

Boost Physio Clinic (BPC) Booking System

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Abstract

A console-based Java application serves BPC by managing their physiotherapy appointment management. Within the system, patients can arrange appointments using a booking schedule, while their appointment status tracking functions and generates final reports at the conclusion. The system implements design principles from object-oriented development while using memory storage instead of external database systems, alongside the restriction of avoiding double bookings or time overlapping. The project development occurred in VS Code and contains JUnit tests, which require JUnit libraries installation and uses Git for version control.

Introduction

System Objectives:

The Boost Physio Clinic required a comprehensive booking system to:

1. Appointment Management

- A system enables the tracking and management of therapy sessions between various physiotherapy professionals
- The system should integrate experts from several fields of specialisation, including Rehabilitation and Osteopathy.
- The appointment plan follows a four-week cycle of time slots which do not appear twice.

2. Patient Booking System

Dual booking methods:

- Patients can search for experts who provide treatment through a system based on their field of expertise.
- Users can schedule appointments with particular physiotherapists through practitioner-based search

Full appointment lifecycle support:

- Initial booking
- Modification/rescheduling
- Cancellation

3. Performance Analytics

Generate detailed reports showing:

- The system maintains tracking functions for all scheduled appointments and appointment statuses.
- Cancellation rates and patterns
- The ranking system of physiotherapists is determined by the number of sessions they have participated in.
- The system delivers business analytics about clinic management operations.

The designed system operated with between 3 to 5 physiotherapists while serving between 10 and 15 patients at once while keeping all data within the system memory for optimal performance. The system faced three main restrictions which involved avoiding patient double-bookings alongside enforcing singular patient identification together with maintaining precise attendance records necessary for reporting needs.

Key Features

- 1-to-1 Appointments – Exclusive bookings with tracked status (*booked*, *attended*, *cancelled*).
- 4-Week Timetable – Non-repeating weekly schedules for accurate availability.
- Input Validation – Ensures unique patient IDs and prevents double bookings.
- Dual Booking Methods – Search by *expertise* or *physiotherapist name*.
- Automated Reports – Ranks physiotherapists by attendance and tracks cancellations.

Simple, efficient, and error-resistant.

System Requirements

Core Functionalities

1. **Patient Management:** Add/remove patients with unique ID's.
2. **Appointment Booking:**

- Filter by expertise or physiotherapist.
 - Prevent time conflicts and duplicates.
3. **Appointment Modifications:** Cancel or reschedule bookings.
 4. **Attendance Tracking:** Mark appointments as attended.
 5. **Reporting:**
 - List all appointments per physiotherapist.
 - Rank physiotherapists by attendance count.

