



**ESC**

European Society  
of Cardiology

# **The First Joint GHA/ESC Meeting October 6 - 7, 2017**

The First Joint **Gulf Heart Association/European  
Society of Cardiology** Meeting



[www.ghaesc.com](http://www.ghaesc.com)



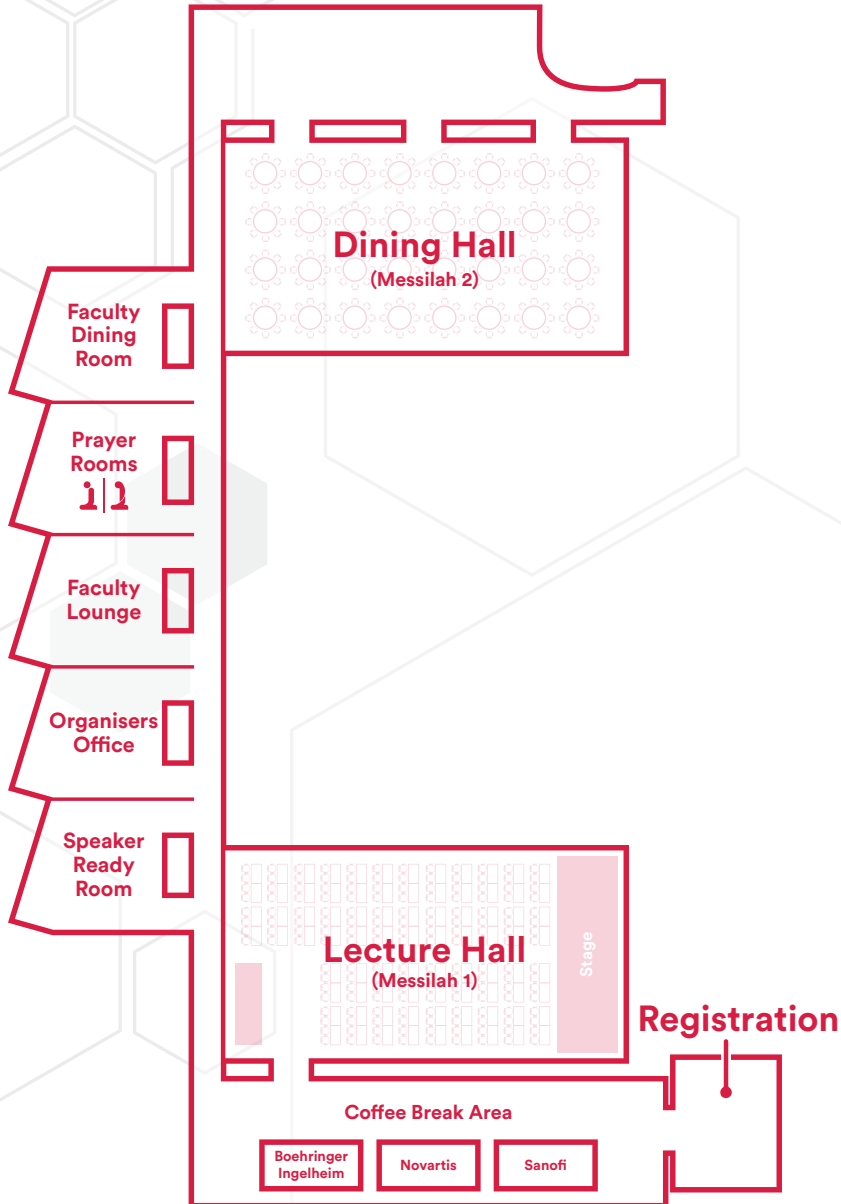




**I WELCOME**



# Getting Around





## DEAR COLLEAGUES,

It gives us pleasure to welcome you to the First Joint Gulf Heart Association/ European Society of Cardiology Meeting to be held in Kuwait during October 6-7, 2017.

This meeting was established as a highlight of the collaboration between the Gulf Heart Association (GHA) and the European Society of Cardiology (ESC). This collaboration has been in place since the inception of the GHA in 2002.

We have created an exciting program that we hope will interest cardiologists and internists from the region. The program features highlights from ESC 2017 congress in Barcelona, updates on recent guidelines and interactive case presentations and clinical challenges. In addition we assigned a session to showcase regional projects established by the GHA. There will be three satellite symposia arranged and managed by the pharmaceutical industry.

Kuwait is the venue for this First Joint GHA/ESC Meeting. The weather is pleasant in October and Kuwaitis are known for their hospitality. Please do join us for this unique scientific activity.

Professor Mohammad Zubaid  
Meeting Co-Director  
President, GHA

Professor J Zamorano  
Meeting Co-Director  
Chair Global Affairs, ESC





# Meeting Committee members



**Prof. Mohammad Zubaid**  
Meeting Director



**Prof. José Zamorano**  
Meeting Director



**Dr. Musatafa Ridha**  
Meeting Co-Director



**Dr. Mohammad Al Jarallah**  
Meeting Co-Director



**Dr. Alawi Alsheikh-Ali**  
Meeting Co-Director





# About The GHA



The Gulf Heart Association (GHA) is a leading not-for-profit, non-governmental regional organization that was established in January 2002 to help combat heart disease in the region. There are 7 cardiac societies under the GHA umbrella, from Qatar, Kuwait, Kingdom of Saudi Arabia, United Arab Emirates, Oman, Yemen and Bahrain.

