

# Drug Discovery, Development and Commercialization, 2013

## Industry Considerations with Phase III Clinical Trials

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# Drug Approval Requirements

- Effective by parameters measured
- Reasonably safe
- Adequate manufacturing controls
- Labeling must meet Applicable statutory and regulatory requirements

# How Did FDA Gain Authority in Drug Regulation?

<u>Precipitating Factor</u>	<u>Law</u>	<u>Effect of Law</u>
Sulfanilamide Elixir containing diethyle glycol as solvent results in 107 deaths	Federal Food Drug and Cosmetic Act of 1938	<u>Goal:</u> Drug must be safe prior to marketing <u>Why Key?:</u> Established regulation process
Sleeping pill thalidomide found to cause birth defects	1962 Kefauver-Harris Amendments	<u>Goal:</u> Drug must be effective and safe <u>Why Key?:</u> Established advertising of prescription medications authority
	Food & Drug Administration Modernization Act (FDAMA) of 1997	<u>Why Key?:</u> Allows regulation of unapproved use of approved drugs

# New Drug Application (NDA)

- Preparation of the NDA
- Pre-NDA meeting with FDA
  - Goal: ensure the application will contain the required data
- Submission of NDA
  - **Received**: NDA arrived at FDA
  - **Filed**: Formally accepted for review
  - **Refuse to File**

# New Drug Application Contents

- Pre-clinical data
- Human pharmacokinetic and bioavailability data
- Clinical Data
- Proposed Manufacturing, Processing and Packaging methods
- Description of the drug product and drug substance
- List of all patents
- Proposed drug labeling
- Summary of application concluding with risks and benefits of drug

# Refuse to File (RTF)

- The FDA can refuse a file for reasons including:
  - Incomplete application
  - Fails to make required certifications
- Common reasons for refuses to file (RTF) include
  - Omission of a required section
  - Clear failure to include appropriate evidence of effectiveness
  - Omission of critical data, information or analyses needed to evaluate safety or effectiveness
  - Failure to provide adequate directions for use.
- RTF are more common with ANDAs because they do not usually involve a pre-application meeting.

# Advisory Committees

- These Committees:
  - May review drug clinical studies
  - May review proposed labeling
  - Will respond and vote on questions
  - May provide recommendations on issues related to the drug's approval
- Recommendations provided are not binding
- The FDA must make a final decision or explain why no decision has been made within 90 days of advisory meeting

# Historic Drug Approval Timelines

Year	Priority		Standard	
	Number Approved	Median FDA Review Time (months)	Number Approved	Median FDA Review Time (months)
1993	13	13.9	12	27.2
1994	13	15.0	9	22.2
1995	9	6.0	19	15.9
1996	18	7.7	35	14.6
1997	9	6.4	30	14.4
1998	16	6.2	14	12.3
1999	19	6.3	16	14.0
2000	9	6.0	18	15.4
2001	7	6.0	17	15.7
2002	7	13.8	10	12.5
2003	9	6.7	12	13.8



# Types of Approval

- *Standard Review*
  - Offer minor improvement over existing marketed therapies
  - NDA review goal is *ten-months*
- *Priority Review*
  - Offer major advances in treatment, or provide a treatment where no adequate therapy exists
  - Can apply to drugs used to treat serious diseases and to drugs for less serious illnesses
  - NDA review goal is *six months*

# PDFUA Performance Goals

## ORIGINAL and RESUBMITTED NDAs/BLAs and Efficacy Supplements:

SUBMISSION COHORT	STANDARD	PRIORITY
Original Applications	90% IN 10 MO	90% IN 6 MO
Class 1 Resubmissions	90% IN 2 MO	90% IN 2 MO
Class 2 Resubmissions	90% IN 6 MO	90% IN 6 MO
Original Efficacy Supplements	90% IN 10 MO	90% IN 6 MO
Class 1 Resubmitted Efficacy Supplements	90% IN 2 MO	90% IN 2 MO
Class 2	90% IN 6 MO	90% IN 6 MO

## MANUFACTURING SUPPLEMENTS

FY 2008-2012	90% IN 6 MO	90% IN 4 MO
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# Fast Track Approvals

- Facilitate the development, and expedite the review of drugs to **treat serious diseases AND fill an unmet medical need**
  - **Serious:** impact on survival, day-to-day functioning, or the likelihood that the disease, if left untreated, will progress from a less severe condition to a more serious one
  - **Unmet Medical Need:** providing a therapy where none exists or providing a therapy which may be potentially superior to existing therapy

# Accelerated Approval

- Instituted in 1992
- Faster approval of drugs to treat serious diseases that fill an unmet medical need
- Based on a surrogate endpoint
- Full approval once confirmatory trial shows that the drug provides a clinical benefit

# Post Approval Activities

- FDA continues to evaluate safety and efficacy
  - Evaluation of lot release
  - Adverse event reporting
  - Post-marketing studies
  - Monitoring of promotional materials

