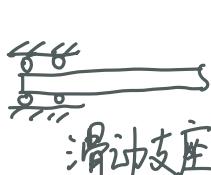
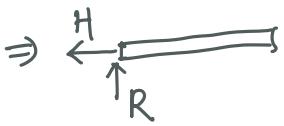
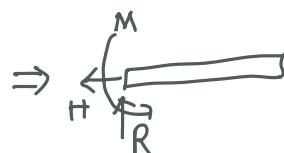
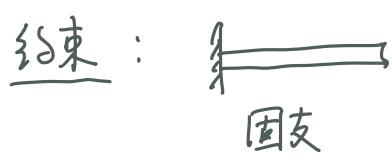


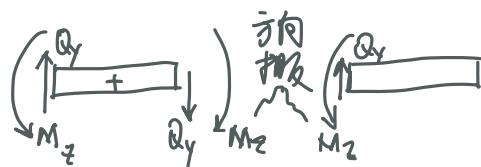
## §4.1 剪力 & 弯矩

首先我们确定一下关于  $Q$  及  $M$  的符号约定. (方便讨论后续问题)

坐标系:

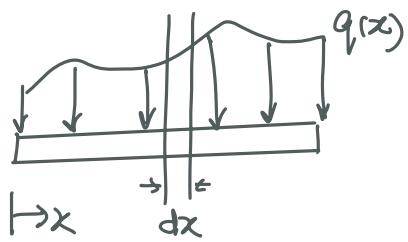


正方向:



确保同一截面, 沿  $\pm x$  的内力符号统一.

## 外力、剪力、弯矩的微分关系(平衡方程)



$$\begin{aligned}
 & \text{Diagram shows a beam element of length } dx. \text{ At position } x, \text{ the reaction force } Q(x) \text{ acts upwards. At position } x+dx, \text{ the reaction force } Q(x+dx) \text{ acts downwards.} \\
 & \text{The bending moment } M(x) \text{ at position } x \text{ increases by } \frac{dM}{dx} dx \text{ to become } M(x+dx) \text{ at position } x+dx. \\
 & \text{The differential equation of equilibrium:} \\
 & M(x+dx) = M(x) + \frac{dM}{dx} dx + O(dx^2) \\
 & = Q(x) + \frac{dQ}{dx} dx + O(dx^2)
 \end{aligned}$$

$$\sum F_y = -Q(x) + \left[ Q(x) + \frac{dQ}{dx} dx + O(dx^2) \right] + q(x) dx + O(dx^2) = 0$$

*q 在  $dx$  内的变化*

$$\lim_{dx \rightarrow 0} \rightarrow \boxed{\frac{dQ}{dx} = -q(x)}$$

$$\begin{aligned}
 \sum M_z = -M(x) + M(x) + \frac{dM}{dx} dx + O(dx^2) + \left[ Q(x) + \frac{dQ}{dx} dx + O(dx^2) \right] \cdot dx \\
 + q(x) \cdot dx \cdot \frac{1}{2} dx + O(dx^3) = 0
 \end{aligned}$$

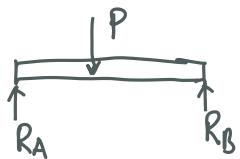
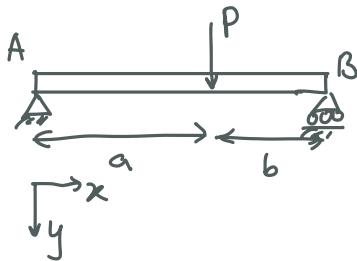
$$\lim_{dx \rightarrow 0} \rightarrow \boxed{\frac{dM}{dx} = -Q(x) \quad \text{或} \quad \frac{d^2M}{dx^2} = q(x)}$$

有时存在集中力和集中力矩，此时  $Q$ ,  $M$  可能会发生“间断”或“跳跃”。例如：

$$\begin{aligned}
 & \text{Diagram shows a beam element of length } dx \rightarrow 0. \text{ At position } x, \text{ there is a jump in reaction force } P_0 \text{ and a jump in bending moment } M_0. \\
 & \text{The differential equations of equilibrium:} \\
 & \sum F_y = 0 \rightarrow V^+ - V^- = -P_0 + \left( \text{H.O.T.} \xrightarrow{q} \right) \\
 & \sum M_z = 0 \rightarrow M^+ - M^- = -M_0 + \left( \text{H.O.T.} \xrightarrow{q, V} \right)
 \end{aligned}$$