GHA has been very active in promoting and sponsoring research among its members. It has established and sponsored more than 7 regional registries studying issues like acute coronary syndromes, atrial fibrillation, quality of care, familial hypercholesterolemia and acute and chronic heart failure. In addition, GHA has developed strong ties with international cardiac societies including the European Society of Cardiology, the American College of Cardiology and the American Heart Association. These ties have translated into exchange of speakers and joint sessions during the societies' conferences. GHA is very active in organizing scientific cardiology and cardiovascular surgery meetings, workshops and conferences to educate and spread scientific information amongst cardiologists, cardiovascular surgeons, and other cardiovascular specialties in the region.

The main aim and objective of GHA is to improve the quality of cardiac care in the GCC states through its various activities.

The major aims of the association are:

- Raising the standard of cardiac care in the GCC states
- Conduct scientific conferences and symposia
- Carry on scientific research on cardiovascular diseases
- Publish professional periodicals and information. The GHA has an official website and a journal, Heart Views.
- Create professional, educational, and social ties among members of GHA
- Create links and cooperation locally and with international medical institutions and professional societies
- The GHA hopes to establish criteria for GCC cardiovascular specialist to meet high standards of competence and expertise
- The GHA seeks to suggest laws to be adopted by GCC countries for the prevention of cardiac disease and advance the care of patients with heart disease

In addition there are various working groups which work in their respective fields for the advancement of the cardiology profession. Currently there are 4 working groups:

- Fetal Heart Working Group
- Intervention Working Group
- Gulf Heart Rhythm Society
- Lipid Working Group

For more information on GHA please visit our website – [www.gulfheart.org](http://www.gulfheart.org)





# About The ESC



**ESC**

European Society  
of Cardiology

The ESC is the world's largest organisation of healthcare professionals dedicated to fighting heart disease. It helps more than 95 000 cardiologists expand the boundaries of cardiovascular medicine.

The ESC publishes a dozen different scientific journals, an array of textbooks and world renowned ESC Clinical Practice Guidelines. It provides continuing medical education through webinars and classroom courses, and hosts the summit of cardiovascular science each August - ESC Congress - which attracts more than 30 000 heart specialists and delivers over 4 500 of the latest scientific abstracts.

Join our community of cardiologists from more than 140 countries.  
Become an ESC PROFESSIONAL MEMBER.

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First Joint GHA/ESC Meeting



# THE SESSIONS

SANOFI



## SANOFI SATELLITE SYMPOSIUM

Friday October 6, 2017 : 14:25 - 15:20

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First Joint GHA/ESC Meeting

**Sanofi invites you to attend a Satellite Symposium at the Joint GHA & ESC Congress**

# **PCSK9 inhibition**

## **A new horizon in LDL-C management**

**14:25 - 15:20, Friday October 6<sup>th</sup>, Jumeirah Hotel, Kuwait**

**Chairman: Dr Mousa Akbar**

**Consultant Cardiologist, Head of Sabah Hospital Cardiology Unit, Kuwait**

**Speaker: Prof Kausik Ray**

**Professor of Public Health, Imperial College, London**

**Come and  
visit our  
booth!**

GHA: Gulf Heart Association

ESC: European Society of Cardiology

PCSK9: Proprotein Convertase Subtilisin/Kexin type 9

LDL-C: Low Density Lipoprotein - Cholesterol



SAGULALI.17.09.0160



# FRIDAY OCTOBER 6, 2017

12:00-14:00	Registration & Lunch
14:00-14:20	Opening remarks (GHA and ESC Presidents)
14:00-14:07	Professor Mohammad Zubaid – President, Gulf Heart Association
14:07-14:20	Professor Jeroen Bax – President, European Society of Cardiology
14:25-15:20	<b>Sanofi Satellite Symposium</b>
15:20-15:35	Break

## SESSION 1

### Highlights of Clinical Trials from ESC Barcelona 2017

Co-Chairs:

Professor Jeroen Bax – Dr Mustafa Ridha – Dr Hajar Albinali

15:35-15:55	Highlights of lipid trials Professor Kausik Ray
15:55-16:05	Discussion
16:05-16:25	Highlights of anticoagulation trials Professor Georg Nickenig
16:25-16:35	Discussion
16:35-16:55	A year from ESC 2016 heart failure guidelines: What have we learned? Professor Adriaan Voors
16:55-17:05	Discussion
17:05-17:25	What is new in valve disease guidelines? Professor J Zamorano
17:25-17:30	Discussion
17:40-17:50	Break

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First Joint GHA/ESC Meeting



**FRIDAY  
OCTOBER 6, 2017**

## **SESSION 2**

### **Clinical Dilemmas from the Gulf and Europe**

**Panelists:**

**Professor J Zamorano - Professor Georg Nickenig - Dr Mohammad Aljarallah -  
Dr Mohammad Almutairi - Dr Abdulhai Alawadi**

