

# MyoAnalyst User Manual

## Overview of MyoAnalyst

MyoAnalyst is an ImageJ/Fiji plugin designed for fully automatic analysis of both immunofluorescence (IF)- and H&E-stained skeletal muscle cross sections. This plugin features a user-friendly interface, thus will be as an efficient, versatile tool for myofiber quantification, tailored to meet the needs of both researchers and clinicians.

## Installation of MyoAnalyst

As an ImageJ/Fiji plugin, MyoAnalyst is easy to install. You can just need two steps (Figure 1):

- 1) Download the “MyoAnalyst\_v3.jar” from the github (<https://github.com/ZhangHongbo-Lab/MyoAnalyst/tree/master/jar>).
- 2) Copy the “MyoAnalyst\_v3.jar” file into the ImageJ/Fiji plugins folder and restart the ImageJ/Fiji. You will find the plugin in the menu bar of “plugins” in ImageJ/Fiji.

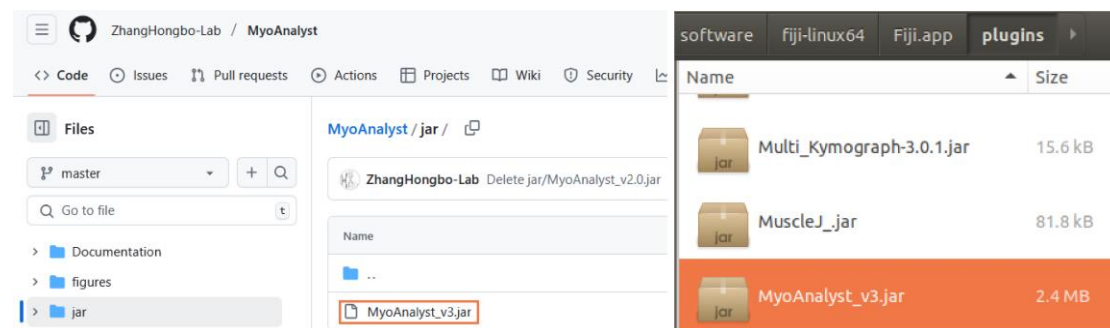


Figure 1. steps to install MyoAnalyst

## Usage of MyoAnalyst

MyoAnalyst can analyze multiple images consecutively just by running one time, as long as these images are under the same folder and are stained by same staining technology. MyoAnalyst also supports various image files formats, including .TIFF, .PNG, .JPEG and .BMP .

### 1. segmentation and measure skeletal muscle cross-section stained by immunofluorescence (IF)

For skeletal muscle cross-section stained by IF, single channel images of myofiber boundary staining are only required. If you want to analyze the IF-stained skeletal muscle slides, please place these IF-stained skeletal muscle images in a folder and follow these steps (Figure 2) :

- 1) Select the folder that contained the IF-stained skeletal muscle images (Step 1);
- 2) Choose the Sample Type as “IF” through the drop-down menu (Step 2);
- 3) Select the folder in which to save the output data following image analysis (Step 3);
- 4) Select the mode of parameter setting : “Automation parameters” or “Manual parameters” (Step 4 and 6).

4.1) If you choose “Automation parameters” (Step 4), then you just click the “OK” button, MyoAnalyst automatically analyzes all the images in the input folder and save the corresponding result files to the designated output folder (Step 5).

4.2) If you choose “Manual parameters” (Step 6), then you should set three parameters by manually.

4.2.1 set three parameters by manually (Step 7). A detailed description of the parameters is given below:

- the number of Dilation: This parameter specifies the number of dilation operations applied to skeletal muscle fiber boundaries. A larger value results in inward contraction of the boundaries, while a smaller value leads to outward expansion of the skeletal muscle fiber boundaries. The default value is 6, and it is recommended that this value be set within the range of 1 to 10.
- the Size of Filtering Area (pixel<sup>2</sup>): This parameter specifies the minimum value of the cross-sectional area of skeletal muscle fibers (pixel<sup>2</sup>). Skeletal muscle fibers with an area smaller than this value will be filtered out. The default value is 250 and it is recommended that this value be set within the range of 250 to 600.
- the Circularity (0.0 to 1.0): This parameter specifies the circularity of the closed curve formed by the boundaries of skeletal muscle fibers. Skeletal muscle fibers with a value less than this will be filtered out. The default value is 0.25 and the value must be set within the ranges from 0.0 to 1.0.

