# **Medical Report**

#### **Patient Information:**

- Name: Alexa

- Age: 32

- Gender: Female

Date of Birth: June 1st, 1994Date of Report: April 28th, 2025

## **Genetic Analysis:**

- Genetic Testing Method: [Method]

- Genetic Variants Analyzed: [List of Variants]

### **Summary:**

The patient's genetic analysis indicates a heightened risk of a specific type of cancer-based on identified genetic variants. These variants are associated with an increased likelihood of developing cancer compared to the general population.

### 1. BRCA1 Gene Variant:

- The patient carries a variant in the BRCA1 gene (e.g., BRCA1 c.5266dupC).
- Individuals with this variant have an elevated risk of cancer.
- Lifetime risk may be increased by 40-60%.

## 2. BRCA2 Gene Variant:

- The patient carries a variant in the BRCA2 gene (e.g., BRCA2 c.5946delT).
- Similar to the BRCA1 variant, this variant elevates the risk of cancer.
- Lifetime risk may be increased by 40-60%.

#### **Recommendations:**

- 1. \*\*Regular Screening:\*\* It is important for the patient to undergo regular screenings, including appropriate tests, as recommended by their healthcare provider.
- 2. \*\*Genetic Counseling:\*\* Consider genetic counseling to better understand the implications of the genetic profile and discuss potential risk reduction strategies.
- 3. \*\*Lifestyle Modifications:\*\* Adopting a healthy lifestyle, including maintaining a balanced diet, regular exercise, limiting alcohol consumption, and avoiding tobacco, may help reduce the overall risk of cancer.