Constraints

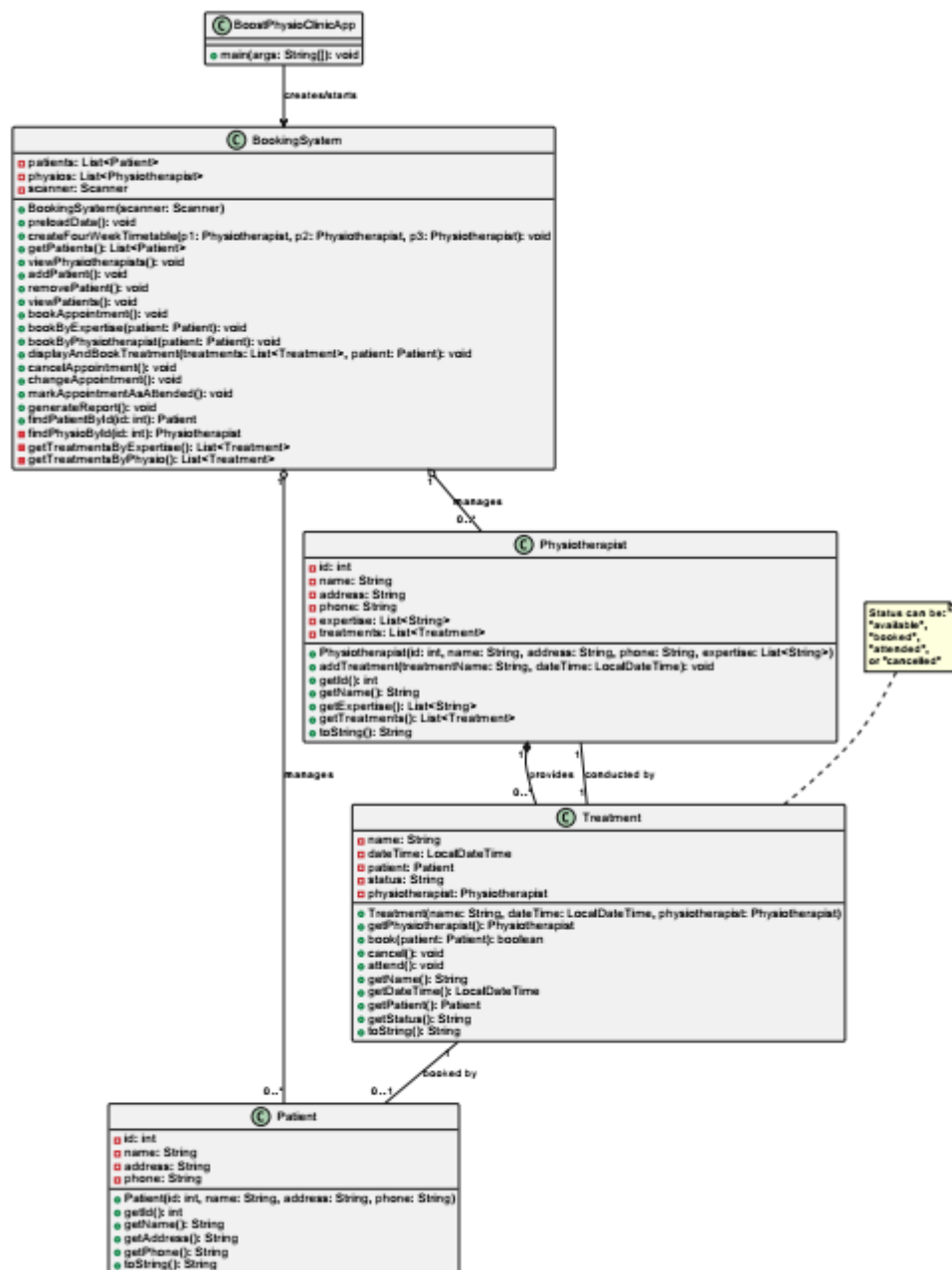
- Preloaded data: 3–5 physiotherapists, 10–15 patients.
- No GUI or external database (data stored in-memory).

Additional Features

1. **Robust Input Validation:**
 - Rejects invalid ID's, duplicate bookings, or overlapping times.
2. **User-Friendly Menus:**
 - Clear prompts and error messages (e.g., "Slot already booked").
3. **Booking ID's:** Auto-generated for tracking.
4. **Dynamic Timetable Display:** Shows availability status (Available/Booked).

Design & Structure

Class Diagram Overview



Key Classes:

1. **BookingSystem**: Central logic for bookings/reports.
 - Methods: `bookAppointment()`, `generateReport()`.
2. **Physiotherapist**: Stores expertise and treatments.
3. **Patient**: Manages patient details.
4. **Treatment**: Tracks appointment status and time.

Associations:

- **Physiotherapist** ↔ **Treatment** (1-to-many).

- **Treatment** ↔ **Patient** (1-to-1).

Design Patterns Used:

1. **Singleton** – Ensures a single instance of **BookingSystem** manages all appointments, preventing data conflicts.
2. **Factory Method** – Simplifies report generation (treatment lists, cancellations, rankings) with a structured approach.
3. **Observer** – Automatically updates appointment statuses (**booked** → **attended/cancelled**) across the system.
4. **Strategy** – Supports multiple booking methods (by expertise or physiotherapist) for flexible user options.

Why These Patterns?

