1) First we need to get A into now echelon form.

$$\begin{pmatrix} 3 & 3 & 6 \\ 5 & 5 & -2 \\ 2 & 1 & 2 \\ 1 & 2 & 2 \end{pmatrix} \Rightarrow \begin{pmatrix} 1 & 1 & 2 \\ 5 & 5 & -2 \\ 2 & 1 & 2 \\ 1 & 2 & 2 \end{pmatrix} \Rightarrow \begin{pmatrix} 1 & 1 & 2 \\ 0 & 0 & 12 \\ 2 & 1 & 0 & 0 \\ 0 & 2 & 1 & 0 \end{pmatrix}.$$
Tf $\mathcal{L} = 1$, then rank $A = 2$.

Otherwise we can continue Gaussian elimination (divide 3rd and 4th rows by L-1)

$$\begin{pmatrix} 1 & 1 & 2 \\ 0 & 0 & 1 \\ 1 & 0 & 0 \\ 0 & 1 & 0 \end{pmatrix} \Rightarrow \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \\ 1 & 1 & 2 \end{pmatrix} \Rightarrow \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \\ 0 & 0 & 0 \end{pmatrix}.$$

2) For L=7 we get p=rank(A)=3.

So we need to find such Boxp and Cpxn that Ac4x3] = B.C.

B has to be 4 by 3 matrix, while C has to be 3 by 3.

There is a trivial solution: B=A, C=(010)

In general if
$$A = \begin{pmatrix} 7 & 1 & 2 \\ 5 & 5 & -2 \\ 3 & 3 & 6 \\ 1 & 7 & 2 \end{pmatrix}$$
 we can take $B = \frac{1}{k} \cdot A$ and $C = \begin{pmatrix} k & 0 & 0 \\ 0 & k & 0 \\ 0 & 0 & k \end{pmatrix}$, $k \in \mathbb{R}, k \neq 0$.