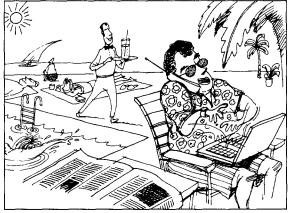


## **Simple Present Tense**



Hank is always in a hurry and he does everything at once.



He works all the time—he never relaxes.

#### CHECK POINT

Check the best title for the cartoons.

- Hank at Work This Week
- ☐ Hank's Working Habits

### **CHART CHECK**

Circle T (True) or F (False).

- **T F** The form for he/she/it ends with -s.
- Negative statements have **do not** or does not before the base form.
- T F Questions have do or does after the subject.

AFFIRMATIVE STATEMENTS		
Subject	VERB	
I/We/You*/They	work.	
He/She/It	works.	

}					
] [-	works.		e/It	/She	Нє
ural	lar and pl	ingu	hoth s	ish	*Y01

*You	is	both	singu.	lar	and	рl	ural	•

YES/NO QUESTIONS		
Do	SUBJECT	Base Form
Do	you	work?
Does	he	WUIK!

=	IEGATIVE ATEMENTS		
SUBJECT	<b>D</b> o нот	BASE FORM	
I/We/You/They	do not	work.	
He/She/It	does not	work.	

SHORT ANSWERS					
Affirmative				NEG	ATIVE
Voc	ı	do.	Na	ı	don't.
Yes,	he does. No,	NO,	he	doesn't.	

	WH- QI	JESTIONS	<u> </u>
WH- WORD	Do	SUBJECT	BASE FORM
Where	do	you	work?
When	does	he	work?

EXPRESS (Mail of Mail	EXPRES	S	12	#
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Unscramble these words to complete the question.

rush • Why • he • does

all the time?

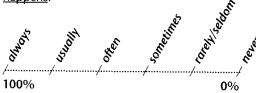
### **Grammar Explanations**

# **1.** Use the **simple present tense** to talk about what <u>regularly happens</u>.



### **Examples**

- Some people **rush** through life.
- They don't relax.
- Other people are calm.
- They don't feel tense.
- **2.** Use **adverbs of frequency** with the simple present tense to express <u>how often something happens.</u>



- She never relaxes.
- You *usually* take life easier.
- We sometimes sleep late.
- They seldom take a vacation.
- ▶ **BE CAREFUL!** Adverbs of frequency usually come before the main verb, but they go after the verb **be**.
- We usually rush around too much.
- We're often stressed out.
- **3.** Use the **simple present tense** to talk about <u>scientific facts</u>.
- Stress causes high blood pressure.
- Water freezes at 32°F.

#### Check it out!

For spelling rules for the third person singular (he/she/it) of the simple present tense, see Appendix 20 on page 343.

For pronunciation rules for the third person singular (he/she/it) of the simple present tense, see Appendix 27 on page 348.



**IDENTIFY** • Read this part of a book review. Underline the simple present tense verbs. Circle the adverbs of frequency.

Books Section 10

### CALM DOWN! By Dr. Sara Roads

In today's fast-paced world, we never escape stress. Stress always affects us psychologically, but according to Dr. Roads, author of the new bestseller, *Calm Down!*, it also affects us physically. For example, stress causes high blood pressure.

Doctors often prescribe

due to stress.

medication for stress-related illnesses.

Medicine usually lowers a patient's blood pressure. But, Dr. Roads claims, "You don't always need pills. Relaxation exercises are sometimes as effective as pills. For example, breathing exercises both relax you and lower your blood pressure. It only takes a few minutes!"



**COMPLETE** • Megan and Greg have completely different types of personality (A and B). Read about one, write about the other.

	Type A: Megan	Type B: Greg
1.	Megan doesn't relax easily.	• Greg <u>relaxes</u> easily.
2.	She <u>doesn't take</u> time to enjoy the moment.	• He takes time to enjoy the moment.
3.	Megan and her boyfriend never <b>take</b> vacations.	• Greg and his girlfriend often vacations.
4.	She through the day.	• He <b>doesn't rush</b> through the day.
5.	She is nervous.	• He nervous.
6.	She <b>is</b> always in a hurry.	• He never in a hurry.
7.	She <b>finishes</b> other people's sentences for them.	• He other people's sentences for them.
8.	She a lot.	• He doesn't worry a lot.
9.	She enough time to finish things.	• He has enough time to finish things.
0.	Megan has high blood pressure	• Greg _ high blood

pressure due to stress.



**ASK & ANSWER •** Todd is an accountant. Look at his schedule. Write questions and answers about his day.

6:00-7:00	get up, exercise	12:00–12:30	lunch
8:00-9:00	work on reports	12:30–5:00	return phone calls
9:00-12:00	see clients	5:30-7:00	attend night schoo
. When/g	get up?		
_ When d	oes he get up?	He get	s up at 6:00.
2. exercise	in the morning?		
Does h	e exercise in the morning?	Yes, he	e does.
work on reports in the afternoon?			
. When / s	see clients?		
take a lu	ınch break?		<del></del>
5. What / d	o / from 12:30 to 5:00?		
	go / at 5:30?		



**EDIT** • Read Todd's journal entry. Find and correct ten mistakes in the use of the simple present tense. The first mistake is already corrected.

never have I'm so tired. I <del>have never</del> time to relax. I work all day and studies all night. My boss tell
me that I need a vacation. I agree, but I afraid to take one. Does my boss thinks that
 the office can function without me? I dont want them to think I'm not necessary.
But my wife is unhappy too. She complain that she never sees me anymore. My
schedule are crazy. I don't think I can keep this up much longer. I don't wants to quit
 night school, though. I think often that there has to be a better way.