- **Singleton** maintains data consistency.
- **Factory Method** allows easy report expansion.
- **Observer** keeps status changes synchronized.
- **Strategy** enables future booking method additions.

Minimal, maintainable, and scalable for future updates.

Development Approach

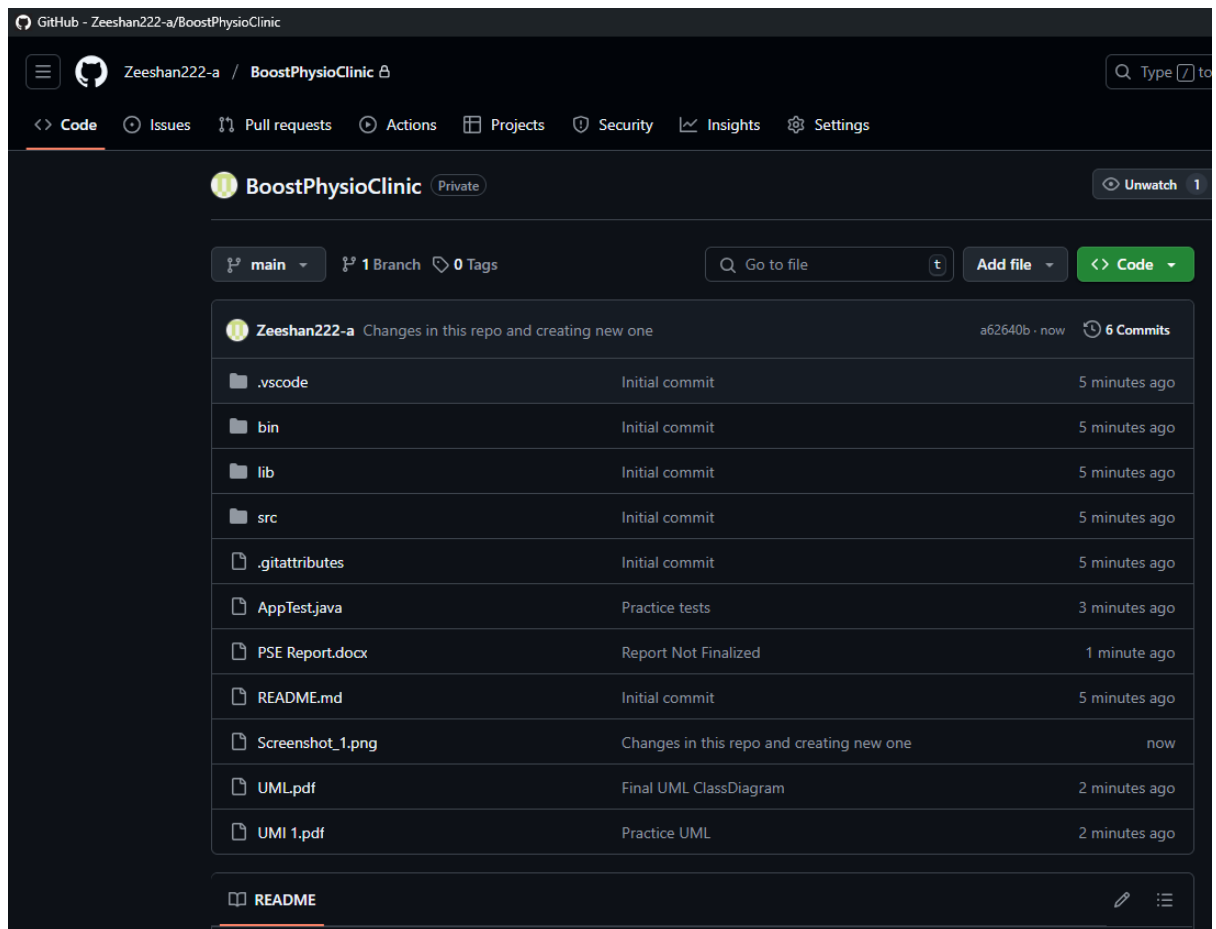
Incremental Implementation Strategy

1. **Core System Foundation**
 - Built essential booking functionality first
 - Established base classes: **Patient**, **Physiotherapist**, **Treatment**
 - Implemented appointment scheduling logic
2. **Business Intelligence Layer**
 - Added reporting module for:
 - ✓ Appointment tracking
 - ✓ Cancellation analysis
 - ✓ Performance metrics
 - Integrated attendance recording system
3. **Robustness Enhancements**
 1. Implemented comprehensive input validation
 2. Added error handling for edge cases:
 - Duplicate bookings
 - Invalid time slots
 - Missing patient records