<b>17:50-18:20</b>	A dilemma from Kuwait Dr Sadeq Abdul
<b>18:20-18:50</b>	A dilemma from Europe Professor Adriaan Voors
<b>18:50-19:20</b>	A dilemma from United Arab Emirates Dr Alami Alsheikh-Ali
<b>19:20-19:25</b>	Break
<b>19:25-20:25</b>	<b>Novartis Satellite Symposium</b>
<b>20:25</b>	Dinner

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First Joint GHA/ESC Meeting



# THE SESSIONS



## NOVARTIS SATELLITE SYMPOSIUM

Friday October 6, 2017 - 19:25 - 20:25

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First Joint GHA/ESC Meeting

# Novartis Scientific Satellite Symposium

## Advancing standard of care in patients with HFrEF what does it take?

Friday, 6<sup>th</sup> of October 2017  
19:25 to 20:25  
Jumeirah Messilah Hotel – Kuwait

Dear Doctor,

We are delighted to invite you to attend Novartis Scientific HF Symposium; entitled "Advancing standard of care in patients with HFrEF – what does it take?" which will take place on Friday 6th of October 2017.

Heart Failure (HF) is a chronic condition associated with a devastating patient burden; approximately 50% of patients will die within 5 years of diagnosis.<sup>1</sup> Despite this, novel therapies have an impact on symptom burden and reduce mortality have been lacking until now. In the light of the recent update in Heart Failure guidelines, many questions have been raised how to apply these guidelines in practice.

During our symposium, we will discuss the available evidence on:

- Clinical Inertia in the management of Heart Failure.
- How relevant is PARADIGM - HF to your current clinical practice, is it for everyone?

Warmly welcome to join us for an interactive, scientifically sophisticated and informative Satellite Symposium!

Sincerely

**Chairperson: Dr. Mohammad Al-Mutairi**  
MD, FRCPC, FACC, FSCAI  
Chest Disease Hospital Head,  
Division of Cardiology  
Kuwait Heart Centre  
Kuwait

**Speaker: Prof. Adriaan Voors**  
MD, PhD, Professor of Cardiology,  
University Medical Center Groningen,  
Director of the Heart Clinic, Director of the  
Department of Echocardiography  
University Medical Center, Groningen  
Netherlands

Your attendance will be highly appreciated.

The purpose of this event and of this invitation is to enhance your educational and scientific development as a professional to the ultimate benefit of patients. Given the above, Novartis invites you to this event without having obtained or aiming at obtaining any return from your part. As per the Code of Pharmaceutical Marketing Practices, Novartis can only sponsor health care professionals.

References: 1. Roger et al. JAMA 2004;292:344-50

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# SATURDAY OCTOBER 7, 2017

## ECG WORKSHOP

09:00-09:50	Bradyarrhythmias Dr Ali Boushahri
09:50-10:00	Break
10:00-10:50	Wide Complex Tachycardias Dr Maria Luisa Loricchio
10:50-11:00	Break
11:00-11:50	Pacing ECG Dr Ali AlSayegh
11:50-12:20	Joint Discussion



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# THE SESSIONS



Boehringer  
Ingelheim

## BOEHRINGER-INGELHEIM SATELLITE SYMPOSIUM

Saturday October 7, 2017 - 12:05 - 13:05

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# Invitation

“Anti-coagulation strategies post-PCI:  
NOAC choice and impact of reversal”

Saturday October 7th 2017  
12:05 – 13:05

## Speaker:

Prof. Dr. med. Georg Nickenig  
University Clinic Bonn, Heart Center  
Sigmund-Freud-Str. 25, 53105 Bonn  
Germany

## Chaired by :

Prof. Mohammad Zubaid  
Head, Division of Cardiology,  
Mubarak Al-Kabeer Hospital,  
Kuwait



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Email: [My\\_BooL\\_Office\\_UAE@boehringer-ingelheim.com](mailto:My_BooL_Office_UAE@boehringer-ingelheim.com)  
Fax: +971 4 4233658 | 24hr contact: +971 55865722.





# SATURDAY OCTOBER 7, 2017

## SESSION 3

### Cutting edge information in Cardiology: What ESC guidelines brings in

#### Co-Chairs

Professor Jeroen Bax – Dr Kadhim Sulaiman – Dr Wael Almahmeed

09:45-10:05	Implementing cardiovascular prevention: The ESC recommendations Professor Kausik Ray
10:05-10:15	Discussion
10:15-10:35	Difficult scenarios for anticoagulation in AF Patients: Oral anticoagulants and dual antiplatelet therapy Professor Georg Nickenig
10:35-10:45	Discussion
10:45-11:05	Imaging in CAD: The role of CT and when to utilize? Professor Jeroen Bax
11:05-11:15	Discussion
11:15-11:35	Anti-diabetic agents and CVD prevention: Past, present and future Professor Kausik Ray
11:35-11:45	Discussion
11:45-12:05	Break
12:05-13:05	<b>Boehringer-Ingelheim Satellite Symposium</b>
13:00-14:15	Lunch

