# Optimization Midterm

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### 1 Requirement

Based on small datasets abalone, bodyfat and housing, training a ridge regression model with algorithms Gradient Descent, Conjugate Descent, and quasi-Newton method respectively.

Requirements:

- 1. Implement algorithms (Gradient Descent, Conjugate Descent, and quasi-Newton method) using C/C++ programming language.
- 2. In this answer sheet, please briefly introduce
  - (a) The ridge regression;
  - (b) The training algorithms that you implement;
  - (c) Experimental settings;
  - (d) Experimental results.

Please illustrate with diagrams, the Mean Squared Error of different algorithms at each iteration, and analyze the results in light of what you have learned in this course.

3. Compress the pdf file of this answer sheet and the C/C++ program into a zip file, and submit it.

Remark. Datasets can be downloaded from link.

## 2 Introduction to Ridge Regression

Suppose that we have input vector  $\boldsymbol{x} = (x_1, x_2, \dots, x_p)^{\top}$  and want to predict a real-valued output y. The linear regression model has the from

$$f(\boldsymbol{x}) = \beta + \sum_{j=1}^{p} x_j w_j = \langle \boldsymbol{w}, \boldsymbol{x}' \rangle,$$
 (2.1)

in which  $\boldsymbol{w} = (\beta, w_1, \dots, w_p)^{\top} \in \mathbb{R}^{p+1}$  and  $\boldsymbol{x}' = (1, x_1, \dots, x_p)^{\top} \in \mathbb{R}^{p+1}$ . The linear model either assumes that the regression function is linear, or that the linear model is reasonable approximation. Here  $\boldsymbol{w}$  is unknown parameter vector.

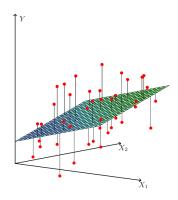


Figure 1: Linear model fitting with  $x \in \mathbb{R}^2$ .

Based on Ordinary Least Squares Method mentioned in Appendix 4.1, we can obtain

$$\hat{\boldsymbol{w}}_{\text{OLS}} = (\boldsymbol{X}^{\top} \boldsymbol{X})^{-1} \boldsymbol{X}^{\top} \boldsymbol{y}. \tag{2.2}$$

However, according to Eq (2.2),  $\hat{\boldsymbol{w}}_{\text{OLS}}$  depends on  $\boldsymbol{X}^{\top}\boldsymbol{X}$ . In some cases,  $\boldsymbol{X}^{\top}\boldsymbol{X}$  may be singular or nearly singular. When there are many correlated variables in a linear regression model, their coefficients can become poorly determined and exhibit high variance. In those cases, we call  $\boldsymbol{X}$  ill-conditioned. Small changes to elements of  $\boldsymbol{X}$  will lead to large changes in  $\boldsymbol{X}^{\top}\boldsymbol{X}$ . In addition,  $\hat{\boldsymbol{w}}_{\text{OLS}}$  may provide a good fit to the training data, but it will not fit sufficiently well to the test data.

In order to alleviate this problem, we introduce *ridge regression*. Ridge regression shrinks the regression coefficients by imposing a penalty on their size. The ridge coefficients minimize a penalized residual sum of squares,

$$\hat{\boldsymbol{w}}_{\text{ridge}} = \underset{\boldsymbol{w}}{\text{arg min}} \left\{ \sum_{i=1}^{N} \left( y_i - \beta - \sum_{j=1}^{p} x_{ij} w_j \right)^2 + \lambda \sum_{j=1}^{p} w_j^2 \right\}.$$
(2.3)

Here  $\lambda \geq 0$  is a *complexity parameter* that controls the amount of shrinkage.