# Phase IV Studies

- Post-Marketing Studies
  - Can be initiated by the sponsor
    - Effectiveness in widespread population
    - Therapeutic Usefulness of Drug
    - New Uses/Abuses of Drug
    - Defects in Manufacturing Processes
  - Regulatory authority
    - May be condition of approval (FDAMA)
    - Pharmacovigilance (safety surveillance)
    - Facilitate FDA post-approval monitoring

1. 2006 FDA report to Congress
2. <http://www.medicalnewstoday.com/articles/162928.php>, 2009 FDA study by Booz Allen Hamilton for Congress

# Types of Phase IV Studies

**Phase IV, Postmarketing Clinical Trials** are of several types:

1. Additional studies to elucidate the incidence of adverse reactions, to explore a specific pharmacologic effect, or to obtain more information of a circumscribed nature.
2. Large scale, long-term studies to determine the effect of a drug on morbidity and mortality.
3. Additional clinical trials similar to those in Phase III, to supplement premarketing data where it has been deemed in the public interest to release a drug for more widespread use prior to acquisition of all data which would ordinarily be obtained before marketing.
4. Clinical trials in a patient population not adequately studied in the premarketing phase, e.g., children.
5. Clinical trials for an indication for which it is presumed that the drug, once available, will be used.

# Choosing a Study Design

Study Type	Characteristics
Case Control Studies	<p>Observational.</p> <p>Measures <b>prevalence of risk factors</b> in group with and without a disease</p> <p>Useful in rare disease or diseases with a long interval between event and outcome</p> <p>Can NOT be used to determine incident of an event</p> <p>Are usually, but not always retrospective</p>
Cross Sectional Studies	<p>Observational</p> <p>Measure event differences at a given point in time, or provide a “snapshot”</p> <p>Can provide information on <b>disease prevalence</b></p>
Cohort Study	<p>Observational</p> <p>Measures the <b>incidence (rate) of an event/disease</b>, relative risk or excessive risk populations</p> <p>Are usually, but not always prospective</p>
Randomized Controlled Trials	<p>Experimental</p> <p>A form of cohort study, strongest study design required to test for statistical significance</p> <p>Are usually prospective, but can have retrospective components</p>



# ClinicalTrials.gov

- Public information about on-going clinical trials
- Interventional and Observational studies
- FDA 2007; mandatory registration of clinical studies
- Penalties for non-registration

# Supplemental NDA

- Post Marketing Changes to Approved Application must be done by submission of a supplemental NDA.
- These come in three categories each with their own requirements and timelines:
  - Prior Approval Supplement
  - Change Being Effected
  - Annual Report

# Prior Approval Supplement (PAS)

- Major Change to Label
- Changes requiring PAS include, but are not limited to:
  - Changes in the qualitative or quantitative formulation
  - Changes requiring completion of an appropriate human study to demonstrate the equivalence of the identity, strength, quality, purity, or potency
  - Changes in the source material or cell line
  - Establishment of a new master cell bank or seed
  - Changes which may affect product sterility assurance

# Change Being Effected (CBE)

- Sponsor must submit a supplement to its NDA 30 days prior to planned use
- Evidence of causal association with contraindications, warnings, precautions, or adverse reactions
- Any change in the product, production process, quality controls, equipment, facilities, that may affect the identity, strength, quality, purity, or potency of the product

# Supplemental NDA Annual Report

- Editorial or minor changes in labeling.
- Submitted each year within 60 days of the product approval anniversary date
- Changes in the product, production process, quality controls, equipment, facilities, or responsible personnel that have a minimal potential to have an adverse effect on the identity, strength, quality, purity, or potency of the product as they may relate to the safety or effectiveness of the product

# Withdrawal of an NDA

- Why?
  - Serious problems with the drug or its application
  - New clinical evidence shows not safe under approved conditions
  - New clinical evidence shows not effective
  - False or misleading labeling
  - Inadequate quality and purity assurances
- FDA rarely invokes this statutory authority to withdrawal NDAs.

# Physician Labeling Rule

- Physician Labeling Rule
  - Applies to prescription drug products
  - Part of larger initiative to reduce medical errors
  - Improvements to Label
    - Highlights Section
    - Index
    - Revised Content and Layout
    - Prioritization of Safety information
  - Went into effect June 30, 2006
    - Implementation over seven years
    - Not all drugs require formatting change

# What is Drug Promotion?

- Activities aimed at providing:
  - Product information
  - Education on product use
  - Education on product payment
  - Product differentiation



# Promotional Labeling



**1 Arbitraer**  
(misvastatium) 100mg tablets

**2 Help Relieve Seasonal Allergy Symptoms**

**3** Arbitraer is a prescription medicine that helps control seasonal allergy symptoms, like runny nose, sneezing, and itchy, watery eyes. By taking Arbitraer, **once a day** you can relieve your allergy symptoms for up to 24 hours.

**4** You may begin to experience relief of allergy symptoms 2 hours after taking Arbitraer.

You may experience headaches, cold symptoms, coughing, or backaches while using Arbitraer.