4.2.2) After the parameter settings are complete, click the "OK" button (Step 7);

4.2.3) Then a dialog box will pop up with the parameters you have set. Please click the "OK" button to confirm (Step 8).

4.2.4) Finally, click the "OK" button, MyoAnalyst automatically analyzes all the images in the input folder and save the corresponding result files to the designated output folder (Step 9).

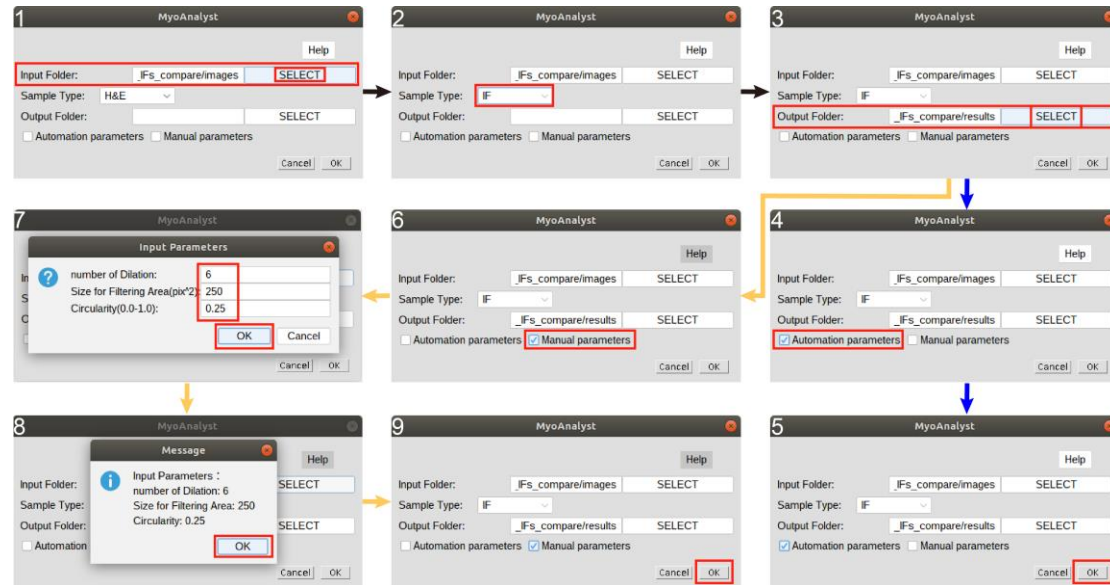


Figure 2. steps to segment and measure skeletal muscle cross-section stained by IF.

It is worth noting that we recommend first selecting the automated parameter mode to run our program, and then deciding whether to use the manual parameter setting mode based on whether the output results meet the user's requirements. For example, if the boundaries of skeletal muscle fibers obtained from the automated parameter mode are smaller than the actual boundaries, the value for the number of dilations can be set smaller. If the results from the automated parameter mode include many false positives located in the extracellular matrix, the value for the cross-sectional area can be set larger to filter these false positives results.

## 1. segmentation and measure skeletal muscle cross-section stained by Hematoxylin and eosin (H&E)

The workflow for segmentating and measuring skeletal muscle cross-section stained by Hematoxylin and eosin (H&E) is very similar with the above workflow for

segmentating and measuring skeletal muscle cross-section stained by IF. If you want to analyze the H&E-stained skeletal muscle slides, please place these H&E -stained skeletal muscle images in a folder and follow these steps (Figure 3):

- 1) Select the folder that contained the IF-stained skeletal muscle images (Step 1);
- 2) Choose the Sample Type as “H&E” through the drop-down menu (Step 2);
- 3) Select the folder in which to save the output data following image analysis (Step 3);
- 4) Select the mode of parameter setting : “Automation parameters” or “Manual parameters” (Step 4 and 5).

