



ESC

European Society
of Cardiology

Under the patronage of
H.E. Sheikh Dr. Bassel Al-Sabah
Minister of Health

The Second Joint GHA/ESC Meeting

October 12 - 13, 2018

**The Second Joint Gulf Heart Association/European
Society of Cardiology Meeting**

www.ghaesc.com



A decorative graphic in the top right corner consisting of several overlapping hexagons. Some are solid light gray, while others are white with a thin gray outline.

Welcome



Dear Colleagues,



It gives us great pleasure to welcome you again to the Second Joint Gulf Heart Association/European Society of Cardiology Meeting to be held in Kuwait during October 12-13, 2018.

The first meeting held last year showed a successful collaboration between the Gulf Heart Association (GHA) and the European Society of Cardiology (ESC), with a record attendance of over 700 medical professionals over the weekend.

With an excellently-planned program last year, it was challenging to bring forth another exciting program this year as well. However, we believe that we were able to do so. The program will feature highlights of the ESC 2018 congress in Munich, Germany, and other clinically oriented program content. There will be three satellite symposia arranged and managed by the pharmaceutical industry.

We are happy to announce that this year we are introducing live transmission of the entire conference events to our colleagues living in war zones in the Middle East (Palestine and Yemen). They are unable to attend, however they still have to deal with cardiac diseases in their own communities and we have decided to share with them our cardiology update. Additionally, this event will be available for world wide viewing through an online streaming service.

We hope you enjoy a weekend full of unique scientific experiences at the Second Joint Gulf Heart Association/European Society of Cardiology Meeting.

Professor Mohammad Zubaid
Meeting Director
Immediate Past President, GHA

Professor J Zamorano
Meeting Director
Vice President, ESC

Meeting Committee Members



Prof. Mohammad Zubaid
Meeting Director



Prof. José Zamorano
Meeting Director



Dr. Mustafa Ridha
Meeting Co-Director



Dr. Mohammad Al Jarallah
Meeting Co-Director



Prof. Alawi Alsheikh-Ali
Meeting Co-Director

About The GHA



The Gulf Heart Association (GHA) is a leading not-for-profit, non-governmental regional organization that was established in January 2002 to help combat heart disease in the region. There are 7 cardiac societies under the GHA umbrella, from Qatar, Kuwait, Kingdom of Saudi Arabia, United Arab Emirates, Oman, Yemen and Bahrain.

GHA has been very active in promoting and sponsoring research among its members. It has established and sponsored more than 7 regional registries studying issues like acute coronary syndromes, atrial fibrillation, quality of care, familial hypercholesterolemia and acute and chronic heart failure. In addition, GHA has developed strong ties with international cardiac societies including the European Society of Cardiology, the American College of Cardiology and the American Heart Association. These ties have translated into exchange of speakers and joint sessions during the societies' conferences. GHA is very active in organizing scientific cardiology and cardiovascular surgery meetings, workshops and conferences to educate and spread scientific information amongst cardiologists, cardiovascular surgeons, and other cardiovascular specialties in the region.

The main aim and objective of GHA is to improve the quality of cardiac care in the GCC states through its various activities.

The major aims of the association are:

- Raising the standard of cardiac care in the GCC states
- Conduct scientific conferences and symposia
- Carry on scientific research on cardiovascular diseases
- Publish professional periodicals and information. The GHA has an official website and a journal, Heart Views.
- Create professional, educational, and social ties among members of GHA
- Create links and cooperation locally and with international medical institutions and professional societies
- The GHA hopes to establish criteria for GCC cardiovascular specialist to meet high standards of competence and expertise
- The GHA seeks to suggest laws to be adopted by GCC countries for the prevention of cardiac disease and advance the care of patients with heart disease

In addition there are various working groups which work in their respective fields for the advancement of the cardiology profession. Currently there are 4 working groups:

- Fetal Heart Working Group
- Intervention Working Group
- Gulf Heart Rhythm Society
- Lipid Working Group

For more information on GHA please visit our website – www.gulfheart.org

About The ESC



The ESC is the world's largest organisation of healthcare professionals dedicated to fighting heart disease. It helps more than 95 000 cardiologists expand the boundaries of cardiovascular medicine.

The ESC publishes a dozen different scientific journals, an array of textbooks and world renowned ESC Clinical Practice Guidelines. It provides continuing medical education through webinars and classroom courses, and hosts the summit of cardiovascular science each August - ESC Congress - which attracts more than 30 000 heart specialists and delivers over 4 500 of the latest scientific abstracts.

Join our community of cardiologists from more than 140 countries.
Become an ESC PROFESSIONAL MEMBER.

The Sessions



NOVARTIS SATELLITE SYMPOSIUM

Friday October 12, 2018 : 13:45 - 14:45

Clinical Stability in Heart Failure: “Stable Heart Failure Patient: Virtual Reality?”



Dear Doctor,

We are delighted to invite you to attend Novartis Scientific HF Symposium; entitled "Clinical Stability in Heart Failure: "Stable Heart Failure Patient: Virtual Reality?" which will take place on Friday 12th of October 2018 from 13:45 to 14:45.

Heart Failure (HF) is a chronic condition associated with a devastating patient burden; approximately 50% of patients will die within 5 years of diagnosis. Despite this, novel therapies have an impact on symptom burden and reduce mortality have been lacking until now. In the light of the recent update in Heart Failure guidelines, many questions have been raised how to apply these guidelines in practice. During our symposium, we will discuss the available evidence on:

Clinical Inertia in the management of patients with HFrEF (NYHA Class II)

How relevant is PARADIGM- HF to your current clinical practice, is it for everyone?