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# SATURDAY OCTOBER 7, 2017

## SESSION 4

### The Gulf Experience

#### Co-Chairs:

Professor Georg Nickenig – Professor Kausik Ray – Dr Raja Dashti –  
Professor Abdulla Shehab

14:15-14:35	The use of ICD in the Gulf: Observations From Gulf ICD registry Dr Alawi Alsheikh-Ali
14:35-14:45	Discussion
14:45-15:05	How best to reperfuse a STEMI patient: Reflections from REPERFUSE Kuwait registry Dr Mustafa Ridha
15:05-15:15	Discussion
15:15-15:35	The ambulatory HF patient: Revelations from Gulf DYSPNEA registry Professor Mohammad Zubaid
15:35-15:45	Discussion
15:45-16:05	Familial hypercholesterolemia in the Gulf: Findings from Gulf FH registry Dr Khalid Alrasadi
16:05-16:15	Discussion
16:15	Closing remarks: GHA & ESC Presidents



## 14th Gulf Heart Association Conference

11 to 13 January, 2018

Sheraton Grand Doha Resort & Convention Hotel

More than 20 international eminent experts with distinguished local faculty from the various Gulf and Middle East countries will present the most recent, cutting-edge information on different topics regarding cardiovascular medicine. The focus will be on the practical clinical pearls needed for the proper management of cardiac patients.

# Program & Website Coming Soon



Organized By:



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# INTERNATIONAL FACULTY

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## **Prof. Jeroen Bax**



Jeroen J. Bax is professor of Cardiology and Director of non-invasive cardiac imaging, at the department of Cardiology, Leiden University Medical Center, The Netherlands.

He has been working intensively with the European Society of Cardiology (ESC), and is currently serving as President of the ESC.

He has been Associate Editor of the American College Cardiology, and is currently Associate Editor of the European Heart Journal.

He has co-authored numerous scientific articles, has guided many PhD fellows and his main interests of research include imaging in heart failure, stable coronary artery disease, valvular heart disease and atrial fibrillation.





## **Prof. Georg Nickenig**



Prof. Georg Nickenig has studied medicine at Rheinischen Friedrich-Wilhelms-University in Bonn. After residency at the Medical University Polyclinic in Bonn, he spent two years with research grant in Emory University Medical School, Department of cardiology/Pharmacology in Atlanta, USA. From 2000 to 2005, after working at the Cardiology Department of the University Hospital in Cologne, he was working as Professor of Cardiology in the Department of Internal Medicine III (Cardiology) at the University Hospital of the Saarland in Homburg.

In 2005 he was appointed to the Chair of Internal Medicine, Division of Cardiology and Pneumology at the University of Bonn and as Director of Medical Hospital II at the University Hospital Bonn.

The focus of the work of Georg Nickenig are coronary heart disease, heart failure and atrial fibrillation. Research focuses on the causes of atherosclerosis, molecular and cellular mechanisms of endothelial regeneration and clinical research on coronary heart disease, valve disease and anticoagulation.

He has authored or co-authored more than 400 articles in international peer-reviewed journals.



## Prof. Kausik Ray



Kausik Kumar Ray is currently Professor of Public Health, Department of Public Health and Primary Care, School of Public Health, Imperial College London. Professor Ray received his medical education (MB ChB, 1991) at the University of Birmingham Medical School, his MD (2004) at the University of Sheffield, a postdoctoral fellowship at Harvard Medical School and finally an MPhil in epidemiology (2007) from the University of Cambridge.

A Fellow of the American College of Cardiology, the European Society of Cardiology, the American Heart Association and the Royal College of Physicians, Kausik Ray is also a member of the British Cardiovascular Society and European Atherosclerosis Society also serving on the EAS Consensus panel. Professor Ray has been the national lead investigator (SC or EC member) for several major medical trials, and is currently involved in 8 ongoing trials in lipids and diabetes and the PI for ORION 1 assessing PCSK9 inhibition through RNA interference and BETONMACE assessing BET protein inhibition in patients with ACS.

Professor Ray's research interests have focused on the prevention of coronary disease with a focus on lipids, diabetes, biomarkers and risk prediction. He has an H index of 40 and i10 of 69 and more than 11,900 citations overall including publications in NEJM, Lancet, JAMA, Archives of Internal Medicine, Circulation, the Journal of the American College of Cardiology, and the European Heart Journal. Key original contributions which have influenced European and American guidelines include demonstrating the early benefits of statin therapy post ACS, the impact of more/less intensive glycaemic control on CVD and the risks/benefits of aspirin therapy in primary prevention. Recently, his work on statins and diabetes risk led to a global label change for statins by the FDA and EMEA. Currently Professor Ray leads the EAS FH Studies collaboration which is the first global registry of FH and includes 55 countries, as well as being the Senior PI for the TOGETHER study looking at cardiometabolic risk in the vascular health checks in 250 000 people in London.



## **Prof. Adriaan Voors**



Adriaan Voors is Professor of Cardiology and specializes in heart failure. Since July 2003, Professor Voors has worked as a Cardiologist in the University Medical Centre Groningen, The Netherlands. Currently, Professor Voors is Director of the Heart Failure Clinic and the Outpatient Clinic of the Department of Cardiology of the University Medical Center Groningen. In 2007, he became Established Clinical Investigator of the Netherlands Heart Foundation, and in May 2010, he became Professor of Cardiology at the University Medical Center Groningen.

