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ABM11 – Valenzuela LESSON 2

# HOLISTIC DEVELOPMENT

## Let’s Try

**1.)** Amanda has been described as talkative by her friends, also she is known as a self-centered person who makes decisions based on her emotions rather than on consideration of facts. Amanda being talkative is indicative of a psychodynamic personality. As an infant, Amanda may have been overfed and overindulged, causing her to be reluctant to leave the oral stage of development and become fixated on this stage. As a result, Amanda now seeks oral stimulation through talking and perhaps other oral activities such as smoking, drinking, or eating.

Therefore Amanda is showing a psychodynamic characteristic of Anal expulsive.

* Amanda shows an anal expulsive personality trait because if a person fails to get control over their sphincter during the anal stage, they will become fixated on it and develop an anal-expulsive personality, which is rebellious and often harsh.

## Let’s Try

**1.)** On one hand, Amanda is proud of some aspects of her life. She raised two kids and worked a job, too. That's something to be proud of! But, at the same time, Amanda isn't sure about other parts of her life. For example, one of her children is a drug addict, and Amanda wonders and is confused if that was her fault. She also never got promoted to a management position at work, so maybe she wasn't so good after all.

* Initiative vs. Guilt

**2.)** Marites is characterized as disorganized, messy, reckless, careless, and defiant. If the child's tactics are overindulged, then they can form an anally retentive character as an adult. A child who has not successfully completed this behavior will become an adult who has this character.

Give the correct conflict.

* Reflecting on her personality, Marites is characterized as an anal expulsive person.