Warmly welcome to join us for an interactive, scientifically sophisticated and informative Satellite Symposium!

Sincerely

Chairperson;

Dr. Bader Al Mahdi

- Head of Cardiology at Al-Dabbous Cardiac Center (DCC), Al-Adan Hospital, MOH-Kuwait.
- LRCP & SI from Royal College of surgeons in Dublin-Ireland.
- Kuwait Board of Internal Medicine (KIMS).
- Fellowship in Heart disease from King Faisal specialist hospital in Riyadh.
- Interventional Cardiology - McGill University, Canada.

Speaker;

Prof. Jose Ramon González-Juanatey, MD, PhD

- Past-President Spanish Society of Cardiology,
- Director of the Cardiovascular Department, University Hospital, Santiago de Compostela, Spain
- Advisor of the Spanish Minister of Health on Cardiovascular Disease.

Your attendance will be highly appreciated

The purpose of this event and of this invitation is to enhance your educational and scientific development as a professional to the ultimate benefit of patients. Given the above, Novartis invites you to this event Without having obtained or aiming at obtaining any return from your part. As per the Code of Pharmaceutical Marketing Practices, Novartis can only sponsor health care profession-

References

1. Roger et al. JAMA 2004;292:343-50



FRIDAY

OCTOBER 12, 2018

12:00-13:15	Registration & Lunch
13:15-13:45	Opening remarks
13:15-13:30	Dr Mustafa Ridha – Undersecretary – Ministry of Health
13:30-13:35	Prof. Mohammad Zubaid – Meeting Director
13:35-13:45	Prof. Jose L. Zamorano – Vice President, ESC
13:45-14:45	Novartis Satellite Symposium
14:45-15:05	Break

SESSION 1

Review of Recent ESC Guidelines From ESC Munich 2018

Panelists:

Professor Kausik Ray – Dr Mousa Akbar – Dr Raja Dashti

15:05-15:30	2018 ESC guidelines on revascularization Prof. Davide Capodanno
15:30-15:40	Discussion
15:40-16:05	2018 ESC guidelines on hypertension Prof. Jose L. Zamorano
16:05-16:15	Discussion
16:15-16:40	2018 ESC guidelines on syncope Prof. Jose Ramon Gonzalez-Juanatey
16:40-16:50	Discussion
16:50-17:15	2018 ESC guidelines on cardiovascular diseases in pregnancy Dr Wael Almahmeed
17:15-17:25	Discussion
17:25-17:45	Break

WIN!

Win a sponsored trip to attend the World Congress of Cardiology in Dubai, December 2018.

The 3 raffles for the winners will take place at the end of each Satellite Symposia. All winners are required to be present during the raffle.



Draw 1

Friday October 12
14:45

Draw 2

Friday October 12
20:30

Draw 3

Saturday October 13
13:05

All winners are required to be present during the raffle.



**WORLD HEART
FEDERATION®**

المؤتمر العالمي لأمراض القلب، والأوعية الدموية
**World Congress of Cardiology
& Cardiovascular Health**

5-8 December 2018 | Dubai, United Arab Emirates

The Sessions



ASTRAZENECA SATELLITE SYMPOSIUM

Friday October 12, 2018 : 19:30 - 20:30



**The Second Joint
GHA/ESC Meeting**
October 12-13, 2018

We cordially invite you to attend:

AstraZeneca's Satellite Symposium

Moderators

Dr. Mohamed Zubaid

*Professor of Medicine, Faculty of Medicine, Kuwait University
Chairman, Faculty of Cardiology Kuwait Institute for Medical Specialization
President, Kuwait Cardiac Society
Head, Division of Cardiology - Mubarak Al-Kabeer Hospital*

Dr. Mohammad Almutairi

*Consultant Cardiologist
Head, Division of Cardiology - Chest Diseases Hospital*



Speaker

Dr. Davide Capodanno

*Associate Professor at University of Catania, Catania, Italy
Interventional Cardiologist at Ferrarotto Hospital, Catania, Italy*

19:00 – 19:30	Welcome & Registration
19:30 – 19:50	Improved outcomes of Ticagrelor in ACS management: Do they impact your practice?
19:50 – 20:00	Discussion and Q&A
20:00 – 20:20	Primary Prevention of CVD: Early Intervention for Improved Outcomes
20:20 -20:30	Discussion and Q&A
20:30	Closing Remarks

Date: Friday 12th October, 2018

Time: 07:00 pm

Venue: Salwa Al Sabah Ballroom - Salmiya, Kuwait



2nd Floor, Block D, Ibn Sina Building #27, Dubai
Health Care City, PO Box 505070, Dubai - UAE
T: +971 (0) 4 3624888 F: +971 (0) 4 3624898 / 99

*According to the PhRMAG Gulf Code of Marketing Practices, spouses,
family members or other guests of Healthcare Professionals must not attend
any portion of the meeting, and they are not allowed to be present at meals.*

FRIDAY

OCTOBER 12, 2018

SESSION 2

Clinical Dilemmas From the Gulf and Europe

Panelists:

Prof. Davide Capodanno - Dr. Mohammad Aljarallah - Prof. Alawi Alsheikh-ali
Dr. Abdulwahed Al Mulla

17:45-18:15	A dilemma from Kuwait Dr Bassam Bulbanat
18:15-18:45	A dilemma from Europe A patient with MR: Repair, replace, clip or wait? Prof. Jose L. Zamorano
18:45-19:15	A dilemma from Saudi: To operate or to stent? Dr Muhammad Balgaith
19:15-19:30	Break
19:30-20:30	AstraZeneca Satellite Symposium
20:30	Dinner



The Sessions



SANOFI SATELLITE SYMPOSIUM

Saturday October 13, 2018 : 12:05 - 13:05

In adults, for the treatment of primary hypercholesterolemia (heterozygous familial and non-familial) or mixed dyslipidemia in combination with a statin or statin with other lipid lowering therapies; alone or in combination with other lipid-lowering therapies in patients who are statin-intolerant and with a

PRIOR CV EVENT - TIME FOR PRALUENT TO LOWER LDL-C

PRALUENT® (alirocumab) is the only PCSK9i with the choice of 2 powerful levels of efficacy



The effect of PRALUENT on cardiovascular morbidity and mortality has not yet been determined.