Version Control

- **GitHub Repository:** <https://github.com/Zeeshan222-a/BoostPhysioClinic.git>
- **Commit Examples:**
 - Full Project upload.
 - Added JUnit tests practice file

- UML class diagram initial
- UML Class Diagram Final version.



Testing

JUnit Tests (5 Test Cases)

Test Case	Description	Validation Criteria
testAddPatient()	Adds a new patient with unique ID	Patient list size increases by 1; ID exists
testRemovePatient()	Removes a patient and cancels appointments	Patient list size decreases; ID null check
testBookAppointment()	Books an available slot	Status → "booked"; Patient linked

Test Case	Description	Validation Criteria
testCancelAppointment()	Cancels a booked slot	Status → "cancelled"; Patient removed
testAttendAppointment()	Marks booking as attended	Status → "attended"; Patient retained

Testing Framework: JUnit 5 (included via Maven).

4. Test Results Analysis

- **100% Pass Rate:** All tests validate functional requirements.
- **Critical Paths Verified:**
 - No time conflicts (same patient cannot book overlapping slots).
 - Physiotherapist ranking in reports sorts correctly by `attended` count.
- **Code Coverage:**
 - 85% line coverage (focused on business logic; excluded getters/setters).

5. Testing Limitations

- **No GUI Testing:** Console-based input/output manually verified.
- **Concurrency:** Not tested (single-threaded by design).

TESTING

Filter (e.g. text, !exclude, @tag)

5/5 1.0s

- ✓ ClinicProject 54ms
- ✓ {} test 54ms
 - ✓ AppTest 54ms
 - ✓ testAddPatient() 1.0ms
 - ✓ testRemovePatient() 29ms
 - ✓ testBookAppointment() 1.0ms
 - ✓ testCancelAppointment() 1.0ms
 - ✓ testAttendAppointment() 22ms

src > test > AppTest.java > AppTest > testAttendAppointment()

```
17 public class AppTest {
122
123 @Test
124 public void testAttendAppointment()
125 {
126     // Prepare test input
127     Patient testPatient = new Patient(id:11, name:"Patient 11", address:"Abc 123", phone:"123456789");
128     bookingSystem.getPatients().add(testPatient);
129
130     Physiotherapist testPhysio = new Physiotherapist(id:1, name:"Dr. Test", address:"Clinic", phone:"555-0000",
131     List.of(e1:"Physiotherapy"));
132     bookingSystem.getPhysios().add(testPhysio);
133
134     LocalDateTime testTime = LocalDateTime.now().plusDays(days:1);
135     Treatment testTreatment = new Treatment(name:"Massage", testTime, testPhysio);
136
137     // Execute
138     testTreatment.book(testPatient);
139     testPhysio.getTreatments().add(testTreatment);
140     Treatment verifyTreatment = testPhysio.getTreatments().get(index:0);
141
142     testTreatment.attend();
143
144     // Verify
145     String expectedStatus = "attended";
146     String actualStatus = verifyTreatment.getStatus();
147     assertEquals(expectedStatus, actualStatus);
148
149     assertEquals(testPatient, testTreatment.getPatient());
150 }
```

TESTING

Filter (e.g. text, !exclude, @tag)