Rewriting the criterion in Eq (2.3) in matrix form, we can obtain

$$RSS = (\boldsymbol{y} - \boldsymbol{X}\boldsymbol{w})^{\top}(\boldsymbol{y} - \boldsymbol{X}\boldsymbol{w}) + \lambda \boldsymbol{w}^{\top}\boldsymbol{w}, \tag{2.4}$$

and

$$\frac{\partial RSS}{\partial \boldsymbol{w}} = -2\boldsymbol{X}^{\top}(\boldsymbol{y} - \boldsymbol{X}\boldsymbol{w}) + 2\lambda \boldsymbol{w} 
\frac{\partial^{2}RSS}{\partial \boldsymbol{w}\partial \boldsymbol{w}^{\top}} = 2\boldsymbol{X}^{\top}\boldsymbol{X} + 2\lambda \boldsymbol{I}.$$
(2.5)

Let the first derivative in Eq (2.5) be zero, then the ridge regression solution can be expressed as

$$\hat{\boldsymbol{w}}_{\text{ridge}} = \left(\boldsymbol{X}^T \boldsymbol{X} + \lambda \boldsymbol{I}\right)^{-1} \boldsymbol{X}^\top \boldsymbol{y}, \tag{2.6}$$

where I is the  $(p+1) \times (p+1)$  identity matrix. The solution adds a positive constant to the diagonal of  $X^{\top}X$  before inversion, which makes this problem nonsigular, even if  $X^{\top}X$  is not of full rank.

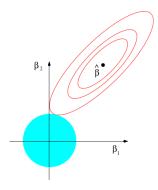


Figure 2: Estimation picture for ridge regression.

### 3 Optimization Algorithms

#### 3.1 Gradient Method

Gradient Method is one of the most common optimization algorithm in many applications, for instance, Deep Learning and so on. Just as its name, the *antigradient* is choosen to be the search direction of the Gradient Method, since its the locally steepest descent of a differentiable function.

The general algorithm form of Gradient Method is as Algorithm. 1

```
Algorithm 1: Gradient Method
```

```
Input : Objective function f(x), gradient function g(x) = \nabla f(x) and accuracy \varepsilon.

Output: Local minimum of f(x): x^*.

Initialization: Set k = 0 and initialize x_0 \in \mathbb{R}^n.

while True do

Calculate gradient g_k = g(x^{(k)}).

if ||g_k|| < \varepsilon then

Stop iteration and Let x^* = x_k.

else

Let x_{k+1} = x_k - h_k g_k

end

k = k + 1

end
```

#### 3.2 Conjugate Gradient Method

Conjugate gradient methods was initially developed for minimizing quadratic functions. Consider the problem

$$\min_{\boldsymbol{x} \in \mathbb{R}^n} f(\boldsymbol{x})$$

with  $f(x) = \alpha + \langle a, x \rangle + \frac{1}{2} \langle Ax, x \rangle$  and  $A = A^{\top} > 0$ . We have known that the solution of this problem is  $x^* = -A^{-1}a$ .

Consider the linear Krylov subspaces

$$\mathcal{L}_k = \text{Lin}\{A(x_0 - x^*), \dots, A^k(x_0 - x^*)\}, \quad k \ge 1,$$

where  $A^k$  is the k-th power of matrix A. A sequence of points  $\{x_k\}$  is generated in accordance with the following rule:

$$\boldsymbol{x}_k = \arg\min\{f(\boldsymbol{x}) \mid \boldsymbol{x} \in \boldsymbol{x}_0 + \mathcal{L}_k\}, \quad k \geq 1.$$

For any  $k \geq 1$  we have  $\mathscr{L}_k = \operatorname{Lin}\{\nabla f(\boldsymbol{x}_0), \dots, \nabla f(\boldsymbol{x}_{k-1})\}$ . Here we define  $\boldsymbol{\delta}_i = \boldsymbol{x}_{i+1} - \boldsymbol{x}_i$ , and it is also clear that  $\mathscr{L}_k = \operatorname{Lin}\{\boldsymbol{\delta}_0, \dots, \boldsymbol{\delta}_{k-1}\}$ . From this we can derive the algorithm form of Conjugate Gradient Method as Algorithm. 2.