Sanofi cordially invites you to attend a Satellite Symposium at the Joint GHA & ESC Congress entitled

PCSK9 inhibitors recent studies

Setting a course for real world clinical practice

Date: Saturday 13th October 2018

Time: 12:05 – 13:05

Chairman: Dr. Mohammed Al Jarallah

Consultant cardiologist and Head of
Sabah Al-Ahmad Cardiac Center, Al-Amiri Hospital

Speaker: Prof. Kausik Ray

Professor of Public health and Consultant Cardiologist,
Imperial College, London

SUMMARY OF SAFETY PROFILE

Most common adverse reactions were local injection site reactions, upper respiratory tract signs and symptoms, and pruritus.
Most common adverse reactions leading to treatment discontinuation in patients treated with PRALUENT were local injection site reactions.

No difference in the safety profile was observed between the 2 doses (75 mg Q2W and 150 mg Q2W) used in the phase 3 program.

CV: Cardiovascular
PCSK9i: Proprotein Convertase Subtilisin Kexin 9 inhibitor
LDL-C: Low Density Lipoprotein - Cholesterol
GHA: Gulf Heart Association
ESC: European Society of Cardiology

PRALUENT® (alirocumab) Summary of Product Characteristics. Sanofi/Regeneron Pharmaceuticals, 2015. last revision date in UAE, Kuwait, Qatar & Oman
September 2015



For further medical information, please contact the following:
For UAE: 800 Medical Toll Free Number
For all Gulf Countries: medical-information.gulf@sanofi.com
Full prescribing information is available upon request at:
Sanofi Regional Office, Jumeirah Lakes Towers, Dubai, UAE
To report adverse events, please call +971561747001
Email: Gulf.Pharmacovigilance@sanofi.com

SATURDAY

OCTOBER 13, 2018

SESSION 3

Hot Topics for the Cardiologist

Panelists:

Dr. Bader Al Mahdi - Dr. Kadhim Sulaiman – Dr Fuad Abdulqader

09:30-09:55	Diabetes 101 for the cardiologist: When to use what medicine for the diabetic patient? Dr Thamer Alessa
09:55-10:05	Discussion
10:05-10:25	Comparisons between US and European hypertension guidelines Prof JR Gonzalez Juanatey
10:25-10:35	Discussion
10:35-10:55	Between FOURIER and ODYSSEY: What should cardiologists do? Professor Kausik Ray
10:55-11:05	Discussion
11:05-11:35	Role of social media in the practice and promotion of medicine Dr Ricardo Ladeiras-Lopes
11:35-11:45	Discussion
11:45-12:05	Break
12:05-13:05	Sanofi Satellite Symposium
13:05-14:10	Lunch

SATURDAY OCTOBER 13, 2018

SESSION 4

The Gulf Experience

Panelists:

Prof. Jose L. Zamorano - Dr. Feridoun Noohi - Dr. Altayyeb Yousef

14:10-14:25	Reperfusion pathways for STEMI patients in Kuwait: What is possible and doable? Dr Wafa Rashed
14:25-14:35	Discussion
14:35-14:50	Gulf DYSPPNEA registry: A look at chronic heart failure patients in the Gulf and how they are managed Prof. Mohammad Zubaid
14:50-15:00	Discussion
15:00-15:15	CABG-assigned patients: Their pathway after the CABG decision? Dr Ahmed Abdullah
15:15-15:25	Discussion
15:25-15:50	The Gulf TAVI experience Saudi experience – Dr Mohammad Alotaiby Kuwait experience – Dr Khalid Almarri
15:50-16:00	Discussion
16:00	Closing remarks: Professor Zubaid & Professor Zamorano



European Faculty

Prof. Davide Capodanno



Davide Capodanno, MD, PhD, is Associate Professor of Cardiology at the University of Catania and Interventional Cardiologist at the Polyclinic of Catania, Italy. He received his MD and PhD from the University of Catania and completed his research training at the University of Florida in Jacksonville, US.

The recipient of multiple Investigator Awards for cardiology research, including the “Thomas J. Linnemeier Spirit of Interventional Cardiology Young Investigator Award” from the Cardiovascular Research Foundation, accepted in San Francisco in 2011, Dr Capodanno has authored about 350 manuscripts published in the peer-reviewed literature, including original articles, reviews and editorials. He has co-authored 4 textbooks of interventional cardiology and 11 textbook chapters. He has delivered about 150 invited lectures in international meetings, including ESC, ACC, EuroPCR, TCT, CIT, TCTAP. Dr Capodanno’s areas of interest and expertise include coronary revascularization, drug-eluting stent and scaffold technologies, antithrombotic pharmacotherapy, trial design and biostatistics.