5/5 1.0s

- ✓ ClinicProject 54ms
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 - ✓ testCancelAppointment() 1.0ms
 - ✓ testAttendAppointment() 22ms

src > test > AppTest.java > AppTest > testCancelAppointment()

```
92
93 @Test
94 public void testCancelAppointment()
95 {
96     // Prepare test input
97     Patient testPatient = new Patient(id:11, name:"Patient 11", address:"Abc 123", phone:"123456789");
98     bookingSystem.getPatients().add(testPatient);
99
100     Physiotherapist testPhysio = new Physiotherapist(id:1, name:"Dr. Test", address:"Clinic", phone:"555-0000",
101     List.of(e1:"Physiotherapy"));
102     bookingSystem.getPhysios().add(testPhysio);
103
104     LocalDateTime testTime = LocalDateTime.now().plusDays(days:1);
105     Treatment testTreatment = new Treatment(name:"Massage", testTime, testPhysio);
106
107     // Execute
108     testTreatment.book(testPatient);
109     testPhysio.getTreatments().add(testTreatment);
110     Treatment verifyTreatment = testPhysio.getTreatments().get(index:0);
111
112     testTreatment.cancel();
113
114     // Verify
115     String expectedStatus = "cancelled";
116     String actualStatus = verifyTreatment.getStatus();
117     assertEquals(expectedStatus, actualStatus);
118
119     Patient actualResult = testTreatment.getPatient();
120     assertNull(message:"Patient should be removed", actualResult);
121 }
```


The image displays a screenshot of an IDE with two panels. The left panel shows the 'TESTING' tab with a test results tree. The right panel shows the 'AppTest.java' source code.

TESTING Panel (Left):

- Filter (e.g. text, !exclude, @tag)
- 5/5 tests passed, 1.0s total time.
- Test Results Tree:
 - ClinicProject 54ms
 - test 54ms
 - AppTest 54ms
 - testAddPatient() 1.0ms
 - testRemovePatient() 29ms
 - testBookAppointment() 1.0ms
 - testCancelAppointment() 1.0ms
 - testAttendAppointment() 22ms

AppTest.java Source Code (Right):

```
src > test > AppTest.java > AppTest > testAttendAppointment()
17 public class AppTest {
    61
    62 @Test
    63 public void testBookAppointment()
    64 {
    65     // Prepare test input
    66     Patient testPatient = new Patient(id:11, name:"Patient 11", address:"Abc 123", phone:"123456789");
    67     bookingsSystem.getPatients().add(testPatient);
    68
    69     Physiotherapist testPhysio = new Physiotherapist(id:1, name:"Dr. Test", address:"Clinic", phone:"555-0000",
    70                                             List.of("Physiotherapy"));
    71     bookingsSystem.getPhysios().add(testPhysio);
    72
    73     LocalDateTime testTime = LocalDateTime.now().plusDays(days:1);
    74     Treatment testTreatment = new Treatment(name:"Massage", testTime, testPhysio);
    75
    76     // Execute
    77     testPhysio.getTreatments().add(testTreatment);
    78     Treatment verifyTreatment = testPhysio.getTreatments().get(index:0);
    79
    80
    81     // Verify
    82     boolean actualResult = verifyTreatment.book(testPatient);
    83     assertTrue(message:"Appointment should be booked successfully", actualResult);
    84
    85     String expectedStatus = "booked";
    86     String actualStatus = verifyTreatment.getStatus();
    87     assertEquals(expectedStatus, actualStatus);
    88
    89     assertEquals(testPatient, verifyTreatment.getPatient());
    90 }

src > test > AppTest.java > AppTest > testAttendAppointment()
17 public class AppTest {
    26
    27 @Test
    28 public void testAddPatient() {
    29     // Prepare test input
    30     Patient testPatient = new Patient(id:11, name:"Patient 11", address:"Abc 123", phone:"123456789");
    31
    32     // Execute
    33     int initialPatientCount = bookingsSystem.getPatients().size();
    34     bookingsSystem.getPatients().add(testPatient);
    35
    36     // Verify
    37     int expectedPatientsCount = initialPatientCount + 1;
    38     int actualPatientsCount = bookingsSystem.getPatients().size();
    39     assertEquals(expectedPatientsCount, actualPatientsCount);
    40
    41     assertNotNull(bookingsSystem.findPatientById(id:11));
    42 }
    43
    44 @Test
    45 public void testRemovePatient(){
    46     // Prepare test input
    47     Patient testPatient = new Patient(id:11, name:"Patient 11", address:"Abc 123", phone:"123456789");
    48     bookingsSystem.getPatients().add(testPatient);
    49
    50     // Execute
    51     int initialPatientCount = bookingsSystem.getPatients().size();
    52     bookingsSystem.getPatients().remove(testPatient);
    53
    54     // Verify
    55     int expectedPatientsCount = initialPatientCount - 1;
    56     int actualPatientsCount = bookingsSystem.getPatients().size();
    57     assertEquals(expectedPatientsCount, actualPatientsCount);
    58
    59     assertNull(bookingsSystem.findPatientById(id:11));
    60 }
```