#### Algorithm 2: Conjugate Gradient Method

```
Input: Objective function f(\boldsymbol{x}) and accuracy \varepsilon. Output: Local minimum of f(\boldsymbol{x}): \boldsymbol{x}^*. Initialization: Set k=0, and initialize \boldsymbol{x}_0 \in \mathbb{R}^n. Compute f(\boldsymbol{x}_0) and \nabla f(\boldsymbol{x}_0) and set \boldsymbol{p}_0 = \nabla f(\boldsymbol{x}_0). while True do

if \|\nabla f(\boldsymbol{x}_k)\| < \varepsilon then

| Stop iteration and Let \boldsymbol{x}^* = \boldsymbol{x}_k.

else

| Let \boldsymbol{x}_{k+1} = \boldsymbol{x}_k - h_k \boldsymbol{p}_k.

| Compute f(\boldsymbol{x}_{k+1}) and \nabla f(\boldsymbol{x}_{k+1}).

| Compute coefficient \beta_k.

| Define \boldsymbol{p}_{k+1} = \nabla f(\boldsymbol{x}_{k+1}) - \beta_k \boldsymbol{p}_k.

end

| k = k+1
```

There exist many different formulas for the coefficient  $\beta_k$ . There are three most popular expressions.

1. Dai-Yuan:

$$\beta_k = \frac{\left\|\nabla f(\boldsymbol{x}_{k+1})\right\|^2}{\left\langle\nabla f(\boldsymbol{x}_{k+1}) - \nabla f(\boldsymbol{x}_k), \boldsymbol{p}_k\right\rangle}$$

2. Fletcher–Rieves:

$$eta_k = -rac{\left\| 
abla f(oldsymbol{x}_{k+1}) 
ight\|^2}{\left\| 
abla f(oldsymbol{x}_k) 
ight\|^2}$$

3. Polak-Ribbiere:

$$\beta_k = -\frac{\left\langle \nabla f(\boldsymbol{x}_{k+1}), \nabla f(\boldsymbol{x}_{k+1}) - \nabla f(\boldsymbol{x}_k) \right\rangle}{\left\| \nabla f(\boldsymbol{x}_k) \right\|^2}$$

#### 3.3 Quasi-Newton Method

Quasi-Newton Method, which is also called *variable metirc method*, is an alternative of Newton's Method. The Newton's Method requires Hessian matrix when finding the local minima. Nonetheless, it may be too expensive to calculate Hessian matrix each iteration. In contrast, quasi-Newton methods can achieve similar performance even when the Hessian matrix is unavailable.

For Newton's Method, it follows the following equation to finding the local minima:

$$\boldsymbol{x}_{k+1} = \boldsymbol{x}_k - [\nabla^2 f(\boldsymbol{x})]^{-1} \nabla f(\boldsymbol{x}).$$

Since the Hessian matrix is unavailable in some cases, the quasi-Newton methods follow the following equation to finding the local minima:

$$\boldsymbol{x}_{k+1} = \boldsymbol{x}_k - h_k \boldsymbol{H}_k \nabla f(\boldsymbol{x}),$$

in which  $\mathbf{H}_k \to [\nabla^2 f(\mathbf{x}^*)]^{-1}$ . If  $\mathbf{H}_{k+1}$  satisfies

$$H_{k+1} = H_{k+1}^{\top} \succ 0$$
 and  $H_{k+1}(\nabla f(x_{k+1}) - \nabla f(x_k)) = x_{k+1} - x_k$ ,

we call it satisfies *quasi-Newton rule*. The general algorithm form of quasi-Newton Method is as Algorithm. 3.

