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TITLE: Commentary on Ruxton, C. H. S., Reed, S. C., Simpson, M. J. A. & Millington, K. J. (2004) The health benefits of omega-3 polyunsaturated fatty acids: a review of the evidence. *Journal of Human Nutrition and Dietetics*; 17, 449-459.

AUTHOR: ['C. H. S. Ruxton']

ABSTRACT:

*Journal of Human Nutrition and Dietetics* Volume 20, Issue 3 p. 286-287 Commentary on Ruxton, C. H. S., Reed, S. C., Simpson, M. J. A. & Millington, K. J. (2004) The health benefits of omega-3 polyunsaturated fatty acids: a review of the evidence. *Journal of Human Nutrition and Dietetics*; 17, 449-459. C. Ruxton, C. Ruxton *Nutrition Communications*, Front Lebanon, Cupar, UK Search for more papers by this author C. Ruxton, C. Ruxton *Nutrition Communications*, Front Lebanon, Cupar, UK Search for more papers by this author First published: 29 May 2007  
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