Professor Voors supervised more than 35 PhD students, has co-authored more than 420 peer-reviewed papers and several books and chapters, mainly on heart failure, and is an editorial board member of the European Journal of Heart Failure, Netherlands Heart Journal, Cardiovascular Drugs and Therapy, and the Journal of Cardiovascular Medicine. He is involved as principal investigator/ executive/steering committee member of more than 30 clinical trials on novel therapies in acute and chronic heart failure. Prof. Voors was a member of the 2012 ESC Heart Failure Guidelines Committee, and is currently the co-chair of the 2016 ESC Heart Failure Guidelines Committee.



## Prof. José Zamorano



### Chair Global Affairs ESC

José Zamorano is Head of Cardiology at University Hospital Ramón y Cajal in Spain. He received his medical degree from Complutense University of Madrid (UCM) in 1987 and graduated as a Doctor in Medicine with distinction in 1991. Professor Zamorano subsequently received board certification in Cardiology in 1993 and became an Associate Professor at UCM. He has since received fellowships from both the Spanish and European Societies of Cardiology and an honorary fellowship from the American Society of Echocardiography. A prominent figure in the field of cardiac imaging, particularly echocardiography, Professor Zamorano has been Secretary of the European Society of Cardiology (ESC), President of the European Association of Echocardiography (EAE), Chair of the ESC Guidelines, and is currently Chair of the ESC Global Affairs Committee. He serves on the editorial board of almost 20 scientific journals, including European Journal of Echocardiography, European Journal of Cardiovascular Medicine, World Journal of Cardiology and European Heart Journal. Professor Zamorano has received numerous awards for his research into techniques used in patients with heart failure and ischaemic heart disease, including the ESC Silver Medal in 2010. He has made a considerable contribution to the scientific literature, including over 345 publications in peer-reviewed journals, more than 400 abstracts presented at congresses and 62 chapters in medical textbooks.



# REGIONAL FACULTY

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First Joint GHA/ESC Meeting





# **Dr. Abdulhai Alawadi**



Consultant Cardiologist  
Associate Professor of Medicine  
Arabian Gulf University

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First Joint GHA/ESC Meeting



## Dr. Hajar Albinali



### EDUCATION:

- University of Colorado, Boulder, Colorado, USA - B.A.1969
- University of Colorado, School of Medicine Denver, Colorado, USA- M.D.1973

### POST GRADUATE TRAINING:

- Internship : 1973-1974 University of Missouri, Kansas City Gen. Hospital, Kansas City, Missouri, USA
- Residency in Internal Medicine: 1974 - 1976 University of Oregon, Portland Oregon, USA
- Fellowship in Cardiology: 1976 - 1978 University of Oregon, Portland, Oregon, USA

### CERTIFICATION:

- U.S. Licensure -State of Oregon – 1976
- American Board of Internal Medicine – 1977

### MEMBERSHIP:

- F.A.C.C. (FELLOW OF AMERICAN COLLEGE OF CARDIOLOGY) - 1980
- F.I.C.A. (FELLOW OF INTERNATIONAL COLLEGE OF ANGIOLOGY) – 1985
- F.E.S.C. (FELLOW OF EUROPEAN SOCIETY OF CARDIOLOGY) – 1990
- FGHA (Fellow of Gulf Heart Association) 2002





## Dr. Wael Almahmeed



Dr Wael Abdulrahman Almahmeed is a Consultant Cardiologist at the Heart and Vascular Institute in ClevelandClinic Abu Dhabi. He is also a Clinical Associate Professor at the UAE University and has an Adjunct Staff position at Cleveland Clinic, Ohio.

Dr Almahmeed completed his undergraduate medical training at the Medical School in the University of Southampton, England. He continued his post graduate studies in Internal Medicine and Cardiology at the University of British Columbia, Vancouver, Canada. This was followed by a fellowship in Echocardiography at the same institution.

He received his Fellowship of the Royal College of Physicians and Surgeons of Canada in Internal Medicine in 1994 and in Cardiology in 1995. Subsequently he became a Fellow of the American College of Chest Physicians (1996),

Fellow of the American College of Physicians (1998), Fellow of the American College of Cardiology (1998) and Fellow of the European Society of Cardiology in 2004.

He is a foundation member of the Gulf Heart Association and the Emirates Cardiac Society. Under his leadership in the Emirates Cardiac Society, the Society won the bid to host the World Congress of Cardiology in Dubai in 2012, the World Tobacco or Health Congress in Abu Dhabi in 2015, the Asia Pacific Congress of Cardiology in Abu Dhabi in 2015 and World Congress of Pediatric Cardiology in 2016. He also established an annual meeting for the Emirates Cardiac Society in UAE. He is the past president of the Emirates Cardiac Society and the Gulf Heart Association. He is the current president Elect of the Asia Pacific Society of Cardiology and the current Governor for the American College of Cardiology Gulf Chapter. In 2000, he initiated World Heart Day in the UAE. Today it is celebrated by many institutions across the country.

