

Your Title Here

COMP150 - CPD Report

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1 Introduction

Write your introduction here. A brief introduction of about 100 words is recommended, which should state your career goal and the five key skills that you wish to highlight from your weekly reports. When choosing which skills to focus on for this report, be specific. Avoid choosing broad skills that are clearly important for any student, such as *time management* or *communication*. Instead, make it more granular. Consider which specific aspects of these broad areas are a priority for you, personally, and what may have caused or exacerbated the challenge. Tutors are not assessing your knowledge of general study skills. Rather, they are assessing your ability to analyse and reflect on your own learning and personal development as an individual and towards becoming a computing professional.

2 Placeholder — Skill

Write about 200 words about. Remember, this should be reflective and personal to you. Justify the relevance and importance of each of these skills with insight into your personal goals and personal circumstances. Assess your application of the skill throughout the

semester and critically reflect on upon their impact it has had on your work and the challenges/obstacles. Acknowledge difficulties. Then, suggest how to overcome the challenge/obstacle in relation to a SMART action. When planning such actions, do not be too general. Consider SMART actions: specific; measurable; achievable; relevant; and time-bound. Ensure that your proposed action for future development meets all five of these criteria.[1]

3 Cognitive — Induction

- I have no idea what I'm doing with that
- I can follow it when it's being explained to me, but I struggle to reproduce it

4 Procedural — Maths

- My school had a variety of maths teachers, so the subject was poorly covered
- I can pick up these topics through osmosis, but I may assume something mistakenly
- I need to study sin, modulo, etc.

5 Affective — Anxiety

- Anxiety about writing making me unable to focus on reading/writing.
- See a therapist

6 Dispositional — Asking for help

- I tend to assume others understand a subject, and I'm therefore unwilling to request assistance when I need it as I feel I'm wasting my tutor's time

7 Interpersonal — Standing up

- I tend to avoid conflict
- Even if I know it will affect team "moral" in the long run, I will play the mediator and try to keep everyone happy

8 Conclusion

Write your conclusion here. Though the conclusion should be brief, no more than 100 words, it should do more than merely summarise the report. Focus on the five SMART actions that you intend to take in order to overcome any challenges and/or obstacles. Contextualise how this will help you towards your intended career goal and how this may improve your project for the next semester.

References

[1] C. E. Shannon, "A mathematical theory of communication," *The Bell System Technical Journal*, vol. 27, no. 3, pp. 379–423, 1948.