

The Gladiator

Sergeant Major's Letter



First and foremost, congratulations to each and every one of you that have recently enlisted and taken the first steps towards becoming United States Marines. You will soon embark on the path that only few have taken to become a part of something greater than yourselves. Your commitment to becoming one of "The Few, The Proud" demonstrates your selfless dedication to your country and our Corps.

To those of you who have been in the delayed entry program for some time, I look to you for your welcome and guidance to each new Poolee. Take advantage of the time you have remaining to capitalize on the pool functions to prepare yourself for your upcoming transformation. Make an active effort to attend each scheduled mandatory pool function and weekly physical training event with your recruiter. This demonstrates your commitment to yourself, your family, and to the Corps.

Your responsibility while in the Delayed Entry Program (DEP) is to prepare yourself mentally and physically to meet the challenges of recruit training. Our responsibility is to assist you in the endeavor. We expect you to give 100 percent effort during these meetings and functions, as we will do the same for you. It is easy to get discouraged or feel like you are not making the progress you desire. Remember that each of you are different but each of you have already demonstrated that you have what it takes to meet the challenges. To aid in this, the following will ensure you are taking the steps to ready yourself:

- Maintain weekly contact with your recruiter and the SNCOIC or the office.

- Attend the monthly scheduled pool meetings, and as many weekly PT sessions as you can.
- Begin/continue a fitness program as assigned by your recruiter that will prepare you for the rigors of recruit training.
- Meet and/or maintain HT/WT standards.
- Notify your recruiter of any changes in your status, to include: address, phone number, marital status, number of dependents, educational setbacks, medical issues, or police involvement.
- Study the Marine Corps Information your recruiter provided for you.

A very important part of the DEP is the ability to begin setting yourself up for success. While mental and physical training will prepare you for Boot Camp, taking advantage of your time in the DEP to bring in referrals will lead you to a promotion to Private First Class upon graduating from recruit training. In conjunction with the Pool Referral Incentive Program, you have an opportunity to earn some motivational Marine Corps gear, or even a Recruiting Station Columbus Coin presented by the Commanding Officer and myself.

Lastly I'd like for you to understand that your actions now reflect upon more than just yourself. You are expected to act in a manner that brings credit upon yourself, your family, and the United States Marine Corps. This demonstrates your pride for yourself, and the team that you have joined. Tell your friends, and share your experience. Don't forget why you joined and stay committed to yourself in achieving your goal!

Semper Fidelis,

Sergeant Major



General Orders

The Marine Corps general orders describe the standards for which guard duty is to be conducted.

1. To take charge of this post and all government property in view.
2. To walk my post in a military manner, keeping always on the alert, and observing everything that takes place within sight or hearing.
3. To report all violations of orders I am instructed to enforce.
4. To repeat all calls from posts more distant from the guard house than my own.
5. To quit my post only when properly relieved.
6. To receive, obey and pass on to the sentry who relieves me, all orders from the Commanding Officer, Officer of the Day,
7. Officers, and Non-Commissioned Officers of the guard only.
8. To talk to no one except in the line of duty.
9. To give the alarm in case of fire or disorder.
10. To call the Corporal of the Guard in any case not covered by instructions.
11. To salute all officers and all colors and standards not cased.
12. To be especially watchful at night, and, during the time for challenging, to challenge all persons on or near my post and to allow no one to pass without proper authority.



Referral Program

A referral is when you give your recruiter a name of someone interested in the Marine Corps and they later join the Corps. It's the easiest way to earn a meritorious promotion.

One referral to contract gets you a Marine Corps branded Barrel bag, two referrals to contract gets you a Marine Corps poolee sweat top and three referrals to contract gets you a camel pack.

Private monthly pay:

\$1,602



Private First Class monthly pay:

\$2,055



Staff Sergeant Bedonnih is the program specialist. She verifies all poolees are ready for recruit training. If you have any issues that might prevent you from getting to boot camp on your assigned date, do not hesitate to let her know. Her email address is heather.bedonnih@marines.usmc.mil.