这些微分关系和跳跃关系是准确确定梁中剪力和弯矩的分布情况！

## 例1 简支梁 (-端固定铰支, 另一端可动铰支)



$$\begin{aligned}\sum F_y &= R_A + R_B - P = 0 \\ \sum M_A &= P \cdot a - (a+b) R_B = 0\end{aligned} \rightarrow \begin{aligned}R_A &= \frac{b}{l}P \\ R_B &= \frac{a}{l}P.\end{aligned}$$

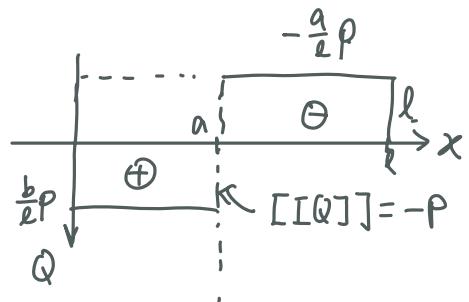


$$Q(x=0) = \frac{b}{l}P, \quad Q(x=l) = -\frac{a}{l}P$$

$$M(x=0) = 0, \quad M(x=l) = 0$$

在  $0 \leq x < a$  段,  $\frac{dQ}{dx} = 0 \rightarrow Q = \frac{b}{l}P$ .

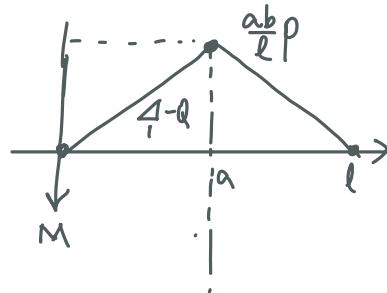
$$\frac{dM}{dx} = -Q \rightarrow M = \frac{b}{l}Px$$



在  $a < x \leq l$  段,  $\frac{dQ}{dx} = 0 \rightarrow Q = -\frac{a}{l}P$

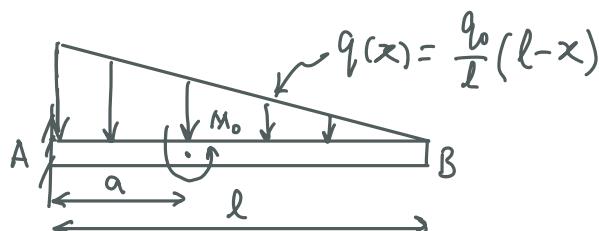
$$\frac{dM}{dx} = Q \rightarrow M = \frac{a}{l}P(l-x)$$

满足  $M(l) = 0$

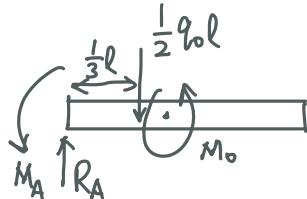


$$\text{Check: } M(a^+) = \frac{a}{l}P(l-a) = \frac{ab}{l}P \checkmark$$

## 例2 悬臂梁 (-端固支, 另一端自由)



求約束反力可等价



$$\sum F_y = -R_A + \frac{1}{2}q_0 l = 0 \rightarrow R_A = \frac{1}{2}q_0 l$$

$$\sum M_A = -M_A + \frac{1}{6}q_0 l^2 - M_0 = 0 \rightarrow M_A = -M_0 + \frac{1}{6}q_0 l^2$$

$$\rightarrow Q(0) = \frac{1}{2}q_0 l, V(l) = 0$$

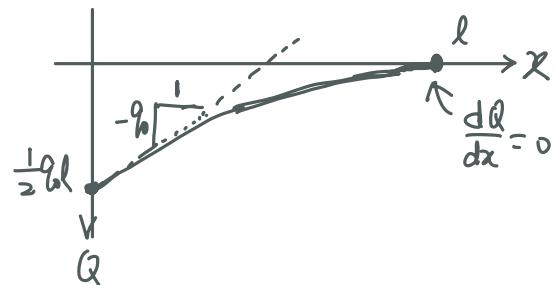
$$M(0) = -M_0 + \frac{1}{6}q_0 l^2, M(l) = 0 \quad (\text{注意 } M(a^+) - M(a^-) = M_0)$$

