

Mustafa Miro


STRENGTH & CONDITIONING COACH

Contact info

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 Mustafa Miro

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 Dubai, UAE

Languages

English: Advanced proficiency

Arabic: Native speaker

Skills

Strength & Conditioning

Persomal training

Athletic training

Fitness

Exercise Physiology

Sports

Performance

Sports Nutrition

Injury Prevention

Teamwork

Communication

CRP and First Aid.

Certificates

Micro-Dosing Performance In-Season Training For Team Sports
-NDY Performance-2022

CPR-AED Certificate
-American Community School - Amman/Jordan-2023

The Quadrant System : Navigating Stress In Team Sports
-AthleteFramework-2023

IELTS Certification (Academic) -2024

Work experience