Program Specialist's Corner

High school graduation is quickly approaching for many of you. It is time to buckle down and focus to ensure that you complete this milestone in your life, especially as some of your peers are starting to drop out of school. It will be an even greater achievement as you ship to recruit training this summer and graduate as a United States Marine.

Summer is quickly approaching and proper hydration and nutrition is a must no matter the time of year. The weather is nice and the temperature is starting to get hot. You need to ensure that you are drinking water and sports drinks regularly. Do not consume energy or soft drinks before conducting any physical activity as these sap the body of water you need during physical activity. Proper nutrition means to eat wholesome food to include lean meats such as fish and chicken, fruits and vegetables, and whole grains. This will give your body the proper vitamins and minerals to sustain itself during rigorous activity.

As of the time of this publication, the following Poolees have earned the rank of Private First Class, PFC, during the last quarter (January-March 2022) by giving their recruiter (2) referrals that enlisted in the United States Marine Corps:

RSS Springfield

Poolee Brown, Mason

RSS Huntington

Poolee Akers, Isaiah

While at Recruit Training during the months of January – March 2022, the following Recruits stood out amongst their peers and were recognized for their efforts:

Meritorious Promotion:

Recruit Graf (RSS Circleville)

Recruit Kramer (RSS Huntington)

Recruit Hill (RSS Mansfield)

Recruit Roberts III (Piqua)

Platoon Honor Grad:

Recruit Busold (RSS South Columbus)



Educator's Workshop



The Educator's Workshop is an opportunity for your Teachers, Principals and Coaches to experience a small dose of what you will go through in Marine Corps boot camp. This year's Educator's Workshop, February 8-11, had 19 teachers, principals and coaches from all over Ohio and West Virginia go down to Marine Corps Recruit Depot Parris Island to be shown what goes into making a Marine. Upon arrival they were greeted with screaming Drill Instructors moving them off the bus in a hurry. Teachers were made to walk quickly and in an orderly fashion to the phones to call a loved one and let them know they made it to Parris Island safely. Going through the initial receiving the educators were given a break to learn about the many benefits that a Marine is given when they earn the title.

Two Marines of Recruiting Station Columbus and two hand selected Marine recruiters were in attendance of the workshop to help the teachers with questions. After going through the "Black Friday" brief the teachers were escorted outside by two Drill Instructors to be "IT'd" (Incentive Training) where they were pushed to go through a myriad of work outs in a short amount of time. After that the Marines and the teachers were transported to see the Marine Corps Band on Parris Island and were given a class on the Bands performances, capabilities and a demonstration of their skills. Teachers were given ample time to sit and eat with the recruits, allowing them to learn from the recruits what Parris Island is like for them and what it is like going through boot camp. Then it is on to the rifle range for weapon safety classes from a Primary Marksman Instructor (PMI), an expert rifleman and range safety officer. Then comes the fun part of firing the rifles with the teachers, a good amount of the educators and recruits have never held a rifle in their life but with the instruction from the PMI they have the necessary tools to handle the weapon safely and with accuracy. The next day the teachers get to witness a moto run and a family day ceremony, a tradition that allows the new Marines to see their family for the first time in 3 long months.



Educator's Workshop

Shortly after the ceremony the new Marines are allowed to spend the day with their families and the teachers were transported to the confidence course to participate in some of the obstacles but to learn what the recruits have to go through over all. The teachers making a competition of the obstacles had a blast cheering for each other as they went through each one. Following the confidence course they were given a demonstration on the Marine Corps Martial Arts Program, where the Martial Arts Instructor had them follow along with every move just as the recruits are taught. After a quick lunch at the chow hall the teachers were escorted to view the rappel tower and gas chamber and instructed on what the recruits go through during those training exercises. The teachers are then led to the crucible grounds and the leadership reaction course for a tour and practical application of the leadership reaction course. The Marines instructing the teachers on the tour then pitted the teachers against each other to see who would finish the leadership reaction courses the fastest. Showing the teachers the competitiveness Marines are encouraged to have to be the best and strive towards excellence. During the last day of the Educator's Workshop the teachers were treated to the morning colors ceremony, a ceremony hanging the United States flag marking the start of the day on MCRD Parris Island and

