

Mustafa Miro

STRENGTH & CONDITIONING COACH

Contact info

 Mustafamiro98@gmail.com

 Mustafa Miro

 Mustafa Miro

 +971567617957

 Dubai, UAE

Languages

English: Advanced proficiency

Arabic: Native speaker

Skills

Strength & Conditioning

Persomal training

Athletic training

Fitness

Exercise Physiology

Sports

Performance

Sports Nutrition

Injury Prevention

Teamwork

Communication

CRP and First Aid.

Education

B.A in English Literature - Damascus University

2016/2017 - 2022/2023

Certificates

Bodybuilding And Powerlifting Coach - Level Beginner

-Syrian Bodybuilding And Powerlifting Federation-2018

Bodybuilding And Powerlifting Coach - Level 1

-Syrian Bodybuilding And Powerlifting Federation-2019

Bodybuilding And Powerlifting Coach - Level 2

-Syrian Bodybuilding And Powerlifting Federation-2021

Strength System Internationsl Certification Level 1

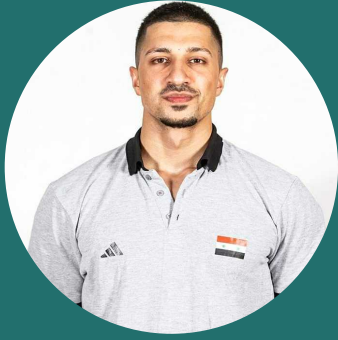
-Clean Health-2021

Strength System Internationsl Certification Level 2

-Clean Health-2021

Power For Sports Performance -NCSF 2021

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Certificates

Micro-Dosing Performance In-Season Training For Team Sports
-NDY Performance-2022

CPR-AED Certificate
-American Community School - Amman/Jordan-2023

The Quadrant System : Navigating Stress In Team Sports
-AthleteFramework-2023

IELTS Certification (Academic) -2024

Work experience



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Work experience

- Strength And Conditioning Coach And Team Member
In Centric Force Coaching Team

-Place : Bloom By Lily

-May/2022 - Jan/2023

- Strength And Conditioning Coach

-Al-Jaish Club - Men's Basketball

-2022/2023 Full Season

- Strength And Conditioning Coach

-Syrian National Team - Men's Basketball

-Jul/2023 - Aug/2023 (Seasonal)

+

Feb/2024 (Seasonal)

- Freelance Strength And Conditioning Coach

-Pro Gym Moulla

-Jan/2023 - April/2024

- Strength And Conditioning Coach

-Al-Karamah SC - Men's Basketball

-Mar/2024 - April/2024 (Contract)