

Laura Fitness

123 Wellness Way

City, State 67890

Phone: (555) 432-1098

Email: laurafitness@example.com

Objective:

Certified Fitness Trainer with a passion for helping clients achieve their health and fitness goals. Experienced in personalized training programs and nutritional guidance.

Education:

B.Sc. in Kinesiology

XYZ University, City, State

Graduated: May 2018

Skills:

- Personal Training
- Nutritional Guidance
- Strength Training
- Group Fitness Instruction
- Injury Prevention

Experience:

Fitness Trainer

XYZ Gym, City, State

June 2018 – Present

- Developed customized workout plans for clients.
- Led group fitness classes and workshops on healthy living.

Certifications:

Certified Personal Trainer (CPT)