the graduation ceremony for the new Marines where they are released to their families for their post boot camp leave. The teachers have one last meal on MCRD Parris Island, take a few photos with each other and then get transported back to the airport to go home to their families after not having seen them for a week. Giving them a small taste of what the recruits go through on MCRD Parris Island; from the Physical and mental exhaustion of being IT'd, screamed at by Drill Instructors, going through all the courses and classes of the work shop and finally the relief of completing the hardest thing they have had to do in their life and getting to see their families again after a long week.

A Challenge for the Poolees

Poolees, speak to your teacher's about the Educator's Workshop Program and get them involved. With the knowledge they get from this program they can speak from experience to better inform students like yourself on the option of the United States Marine Corps, giving them the opportunity you are taking by joining the Delayed Entry Program.

If they want more information and/or want to attend they can contact

Cpl. Zane Ortega at (304) 389-4633 or email zane.ortega@marines.usmc.mil



MATRIX



MARINE CORPS RECRUIT DEPOT PARRIS ISLAND

MarineParents.com

RecruitParents.com is an outreach service of MarineParents.com, Inc.

a Place to Connect & Share®

TRAINING MATRIX: FOUR PHASES

WK	DATE	MON	TUE	WED	THU	FRI	SAT	SUN
PICK UP								
RECEIVING WEEK								
1		F4 • Academic Classes • COD	T1 • Physical Training • Academic Classes	T2 • H-CUT-1 (F) • Physical Training • Academic Classes	T3 • H-CUT-1 (L) • Academic Classes • MCMAP • COD	T4 • Physical Training • Academic Classes • COD	T5 • Core Values Discussion • Religious Services • Academics Practical App	S1
2		T6 • Pugil Sticks I • Direct Deposit	T7 • Physical Training • MCMAP • COD • PSP Testing • MCX I (Fe)	T8 • Physical Training (F) • Academic Classes	T9 • Physical Training (L) • MCMAP • Academic Classes	T10 • H-CUT-2 • MCX I • Academic Classes • COD (Fe)	T11 • 5K Hike • COD • Academic Classes	S2 • Core Values Discussion • Religious Services • Academics Practical App
3		T12 • Gas Chamber • Rappel Tower	T13 • Confidence Crs I (L) • Obstacle Crs I (F/Fe) • MCMAP • Academic Classes	T14 • Confidence Crs I (F/Fe) • Pugil Sticks II (L) • Academic Classes	T15 • H-CUT-3 (F) • Obstacle Crs I (L) • MCMAP End Crs I (F/Fe) • COD	T16 • H-CUT-3 (L) • MCMAP End Crs I (L) • Pugil Sticks II (F/Fe) • Academic Classes	T17 • 8K Hike • Academic Classes • SerCo Inspection	S3 • Core Values Discussion • Religious Services
4		T18 • Initial Drill • MCMAP • MCX II (Fe)	T19 • S.A.F.E. Swim Class • Water Survival • Physical Training • MCMAP	T20 • MCX II (M) • Physical Training • Water Survival (WSB+) • MARPAT I P.L.	T21 • COD • Bagonet Assault Course	T22 • Physical Training • MCMAP Sustainment • TSP/BRS	T23 • MCMAP End Crs II • MCMAP Testing	S4 • Core Values Discussion • Religious Services
SWIM WEEK								
