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LINGERIE SEWING PATTERNS

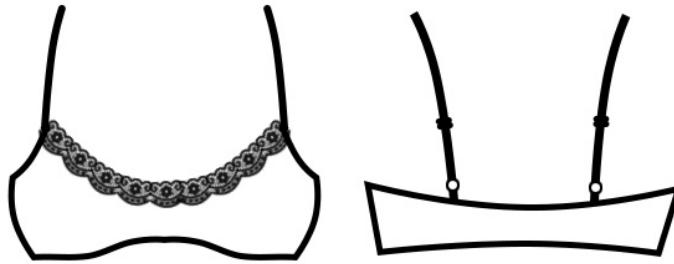
HYACINTH BRALETTE



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1803 Hyacinth Bralette



The Hyacinth Bralette is a super quick and easy sew with the potential for endless styling options.

Suggested Fabrics:

Stretch knit fabrics such as jersey, interlock, spandex knits.

Notions:

½" Strap Elastic, ring & slider set, stretch lace trim, fold over elastic, ½" band elastic, thread.

View A	2X Small	1X Small	Small	Medium	Large	1X Large	2X Large	3X Large
Fabric	1/3 yard (0.25m)	1/3 yard (0.25m)	1/3 yard (0.25m)	1/3 yard (0.25m)	1/3 yard (0.3m)	1/3 yard (0.3m)	1/3 yard (0.3m)	1/3 yard (0.3m)
Fold Over Elastic	¾ yards (0.65m)	¾ yards (0.7m)	7/8 yards (0.75m)	7/8 yards (0.8m)	1 yard (0.85m)	1 yard (0.9m)	1 1/8 yards (0.95m)	1 1/8 yards (1m)
Strap Elastic	1 ¼ yard (1.15m)	1 ¼ yard (1.15m)	1 ¼ yard (1.15m)	1 ¼ yard (1.15m)	1 ¼ yard (1.15m)	1 ¼ yard (1.15m)	1 ¼ yard (1.15m)	1 ¼ yard (1.15m)
Band Elastic	2/3 yard (0.65m)	7/8 yard (0.70m)	7/8 yard (0.75m)	7/8 yard (0.8m)	1 yard (0.85m)	1 yard (0.9m)	1 1/8 yard (0.95m)	1 1/8 yard (1m)
Stretch Lace Trim*	3/8 yard (0.35m)	3/8 yard (0.35m)	3/8 yard (0.35m)	½ yard (0.4m)	½ yard (0.4m)	½ yard (0.45m)	½ yard (0.45m)	½ yard (0.5m)

*1-2" (2.5-5cm) wide

	Bust	Waist	Hips
2X Small	32-33" (81-84cm)	22-23" (56-59cm)	31-32" (79-81cm)
1X Small	34-35" (86-89cm)	24-25" (61-64cm)	33-34" (84-86cm)
Small	36-37" (91-94cm)	26-27" (66-69cm)	35-36" (89-91cm)
Medium	38-39" (96-99cm)	28-29" (71-74cm)	37-38" (94-97cm)
Large	40-41" (101-104cm)	30-31" (76-79cm)	39-40" (99-102cm)
1X Large	42-43" (106-109cm)	32-33" (81-84cm)	41-42" (107-107cm)
2X Large	44-45" (111-115cm)	34-35" (86-89cm)	43-44" (109-112cm)
3X Large	46-47" (117cm-119cm)	36-37" (91-94cm)	45-46" (114-117cm)

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DESIGN NOTES

The Hyacinth Bralette is the perfect scrap-buster. This light-weight, low-support bralette is easy to sew, making it a great project for adventurous beginners or a quick and rewarding sew for more advanced sewists. Featuring a scooped neckline and pull-on style, the Hyacinth Bralette offers a simple, classic style. Visit the Ohhh Lulu YouTube channel for a step-by-step how-to video (<https://youtu.be/3ZsThdV2LCU>).