4.1) If you choose “Automation parameters” (Step 4), then you just click the “OK” button, MyoAnalyst automatically analyzes all the images in the input folder and save the corresponding result files to the designated output folder (Step 5).

4.2) If you choose “Manual parameters” (Step 6), then you should set three parameters by manually.

4.2.1 set three parameters by manually (Step 7). A detailed description of the parameters is given below:

- the number of Dilation: This parameter specifies the number of dilation operations applied to skeletal muscle fiber boundaries. A larger value results in inward contraction of the boundaries, while a smaller value leads to outward expansion of the skeletal muscle fiber boundaries. The default value is 6, and it is recommended that this value be set within the range of 1 to 10.
- the Size of Filtering Area (pixel<sup>2</sup>): This parameter specifies the minimum value of the cross-sectional area of skeletal muscle fibers (pixel<sup>2</sup>). Skeletal muscle fibers with an area smaller than this value will be filtered out. The default value is 250 and it is recommended that this value be set within the range of 250 to 600.
- the Circularity (0.0 to 1.0): This parameter specifies the circularity of the closed curve formed by the boundaries of skeletal muscle fibers. Skeletal muscle fibers with a value less than this will be filtered out. The default value is 0.25 and the value must be set within the ranges from 0.0 to 1.0.

4.2.2) After the parameter settings are complete, click the "OK" button (Step 7);

4.2.3) Then a dialog box will pop up with the parameters you have set. Please click the “OK” button to confirm (Step 8).

4.2.4) Finally, click the “OK” button, MyoAnalyst automatically analyzes all the images in the input folder and save the corresponding result files to the designated output folder (Step 9).

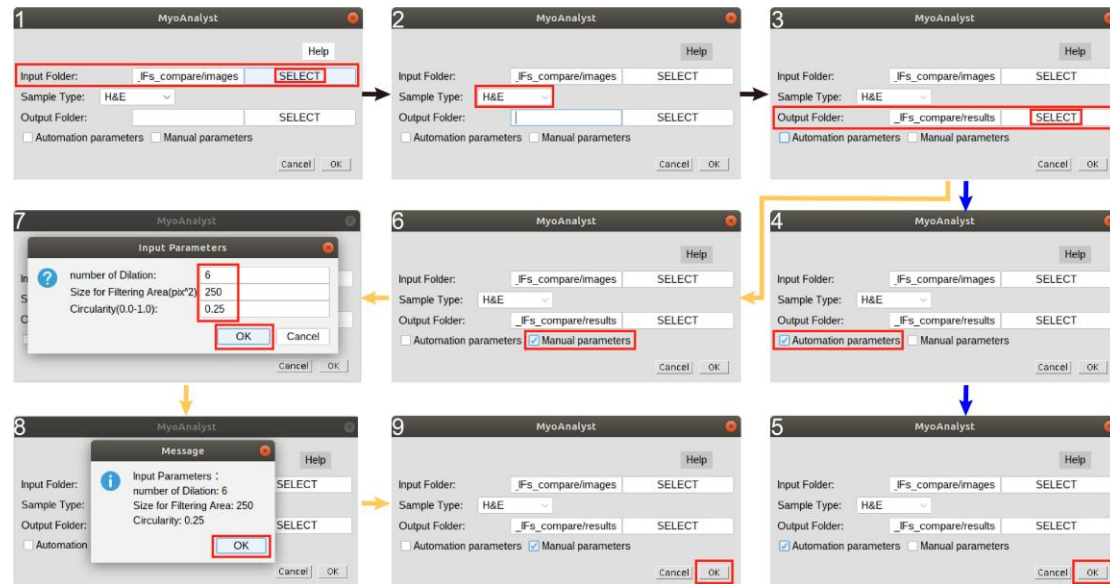


Figure 3. steps to segment and measure skeletal muscle cross-section stained by H&E.

## Further help

In case of difficulties using MyoAnalyst, you can create an issue in the following link so we or someone from the community can help you:

<https://github.com/ZhangHongbo-Lab/MyoAnalyst/issues>. Or you can contact us:

[zhangbao5@mail.sysu.edu.cn](mailto:zhangbao5@mail.sysu.edu.cn)