**5** Arbitraer is for use in adults 18 and older. Arbitraer is not for use in children.

**6** You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1800 FDA-1088

**7** See reverse for important information about Arbitraer.

**8** Ask your doctor if Arbitraer is right for you.

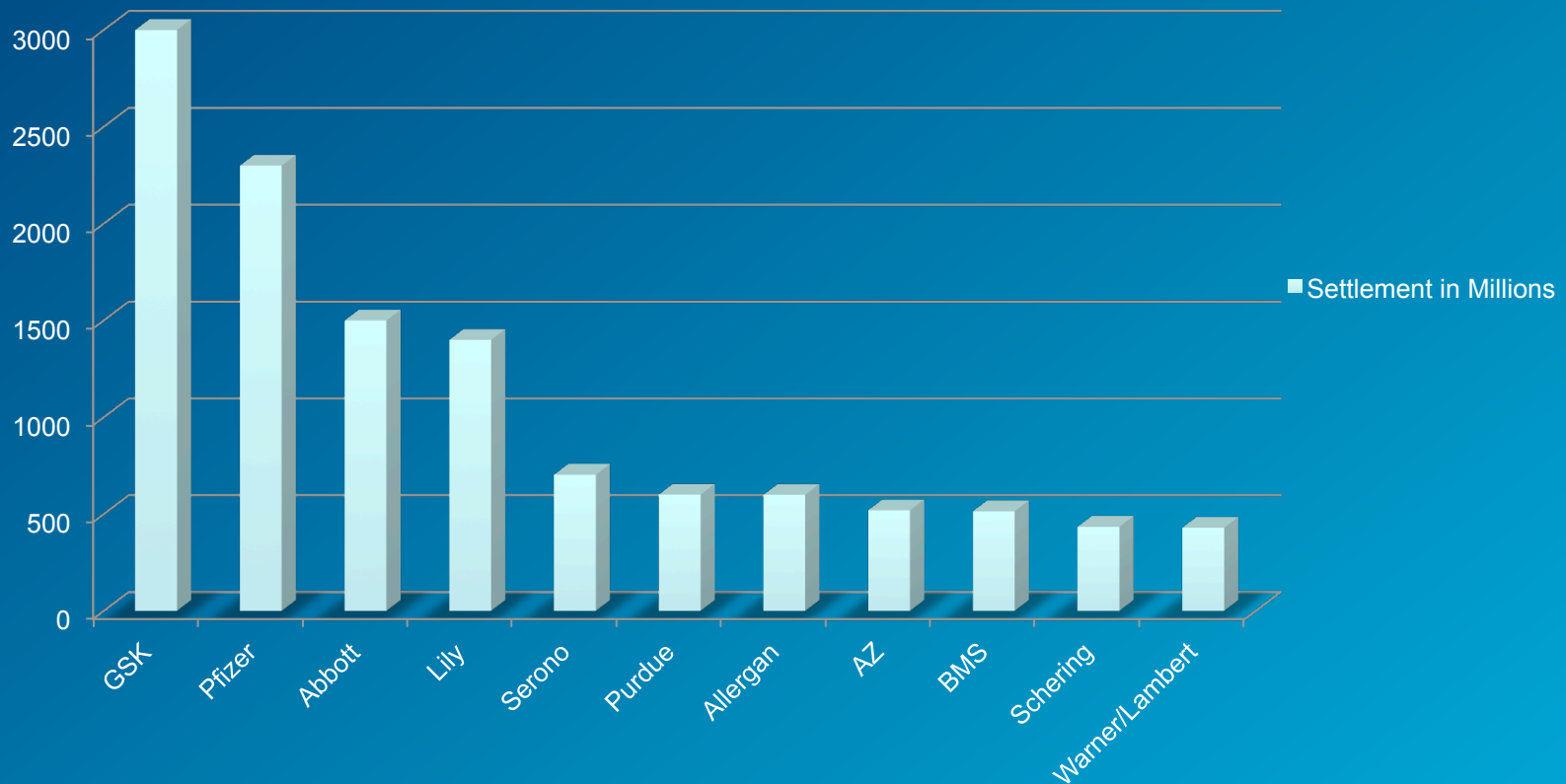
**9** **ACE**  
Pharmaceuticals  
800-555-5555 [www.arbitraer.com](http://www.arbitraer.com)

This advertisement is entirely fictional—no connection between "Arbitraer (misvastatium)" and any real company or product is intended, expressed, or implied.

# What is Considered a Promotional Violation?

- Omission/minimization of risk information
- “Off-Label” Use
- Unsubstantiated claims
- Omission of material fact
- Omission of adequate directions for use
- Reminder ad violation

# Eleven of the Top Off-Label Promotion Settlements\*



\*As of July 2012  
Information from Department of Justice Website.



# Questions?

# Is Increasing Spend the Answer?

- **Discussion:**

- What are potential reasons for exponential increases in spend resulting in the same number of drug approvals between 1980 and 2006?
- How would you recommend redesigning the organization and why?
  - Do you agree with GSK's model? Why or Why not?
- Can more innovation occur with empowerment of the researchers? Why or Why not?