

Problem C

City Planning

Time limit: 5 seconds

Amanda lives in a city with lazy city planners. The city comprises N intersections with roads between them. The roads have a direction; that is, they are one-way. It is possible for a pair of intersections to have roads connecting them in both directions. It is also possible for an intersection to have a road to itself.

The lazy city planners keep a collection of M lists of intersections. The lists are labelled from 1 to M . The roads out of an intersection i are defined by a number ℓ_i , which means that there is an outgoing road from i to each intersection in list number ℓ_i from the collection of M lists.

Amanda lives at intersection 1 and works at intersection N . What is the minimum number of roads she needs to travel down to get from home to work?



Input

The first line of input contains two integers, N ($2 \leq N \leq 500\,000$), which is the number of intersections, and M ($1 \leq M \leq 500\,000$), which is the number of lists.

The next M lines describe the lists. The k th of these lines contains an integer c ($1 \leq c \leq N$) followed by c distinct integers a_1, a_2, \dots, a_c ($1 \leq a_i \leq N$), which are the intersections in list k . The total length of all lists is at most 500 000.

The final line of input contains N integers $\ell_1, \ell_2, \dots, \ell_N$ ($1 \leq \ell_i \leq M$), which denote that intersection i 's outgoing roadways are the list labelled ℓ_i .

Output

Display the minimum number of roads Amanda must travel. If it is impossible for her to reach work, display -1 instead.

Sample Input 1

```
3 2
1 2
1 3
1 2 1
```

Sample Output 1

```
2
```

Sample Input 2

```
3 1
1 2
1 1 1
```

Sample Output 2

```
-1
```