During his tenure as Deputy Chief Medical Officer, at Sheikh Khalifa Medical City (SKMC) he was chair of the Quality steering

committee. Under his leadership, SKMC was one of the first hospitals in Abu Dhabi to receive Joint Commission International Accreditation in 2008. Under his leadership, SKMC was the first center in the Middle East to be accredited as a Chest Pain Center in 2009, and again in 2012. In 2012, SKMC Echo department was accredited by the European Association of Echocardiography. His hospital was the first overseas center to participate in the American College of Cardiology's NCDR Action and Cath PCI Registries.

In 2004, he established the first center in the Middle East that provided 24/7 Primary PCI. Following that, his department became the most comprehensive cardiac department in the UAE, providing all the necessary services from Electrophysiology, Adult Congenital Heart Disease to Rehabilitation. In 2014, his department was awarded as a center of excellence, by the American College of Cardiology.

In 2013, he initiated the first Cardiology Fellowship Program in the UAE. As Chair of the CME committee, at the Health Authority, he established mandatory CME hours for health care professionals and also established a system for CME accreditation.

Dr Almahmeed's research interests include Coronary Artery Disease prevention in the developing countries, Hypertension, Dyslipidemia, and Registries on Acute Coronary Syndromes, Heart Failure and Atrial Fibrillation.

He was the national coordinator for the Inter-Heart Study. He was on the steering committee of the Gulf Race, Gulf Coast, Gulf Care and Gulf Safe Registries. He has over 150 publications to his credit, and was the national coordinator for a number of Multi-Center Trials including Elix, Examine and Garfield Trials. He is currently a Co-Investigator of the Gulf FH registry and the Gulf Dyspnea study.

Dr Almahmeed's expertise is in non-invasive Cardiology/Echocardiography and Heart Disease in Pregnancy.







## Dr. Khalid Al Rasadi



Dr. Khalid Al Rasadi was born in Oman where he studied medicine and obtained his Medical Degree in 1998. Dr. Al Rasadi obtained his postgraduate training in Medical Biochemistry at McGill University in Canada during 2002-2006. He spent another two years in Canada, working as scientist at the Royal Victoria Hospital, McGill University, under the supervision of Prof. Jacques Genest. There he performed a number of studies on the molecular genetics of familial hypercholesterolemia and hypoalphalipoproteinemia. In that period Dr. Al Rasadi also received training at the lipid clinic of the Royal Victoria Hospital, McGill University. He was also awarded a certificate in Clinical Lipidology by the National Lipid Association in the United State in 2008.

Dr. Al Rasadi is the Head of Department of Biochemistry at the Sultan Qaboos University in Oman and head of lipid and LDL-Apheresis unit at Sultan Qaboos University Hospital. He is one of the founder members of the Oman Society of Lipid and Atherosclerosis (OSLA) and its current President. He is also the founder of the Arab States of the Gulf (GCC) Familial Hypercholesterolemia Foundation and its current President. He contributed significantly to the recognition of OSLA as an active society nationally and internationally by promoting meetings aimed at education and general awareness relating to lipid disorders and atherosclerosis. He organized conferences involving experts in the field of lipid research. His activities include public outreach meetings in Oman. International collaboration has also been initiated via OSLA. OSLA has received the IAS-Pfizer educational grant for the management of dyslipidemia in the Gulf region.

Dr. Al Rasadi is a member of national and international medical associations and a member of Oman Medical Journal and BBA-Clinical Journal editorial board. Dr Al- Rasadi is an Editor in-Chief, OSLA section in the Open Cardiovascular Medicine Journal. He is an IAS assessor for Fellowships. He has 68 publications and 1 chapter book (total Citations 949, H-Index: 12).





## Dr. Alawi Alsheikh-ali



Alawi is the Founding Dean and Professor of Cardiovascular Medicine in the College of Medicine at the Mohammed Bin Rashid University of Medicine and Health Sciences. He is also a Consultant Cardiologist and Cardiac Electrophysiologist and is the immediate Past President of the Emirates Cardiac Society and member of the Board of Directors of the Gulf Heart Association and A Founding Board Member of the Gulf Heart Rhythm Society.

Dr. Alsheikh Ali completed his undergraduate studies at the Massachusetts Institute of Technology (MIT) in Cambridge, Massachusetts, USA and graduate studies at Boston University, Boston, Massachusetts, USA. He received his Doctor of Medicine degree from Tufts University (Boston, MA, USA) where he also earned a Master of Science in Clinical Research. He completed his residency in Internal Medicine and Fellowships in Cardiology and Clinical Cardiac Electrophysiology at Tufts Medical Center in Boston and is American board certified in Internal Medicine, Cardiovascular Disease and Clinical Cardiac Electrophysiology.

His research interests span a broad range in cardiology including clinical electrophysiology and device therapies, preventive cardiology, and epidemiology of cardiovascular disease in the developing world. He is a key member of the Steering committees of several large regional multinational disease-based registries of acute coronary syndrome, atrial fibrillation, and heart failure, and is the co-Principal Investigator of the Gulf ICD Registry and the Dubai Shopping for Risk Factor Study (DISCOVERY). His research has led to more than 100 peer-reviewed publications in leading journals including the Lancet, Annals of Internal Medicine, Circulation, and Journal of the American College of Cardiology.



