

第一换元积分法

设 $F'(u) = f(u)$, $u = g(x)$ 可导, 有

$$(F(g(x)))' = f(g(x))g'(x).$$

$$\Rightarrow \int f(g(x))g'(x)dx = F(g(x)) + C.$$

$$\int f(u)du = F(u) + C.$$

$$\Rightarrow \underline{\int f(g(x))g'(x)dx} = \underline{\int f(u)du} = \int f(g(x))dg(x)$$

——第一换元积分公式(凑微分法)



第一换元积分法

当 $g(x) = \ln x, \arcsin x, \arccos x, \arctan x, \operatorname{arccot} x$.

$$g'(x) \quad \frac{1}{x} \quad \frac{1}{\sqrt{1-x^2}} \quad \frac{1}{1+x^2}$$

$$\text{例1. } \int \frac{\ln^2 x}{x} dx = \int \ln^2 x d(\ln x) = \frac{1}{3} \ln^3 x + C$$

$$\begin{aligned} \text{例2. } \int \frac{\sin \arctan x}{1+x^2} dx &= \int \sin \arctan x d \arctan x \\ &= -\cos \arctan x + C \end{aligned}$$



第一换元积分法：基本公式补充

$$\int f(g(x))g'(x)dx = \int f(g(x))dg(x)$$

设 $g(x) = ax + b$, 有

$$\int f(ax + b)dx = \frac{1}{a} \int f(ax + b)d(ax + b)$$

例1. $\int \frac{1}{a^2 + x^2}dx \ (a > 0) = \frac{1}{a^2} \int \frac{1}{1 + \left(\frac{x}{a}\right)^2}dx$

$$= \frac{1}{a} \int \frac{1}{1 + \left(\frac{x}{a}\right)^2}d\left(\frac{x}{a}\right) = \frac{1}{a} \arctan \frac{x}{a} + C$$

公式12: $\int \frac{1}{1 + u^2} dx = \arctan u + C$

基本公式补充

$$\int \frac{1}{a^2 + x^2} dx = \frac{1}{a} \arctan \frac{x}{a} + C \quad (a > 0) \quad \text{——公式12'}$$

$$\int \frac{1}{\sqrt{a^2 - x^2}} dx = \arcsin \frac{x}{a} + C \quad (a > 0) \quad \text{——公式11'}$$

$$\begin{aligned} \text{例2. } \int \tan x dx &= \int \frac{\sin x}{\cos x} dx = -\int \frac{1}{\cos x} d \cos x \\ &= -\ln |\cos x| + C \end{aligned}$$

$$\int \tan x dx = -\ln |\cos x| + C \quad \text{——公式13}$$

$$\int \cot x dx = \ln |\sin x| + C \quad \text{——公式14}$$



基本公式补充

例3.
$$\begin{aligned}\int \frac{1}{\cos x} dx &= \int \frac{\cos x}{1 - \sin^2 x} dx = \int \frac{1}{1 - \sin^2 x} d \sin x \\&= \int \frac{1}{(1 + \sin x)(1 - \sin x)} d \sin x \\&= \frac{1}{2} \int \left(\frac{1}{1 - \sin x} + \frac{1}{1 + \sin x} \right) d \sin x \\&= -\frac{1}{2} \int \frac{1}{1 - \sin x} d(1 - \sin x) + \frac{1}{2} \int \frac{1}{1 + \sin x} d(1 + \sin x) \\&= \frac{1}{2} \ln \left| \frac{1 + \sin x}{1 - \sin x} \right| + C = \ln \sqrt{\frac{(1 + \sin x)^2}{1 - \sin^2 x}} + C \\&= \ln \left| \frac{1 + \sin x}{\cos x} \right| + C\end{aligned}$$

公式15
$$\int \frac{1}{\cos x} dx = \ln \left| \frac{1}{\cos x} + \tan x \right| + C$$



公式16

$$\int \frac{1}{\sin x} dx = \ln \left| \frac{1}{\sin x} - \cot x \right| + C$$



第一换元积分法：三角函数 (i)

1. $\int \sin^m x \cos^n x dx$

当 m, n 至少有一个是奇数时, 不妨设 $n = 2k + 1$, 有

$$\begin{aligned}\int \sin^m x \cos^n x dx &= \int \sin^m x \cos^{2k+1} x dx \\ &= \int \sin^m x \cos^{2k} x d \sin x\end{aligned}$$