$$M^- \left( \begin{array}{c} \text{---} \\ \text{---} \end{array} \right) M^+$$

•  $Q(x)$  连续光滑

$$\frac{dQ}{dx} = -\frac{q_0}{l}(l-x), \quad 0 \leq x \leq l$$

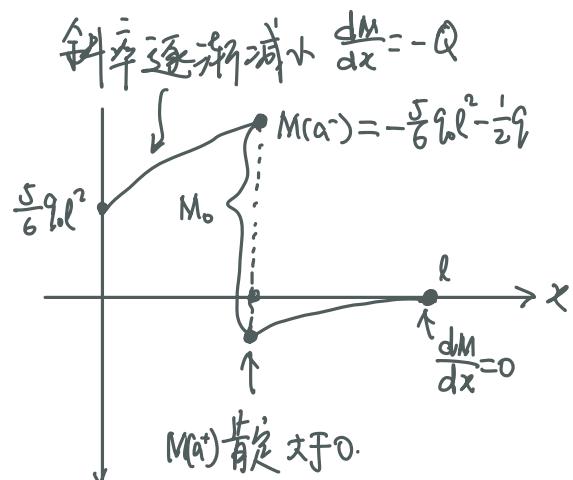
$$\rightarrow Q(x) = \underbrace{\frac{1}{2}q_0 l - q_0 x}_{Q(0)} + \frac{q_0}{2l}x^2$$



•  $M(x)$  存在跳跃点 (让  $M_0 = q_0 l^2$ )

$$0 \leq x < a \quad \frac{dM}{dx} = -\frac{1}{2}q_0 l + q_0 x - \frac{1}{2}q_0 \frac{x^2}{l}$$

$$M(x) = \underbrace{-M_0 + \frac{1}{6}q_0 l^2}_{-\frac{5}{6}q_0 l^2} - \frac{1}{2}q_0 l x + \frac{1}{2}q_0 x^2 - \frac{1}{6}q_0 \frac{x^3}{l}$$



$$a < x \leq l \quad \frac{dM}{dx} = -\frac{1}{2}q_0 l + q_0 x - \frac{1}{2}q_0 \frac{x^2}{l}$$

$$M(x) = -\frac{1}{2}q_0 l x + \frac{1}{2}q_0 x^2 - \frac{1}{6}q_0 \frac{x^3}{l} + \underbrace{\frac{1}{6}q_0 l^2}_{\text{使得 } M(l)=0}$$

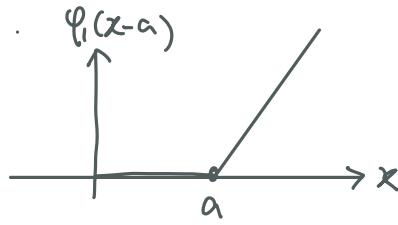
$$\text{Check: } M(a^+) - M(a^-) = q_0 l^2 \quad \checkmark$$

使得  $M(l)=0$

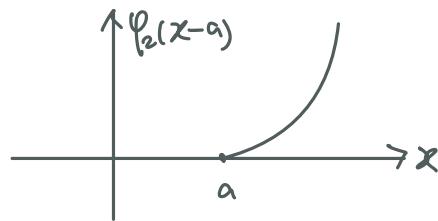
如何统一的解答  $\frac{dM}{dx} = q(x)$ ? - 特殊函数.

## 特殊函数 (Half-range / discontinuity functions)

定义  $\varphi_1(x-a) = \begin{cases} 0, & x < a \\ x-a, & x > a \end{cases}$



$$\varphi_2(x-a) = \begin{cases} 0, & x < a \\ \frac{1}{2}(x-a)^2, & x > a \end{cases}$$



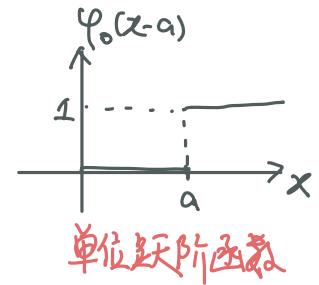
显然:  $\int_0^x \varphi_1 dx = \varphi_2$  或  $\frac{d\varphi_2}{dx} = \varphi_1$

同样, 我们可以定义  $\varphi_n(x-a) = \begin{cases} 0, & x < a \\ \frac{1}{n!}(x-a)^n, & x > a \end{cases}, n=1, 2, 3, \dots$