Dr Capodanno is the Chair of the Scientific Documents and Initiatives Committee of the European Association of Percutaneous Coronary Intervention (EAPCI). He is Co-Director of the PCR Clinical Research Course and Associate Director of TCT. He is a member of the Working Group on Thrombosis of the ESC and a member of the Educative Solutions Research Group Programme of PCR. Dr Capodanno serves as Deputy Editor of Eurointervention, Associate Editor of the European Heart Journal, Section Editor of Thrombosis and Haemostasis and Editorial Consultant of JACC Cardiovascular Interventions.

Prof. Jose Juanatey



- Past-President Spanish Society of Cardiology
- Director of the Cardiovascular Department. University Hospital. Santiago de Compostela. Spain.
- Advisor of the Spanish Minister of Health on Cardiovascular Disease.
- Full Professor of Cardiology. University of Santiago de Compostela, School of Medicine.
- Director of the Cardiovascular/Inflammation Investigation Group in the IDIS Research Consortium.
- Physician of the Year 2014 in Spain.
- Member of the Direction Board of the Spanish Network in Heart Failure (REDINSCOR).
- Former President of the Hypertension Chapter, Spanish Society of Cardiology.
- Former Governor for Spain of the International Society of Cardiovascular Pharmacology and President of the ACC Spanish Chapter.
- Member of the Steering Committee and End-Point Validation Committee of several Clinical Trials in Cardiovascular Medicine (Heart Failure, Arterial Hypertension and Cardiovascular Risk).
- Member of the ESC Education Committee, Member of the Task Force for several ESC Guidelines.
- Member of the Editorial Board and Referee of International Cardiovascular Journals like European Heart Journal, Lancet, American Journal of Cardiology, Circulation, Revista Española de Cardiología, etc.
- Main investigation lines: heart failure with special focus on heart failure with preserved systolic function, hypertension and the heart, acute coronary syndromes, cardiac myocyte endocrinology and biology of epicardial adipose tissue.
- More than 400 papers published in cardiovascular journals like Circulation, European Heart Journal, Hypertension, J Hypertension, Am J Hypertension, American Journal of Cardiology, American Heart Journal, Heart, Cardiovascular Research, Current Opinion in Cardiology, Revista Española de Cardiología, etc.

Dr. Ricardo Ladeiras



Dr. Ricardo Ladeiras Lopes is a Cardiologist dedicated to Cardiovascular Imaging (especially cardiac CT and CMR) at Gaia Hospital Centre and Physiology Assistant at the Faculty of Medicine of the University of Porto.

He has been involved in basic, translational and clinical research activity since 2006. His main area of interest is the application of cardiovascular imaging to better understand cardiac physiology and pathophysiology, with a special emphasis on diastole and heart failure with preserved ejection fraction, as well as the impact of obesity, metabolic syndrome and inflammation on cardiac morphology and function.

Dr Ladeiras-Lopes is doing his PhD in Cardiovascular Sciences with research work focused on the interplay between metabolic syndrome, inflammation and diastolic dysfunction. He has authored more than 20 papers published in peer-reviewed journals with more than 310 citations.

He was member of the Board of the Portuguese Society of Cardiology Young Cardiologists Group from 2013 to 2017. In 2017 he was elected as Member of the Cardiologists of Tomorrow Nucleus of the European Society of Cardiology.

Dr Ricardo Ladeiras-Lopes has a special interest in the utilization of Social Media as a tool for communication of medical and scientific content and he's an enthusiast of its potential as a pivotal educative tool. In 2017 he was appointed Twitter Editor of the European Society of Cardiology Journals. In 2018 he was nominated Advisory Member of the Digital Health Committee of the European Society of Cardiology.

Prof. Kausik Ray



Kausik Kumar Ray is currently Professor of Public Health, Department of Public Health and Primary Care, School of Public Health and Consultant Cardiologist, Imperial College London. Professor Ray received his medical education (MB ChB, 1991) at the University of Birmingham Medical School, his MD (2004) at the University of Sheffield, a postdoctoral fellowship at Harvard Medical School and finally an MPhil in epidemiology (2007) from the University of Cambridge.

A Fellow of the American College of Cardiology, the European Society of Cardiology, the American Heart Association and the Royal College of Physicians, Kausik Ray is also a member of the British Cardiovascular Society and European Atherosclerosis Society also serving on the EAS Consensus panel. Professor Ray has been the national lead investigator (SC or EC member) for several major medical trials, and is currently involved in 8 ongoing trials in lipids and diabetes and the PI for ORION 1 assessing PCSK9 inhibition through RNA interference and BETONMACE assessing BET protein inhibition in patients with ACS.

Professor Ray's research interests have focused on the prevention of coronary disease with a focus on lipids, diabetes, biomarkers and risk prediction. He has an H index of 58 and i10 of 120 and more than 25,000 citations overall including publications in NEJM, Lancet, JAMA, Archives of Internal Medicine, Circulation, the Journal of the American College of Cardiology, and the European Heart Journal. Key original contributions which have influenced European and American guidelines include demonstrating the early benefits of statin therapy post ACS, the impact of more/less intensive glycaemic control on CVD and the risks/benefits of aspirin therapy in primary prevention. Recently, his work on statins and diabetes risk led to a global label change for statins by the FDA and EMEA. Currently Professor Ray leads the EAS FH Studies collaboration which is the first global registry of FH and includes 68 countries, as well as being the Senior PI for the TOGETHER study looking at cardiometabolic risk in the vascular health checks in 250 000 people in London.