## Prof. Abdulla Shehab



Speciality: Cardiovascular Medicine and interventional cardiology

Designation: Professor and Consultant

Educational Qualifications: MBChB MD MMed PhD CCST FRCP FACP FESC  
FACC FSCAI

Work Experience: 22 years experience in Internal medicine, cardiology and interventional cardiology

Awards: Best Service from UAEU, Best Teaching UAEU

Professional Affiliations: President of Emirates Society of Cardiology, chairman of Arab board cardiology committee for Arab board council. Fellow of royal college of physicians UK, fellow American college of physician, fellow European society of cardiology, fellow of American college of cardiology, fellow American society of cardiac intervention

Areas of Special Interest:

- Heart failure
- Coronary artery disease
- Dyslipidaemia
- Hypertension
- Arrhythmias
- Cardiac intervention
- Cardiac imaging
- Screening for cardiac disease in sport players
- Cardiovascular disease in pregnancy





## Dr. Kadhim Sulaiman



Dr Kadhim J Sulaiman is a senior consultant cardiologist at Royal Hospital and Director General of Specialized Medical Care in the Ministry of Health, Muscat- Oman. He is also the President of Oman Heart Association and President Elect of Gulf Heart Association.

Dr Sulaiman holds many academic and administrative posts in the Ministry of Health and Oman Medical Specialty Board. He chairs the central examination committee and is a member of the central accreditation committee in Oman Medical Specialty Board. He is an examiner in the final MD examination of medical students from Sultan Qaboos University Medical College, MRCPI and MRCP (UK) and Arab Board part II clinical examinations. He is the chairman of the Oman Chapter of the Royal College of Physicians of Ireland.

Dr Sulaimans main interest is in acute coronary syndrome and heart failure. He is very active in research, particularly registries in the region. He was member of the steering committees of the three Gulf registries of acute coronary events (Gulf RACES), and the Gulf Study of atrial fibrillation events (Gulf SAFE). He is the Principal Investigator of the Gulf acute heart failure registry (Gulf CARE). He is an advisory Board member of Heart Views, and a reviewer of many journals. He has more than eighty publications in peer review journals.



# LOCAL FACULTY

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First Joint GHA/ESC Meeting





## **Dr. Sadiq Abdul**



Dr. Sadiq Abdul, MD is a consultant interventional cardiologist at Dabbous Cardiac Center. He joined the cardiology department at Dabbous Cardiac Centre in 2011.

Dr. Abdul graduated with a Bachelor of Medicine (MBBS) from Medical College, Thrissur, India in 1994 following which he completed Internal medicine residency at Gandhi Medical College, Bhopal in 1999.

He did his cardiology training at Sanjay Gandhi PGI and King George's Medical University, Lucknow between 2000 and 2004.



## Dr. Mohammad Aljarallah



Head of the department of Cardiology and Head of Sabah Al Ahmed Cardiac Center, Al Amiri Hospital, Kuwait.

Dr Al-Jarallah is currently the Head of Cardiology and Head of Sabah al Ahmed Cardiac Center. He obtained his M.B.Bch from the faculty of Medicine, Kuwait University in 1999. Then he went to do his internal Medicine training at McGill University, Quebec, Canada from the year 2001 to 2004. During which he was certified with the American Board of Internal Medicine in 2004 and became a fellow of the Royal College of Physicians of Canada for Internal Medicine in 2005. He did his cardiology fellowship at McGill University from 2004 to 2007 followed by a year of fellowship in echocardiography. He was certified with the American Board of Cardiovascular Diseases and became a fellow of the Royal College of physicians of Canada for Cardiology in 2007. He returned to Kuwait in 2008 and has been working since then in the Cardiology Department of Al-Amiri hospital. Dr Al-Jarallah has been playing a very active role in the non-invasive laboratory with a special interest is in stress echocardiography and 3-dimentional cardiac imaging. He has been involved at the national level in the in the ongoing Gulf Acute heart failure (GULF-CARE) registry and the upcoming third Gulf Registry of Acute Coronary Events (GULF-RACE 3).

### Professional memberships:

Canadian College of Cardiology  
American College of Cardiology  
Canadian Medical Association  
American College of Physicians





## Dr. Mohammad Almutairi



Consultant interventional cardiologist head of cardiology, Kuwait Heart Center Chest Diseases Hospital, Kuwait.

Mohammad Almutairi is a Consultant on Interventional Cardiologist and currently the Chairman of the Department of Cardiology in Chest Diseases Hospital. He obtained his MB, ChB with honour from Kuwait medical school, Kuwait University in 1997. He did his internship year in Farwaniya Hospital followed by a year serving as an assistant registrar in internal medicine. He went to do an internal medicine residency program in McGill University in Montreal, Canada from 1999 to 2002. He then stayed at McGill University to complete a three years cardiology fellowship from 2002 to 2005 and one extra year of interventional fellowship mainly trained to be a specialist in catheterization via the radial approach.