#### Algorithm 3: quasi-Newton Method **Input**: Objective function f(x) and accuracy $\varepsilon$ . Output: Local minimum of f(x): $x^*$ . **Initialization**: Set k = 0, $H_0 = I_n$ , and initialize $x_0 \in \mathbb{R}^n$ . Compute $f(\mathbf{x}_0)$ and $\nabla f(\mathbf{x}_0)$ . while True do Calculate gradient $p_k = H_k \nabla f(x_k)$ . if $\|\nabla f(\boldsymbol{x}_k)\| < \varepsilon$ then Stop iteration and Let $x^* = x_k$ . else Let $\boldsymbol{x}_{k+1} = \boldsymbol{x}_k - h_k \boldsymbol{p}_k$ . Compute $f(\boldsymbol{x}_{k+1})$ and $\nabla f(\boldsymbol{x}_{k+1})$ . Update the matrix $\mathbf{H}_k$ to $\mathbf{H}_{k+1}$ . $\mathbf{end}$ k = k + 1 $\mathbf{end}$

There are several ways to satisfy the quasi-Newton relation. Here we define

$$\Delta H_k = H_{k+1} - H_k$$
,  $\gamma_k = \nabla f(x_{k+1}) - \nabla f(x)_k$ ,  $\delta_k = x_{k+1} - x_k$ .

Then three most popular updating methods are as follows:

1. Rank-one correction scheme:

$$\Delta \boldsymbol{H}_k = \frac{(\boldsymbol{\delta}_k - \boldsymbol{H}_k \boldsymbol{\gamma}_k)(\boldsymbol{\delta}_k - \boldsymbol{H}_k \boldsymbol{\gamma}_k)^\top}{\langle \boldsymbol{\delta}_k - \boldsymbol{H}_k \boldsymbol{\gamma}_k, \boldsymbol{\gamma}_k \rangle}$$

2. Davidon–Fletcher–Powell scheme (DFP):

$$\Delta oldsymbol{H}_k = rac{oldsymbol{\delta}_k oldsymbol{\delta}_k^ op}{\left\langle oldsymbol{\gamma}_k, oldsymbol{\delta}_k 
ight
angle} - rac{oldsymbol{H}_k oldsymbol{\gamma}_k oldsymbol{\gamma}_k^ op oldsymbol{H}_k}{\left\langle oldsymbol{H}_k oldsymbol{\gamma}_k, oldsymbol{\gamma}_k 
ight
angle}$$

3. Broyden–Fletcher–Goldfarb–Shanno scheme (BFGS):

$$\Delta \boldsymbol{H}_{k} = \beta_{k} \frac{\boldsymbol{\delta}_{k} \boldsymbol{\delta}_{k}^{\top}}{\langle \boldsymbol{\gamma}_{k}, \boldsymbol{\delta}_{k} \rangle} - \frac{\boldsymbol{H}_{k} \boldsymbol{\gamma}_{k} \boldsymbol{\delta}_{k}^{\top} + \boldsymbol{\delta}_{k} \boldsymbol{\gamma}_{k}^{\top} \boldsymbol{H}_{k}}{\langle \boldsymbol{\gamma}_{k}, \boldsymbol{\delta}_{k} \rangle}$$

where  $\beta_k = 1 + \langle \boldsymbol{H}_k \boldsymbol{\gamma}_k, \boldsymbol{\gamma}_k \rangle / \langle \boldsymbol{\gamma}_k, \boldsymbol{\delta}_k \rangle$ .

#### 3.4 Step-Length Selection

Gradient Method, Conjugate Gradient Method and Quasi-Newton Method are all the first-order optimization methods, which can be generally expressed as

$$\boldsymbol{x}_{k+1} = \boldsymbol{x}_k + h_k \boldsymbol{p}_k,$$

in which  $p_k$  is the search direction which is related to  $\nabla f(x_k)$  and  $h_k$  is the step size. For the step size, we usually hope it satisfies

$$h_k = \min_h f(\boldsymbol{x}_k + h_k \boldsymbol{p}_k).$$

When the objective function is quadratic, we can derive  $h_k$  analytically.

