Global Progress in Child Mortality due to Malaria

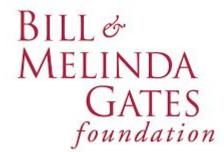
Zaira Ordoubadi, CPSC 229

What is Child Mortality?

- WHO: "The death of children under 5" (note: any cause)
 - → encompasses infant mortality (</= 1 year of life)
- Child mortality rate: incidence of child death per 1,000 live births







What is Malaria?

- Infectious disease caused by the *Plasmodium* parasite
- Most common/deadly = P. falciparum
- Transmitted to humans via mosquito bite
- Common in tropical climates
- Symptoms: high fever, chills, abdominal pain, diarrhea
- When severe: cardiovascular failure, hemolysis, & death
- Children + pregnant women especially susceptible!

Wikilmages *Plasmodium falciparum*



Plasmodium falciparum parasite among a pts red blood cells



Methods of Prevention

DON'T GET BIT!

- → Mosquitoes most active dusk-dawn
- Insecticide-treated bed nets
- Removal of standing water (destroys breeding grounds)
- Indoor Residual Spraying (IRS)
- Antimalarial drugs
- Closing windows at night
- Long sleeves/pants



Illustration: Anna Bogatyreva

At-risk populations

Pregnant women:

- Hormonal changes during pregnancy dampen immunity (WHO 2018)
- New tissue growth (placenta) is an easy target for parasites
- Malaria causes anemia → leads to low birth weight & possible miscarriage

Young Children:

- Small bodies
- Developing immune systems
- Outside play = exposure to standing water



Image: VectorStock.com/25180808



Image: Irina Mir

Prevention is key!



Photogra pher: Michael Stulman



AP News Afghanistan, July 2016

Loyds Pharmacy UK



Prescription strength antimalarial protection

Now available without a prescription





CNN News 2016, Inti Ocon/AFP /Getty Images

Why This?



United Nations General Assembly Headquarters, NY Chris Melzer, 2015

- Personal interest in global health & curiosity by a former Model-UN kid
- Applying to medical school next year (yikes)
- Interest in infectious disease/lessening childhood suffering
- Time period of 2000-2015 =
 Millennium Development Goals

The Data...

- Collected from United Nations Open Database / data.UN.org
- "Child Health Malaria Cause-of-death Feb 2018 WHO Report"
 - → virtually ALL data is accessible as UN declares right to information a personal freedom
- ~3,300 entries tracking 193 countries from 2000-2016 (all climates)
- Last update: February 2018
- Included neonatal mortality, under 5 mortality, total mortality rates, and baseline country data

My Plan...

- Select 3 countries in different regions of the world affected by malaria
 - → Democratic Republic of the Congo
 - → Philippines
 - → Ethiopia
- Pair down data to examine progress/setbacks operationalized by malaria-related mortalities
- Compare with GLOBAL rates

1. Democratic Republic of the Congo

- Sub-saharan Africa
- 4th most populous country on continent
- Dry, hot temperatures + wet season make malaria a large threat
- Hotspot for international relief orgs



Wikimedia Commons 2018

2. Philippines

- Southeast Asia
- Tropical weather
- Difficult access to immediate healthcare
- Higher risk in smaller islands, very low to low risk in urban Manila



Image: BeautifulWorld Travel Guide

Ethiopia

- East Africa
- Borders Sudan/South Sudan
 → influx of refugees in past 8
 years
- Greater incidence of *P. vivax* (~40% of infections) (NCBI 2016)



OntheWorld Maps 2019

Questions:

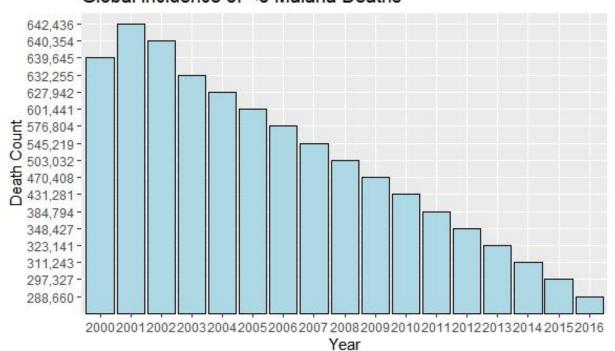
• Who made the most progress in reducing child death?