Dr. Almutairi returned to Kuwait in July, 2006 and immediately joined the Cardiology Department in Chest Diseases Hospital. Since his return he made sure to establish the radial approach as the preferred approach for catheterization in Kuwait and now more than 85% of cases now are done radially. He also completed level II training in multislice cardiac CT.

Dr. Almutairi has served as a speaker and/or panelist in several international meetings.

Dr. Almutairi is a member of Kuwait Cardiac Society, a fellow of the Gulf Heart Association, a fellow of the Royal College of Physicians and Surgeons of Canada (FRCPC), a fellow of the American college of Cardiology (FACC), a fellow of the Society for Cardiovascular Angiography and Interventions (FSCAI)







## **Dr. Raja Dashti**



Dr. Dashti had her postgraduate training in Internal Medicine, Cardiology and Echocardiography at McGill University - Montreal, Canada.

She obtained Postgraduate degrees in American Board of Internal Medicine, Canadian Board in Internal Medicine and Cardiology fellow of Royal College of Physicians and Surgeons of Canada Cardiology fellowship. McGill University.

She has level III training in echocardiography.

She joined Amiri hospital - Cardiology unit in 2001 and specialized in Echocardiography, she is the Head of Cardiology unit from 2010-2012 and currently Chairman of Medicine department.



## Dr. Mustafa Ridha



Dr. Mustafa Ridha is a graduate of the Faculty of Medicine-University of Kuwait 1993. He joined the residency program at the University of Miami-Jackson Memorial Hospital from 1994-1997. Thereafter, joined the cardiology fellowship program at Jackson Memorial Hospital. He is American Board Certified in Internal Medicine and Cardiovascular Medicine. Returned to Kuwait in 2001, and joined the Adan Hospital Department of Medicine where he took charge of the Cardiac Unit. The unit was developed over the last few years, and eventually a comprehensive cardiac centre was established at Adan Hospital (Al Dabbous Cardiac Centre).



## Prof. Mohammad Zubaid



Mohammad Zubaid is currently Professor of Medicine at the Faculty of Medicine, Kuwait University. He heads the division of cardiology at Mubarak Al-Kabeer Hospital and serves as a consultant interventional cardiologist at the Chest Diseases Hospital. He is the founding and current president of Kuwait Cardiac Society. He was appointed Chair of the Faculty of Cardiology at Kuwait Institute for Medical Specialization (KIMS) in June 2014 to establish cardiology residency program in Kuwait. He was elected for a two years term as president of the Gulf Heart Association in January 2016.

Professor Zubaid obtained his MB, ChB from the Royal College of Surgeons in Ireland in 1986, and completed internship and assistant registrar posts in internal medicine at Amiri Hospital in Kuwait. He went on to do internal medicine residency at Queen's University in Kingston, Ontario, Canada from 1988 to 1991 and cardiology residency at McMaster University in Hamilton, Ontario, Canada from 1992 to 1994. He pursued his research career with a fellowship in interventional cardiology at the University of British Columbia, Vancouver, Canada from 1994 to 1996.

He returned to his home country, Kuwait, in 1996 and joined Kuwait University as an assistant professor of Medicine. He was promoted to Professor in December 2006. He served as Vice Dean for Academic Affairs at the Faculty of Medicine from 2012 to 2013. He has contributed to several international journal publications and has served on the editorial boards of the Kuwait Medical Association Journal and the Journal of the Gulf Heart Association, Heart Views. He has published more than 90 peer-reviewed articles. Professor Zubaid has organized and chaired several local and regional conferences. He is Fellow of the Gulf Heart Association, the Royal College of Physicians of Canada and American College of Cardiology. His research interest focuses on the performance of disease registries. He has lead several disease registries in Kuwait and the region including the Kuwait myocardial infarction registry, Kuwait Acute Coronary Syndrome (KACS) registry, Gulf Registry of Acute Coronary Events (Gulf RACE), Gulf Survey of Atrial Fibrillation Events (Gulf SAFE), Kuwait Time in Therapeutic Range study, Gulf locals with acute coronary syndrome events (Gulf COAST) Registry, use of reperfusion in ST elevation myocardial infarction in Kuwait (REPERFUSE Kuwait) Registry, and Gulf documentation of ambulatory sick patients with heart failure (Gulf DYSYPNEA) registry.





# ECG WORKSHOP FACULTY



**Dr. Ali Alsayegh**



**Dr Ali Boushahri**



**Dr Maria Luisa Loricchio**

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First Joint GHA/ESC Meeting





# I NOTES

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First Joint GHA/ESC Meeting



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First Joint GHA/ESC Meeting





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First Joint GHA/ESC Meeting





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First Joint GHA/ESC Meeting





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First Joint GHA/ESC Meeting







meeting organised by **ZAWAYA** [www.zawaya.me](http://www.zawaya.me)



# See You

**14<sup>th</sup> GHA Annual Conference**  
**January 11-13, 2018**  
**Doha, Qatar**

**[www.gulfheart.org](http://www.gulfheart.org)**

**Second Joint GHA/ESC Meeting**  
**October, 2018**  
**Kuwait**

**[www.ghaesc.com](http://www.ghaesc.com)**