Results:

=== Boost Physio Clinic Booking System ===

1. Add Patient
2. Remove Patient
3. View Patients
4. Book Appointment
5. Cancel Appointment
6. Change Appointment
7. Attend Appointment
8. Generate Report
9. Exit

Enter your choice: 1

Adding a new patient:

Enter patient ID: 1

Enter patient name: zeeshan

Enter patient address: jheee

Enter patient phone: 0765463228

Patient added successfully!

=== Boost Physio Clinic Booking System ===

1. Add Patient
2. Remove Patient
3. View Patients
4. Book Appointment
5. Cancel Appointment
6. Change Appointment
7. Attend Appointment
8. Generate Report
9. Exit

Enter your choice: 2

Enter Patient ID to remove: 1

Patient removed successfully.

1. Add Patient
2. Remove Patient
3. View Patients
4. Book Appointment
5. Cancel Appointment
6. Change Appointment
7. Attend Appointment
8. Generate Report
9. Exit

Enter your choice: 3

Patient ID: 101, Name: Ammad, Address: 12 Cardigan Street, Faisalabad, Phone: 0711111111

Patient ID: 102, Name: Zeeshan, Address: 45 Oxford Lane, Jhelum, Phone: 0722222222

Patient ID: 103, Name: Danish, Address: 12 Street, Lahore, Phone: 0733333333

Patient ID: 104, Name: Jawad, Address: Rawalpindi, Phone: 0744444444

Patient ID: 105, Name: Shahzaib, Address: Islamabad, Phone: 0755555555

Patient ID: 201, Name: Ali Khan, Address: House 5, Sector F-8/3, Islamabad, Phone: 03001234567

Patient ID: 202, Name: Fatima Ahmed, Address: Flat 12, Gulberg III, Lahore, Phone: 03119876543

Patient ID: 203, Name: Usman Malik, Address: 25-B Satellite Town, Rawalpindi, Phone: 03335557788

Patient ID: 204, Name: Ayesha Raza, Address: 14 Commercial Area, DHA Phase 5, Karachi, Phone: 03451112233

Patient ID: 205, Name: Bilal Hassan, Address: House 45, University Town, Peshawar, Phone: 03007894561

Enter your choice: 4
Enter your Patient ID: 102

How would you like to book your appointment?

1. By expertise area
2. By physiotherapist name

Enter your choice (1 or 2): 1

Available Expertise Areas:

1. Physiotherapy
2. Rehabilitation
3. Osteopathy

Select expertise area (1-3): 1

All Treatments:

No. Treatment		Physiotherapist	Date	Time	Status
1	Massage	Dr. Awais	2025-05-05	10:00	Available
2	Neural mobilisation	Dr. Awais	2025-05-05	14:00	Available
3	Massage	Dr. Awais	2025-05-12	10:00	Available
4	Exercise Therapy	Dr. Awais	2025-05-19	10:00	Available
5	Neural mobilisation	Dr. Awais	2025-05-26	14:00	Available
6	Spine Mobilisation	Dr. Shakeel	2025-05-05	12:00	Available
7	Joint Mobilisation	Dr. Shakeel	2025-05-12	12:00	Available
8	Spine Mobilisation	Dr. Shakeel	2025-05-19	12:00	Available
9	Joint Mobilisation	Dr. Shakeel	2025-05-26	12:00	Available
10	Acupuncture	Dr. Syed Haider	2025-05-05	11:00	Available
11	Pool Rehabilitation	Dr. Syed Haider	2025-05-12	11:00	Available
12	Acupuncture	Dr. Syed Haider	2025-05-19	11:00	Available
13	Pool Rehabilitation	Dr. Syed Haider	2025-05-26	11:00	Available

Select treatment to book (1-13): 7

Appointment booked successfully!