**Theorem 1.** If f is convex quadratic

$$f(\boldsymbol{x}) = \frac{1}{2} \boldsymbol{x}^{\top} \boldsymbol{Q} \boldsymbol{x} - \boldsymbol{b}^{\top} \boldsymbol{x},$$

Its one-dimensional minimizer along  $x_k + h_k p_k$  is given by

$$h_k = -rac{
abla f(oldsymbol{x}_k)^ op oldsymbol{p}_k}{oldsymbol{p}_k^ op oldsymbol{Q} oldsymbol{p}_k}$$

The proof of Theorem. 1 can be found in Appendix. 4.2.

### 4 Appendix

#### 4.1 Ordinary Least Squares Method

Generally speaking we have a training dataset with training data  $(\boldsymbol{x}_1, y_1), \dots, (\boldsymbol{x}_N, y_N)$  from which we would like to estimate the parameter vector  $\boldsymbol{w}$ , and  $\boldsymbol{x}_i = (x_{i1}, x_{i2}, \dots, x_{ip})^{\top}$ . If we use *Ordinary Least Squares* (OLS) method, we will pick the  $\boldsymbol{w}$  which can minimize the residual sum of squares (RSS)

$$RSS(\boldsymbol{w}) = \sum_{i=1}^{N} (y_i - f(\boldsymbol{x}_i))^2$$

$$= \sum_{i=1}^{N} \left( y_i - \beta - \sum_{j=1}^{p} x_{ij} w_j \right)^2.$$
(4.1)

Denote by  $X \in \mathbb{R}^{N \times (p+1)}$  the matrix with each row an input vector, and similarly, let  $y \in \mathbb{R}^N$  be the output vector in this training dataset. Then we can rewritte Eq (4.1) in as

$$RSS(\boldsymbol{w}) = (\boldsymbol{y} - \boldsymbol{X}\boldsymbol{w})^{\top} (\boldsymbol{y} - \boldsymbol{X}\boldsymbol{w})$$
(4.2)

This is a quadratic function. Differentiating with respect to  $\boldsymbol{w}$  we can get

$$\frac{\partial \text{RSS}}{\partial \boldsymbol{w}} = -2\boldsymbol{X}^{\top}(\boldsymbol{y} - \boldsymbol{X}\boldsymbol{w}) 
\frac{\partial^2 \text{RSS}}{\partial \boldsymbol{w} \partial \boldsymbol{w}^{\top}} = 2\boldsymbol{X}^{\top} \boldsymbol{X}.$$
(4.3)

Suppose that X has full column rank. Therefore,  $X^{\top}X$  is positive definite. We can set the first derivative to 0

$$\boldsymbol{X}^{\top}(\boldsymbol{y} - \boldsymbol{X}\boldsymbol{\beta}) = 0 \tag{4.4}$$

to get the unique solution

$$\hat{\boldsymbol{w}}_{\text{OLS}} = (\boldsymbol{X}^{\top} \boldsymbol{X})^{-1} \boldsymbol{X}^{\top} \boldsymbol{y}. \tag{4.5}$$

#### 4.2 Proof of Theorems

Proof of Theorem. 1. For  $f(x) = \frac{1}{2}x^{\top}Qx - b^{\top}x$ ,

$$f(\boldsymbol{x} + h\boldsymbol{p}_k) = \frac{1}{2}(\boldsymbol{x} + h\boldsymbol{p}_k)^{\top}\boldsymbol{Q}(\boldsymbol{x} + h\boldsymbol{p}_k) - \boldsymbol{b}^{\top}(\boldsymbol{x} + h\boldsymbol{p}_k)$$

with respect to h, and setting the derivative to zero, we obtain

$$h = -rac{
abla f(oldsymbol{x}_k)^{ op} oldsymbol{p}_k}{oldsymbol{p}_k^{ op} oldsymbol{Q} oldsymbol{p}_k}.$$

Therefore we get the one-dimensional minimizer along  $x_k + hp_k$ .