Mac Users

To Install R

1. Open an internet browser and go to https://ftp.acc.umu.se/mirror/CRAN/ (this is a mirror site located at Umeå University)
2. Click on the "Download R for (Mac) OS X" link at the top of the page.
3. Click on the file containing the latest version of R under "Files."
4. Save the .pkg file, double-click it to open, and follow the installation instructions.
5. Now that R is installed, you need to download and install RStudio.

To Install RStudio

1. Go to https://www.rstudio.com/products/rstudio/ and click on the "Download RStudio" button.
2. Click on "Download RStudio Desktop."
3. Download the <u>free</u>, open-source edition called "RStudio Desktop." and save the .dmg file on your computer, double-click it to open, and then drag and drop it to your applications folder.

Windows Users

To Install R:

1. Open an internet browser and go to https://ftp.acc.umu.se/mirror/CRAN/ (this is a mirror site located at Umeå University)
2. Click on the "Download R for Windows" link at the top of the page.
3. Click on the "install R for the first time" link at the top of the page.
4. Click "Download R for Windows" and save the executable file somewhere on your computer. Run the .exe file and follow the installation instructions.
5. Now that R is installed, you need to download and install RStudio.

To Install RStudio

1. Go to https://www.rstudio.com/products/rstudio/ and click on the "Download RStudio" button.
2. Click on "Download RStudio Desktop."
3. Download the <u>free</u>, open-source edition called "RStudio Desktop." and save the executable file. Run the .exe file and follow the installation instructions.