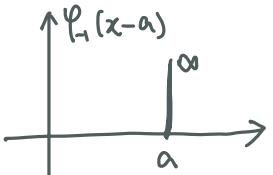
其具有性质:  $\int_0^x \varphi_{n-1} dx = \varphi_n$  或  $\frac{d\varphi_n}{dx} = \varphi_{n-1}$

如何定义  $\varphi_0(x-a)$ ?  $\varphi_0(x-a) = \frac{d\varphi_1(x-a)}{dx} = \begin{cases} 0, & x < a \\ 1, & x > a \end{cases}$

•  $\int_0^x \varphi_0(x-a) dx = \begin{cases} 0, & x < a \\ x-a, & x > a \end{cases} = \varphi_1(x-a)$



同样地, 我们定义  $\varphi_{-1}(x-a) = \frac{d\varphi_0(x-a)}{dx} = \begin{cases} 0, & x \neq a \\ \infty, & x=a \end{cases} = \delta(x-a)$



•  $\int_{a-\epsilon}^{a+\epsilon} \varphi_{-1}(x-a) dx = \int_{a-\epsilon}^{a+\epsilon} \frac{d\varphi_0(x-a)}{dx} \cdot dx = \varphi_0(x-a) \Big|_{a-\epsilon}^{a+\epsilon} = 1 \text{ for } \forall \epsilon > 0$

•  $\int_0^x \varphi_{-1}(x-a) dx = \begin{cases} 0, & x < a \\ 1, & x > a \end{cases} = \varphi_0(x-a)$

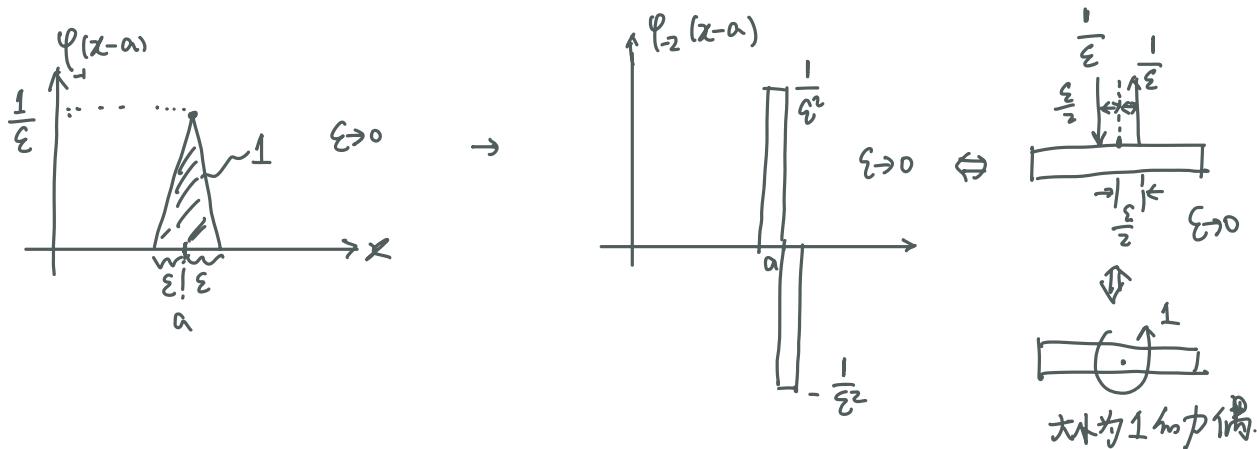
•  $\varphi_{-1}$  可用于表示集中力  $q(x) = P \varphi_{-1}(x-x_i)$

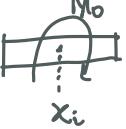
Check: ①  $\int_{x_i-\varepsilon}^{x_i+\varepsilon} q(x) dx = P \quad \checkmark \quad$  分布力在无限小区域积分恒为 P

$$\textcircled{2} \quad \frac{dQ}{dx} = -q = -P\varphi_1(x-x_i) \rightarrow Q = -P\varphi_0(x-x_i) + C_1 \rightarrow Q(x_i^+) - Q(x_i^-) = -P \quad \checkmark$$

最后-1步数定义  $\varphi_2(x-a) = \frac{d\varphi_1(x-a)}{dx}$  (也就是  $\delta'(x-a)$ )，使得  $\int_0^x \varphi_2(x-a) dx = \varphi_1(x-a)$

