



Dr. Abdul Shafiz Shaikh

BUMS PG Diploma in sports nutrition/sports science Reg. No. | 2416

Vikram 43 (Age: 43 Y) (Gender: M)
Phone: +919878470093

Date: 18-Nov-2025
Prescription No: 1504

Vitals:

Chief Complaints:

Sciatica pain', generalized anorexia

Medicine

	Medicine Name	No of Days	Dose	Intake - Frequency - Remark
1	Vijaya Ambrosia (THC Rich Vijaya Leaf Extract 30%, Cocos nucifera 70%)	30	0-0-1	After Meal - Daily - 3 to 5 drops (0.2.5ml after dinner for one month
2	Trailokya Vijaya Vati (Vijaya 50% , Vansh Lochan 50%)	30	1-0-0	After Meal - Daily - One tablet after breakfast

Advise:

THIS PRESCRIPTION IS VALID ONLY ONCE
THIS PRIScription IS NOT VAILD FOR MEDICOLEGAL PURPOSE

NOTE:

- The oil has to be taken under the tongue. Hold the oil for 15-20 seconds before swallowing as the oil gets absorbed directly from under the tongue
- Take the night dose roughly 2 hours before bed time (15-20 minutes after food)
- Drink enough fluids as you might experience symptoms like dry mouth, thirst or mild constipation
- Avoid engaging in stimulatory activities like smartphone, laptop, TV. You can engage in reading/ talking/ listening to music/ meditation/ yoga/ walking.
- If you feel dizzy have a glass of lemon juice with black pepper
- Avoid alcohol as it neutralizes the effect of cannababis. If you do consume alcohol then skip the CBD dose that day
- Do not mix with any food or beverages
- Ideally should be had 20 minutes after food.
- Avoid smoking or consuming other stimulating drugs (substances)
- Avoid consuming caffeine, sugar for at least 3 hours after consuming the oil.
- Do not drive/ control heavy machinery for 4-6 hours after taking the oil
- Follow up after 15 days of starting with the drops
- Keep out of reach of children
- DO NOT SELF-MEDICATE

HEALTH SOLUTION CLINIC
Reg. MBMC/HEALTH /2019 /717
NG Plaza Bldg. No.1, Shop No.1,
Lodhe Back Road, Mira Road (East),
Thane - 401107. Contact: 8898598323

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Click the link below for expert guidance on medical cannabis, dosage, and diet recommendations.
<https://cannazoindia.com/wp-content/uploads/2025/06/Prescription-pdf.pdf>

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EAST THANE 401107
contact on ↓
Email address. aun8898@gmail.com

