held as a Virtual Online Conference on **25th – 26th February**

**2021**, International Institute of Knowledge Management, [Kotte Road, Pitakotte,](https://www.google.com/maps/search/No:+531%2F18,+Kotte+Road,+Pitakotte,+Sri+Lanka?entry=gmail&source=g)

**Sri Lanka**.

**Participation in Scientific Sessions/Seminars/Workshops:**

1**.** The **National conference on Research in Clinical Psychology,** Organized by the Association of Clinical Psychologists, New Delhi, 24th to 27th February, 1999.

2.The Training Programme for Professionals on Assessment and Management of persons with Mental Retardation, organized by the **National Institute for the** **Mentally Handicapped (Govt. of India), Secunderabad**, at DEEPSHIKHA, Ranchi, from 07th to 09th July, 1999.

3. The **91st****Indian Science Congress Association** held at Chandigarh from 03-01-2004 to 07-01-2004.

4.The Conferenceof the **Ethiopian Psychologists Association on ‘Child Rights, Childhood Education and the Use of Mother Tongue in Schools: A Voyage to Reconstructing the Ethiopian Child’,** 27-28 October, 2007**.**

5. Workshop conducted by the **British Council** on **Programme and Courses Learning Outcomes** based on requirements of Natio**nal Qualification Framework and National Commission for Academic Accreditation and Assessment (NCAAA)of Saudi Arabia**, at Ibn Sina National College for Medical Studies, **Jeddah**, from 31st December, 2013 to 1st January, 2014.

6. Workshop on **'Writing Flawless Multiple-Choice Questions'** (MCQs) held at Ibn Sina National College for Medical Studies, on 1st February, 2015.

1. **The 3rd Behaviour Momentum India (BMI) International Autism Conference:** Diagnosis to Treatment: No Child Left Behind- Enabling Meaningful Inclusion, 1st & 2nd February, 2020, organized by the **Govt. of Telangana and National Institute for the Empowerment of persons with Intellectual Disabilities,** Secunderabad**, India.**
2. **‘Building Research Skills for Career Development & Nation Building’, organized by the** Amity Directorate of Management & Allied Areas (ADMAA), NOIDA, INDIA; organized on 15th September**, 2020.**
3. Attended **Global Education Workshop** organized by the **Energia Well-being Global PTE** on **02nd December, 2021** on the **‘Impact of Personalized Cognitive Training on Children with Learning Difficulties.**
4. Participated in **‘Cognitive Learning Strategy’,** organized by the **Energia Well-being Pvt. Ltd, on 25th February, 2022.**
5. Participated in **‘Using Cognitive Strategies to Achieve Learning Success for Neurodiverse Learner’,** organized by the **Energia Well-being Pvt. Ltd, on 04th March, 2022.**
6. Attended **‘Cognitive Strategies based on Different Learning Styles’,** organized by the **Energia Well-being Pvt. Ltd, on 04th March, 2022.**
7. Attended a webinar in **‘Anxiety & School: Identifying Anxiety and What to do about it’,** organized by the **School Health Annual Report Programme (SHARP-** A Largest School Network in India) NGO, on **05th March, 2022.**
8. Participated in **‘Effectiveness of Cognitive Training for School-aged Children’,** organized by the **Energia Well-being Pvt. Ltd, on 11th March, 2022.**

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***Former Vice Chancellor***, Bandar Seri Begawan, **Brunei**.

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