# WDD 131: Dynamic Web Fundamentals

## Week 04 Project: Website Subject

## Subject of the Website

Healthy Living Habits

## Planned Content

The website will share information about how to live a balanced and healthy lifestyle. It will include pages about nutrition tips, simple exercises, mental health awareness, and daily habits that help improve overall well-being. The site will also feature motivational quotes and a weekly health challenge section for visitors.

## Reason for Choosing This Subject

I chose this subject because I believe that physical and mental health are essential for happiness and productivity. Many people, including myself, struggle to maintain consistent healthy habits, so I want to create a simple and inspiring website that helps others learn small ways to improve their lifestyle.