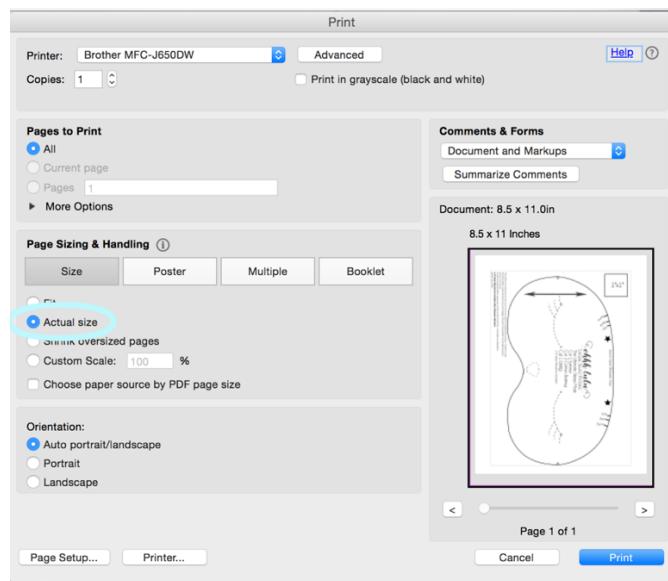
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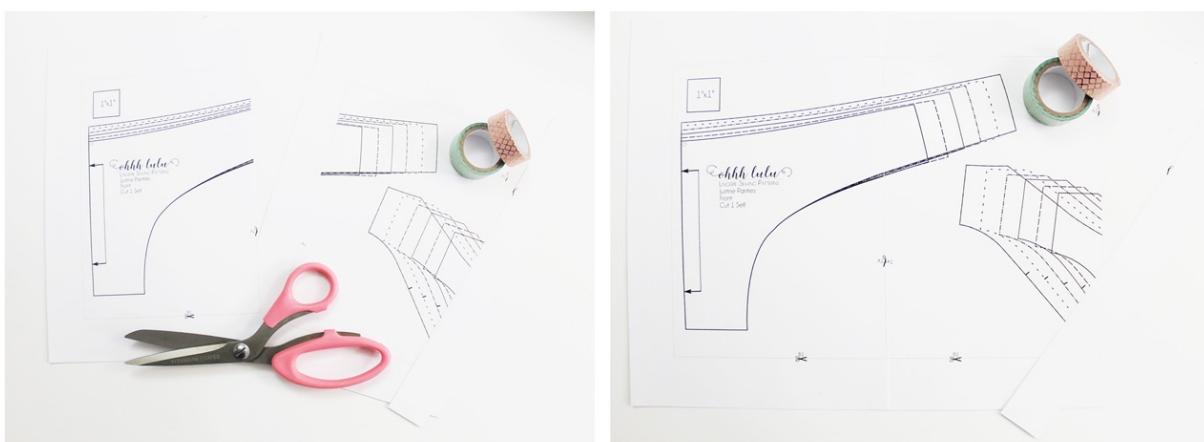
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PRINTING & ASSEMBLING YOUR PDF PATTERN

1. For best results, open and print your file using Adobe Reader (available here <https://get.adobe.com/reader/>).
2. Print Pattern on US Letter or A4 Paper (if using A4, select "US Letter" Page Size in your Print Options/Advanced Options). Before you print, make sure you have selected "no scaling" or print "actual Size".



3. Trim off the margins that have the scissor symbols and tape pages together using the alphanumeric indicators as a guide.