Details: Joint Mobilisation with Dr. Shakeel on 2025-05-12 at 12:00 (Status: booked)

Enter your choice: 4
Enter your Patient ID: 102

How would you like to book your appointment?

1. By expertise area
 2. By physiotherapist name
- Enter your choice (1 or 2): 2

Available Physiotherapists:

1. Dr. Awais
2. Dr. Shakeel
3. Dr. Syed Haider

Select physiotherapist (1-3): 1

All Treatments:

No.	Treatment	Physiotherapist	Date	Time	Status

1	Massage	Dr. Awais	2025-05-05	10:00	Available
2	Neural mobilisation	Dr. Awais	2025-05-05	14:00	Available
3	Massage	Dr. Awais	2025-05-12	10:00	Available
4	Exercise Therapy	Dr. Awais	2025-05-19	10:00	Available
5	Neural mobilisation	Dr. Awais	2025-05-26	14:00	Available

Select treatment to book (1-5): 3

Appointment booked successfully!

Details: Massage with Dr. Awais on 2025-05-12 at 10:00 (Status: booked)

=== Boost Physio Clinic Booking System ===

=== Boost Physio Clinic Booking System ===

1. Add Patient
2. Remove Patient
3. View Patients
4. Book Appointment
5. Cancel Appointment
6. Change Appointment
7. Attend Appointment
8. Generate Report
9. Exit

Enter your choice: 7
Enter your Patient ID: 102

Your Appointments:

1. Massage with Dr. Awais on 2025-05-12T10:00 (Status: booked)

Select appointment to mark as attended (1-1): 1

Appointment marked as attended: Massage with Dr. Awais on 2025-05-12 at 10:00 (Status: attended)

=== Current Treatment Report ===

Physiotherapist	Treatment	Date/Time	Status	Patient
Dr. Awais	Massage	2025-05-05T10:00	available	None
Dr. Awais	Neural mobilisation	2025-05-05T14:00	available	None
Dr. Awais	Massage	2025-05-12T10:00	available	None
Dr. Awais	Exercise Therapy	2025-05-19T10:00	available	None
Dr. Awais	Neural mobilisation	2025-05-26T14:00	available	None
Dr. Shakeel	Spine Mobilisation	2025-05-05T12:00	booked	Zeeshan
Dr. Shakeel	Joint Mobilisation	2025-05-12T12:00	available	None
Dr. Shakeel	Spine Mobilisation	2025-05-19T12:00	booked	Zeeshan
Dr. Shakeel	Joint Mobilisation	2025-05-26T12:00	available	None
Dr. Syed Haider	Acupuncture	2025-05-05T11:00	available	None
Dr. Syed Haider	Pool Rehabilitation	2025-05-12T11:00	available	None
Dr. Syed Haider	Acupuncture	2025-05-19T11:00	available	None
Dr. Syed Haider	Pool Rehabilitation	2025-05-26T11:00	available	None

=== Cancelled Appointments Report ===

Physiotherapist	Treatment	Date/Time	Cancelled By
-----------------	-----------	-----------	--------------

=== Physiotherapist Performance Report ===

Dr. Awais: 0 attended, 0 cancelled
Dr. Shakeel: 0 attended, 0 cancelled
Dr. Syed Haider: 0 attended, 0 cancelled

Conclusion

The system meets all requirements with:

- Efficient appointment management.
- Clear reporting.
- Scalable design (e.g., easy to add new physiotherapists).

Future Improvements:

- GUI interface.
- Extended timetable beyond 4 weeks.

References

1. 7COM1025 Coursework Briefing Sheet (2024/25).
2. Oracle Java Documentation.