



Mustafa Miro

STRENGTH & CONDITIONING COACH

Contact info

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 Mustafa Miro

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 Dubai, UAE

Languages

English: Advanced proficiency

Arabic: Native speaker

Skills

Strength & Conditioning

Persomal training

Athletic training

Fitness

Exercise Physiology

Sports

Performance

Sports Nutrition

Injury Prevention

Teamwork

Communication

CRP and First Aid.

Education

B.A in English Literature - Damascus University

2016/2017 - 2022/2023

Certificates

Bodybuilding And Powerlifting Coach - Level Beginner

-Syrian Bodybuilding And Powerlifting Federation-2018

Bodybuilding And Powerlifting Coach - Level 1

-Syrian Bodybuilding And Powerlifting Federation-2019

Bodybuilding And Powerlifting Coach - Level 2

-Syrian Bodybuilding And Powerlifting Federation-2021

Strength System Internationsl Certification Level 1

-Clean Health-2021

Strength System Internationsl Certification Level 2

-Clean Health-2021

Power For Sports Performance -NCSF 2021

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