Learning styles may as well be held accountable towards how well we do on learning information no matter what it is we are engaging. We are beings of imagination and construction, and without the proper approach to what we seek to learn it may not be as fruitful as desired. A learning style without repetition involved will also be doomed to faulter. We can’t just learn about one thing and be done with it; skills do not work that way. And it’s not like you can just scan through the entire text or medium thoroughly over and over again to get the best results either. A key element to learning styles is the ability to divide the information into more comprehensive segments that can be used over equally divided segments of time. Going back and rehearsing what we learn and building off it is how we build knowledge and skill.

As for myself, I am aware that I should absolutely depend on proper learning exercises in order to succeed. I cannot function optimally without structure, as much as I disdain it. I need to receive the information and figure out how to break it down to better digest it. I need to space out what I focus on because cramming it all in one sitting will only hinder my progress further, not excel it. I need to include other tools in order to assist me, such as visual aids that I create for myself. I also rely heavily on note taking to better digest information. Everything that I know I got by following my specialized learning style, and while it’s not perfect, it’s constantly being improved upon.