

# Lauren E. Kealy

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## EDUCATION

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**Regis University, Rueckert-Hartman School of Health Professionals**, Denver, CO

Doctor of Physical Therapy, expected May 2015

**American University, Kogod School of Business**, Washington, DC

Bachelor of Science in Accounting and Statistics, May 2008

- International Study Abroad Program, University of Queensland, Brisbane, Australia      April 2006- December 2006

## STUDENT CLINICAL EXPERIENCE

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**Waldron's Peak Physical Therapy-** Boulder, CO

October 2014 – April 2015

*Student Physical Therapist*

- Successfully maintained a full caseload of patients with simple and complex orthopedic conditions while implementing the best evidence based interventions with a focus on manual therapy to increase patient satisfaction and outcomes
- Collected data for an individual analysis of practice to analyze if patients with glenohumeral internal rotation deficit see a greater improvement in range of motion with stretching and soft tissue manipulation alone vs the addition of dry needling to the shoulder girdle
- Implemented a social media marketing strategic plan in order to increase brand awareness in the Boulder community to differentiate the clinic from others

**Cheyenne Healthcare Center-** Cheyenne, WY

May 2014 - July 2014

*Student Physical Therapist*

- Developed and implemented current evidence-based rehabilitation protocol for the most common impairments seen in the facility to include stroke, fall prevention and general conditioning suited for older adults
- Educated the 8 member rehabilitation team on the most effective exercises and protocols targeting gait deviations in older adults in order to increase outcomes on the 6 Minute Walk Test as well as the functional mobility of patients
- Successfully managed a full patient caseload of up to 10 patients per day which included evaluations, daily progress notes, and discharge summaries while keeping productivity over 88%

**Breckenridge Physical Therapy** – Breckenridge, CO

August - October 2013

*Student Physical Therapist*

- Demonstrated increased clinical reasoning and manual therapy skills in order to gain increased responsibility and patient case load during first clinical experience
- Effectively managed a full caseload of non-complex patients with injuries that included ACL tears, total knee replacements, plantar fasciitis, low back pain and other simple orthopedic conditions

## LEADERSHIP EXPERIENCE

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Private Practice Section (PPS) National Student Special Interest Group

July 2014 – Present

*President and Founder*

- Collaborated with PPS executive board members in order to create a vision which aligns with both the students and executive board members goals and values
- Promoted student membership in the Private Practice Section through members only events such as business related webinars which has more than tripled student membership in the section
- Planned networking events at both the National Student Conclave and annual PPS conferences to promote the student group

Regis DPT Social Media Representative

August 2012 – Present

- Created the #DPTstudent Tweet chat which ranks as one of the top healthcare social media chats in the world
- Updated the Regis DPT social media pages to keep alumni informed of DPT student events which increased page likes by over 200

## Student Special Interest Group, Colorado Chapter APTA

July 2013 - July 2014

### *President*

- Created and promoted “Physical Therapy Keeps Colorado Moving” advocacy tee shirts which raised over \$4,000 for the Colorado chapter of the APTA with over 450 local physical therapists purchasing shirts
- Hosted several Pt Pub Nights in order to connect several local physical therapists and students in order to form a more unified community

## APTA National Student Assembly

November 2012-March 2013

### *Colorado Core Ambassador*

- Established connections at all Colorado DPT and PTA programs in order to relay news from APTA National Student Assembly
- Worked closely with project committees and student assembly executive board to plan student events at national conferences

## SCHOLARSHIPS, AWARDS, HONORS

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|---|---------------|
| • Regis University Nominee for the APTA 2015 Mary McMillan Scholarship                | October 2014  |
| • Best Use of Social Media, #DPTstudent Chat, given by Therapedia                     | March 2014    |
| • Kaiser Hayward Institute for Advancement of Orthopedic Physical Therapy Scholarship | December 2013 |
| • Outstanding Investor Relations Award given by the Carlyle Group                     | August 2011   |

## SPECIALIZED ELECTIVE COURSEWORK

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|---|--------------|
| • Evidence in Motion, Manipalooza, a 3 day manual therapy intensive   | May 2014     |
| • Current Concepts in Orthopedic and Sports Related Shoulder Injuries | March 2014   |
| • Shoulder Rehabilitation Techniques                                  | November 201 |

## PROFESSIONAL MEMBERSHIPS AND CERTIFICATIONS

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|---|-----------------------|
| • American Physical Therapy Association- Orthopedic and Private Practice Sections | August 2012 – Present |
| • American Academy of Orthopaedic Manual Physical Therapy                         | August 2013 – Present |
| • CPR Healthcare Provider Certification   | Current               |

## RESEARCH

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- The Interaction of Clinical Prediction Rules with Motor Control Parameters During Multi-planar Movement in Patients with Low Back Pain

## OTHER PROFESSIONAL EXPERIENCE

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### **Mile High Marketplace**, Denver, CO

January 2012- July 2012

#### *Accounting Manager*

- Created detailed financial statements on a quarterly basis for large investor-owned flea market which required attention to detail and efficient time management to ensure deadlines were met for investors
- Managed two accounting staff in order to ensure timely deliverables using mentoring techniques based on individual learning and communication styles

### **The Carlyle Group**, Washington, DC

May 2009- September 2011

#### *Senior Accountant*

- Interacted with investors on a daily basis regarding questions about their shares in multiple equity funds which enhanced investor satisfaction and retention
- Created monthly financial and investor equity statements based on the months transactions by working closely with members of other financial reporting teams to ensure accuracy