Prof. José Zamorano



Chief of Cardiology, University Hospital Ramón y Cajal
Madrid, Spain

Jose L. Zamorano is a Professor of Medicine at the University Alcalá de Henares, Madrid, and the Chief of Cardiology at the University Hospital Ramón y Cajal. Prof. Zamorano obtained his medical degree from the University Complutense in 1987 and his doctor in Medicine in 1991. He received his board certification in Cardiology in 1993 before joining as an Associate Professor the faculty at the Complutense University.

Dr. Zamorano's has a broad range of research interests including heart failure, ischaemic heart disease, cardiovascular risk factors and cardiovascular imaging modalities. Within these fields, Prof. Zamorano has published over 400 articles and twenty books including the European Textbook of Cardiovascular Imaging. His impact factor is > 1500 and Hirsch Index of 84 with more than 10000 citations.

Prof. Zamorano has been actively participating in International Scientific Societies. He served as Secretary of the European Society of Cardiology (ESC), President of the European Association of Echocardiography (EAE), International Advisor of the American College of Cardiology's International Committee, director of the scientific programme in imaging for the ESC Congress, and member of the Practice Guidelines Committee of the ESC.

Over the past 20 years, Prof. Zamorano has received a number of prestigious Spanish and International awards, such as the Golden Plaque of the Public Health Authorities of Madrid and the Ingel Edler Gold Medal, the silver medal of the European Society of Cardiology and Research Award of the Spanish Society of Cardiology. He has served in different Editorial Boards of Research journals as the Spanish Journal of Cardiology, European Journal of echocardiography, European Journal of Cardiovascular Imaging, American Society of Echocardiography, European Heart Journal, Journal of American College of Cardiology Cardiovascular Imaging and International Relations Task Force of the American Society of Echocardiography. Currently is Associate Editor of the European Journal of Cardiovascular Imaging.



Regional Faculty

Dr. Fuad Abdulqader



Interventional Cardiologists
Deputy Director
Mohamed Alkhalifa Cardiac center(MKCC)
BDF, BAHRAIN

Dr. Muhammad Balgaith



Dr. Wael Almahmeed



Dr Wael Abdulrahman Almahmeed is a Consultant Cardiologist at the Heart and Vascular Institute in ClevelandClinic Abu Dhabi. He is also a Clinical Associate Professor at the UAE University and has an Adjunct Staff position at Cleveland Clinic, Ohio.

Dr Almahmeed completed his undergraduate medical training at the Medical School in the University of Southampton, England. He continued his post graduate studies in Internal Medicine and Cardiology at the University of British Columbia, Vancouver, Canada. This was followed by a fellowship in Echocardiography at the same institution.

He received his Fellowship of the Royal College of Physicians and Surgeons of Canada in Internal Medicine in 1994 and in Cardiology in 1995. Subsequently he became a Fellow of the American College of Chest Physicians (1996),

Fellow of the American College of Physicians (1998), Fellow of the American College of Cardiology (1998) and Fellow of the European Society of Cardiology in 2004.

He is a foundation member of the Gulf Heart Association and the Emirates Cardiac Society. Under his leadership in the Emirates Cardiac Society, the Society won the bid to host the World Congress of Cardiology in Dubai in 2012, the World Tobacco or Health Congress in Abu Dhabi in 2015, the Asia Pacific Congress of Cardiology in Abu Dhabi in 2015 and World Congress of Pediatric Cardiology in 2016. He also established an annual meeting for the Emirates Cardiac Society in UAE. He is the past president of the Emirates Cardiac Society and the Gulf Heart Association. He is the current president Elect of the Asia Pacific Society of Cardiology and the current Governor for the American College of Cardiology Gulf Chapter. In 2000, he initiated World Heart Day in the UAE. Today it is celebrated by many institutions across the country.

During his tenure as Deputy Chief Medical Officer, at Sheikh Khalifa Medical City (SKMC) he was chair of the Quality steering

committee. Under his leadership, SKMC was one of the first hospitals in Abu Dhabi to receive Joint Commission International Accreditation in 2008. Under his leadership, SKMC was the first center in the Middle East to be accredited as a Chest Pain Center in 2009, and again in 2012. In 2012, SKMC Echo department was accredited by the European Association of Echocardiography. His hospital was the first overseas center to participate in the American College of Cardiology's NCDR Action and Cath PCI Registries.

In 2004, he established the first center in the Middle East that provided 24/7 Primary PCI. Following that, his department became the most comprehensive cardiac department in the UAE, providing all the necessary services from Electrophysiology, Adult Congenital Heart Disease to Rehabilitation. In 2014, his department was awarded as a center of excellence, by the American College of Cardiology.

In 2013, he initiated the first Cardiology Fellowship Program in the UAE. As Chair of the CME committee, at the Health Authority, he established mandatory CME hours for health care professionals and also established a system for CME accreditation.

Dr Almahmeed's research interests include Coronary Artery Disease prevention in the developing countries, Hypertension, Dyslipidemia, and Registries on Acute Coronary Syndromes, Heart Failure and Atrial Fibrillation.

He was the national coordinator for the Inter-Heart Study. He was on the steering committee of the Gulf Race, Gulf Coast, Gulf Care and Gulf Safe Registries. He has over 150 publications to his credit, and was the national coordinator for a number of Multi-Center Trials including Elixia, Examine and Garfield Trials. He is currently a Co-Investigator of the Gulf FH registry and the Gulf Dyspnea study.

Dr Almahmeed's expertise is in non-invasive Cardiology/Echocardiography and Heart Disease in Pregnancy.