首先可以将  $\varphi_1(x-a)$  理解为



Check:   $q = -M_0 \varphi_2(x-x_i)$

$$Q = \int_0^x q dx = +M_0 \varphi_1(x-x_i) = \begin{cases} 0 & x \neq x_i \\ \infty & x = x_i \end{cases} \quad \checkmark \quad \text{并无实际意义}$$

$$M = \int_0^x Q dx = -M_0 \varphi_0(x-x_i) = \begin{cases} 0 & x < x_i \\ -M_0 & x > x_i \end{cases}$$

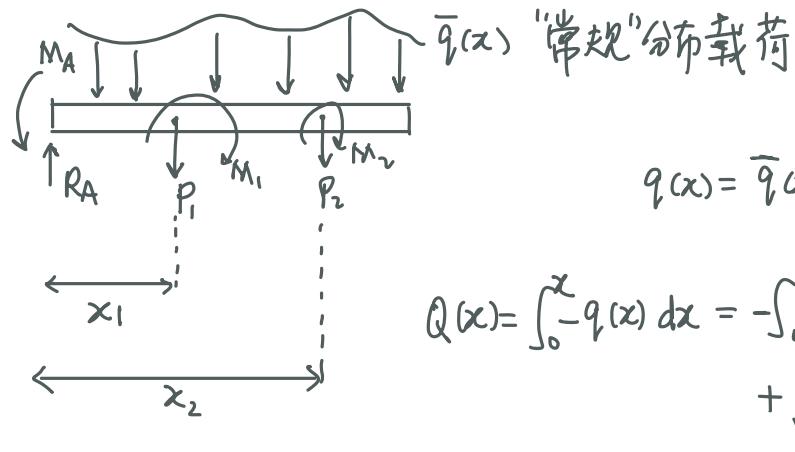
$$M(x_i^+) - M(x_i^-) = -M_0 \quad \checkmark$$

总结: ① 对所有  $\varphi_n(x-a)$ ,  $\int_0^x \varphi_n(x-a) dx = \varphi_{n+1}$ ,  $n=-2, -1, 0, 1, \dots$

② 集中力 P 的分布力形式为  $q(x) = P \varphi_1(x-x_i) = P \delta(x-x_i)$

集中力偶 M\_0(2) 的分布力  $q(x) = -M_0 \varphi_2(x-x_i) = -M_0 \delta'(x-x_i)$

$$\textcircled{3} \quad \varphi_n(x-a) = \begin{cases} 0, & x < a \\ \frac{1}{n!}(x-a)^n, & x > 0 \end{cases}, \quad n=0, 1, 2, \dots$$

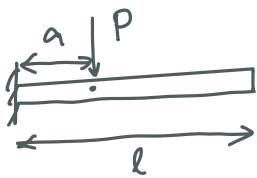


$$q(x) = \bar{q}(x) + \sum_i P_i \varphi_1(x-x_i) - \sum_i M_i \varphi_2(x-x_i)$$

$$\begin{aligned} Q(x) &= \int_0^x \bar{q}(x) dx = -\int_0^x \bar{q}(x) dx - \sum_i P_i \varphi_0(x-x_i) + \sum_i M_i \varphi_1(x-x_i) \\ &\quad + \frac{Q(0)}{R_A} \end{aligned}$$

$$M(x) = \int_0^x Q(x) dx = \int_0^x \left( \int_0^x \bar{q}(x) dx \right) dx + \sum_i P_i \varphi_1(x-x_i) - \sum_i M_i \varphi_0(x-x_i)$$

$$- \frac{Q(0)}{R_A} x + \frac{M(0)}{M_A}$$

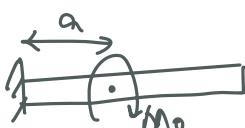
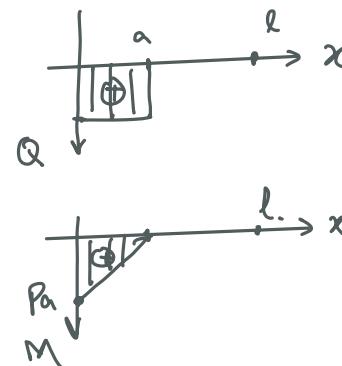


