Example 1. *Then* 1 + 1 = 2.

Example 2. Let $x \in \mathbb{R}$. Then $x^2 \ge 0$.

Example 3. Let $a \in \mathbb{R}$. Let $b \in \mathbb{R}$. Then a + b = b + a.

Example 4. Let $x \in \mathbb{R}$. Then $x^2 \ge 0$.

Example 5. Let $x \in \mathbb{R}$. Then $x + \frac{1}{x} - 2 = \frac{x^2 + 1 - 2x}{x}$. Then $\frac{x^2 + 1 - 2x}{x} = \frac{(x - 1)^2}{x}$. Then $x + \frac{1}{x} - 2 = \frac{(x - 1)^2}{x}$. Then $\frac{(x - 1)^2}{x} \ge 0$. Then $x + \frac{1}{x} - 2 \ge 0$. Then $x + \frac{1}{x} \ge 2$.