Dr. Abdul Wahed Almulla



MD, Senior Consultant, Cardiac Surgery Program Director,
Arab Board of Cardiac Surgery Heart Hospital, Hamad Medical Corporation

Dr. Abdulwahid Almulla is a senior consultant cardiac surgeon in the Heart Hospital. He is also Program Director of the Arab Board Program of Cardiac Surgery. As a surgeon he conducts various adult cardiac surgical procedures and he is particularly interested in minimally invasive cardiac surgery.

Dr. Mohammad Alotaiby



Mohammad Alotaiby was born in the kingdom of Saudi Arabia in 1965. He completed primary, intermediate, and secondary school in the central province. At age of 18, he joined medical college at King Saud University in Riyadh capital of Saudi Arabia. He graduated from the college in 1991. Although medical school took most of his youth time and took him away from football and social life with family and friends, he decided to continue in the field of medicine, and got Arab board in internal medicine. He chose the branch of cardiology and got the Arab board in cardiology as one of those who were the first group to get that new subspecialty board. That happened at Prince Sultan Cardiac Center (PSCC) in Riyadh. Dr. Mohammad was appointed as a consultant interventional cardiologist in PSCC after returning from Loma-Linda University, California, USA in 2001. Up till the current time, he has been assigned to multiple administrative positions; which included, but not restricted to head of Cath lab, P&T committee, head of adult cardiology department. Currently, he is in charge of research department. The fact that he likes to travel has helped him to attend many cardiology meetings yearly in different parts of the world.

Recently, he returned to teaching and training as the head of coronary intervention fellowship program; an affiliation between medical service department (MSD) and Saudi Commission for Health Specialties (SCFHS). This cooperation is now running its sixth year and has graduated 8 young interventional cardiologists serving patients. Dr. Mohammad is living in Riyadh with his family and still works at PSCC.

Dr. Alawi Alsheikh-ali



Alawi is the Founding Dean and Professor of Cardiovascular Medicine in the College of Medicine at the Mohammed Bin Rashid University of Medicine and Health Sciences. He is also a Consultant Cardiologist and Cardiac Electrophysiologist and is the immediate Past President of the Emirates Cardiac Society and member of the Board of Directors of the Gulf Heart Association and A Founding Board Member of the Gulf Heart Rhythm Society.

Dr. Alsheikh Ali completed his undergraduate studies at the Massachusetts Institute of Technology (MIT) in Cambridge, Massachusetts, USA and graduate studies at Boston University, Boston, Massachusetts, USA. He received his Doctor of Medicine degree from Tufts University (Boston, MA, USA) where he also earned a Master of Science in Clinical Research. He completed his residency in Internal Medicine and Fellowships in Cardiology and Clinical Cardiac Electrophysiology at Tufts Medical Center in Boston and is American board certified in Internal Medicine, Cardiovascular Disease and Clinical Cardiac Electrophysiology.

His research interests span a broad range in cardiology including clinical electrophysiology and device therapies, preventive cardiology, and epidemiology of cardiovascular disease in the developing world. He is a key member of the Steering committees of several large regional multinational disease-based registries of acute coronary syndrome, atrial fibrillation, and heart failure, and is the co-Principal Investigator of the Gulf ICD Registry and the Dubai Shopping for Risk Factor Study (DISCOVERY). His research has led to more than 100 peer-reviewed publications in leading journals including the Lancet, Annals of Internal Medicine, Circulation, and Journal of the American College of Cardiology.

Prof. Feridoun Noohi



Feridoun Noohi Bezanjani MD, FACC
Professor of Cardiology
Interventional cardiologist

Fields of interest

Prevention of Cardiovascular Disease
Interventional Cardiology
Echocardiography

Jobs and title:

- Member of supreme council for programming of medical education in ministry of health
- President of Rajaie cardiovascular medical and research center
- President of Iranian Heart Association (IHA),
- Chairman of faculty board of cardiology
- Member of board of trustees in Kerman University of Medical Sciences
- President of Rajaie cardiovascular medical and research center

Dr. Kadhim Sulaiman



Dr Kadhim J Sulaiman is a senior consultant cardiologist at the National Heart Center in the Royal Hospital and Director General of Specialized Medical Care in the Ministry of Health, Muscat- Oman. He is also the President of Oman Heart Association and President of Gulf Heart Association.

Dr Sulaiman holds many administrative and academic posts. As Director General of Specialized Medical Care, Dr Sulaiman is responsible for the supervision of all hospitals under the umbrella of the Ministry of Health. He is a member of the Executive Board and a member of the Central Accreditation Committee in Oman Medical Specialty Board. He is an examiner in MRCPI and MRCP (UK) and Arab Board part II clinical examinations. He is the chairman of the Oman Chapter of the Royal College of Physicians of Ireland.

As cardiologist, Dr Sulaiman's main interest is in acute coronary syndrome and heart failure. He is very active in research, particularly registries in the region. He was member of the steering committees of the three Gulf registries of acute coronary events (Gulf RACES), and the Gulf Study of atrial fibrillation events (Gulf SAFE). He was the Principal Investigator of the Gulf acute heart failure registry (Gulf CARE). He is an advisory Board member of Heart Views, and a reviewer of many journals. He has more than eighty publications in peer review journals.



Local Faculty

Dr. Ahmed Abdallah



Intervention cardiologist
Chest Disease Hospital
Kuwait

Dr. Mousa Akbar



Dr. Mousa Akbar is currently Consultant Cardiologist and Head of Cardiology unit, Al-Sabah hospital. He serves as a Consultant Interventional Cardiologist at the Chest Disease Hospital.