例1. $\int \sin^4 x \cos^3 x dx = \int \sin^4 x \cos^2 x d \sin x$

$$= \int \sin^4 x (1 - \sin^2 x) d \sin x$$

$$= \int \sin^4 x d \sin x - \int \sin^6 x d \sin x$$

$$= \frac{1}{5} \sin^5 x - \frac{1}{7} \sin^7 x + C$$

三角函数积分 (i)

1. $\int \sin^m x \cos^n x dx$

当 m, n 全为偶数时, 利用倍角公式

$$\sin^2 x = \frac{1 - \cos 2x}{2}, \cos^2 x = \frac{1 + \cos 2x}{2} \text{ 来降次.}$$

例2. $\int \sin^4 x dx = \int \left(\frac{1 - \cos 2x}{2} \right)^2 dx = \dots\dots$

2. $\int \frac{1}{\sin^m x \cos^n x} dx$ (利用 $1 = \sin^2 x + \cos^2 x$ 来降次.)

$$\int \frac{\sin^2 x + \cos^2 x}{\sin^m x \cos^n x} dx \rightarrow \begin{cases} \int \frac{1}{\sin^{m-2} x \cos^n x} dx \\ \int \frac{1}{\sin^m x \cos^{n-2} x} dx \end{cases}$$

最终得到 $\int \frac{\cos x}{\sin^k x} dx, \int \frac{\sin x}{\cos^k x} dx, \int \frac{1}{\cos^k x} dx, \int \frac{1}{\sin^k x} dx.$

(凑微分)

(分部积分)



第一换元积分法：三角函数 (ii)

$$3. \int \tan^n x \, dx, \int \cot^n x \, dx \quad (n > 2)$$

$$n = 1 \text{ 时}, \int \tan x \, dx = -\ln |\cos x| + C$$

$$n = 2 \text{ 时}, \int \tan^2 x \, dx = \int \left(\frac{1}{\cos^2 x} - 1 \right) dx$$

$$n > 2 \text{ 时}, \int \tan^n x \, dx = I_n$$

$$= \int \tan^{n-2} x \tan^2 x \, dx$$

$$= \int \tan^{n-2} x \left(\frac{1}{\cos^2 x} - 1 \right) dx$$

$$= \int \tan^{n-2} x \, d \tan x - \int \tan^{n-2} x \, dx$$

$$= \frac{1}{n-1} \tan^{n-1} x - I_{n-2}$$



三角函数积分 (ii)

4. $\int \frac{1}{a + b \sin^2 x} dx$ 和 $\int \frac{1}{a + b \cos^2 x} dx$

$$\begin{aligned} \int \frac{1}{a + b \sin^2 x} dx &= \int \frac{1}{a \cos^2 x + a \sin^2 x + b \sin^2 x} dx \\ &= \int \frac{1}{a + (a + b) \tan^2 x} \cdot \frac{1}{\cos^2 x} dx = \int \frac{1}{a + (a + b) \tan^2 x} d \tan x \end{aligned}$$

例. $\int \frac{1}{1 + \sin^2 x} dx = \int \frac{1}{\cos^2 x + 2 \sin^2 x} dx$

$$\begin{aligned} &= \int \frac{1}{1 + 2 \tan^2 x} d \tan x = \frac{1}{\sqrt{2}} \int \frac{1}{1 + (\sqrt{2} \tan x)^2} d(\sqrt{2} \tan x) \\ &= \frac{1}{\sqrt{2}} \arctan(\sqrt{2} \tan x) + C \end{aligned}$$



第一换元积分法：其他函数类型

例1. $\int \frac{1}{1+e^x} dx$

$$= \int \frac{1+e^x - e^x}{1+e^x} dx$$

$$= \int \left(1 - \frac{e^x}{1+e^x} \right) dx$$

$$= \int dx - \int \frac{1}{1+e^x} de^x$$

$$= x - \int \frac{1}{1+e^x} d(e^x + 1)$$

$$= x - \ln(e^x + 1) + C$$



其他函数类型

例2. $\int \frac{x}{x^2 + 2x + 2} dx$

(局部求导寻找 $g(x)$)

$$(x^2 + 2x + 2)' = 2x + 2$$

$$= \frac{1}{2} \int \frac{2x + 2 - 2}{x^2 + 2x + 2} dx$$

$$= \frac{1}{2} \int \frac{2x + 2}{x^2 + 2x + 2} dx - \int \frac{1}{x^2 + 2x + 2} dx$$

$$= \frac{1}{2} \int \frac{(x^2 + 2x + 2)'}{x^2 + 2x + 2} dx - \int \frac{1}{(x+1)^2 + 1} dx$$

$$= \frac{1}{2} \ln(x^2 + 2x + 2) - \arctan(1 + x) + C$$

