- As a <user role>, I need to <feature needed> because of <benefit>.
 15 20 User Stories
- 1. As a user, I want to save my progress if I leave the app, so I can multitask while using the application.
- 2. As a user, I want the alarm to vibrate/make a noise, so I know when to switch activities.
- 3. As a developer, I want to receive reports/bugs from users, so I can fix them quickly and efficiently.
- 4. As a user, I want to opt into and out of notifications to use the app, so I can be reminded to use the application.
- 5. As a user, I want to be able to donate to the developers, so I can reward them for creating a helpful application.
- 6. As a user, I want to choose different Pomodoro intervals, so I can manage my time how I want.
- 7. As a user, I want to be able to schedule my day, so I spend my time wisely.
- 8. As a user, I want to choose different alarms/ringtones, so I can personalize it for me.
- 9. As a user, I want different color themes, so I can make the app more appealing.
- 10. As a user, I want some motivational quotes/media, so I can motivate myself.
- 11. As a fitness coach, I want to share custom workouts, so that I can have my trainee follow them when I'm not there.
- 12. As a trainee, I want to see my profile's statistics, so that I can see and share how much I have improved over time.
- 13. As a user, I want to have a visible streak on my profile, so that I will be encouraged to not miss a day.
- 14. As a user, I want to favorite my preferred exercises on my profile, so that I can more easily find them later on.
- 15. As a workout buddy, I want to have the option to share on my profile when I've completed my scheduled workout, so that me and my partner can go through this experience together.
- 16. As a college student, I want to have access to exercises I can do in my chair, so that I can use this app in the library.

- 17. As a desk-job-worker, I want stretches to be included as available exercises, so that I can keep my back, neck, and shoulders healthy during long days.
- 18. As a student, I want meditative exercises to be included in the app, so that I can manage my stress while remaining productive.
- 19. As a novice to fitness, I want visuals to help guide me during exercises, so that I can use the app without having to stop to research forms.
- 20. As a novice to fitness, I want to allow the app to randomly select exercises for me, so that I can see which ones work best for me.