$\bar{q}(x) \equiv 0$ , 由立即得出

$$Q(x) = P - P \varphi_0(x-a)$$

$$R_A = P$$

$$M_A = Pa$$

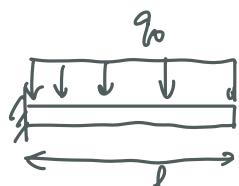


$$Q(x) = 0$$

$$M(x) = M_0 - M_0 \varphi_0(x-a)$$

$$R_A = 0$$

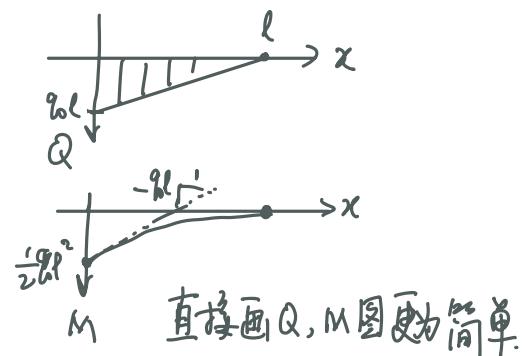
$$M_A = M_0$$



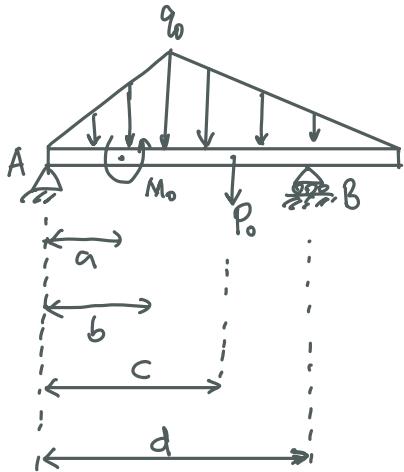
$$Q(x) = q_0 l - q_0 x$$

$$M(x) = \frac{1}{2} q_0 l^2 - q_0 l x - \frac{1}{2} q_0 x^2$$

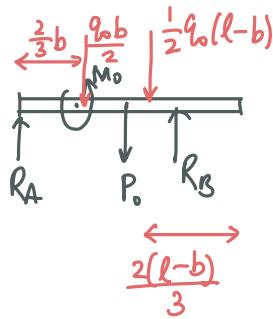
$$R_A = q_0 l, M_A = \frac{1}{2} q_0 l^2$$



例3 复杂载荷时，公式更为方便。



首先确定约束反力



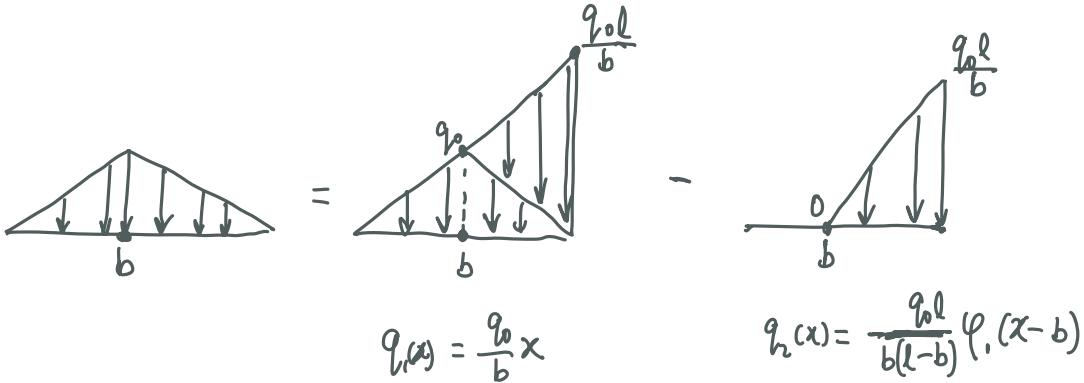
$$\sum F_y = -R_A - R_B + P_0 + \frac{q_0 b}{2} + \frac{q_0}{2}(l-b) = -R_A - R_B + P_0 + \frac{1}{2}q_0 l = 0$$

$$\sum M_A = M_0 - \frac{1}{3}q_0 b^2 - P_0 c - \frac{l+2b}{3} \cdot \frac{1}{2}q_0(l-b) + R_B \cdot d = 0$$