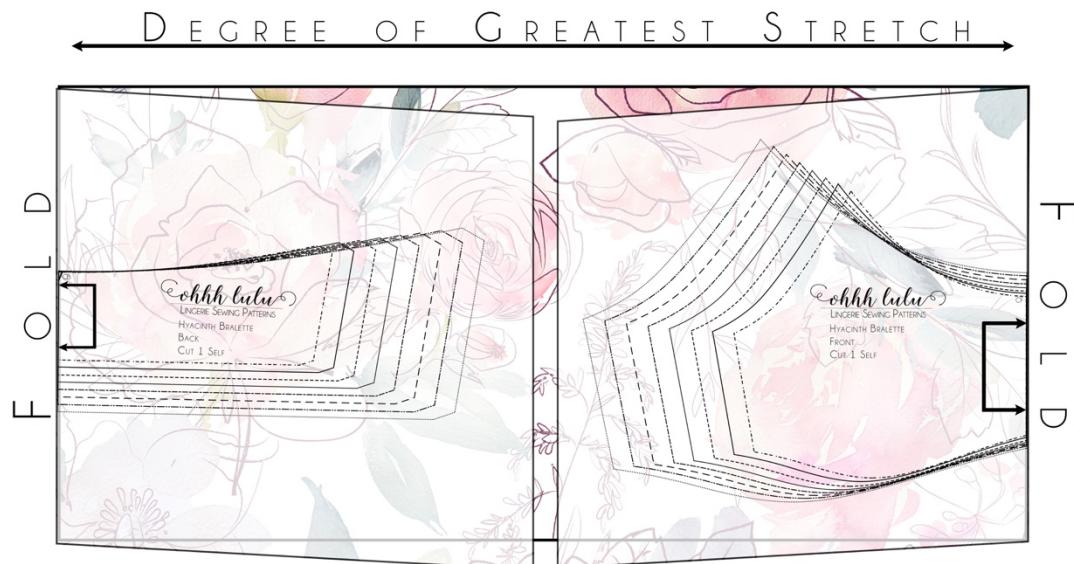
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CUTTING YOUR FABRIC

1. Cut out the size that closest corresponds to your measurements. When using any sewing pattern, but especially bras and body-suits, it is important to sew a test garment in a similar weight and stretch of fabric. Close-fitting garments often require some small alterations so that you can get a customized fit. **½" seam allowance is included unless otherwise indicated.**
2. Pin your pattern pieces onto your fabric and cut out each piece according to the cut guides on the pattern piece.



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TRIMMING THE NECKLINE

1. Centring the lace on the front neckline, pin lace trim to the right side of fabric. Very gently pull the lace as you pin it on to slightly contour the lace. The upper edge of the lace should align with the raw edge of the neckline.



2. Using a zigzag stitch, carefully top-stitch the lace to the Bralette Front. You may wish to add a second row of zigzag stitching parallel to the initial row to more securely attach the lace.



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- Carefully trim back the excess fabric, snipping as close to the stitching as possible without cutting any stitches.



SEWING THE FIRST SIDE SEAM

- Place the Bralette Back against the Bralette Front with the right sides together. Pin and stitch down **one** side seam. Finish seam allowance with a serger or zigzag stitch. Do not sew the other side seam at this time.

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APPLYING THE BAND ELASTIC AND REMAINING SEWING THE SIDE SEAM

1. Beginning at the open side seam, place the band elastic against the right side of the fabric, with the plush side of the elastic facing up. The decorative edge of the elastic should be facing up towards the top of the garment, while the plain edge of the elastic should run along side the lower raw edge of the bralette. Anchor the elastic on with a zigzag stitch, then begin gently pulling on the elastic as you stitch it on. The elastic will begin to contour the lower edge of the bralette which will give it a secure fit under your bust. As you begin to stitch the elastic along the curved edges of the Bralette Front, pull a little tighter on the elastic to contour the bust. Remember, this bralette needs to be pulled on over your shoulders, so the elastic should not be too tight!

Guide for Band Elastic Length:

Please note that different types of elastic offer differing amounts of stretch and recovery, and based on your own body measurements, you may wish to adjust the band elastic as needed. For more information on how to sew band Elastic, please visit the Ohhh Lulu YouTube Page (https://youtu.be/23ywxl_D8No)

2XS – 24" (60cm)

1XS – 26" (65cm)

SM – 28" (70cm)

MD – 30" (75cm)

LG – 32" (80cm)

1XL – 34" (85cm)

2XL – 36" (90cm)

3XL – 38" (95cm)

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2. Carefully trim back the excess fabric that extends beyond your zigzag stitching line.



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- With the right sides together, pin and stitch the remaining side seam closed. Finish the seam as you did on the opposite side. Take care to align the band elastic evenly so that when it is turned right side out, the elastic looks continuous.



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4. Turn the elastic under towards the inside of the garment. Use a multi-step zigzag stitch to topstitch in place.



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FINISHING THE UPPER EDGE WITH FOLD OVER ELASTIC.