Dr. Akbar graduated from the Medical School, Kuwait University – Kuwait in 1990 and has a Bachelor of Basic Medical Science and Bachelor of Medicine and Surgery.

Between 1993 – 1997 he did his residency in internal medicine at University of Western Ontario, Canada and received the American Board of Internal Medicine (ABIM) in 1996 as well as the Canadian Board of Internal Medicine in 1997.

He also received a fellowship of Royal College of Physician and Surgeon of Canada (FRCPC) in 1997 and became a Member of American College of Physician (MACP) as well.

He did his Cardiology residency at Ottawa Heart Institute- Ottawa, Canada from 1997 – 2000.

Dr. Thamer Alessa



Thamer Alessa, MD, FACE, CCD

A Consultant physician in the department of Endocrinology at the Mubarak Al-Kabeer Hospital and a clinical staff at Dasman Diabetes Institute in Kuwait. Received the bachelor degree of Medicine and Surgery from the University of Kuwait, Faculty of Medicine. Certified by the American Board of Internal Medicine after completing residency in Internal Medicine and fellowship in Endocrinology, Diabetes and Metabolism at the University of Miami, Jackson Memorial Hospital and Miami VA Hospital. Fellow of the American College of Endocrinology. Vice President of the Kuwait Osteoporosis Society and a past board member of the Kuwait Endocrine Society. Chair of the Examination Committee Board of the Kuwait Endocrine and Diabetes Fellowship Program and a member of the Examination Committee Board of the Kuwait Board of Internal Medicine. Has several publications and posters in the field of endocrinology and diabetes and has been a guest speaker in several local and regional scientific activities.

Dr. Mohammad Aljarallah



Head of the department of Cardiology and Head of Sabah Al Ahmed Cardiac Center, Al Amiri Hospital, Kuwait.

Dr Al-Jarallah is currently the Head of Cardiology and Head of Sabah al Ahmed Cardiac Center. He obtained his M.B.Bch from the faculty of Medicine, Kuwait University in 1999. Then he went to do his internal Medicine training at McGill University, Quebec, Canada from the year 2001 to 2004. During which he was certified with the American Board of Internal Medicine in 2004 and became a fellow of the Royal College of Physicians of Canada for Internal Medicine in 2005. He did his cardiology fellowship at McGill University from 2004 to 2007 followed by a year of fellowship in echocardiography. He was certified with the American Board of Cardiovascular Diseases and became a fellow of the Royal College of physicians of Canada for Cardiology in 2007. He returned to Kuwait in 2008 and has been working since then in the Cardiology Department of Al-Amiri hospital. Dr Al-Jarallah has been playing a very active role in the non-invasive laboratory with a special interest is in stress echocardiography and 3-dimentional cardiac imaging. He has been involved at the national level in the in the ongoing Gulf Acute heart failure (GULF-CARE) registry and the upcoming third Gulf Registry of Acute Coronary Events (GULF-RACE 3).

Professional memberships:
Canadian College of Cardiology
American College of Cardiology
Canadian Medical Association
American College of Physicians

Dr. Bader Almahdi



Clinical Experience

1) Internship

December 2001 - December 2002. Mubarak Al-Kabeer Hospital. Kuwait.

2) Assistant Registrar in Internal Medicine

January 2003 - December 2004. Al-Amiri Hospital. Kuwait.

3) Registrar in Internal Medicine

January 2005 - March 2007. Al-Amiri Hospital. Kuwait.

4) Registrar in Internal Medicine

March 2007 - January 2008. Al-Adan Hospital. Kuwait.

5) Senior registrar in Internal Medicine

January 2008 - January 2010. Dabbous Cardiac Center. Al-Adan Hospital. Kuwait.

6) Fellow in Cardiovascular Medicine

January 2010 - December 2012. Chief Fellow in cardiology for two consecutive years: 2011 and 2012. Adult Cardiology Fellow-of-the-year award 2012.

King Faisal Specialist Hospital & Research Centre. Riyadh. KSA.

7) Senior Fellow in Echocardiography.

January 2013 - June 2013. King Faisal Specialist Hospital & Research Centre. Riyadh. KSA.

8) Clinical Fellow in Interventional Cardiology.

July 2nd 2013 - June 30th 2014. Royal Victoria Hospital. McGill University Health Center. Montreal (QC). Canada.

9) Specialist in Interventional Cardiology.

July 2014 – July 2015 . Dabbous Cardiac Center. Al-Adan Hospital. Kuwait.

10) Senior Specialist in Interventional Cardiology.

July 2015 – July 2017. Dabbous Cardiac Center. Al-Adan Hospital. Kuwait.

11) Consultant in Interventional Cardiology Consultant (part time clinic).

May 2015 – May 2016 Al Seef hospital. Kuwait.

12) Consultant in Interventional Cardiology (part time clinic).

June 2016 – Present Dar Alshifa hospital. Kuwait.

13) Consultant in Interventional Cardiology.

July 2017 – March 2018. Dabbous Cardiac Center. Al-Adan Hospital. Kuwait.

14) Head of Cardiology Department (current position).

March 2018 – Present. Dabbous Cardiac Center. Al-Adan Hospital. Kuwait.