How did these results compare to Global averages?

What moderating factors might cause this decline?

Global data

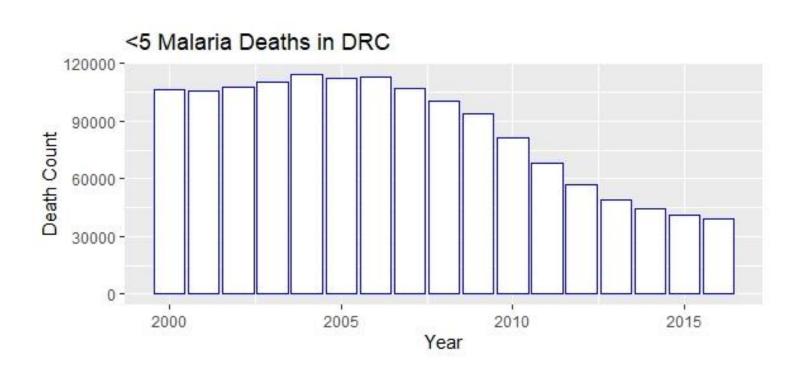
Global Incidence of <5 Malaria Deaths



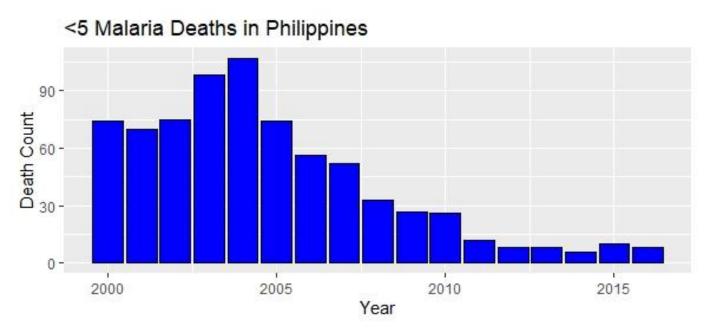
Note: Under 5 deaths make up **57% of ALL malaria deaths** (WHO 2012)

> 50% reduction!!

Democratic Republic of the Congo

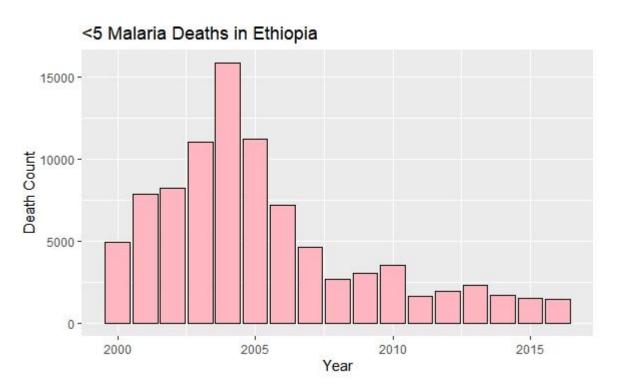


Philippines



Note:
 prevalence
 much lower
 to begin
 with

Ethiopia



- 2004= MercyCorps starts work in Ethiopia
- 2011: Horn of Africa Famine/droughts

Challenges

- Navigating through hundreds of NAs for non-tropical countries
- Converting from the forbidden excel files (lots of cleaning!!)
- Country names/coding syntax in European format
- Some countries changed boundaries/names in past ~20 years
 - → Zaire/Congo → DRC



Photo: Yearbook of the United Nations

Findings/Moving forward

- Overall, DRC made most progress in death reduction, mirrorring global stats
 - → Nets work! (Thanks Bill!)

Future:

- Tampering w/ mosquito genome via CRISPR/Cas9 (NCBI, 2018)
 - Large-scale efforts at a malaria vaccine
 - Increasing infrastructure



Source: UN Multimedia

Sources

Images:

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Logos: Courtesy of Bill & Melinda Gates Foundation

- WHO & UNICEF: LogosDownload