1. Working on the wrong side of the fabric, place the fold over elastic along the upper edge, leaving a 1" (2.5cm) tail extending beyond the lace neckline. Use a zigzag stitch to stitch the elastic to the inside of the garment. Gently pull on the elastic as you stitch it on, to create a snug, stable fit. As you stitch it on, try to align the foldline of the elastic with the raw edge of the fabric. Leave a 1" (2.5cm) tail of elastic extending beyond the opposite end.



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2. Fold the elastic along the foldline, and use a zigzag stitch to top stitch in place.



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ASSEMBLING AND ATTACHING THE STRAPS

1. Cut four lengths of strap elastic in the following measurements:
2 at 20" (51cm)
2 at 4" (10cm) for sizes 2XS-M or 4 ½" (12cm) for sizes L-3XL



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2. How to assemble adjustable straps:

- a. Feed one end of the long lengths of elastic around the centre post of a slider.
- b. Fold the elastic under and use a tight zigzag stitch to anchor in place.
- c. Feed the loose end of the elastic through a ring.
- d. Bring the loose end of the elastic back up and through the slider, making sure the right side of the elastic is facing out.
- e. Feed one end of the shorter pieces of elastic through the ring.
- f. Fold the elastic under by about $\frac{3}{4}$ " (2cm) and stitch in place using a tight zigzag stitch.

For more instruction, please watch the video, How to Make Adjustable Straps
<https://youtu.be/SI1wYudl4bA>



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- With the right side of the strap facing the right side of the garment, use a straight stitch to attach the loose end of the strap to the fold over elastic, stitching as close to where the fold over elastic meets the lace as possible.



- Turn the elastic under so that the strap is facing the right way. Using a tight zigzag stitch, top stitch across to anchor the elastic seam allowance in place.



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5. Pin the shorter portions of strapping on to the inside of the garment, approximately $1\frac{1}{2}$ " away from the centre back. Note: You could also choose to criss-cross your straps or set them nearer or further apart)



6. Run two rows of straight stitching across the strap, attaching it securely along the upper and lower edge of the fold over elastic. On the bottom half, use a tight zigzag stitch to anchor the remaining end of the elastic along the band elastic.



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PAT YOURSELF ON THE BACK

Your bralette is now complete! Be sure to share your makes on social media. Use the hashtags #hyacinthebralette and tag @OhhhLulu.

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GLOSSARY

Backstitch – anchor the beginning and end of a seam line by stitching both back and forth, before continuing on with your seam.

Baste – secure two pieces in place using a long stitch length. These stitches can later be removed.

Band Elastic – elastic that is sewn around the lower edge (band) of the bra. Usually is plush on one side, and may have a decorative edge. Band Elastic comes in varying widths. Ohhh Lulu Patterns are developed for use with $\frac{1}{2}$ " Band Elastic.

Bias – Cutting fabric on the bias allows woven, non-stretch fabrics to provide a small amount of stretch. The bias is 45° to the warp and weft (vertical and horizontal running) threads.

CB – Center Back

CF – Center Front

FOE – Fold over Elastic

Fold over elastic – elastic which binds raw edges, much like a traditional bias-binding, but provides resiliency and stretch.

Grade Seam Allowance – Trimming back your seam allowance in a graduated manner, to reduce bulk.

Picot Elastic – elastic with one looped, or decorative edge. Often used around necklines or panty legs.

Right Side – refers to the front side of the fabric (in the case of a print, right side refers to the printed side of fabric. In the case of a weave, like satin, right side refers to the shiny side of the fabric)

SA – Seam Allowance

Sliders – plastic or metal findings for assembling adjustable lingerie straps.

Strap Elastic – comes in a variety of sizes $\frac{1}{4}$ " – 1", is usually plush on one side, and offers a small amount of stretch. Strap elastic can be substituted with sewn strips of fabric to match your garment.

Wrong side – refers to the back side of the fabric.

Resources

How to Videos <https://www.youtube.com/c/OhhhLulu>

Pattern Hacks and Tutorials <http://www.ohhhlululingerie.com/pattern-hacks-tutorials/>