5		T24 • H-CUT-4 (F) • MGIB (F) • Individual Photo (F)	T25 • H-CUT-4 (L) • Physical Training (Fe) • PFI (L/Fe) • MGIB (L/Fe) • Individual Photo (L)	T26 • 0-2 Clothing • Physical Training (L)	T27 • 0-2 Clothing • Physical Training (F)	T28 • Written Exam • Individual Photo (Fe) • PFI (F) • COD • MARPAT I Rtn	T29 • 10K Hike • COD	S5 • Core Values Discussion • Religious Services
6		T30 • H-CUT-5 • Physical Training • COD	T31 • Final Drill	T32 • Final Drill	T33 • Final Drill	T34 • Inventory PFT	T35 • Inventory PFT	S6 • Core Values Discussion • Religious Services
7		T36 • MARPAT II P-U	T37 • Obstacle Crs II	T38 • Obstacle Crs II	T39 • Obstacle Crs II	T40 • H-CUT-6 • Table 1 Qual	T41 • 12K Hike • Museum Visit • Foreign Language Prog	S7 • Core Values Discussion • Religious Services
TABLE I FIRING WEEK								
8		T42 • Table 1 Re-qual • Physical Training	T43 • BWT (Follow/Fe) • Table 2 (Lead)	T44 • BWT (Follow/Fe) • Table 2 (Lead)	T45 • BWT (Lead) • Table 2 (Follow/Fe) • 0-2 Unit Del (F/B)	T46 • BWT (Lead) • Table 2 (Follow/Fe) • MARPAT II Rtn	T47 • Endurance Crs • Academic Classes	S8 • Core Values Discussion • Religious Services
9		T48 • 0-3 Clothing • Physical Training (F/FeB) • Academic Classes (F/FeB)	T49 • 0-3 Clothing • Physical Training (L/FeA) • Academic Classes (L/FeA)	T50 • H-CUT-7 (L) • Final CPT (F) • Academic Classes (L/Fe) • Final Travel (L)	T51 • H-CUT-7 (F) • Final CPT (L/Fe) • Academic Classes (L) • Final Travel (F/FeA) • MCX-3 (F)	T52 • Foreign Language Testing • Final Travel (FeB) • MCX-3 (L/Fe) • Academic Classes	T53 • Physical Training • Co Cmdr Inspection	S9 • Core Values Discussion • Religious Services
10		T54 • Final Exam/Prac App	T55 • Final PPT	T56 • Final PPT	T57 • Final PPT	T58 • Final PPT	T59 • 15K Hike • Emblem Ceremony • Warrior Breakfast • Social Media	M1 • Base Liberty I • Lost Honor Video
11		M2 • OS Uniform Del L/FeA • NRCU • Spd Talks • Marriage, Domestic Violence, • Drivers Safety, Financial • Responsibility	M3 • H-CUT-9 • OS Uniform Del F/FeB • Force Fitness #1 • SAPH • Marine Panels	M4 • Force Fitness #2 • Platoon Discussions: • Fraternization, Sexual • Responsibility, Leader • Development • Platoon Photo	M5 • Force Fitness #3 • Gear De-Issue • Personal Effects • Travel Makeup	M6 • Force Fitness #4 • MCX Resources/ • NMCRS/Red Cross Brief • BN CO Inspection • 0-4 Clothing	M7 • Force Fitness #5 - • Field Meet • Base Liberty II	S11 • Core Values Discussion • Religious Services • Blood Drive
12		M8 • H-CUT-10 • Weapons • De-Issue • Orders/SRB/ • RLS • Pay Bills (Fe)	M9 • Force Fitness #6 (L/Fe) • Pay Bills (F) • Sharing • Legacy Speakers • Graduation/ • Family Day Practice • Core Values • Discussion	M10 • Molly Marine • Force • Fitness #6 (F) • Pay Bills • (L) • Graduation Practice • CVED/ • Warrior Pres • SOL MCT Brief	M11 • 0-4 Delivery • MOTO RUN • Family Day • Graduation • Practice • Core Values Discussion	M12 • Graduation	M13 • Graduation	

PHASE 1

PHASE 2

PHASE 3

PHASE 4

Matrix updated by USMC, July 2019

Design Created by MarineParents.com, April 2021

MarineParents.com
a Place to Connect & Share®





State Wide Pool Function

9:00a.m. at

Charlie Company, 4th Law

Enforcement Battalion, 2936 Sherwood Street
Building 1440, Wright-Patterson Airforce Base,
OH 45433

April 30, 2022