$$\rightarrow R_B = -\frac{M_0}{d} + \frac{P_0 c}{d} + \frac{1}{6} \frac{q_0 l^2}{d} + \frac{1}{6} \frac{q_0 l b}{d}$$

$$\rightarrow R_A = -R_B + P_0 + \frac{1}{2}q_0 l$$

然后确定  $q(x)$ 。



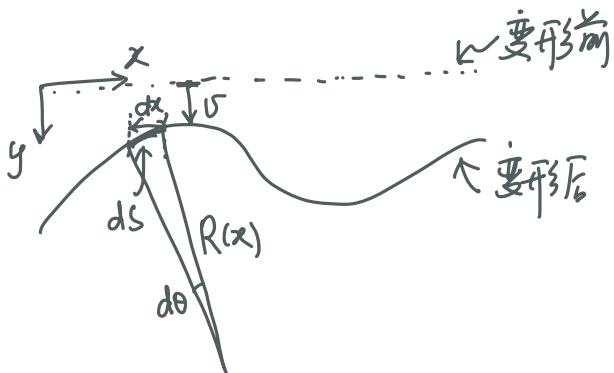
$$\Rightarrow q(x) = \frac{q_0}{b}x - \frac{q_0 l}{b(l-b)} \varphi_1(x-b) + M_0 \varphi_2(x-a) + P_0 \varphi_1(x-c) - R_B \varphi_1(x-d)$$

$$Q(x) = -\frac{q_0}{2b}x^2 + \frac{q_0 l}{b(l-b)} \varphi_2(x-b) - M_0 \varphi_1(x-a) - P_0 \varphi_1(x-c) + R_B \varphi_1(x-d) + R_A$$

$$M(x) = \frac{q_0}{6b}x^3 - \frac{q_0 l}{b(l-b)} \varphi_3(x-b) + M_0 \varphi_2(x-a) + P_0 \varphi_1(x-c) - R_B \varphi_1(x-d) + R_A x + M_A$$

## §4.2. 弯曲正应力

现在，我们讨论弯曲问题的几何。—如何刻画弯曲变形？



$v$ : 向下 (+y) 的位移 /挠度

$R$ : 变形的曲率半径 (曲率)

$dx$ : 微元长度 (变形前)

$ds$ : 微元弧长 (变形后)

$d\theta$ : 由  $ds$  扫过的角度

$$ds = R d\theta \quad \text{或} \quad \underbrace{\frac{1}{R}}_{\text{曲率}} = \frac{d\theta}{ds}$$

下章讨论  $\theta, v, K$  之间的关系，这里先认为  $v, \theta$  都很小， $ds \approx dx$ ，也就是

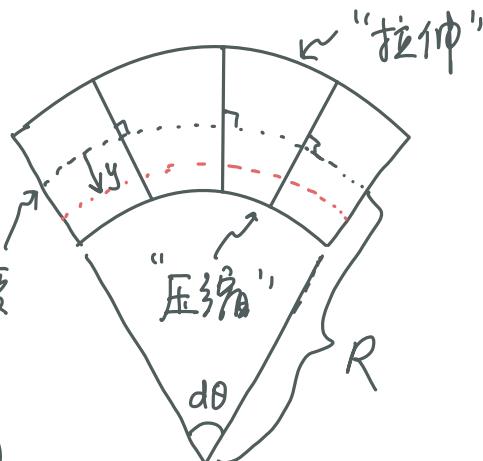
$$\frac{1}{R} \approx \frac{d\theta}{dx}$$

根据观察，采用平截面假设：垂直于轴的平截面在变形后仍为平面，且与轴垂直



→ 变形后

存在一条线不变  
“中性轴”  
(前提: 轴力为 0)



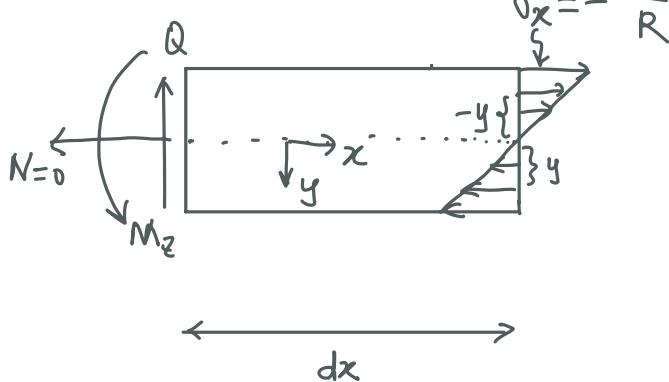
· 中性轴:  $R \cdot d\theta = dx$  (长度不变)

