

# Emily D. Besancenez

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## EDUCATION

Washington University St. Louis, MO May 2015

### Doctor of Physical Therapy

University of Dayton Dayton, OH May 2012

### Bachelor of Science in Pre-Physical Therapy

Cum Laude

## CLINICAL EXPERIENCE

*Easter Seals Children's Rehabilitation Center* (Little Rock, AR) Sept 29- Dec 19, 2014

- Pediatric Rehabilitation Center. Established proficiency in clinical care and managed full caseload of pediatric patients with various diagnoses. Participated in multidisciplinary weekly patient care meetings to discuss patient progress. Collaborated with other disciplines to provide efficient and effective treatment sessions. Planned and taught bi-weekly Adaptive Physical Education class for small groups of patients. Presented an inservice titled *Osteomyelitis in the Pediatric Setting*.

*Immanuel Rehabilitation Center* (Omaha, NE) July 7- Sept 12, 2014

- Outpatient Neurologic. Carried full caseload of 75% neurological conditions and 25% orthopedic diagnoses, focused on patients with spinal cord injury. Refined neurologic examination and evaluation skills and worked closely with other disciplines. Customized plan of care, home exercise programs, and equipment recommendations to fit each individual patient. Presented an inservice titled *Clinical Use of Functional Electrical Stimulation Cycles*.

*Boone Hospital Center* (Columbia, MO) Jan 6- Feb 28, 2014

- Acute care. Designed and implemented physical therapy intervention plans in a multidisciplinary setting. Treated a wide range of patients with a focus on individuals status-post joint replacement. Provided discharge recommendations and recommended assistive devices and adaptive equipment. Presented an inservice titled *Culture & Health Care Beliefs*.

*Mercy Hospital Therapy Services* (Washington, MO) Jun 10- Aug 2, 2013

- Outpatient orthopedic. Acquired familiarity with a variety of patients with orthopedic and musculoskeletal diagnoses. Some experience with pediatrics. Focused on enhancing examination and documentation skills.

## WORK EXPERIENCE

**Open Lab Assistant** Fall 2013- Present

*Washington University Program in Physical Therapy* (St. Louis, MO)

- Provided guidance to first- and second-year students for the following courses: Essential Clinical Skills I, Diagnosis of Musculoskeletal Conditions I and II, Diagnosis of Neuromuscular Conditions II. Explained complex concepts using easy-to-understand terms.

**Tutor** Fall 2013- Present

*Washington University Program in Physical Therapy* (St. Louis, MO)

- Worked closely with first- and second-year students to increase comprehension and grades in the following courses: Diagnosis of Musculoskeletal Conditions I and II, Diagnosis of Neuromuscular Conditions II. Developed teaching plans based on students' and educators' academic goals.

## PROFESSIONAL MEMBERSHIPS/ACTIVITIES

### American Physical Therapy Association

- Member 2012- Present
- Combined Sections Meeting (Indianapolis, IN) Feb 2015

## VOLUNTEER EXPERIENCE

### *Hearts in Motion (Guatemala)*

Dec 27, 2014- Jan 2, 2015

- Provided free physical therapy care and screening services to Guatemalans with limited access to healthcare. Donation Chair: organized collection and transport of equipment. Cleaned and organized small clinics. Promoted the organization and our profession.

### *On The Move (St. Louis, MO)*

March 2015- Present

- Worked one-on-one and in groups with overweight and obese adults in one-hour classes to teach healthy exercise strategies. Planned and supervised activities, assessed response to exercise, and provided modifications to personalize movements. Delivered physical assistance and encouragement to the participants.

### *Washington University School of Medicine Health Happening (St. Louis, MO)*

Jan 30, 2015

- Provided physical screening to employees of various ages and levels of fitness. Performed Tecumseh Step Test to measure cardiovascular fitness and explained results to employees. Promoted the Washington University Program in Physical Therapy and the profession.

### *American Cancer Society- Hope Lodge (St. Louis, MO)*

Feb 2015- Present

- Prepared meals for residents Hope Lodge, people with cancer and their families, with small groups of classmates. Planned and shopped for nutritious meals for up to sixty people. Dined with small groups of residents.

### *Pro-Bono Physical Therapy Clinic (St. Louis, MO)*

Fall 2012- Spring 2013

- Participated in student-run clinic that provided free physical therapy care and equipment to uninsured or underinsured St. Louis residents. Assisted in evaluation and treatment, with a focus on home exercise programs and education due to the population's low likelihood return for follow-up visits.

## LICENSURE

Will submit application for licensure in Missouri by May 15, 2015

## DATE AVAILABLE

August 1, 2015, flexible

## REFERENCES

**Diana Palm, PT, DPT**  
Staff Physical Therapist  
Sandford Health  
1720 S. University Dr.  
Fargo, ND 58122  
(701) 280-4088  
Diana.palm@sanfordhealth.org

**Jill M. Chamness, MSPT, CCCE**  
Staff Physical Therapist  
Easter Seals-Children's Rehab.  
Center  
3818 Woodland Heights Rd.  
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**Suzy Cornbleet, PT, DPT**  
Clinical Education Team  
Member, Faculty Member  
Washington University  
Program in Physical Therapy  
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