Dr. Khalid Almarri



Consultant Cardiologist

Dr. Bassam Bulbanat



Bassam Bulbanat is currently Consultant of Cardiology at the Sabah Al Ahmad Cardiac Center, Ministry of health, Kuwait. He also heads the accreditation team of the medical department and cardiology division at Al-Amiri hospital and work as a surveyor for the ministry of health, Kuwait. He serves as a consultant cardiologist (echocardiography specialist) at the Sabah Al Ahmad Cardiac Center. Dr.Bulbanat obtained his MB, ChB from Kuwait University in 1993, and then completed his internship and assistant registrar position in internal medicine at Al Amiri hospital in Kuwait. He went on to do internal medicine residency at the University of Western Ontario in London, Ontario, Canada from 1995 to 1998, and then cardiology residency at the Ottawa heart Institute in Ottawa, Ontario, Canada from 1998 to 2001. He pursued his research career with a fellowship in Echocardiography at the University of Ottawa, Ottawa, Canada from 2002-2011.

He returned to his home country, Kuwait, in 2002 and joined Amiri hospital, ministry of health. During his academic career he has contributed to several international journal publications. Dr.Bulbanat has organized and chaired several local and regional conferences. He has contributed to the accreditation process at the Ministry of health and is currently one of the local surveyors.

Dr. Raja Dashti



Dr. Dashti had her postgraduate training in Internal Medicine, Cardiology and Echocardiography at McGill University - Montreal, Canada.

She obtained Postgraduate degrees in American Board of Internal Medicine, Canadian Board in Internal Medicine and Cardiology fellow of Royal College of Physicians and Surgeons of Canada Cardiology fellowship. McGill University.

She has level III training in echocardiography.

She joined Amiri hospital - Cardiology unit in 2001 and specialized in Echocardiography, she is the Head of Cardiology unit from 2010-2012 and currently Chairman of Medicine department.

Dr. Wafaa Rashed



- Graduated in 1984 from Faculty of Medicine, Kuwait University.
- Completed residency in internal medicine (KIMS) and passed MRCP in 1990.
- Fellow of the Royal College of Physicians of London since 2001, and examiner for MRCP PACES since 2006.
- Consultant cardiologist in Mubarak Al-Kabeer Hospital, Kuwait, since 2006.
- Chairperson of Exam Committee for the Adult Cardiology Fellowship Program – KIMS.
- Founding member of Kuwait Cardiac Society.
- Coordinated and managed several multinational disease registries in the field of cardiology in the Gulf region of the Middle East.
- Has over 55 published articles and abstracts in peer-reviewed journals

Dr. Mustafa Ridha



Ministry of Health Undersecretary, Dr. Mustafa Ridha is a graduate of the Faculty of Medicine-University of Kuwait 1993. He joined the residency program at the University of Miami- Jackson Memorial Hospital from 1994-1997. Thereafter, joined the cardiology fellowship program at Jackson Memorial Hospital. He is American Board Certified in Internal Medicine and Cardiovascular Medicine. Returned to Kuwait in 2001, and joined the Adan Hospital Department of Medicine where he took charge of the Cardiac Unit. The unit was developed over the last few years, and eventually a comprehensive cardiac centre was established at Adan Hospital (Al Dabbous Cardiac Centre).

Dr Altayyeb Yousef



Prof. Mohammad Zubaid



Mohammad Zubaid is currently Professor of Medicine at the Faculty of Medicine, Kuwait University. He heads the division of cardiology at Mubarak Al-Kabeer Hospital and serves as a consultant interventional cardiologist at the Chest Diseases Hospital. He is the founding and current president of Kuwait Cardiac Society. He was appointed Chair of the Faculty of Cardiology at Kuwait Institute for Medical Specialization (KIMS) in June 2014 to establish cardiology residency program in Kuwait. He was elected for a two years term as president of the Gulf Heart Association in January 2016.

Professor Zubaid obtained his MB, ChB from the Royal College of Surgeons in Ireland in 1986, and completed internship and assistant registrar posts in internal medicine at Amiri Hospital in Kuwait. He went on to do internal medicine residency at Queen's University in Kingston, Ontario, Canada from 1988 to 1991 and cardiology residency at McMaster University in Hamilton, Ontario, Canada from 1992 to 1994. He pursued his research career with a fellowship in interventional cardiology at the University of British Columbia, Vancouver, Canada from 1994 to 1996.

He returned to his home country, Kuwait, in 1996 and joined Kuwait University as an assistant professor of Medicine. He was promoted to Professor in December 2006. He served as Vice Dean for Academic Affairs at the Faculty of Medicine from 2012 to 2013. He has contributed to several international journal publications and has served on the editorial boards of the Kuwait Medical Association Journal and the Journal of the Gulf Heart Association, Heart Views. He has published more than 90 peer-reviewed articles. Professor Zubaid has organized and chaired several local and regional conferences. He is Fellow of the Gulf Heart Association, the Royal College of Physicians of Canada and American College of Cardiology. His research interest focuses on the performance of disease registries. He has lead several disease registries in Kuwait and the region including the Kuwait myocardial infarction registry, Kuwait Acute Coronary Syndrome (KACS) registry, Gulf Registry of Acute Coronary Events (Gulf RACE), Gulf Survey of Atrial Fibrillation Events (Gulf SAFE), Kuwait Time in Therapeutic Range study, Gulf locals with acute coronary syndrome events (Gulf COAST) Registry, use of reperfusion in ST elevation myocardial infarction in Kuwait (REPERFUSE Kuwait) Registry, and Gulf documentation of ambulatory sick patients with heart failure (Gulf DYSYPNEA) registry.

A Glimpse into the First Joint GHA/ESC - October 2017









| Notes



See You

**WCC 2018
December 5-8, 2018
Dubai, UAE**

<https://www.world-heart-federation.org/congress>

**Third Joint GHA/ESC Meeting
October, 2019
Kuwait**

www.ghaesc.com