· 距中性轴  $y_m$  线应变:  $\epsilon_x(y) = \frac{(R-y)d\theta - dx}{dx} = -\frac{y d\theta}{dx} = -\frac{y}{R}$

· 胡克定理:  $\sigma_x(y) = E\epsilon_x = -\frac{Ey}{R}$

↑ 负号的根源在于正的弯矩/曲率方向约定, 以及  $\vec{y}^x$  坐标

· 平衡关系:



$$\sum F_x = \int_A \sigma_x dA = -\frac{E}{R} \int_A y dA = 0$$

∴ 中性轴 ( $y=0$ ) 建立于形心上.

$$\sum F_y = Q + \int_A C dA = 0$$

↑ 通常不? 下一节再讲

$$\sum M_z = M_z - \int_{A_-} -\frac{Ey}{R} \cdot (-y) dA - \int_{A_+} \frac{Ey}{R} \cdot y dA = 0 \rightarrow$$

$$= \frac{E}{R} \int_A y^2 dA = \frac{E}{R} I_z$$

$$M_z = EI_z \frac{1}{R(x)} = EI_z K(x)$$

Recall:

•  $N = EA \epsilon(x)$  拉压

•  $M_x = GI_p \theta(x)$  扭转

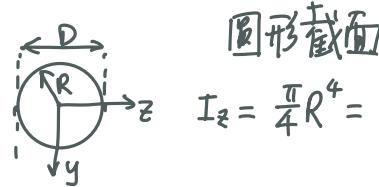
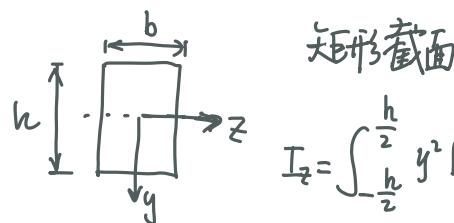
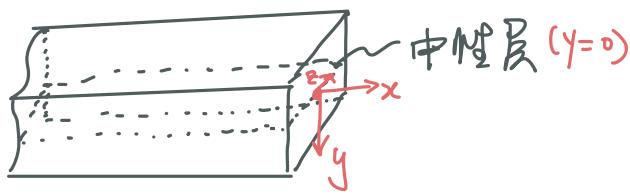
$$\rightarrow \sigma_x = -\frac{M_z y}{I_z}$$

或

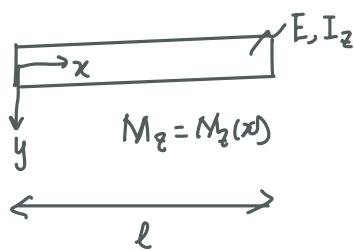
$$\sigma_x(x, y) = -\frac{M_z(x) y}{I_z(x)}$$

Recall:  $C_p(x, \rho) = \frac{M_x \rho}{I_p}$  扭转问题

$$\sigma_x(x) = \frac{N(x)}{A(x)}$$
 拉压问题



## 梁的弯曲变形能

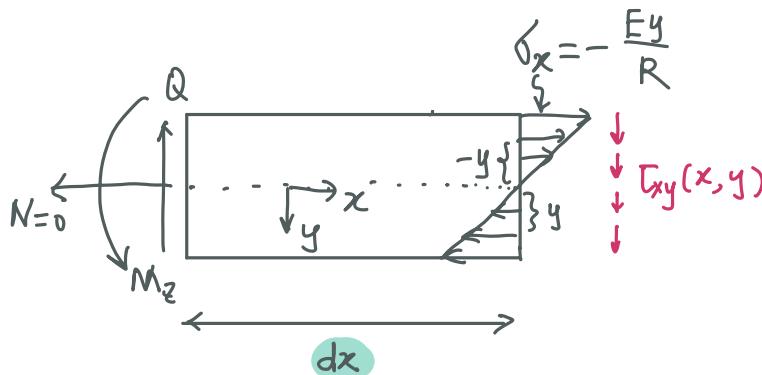


$$\begin{aligned} U &= \int_V \frac{1}{2} \delta_x \varepsilon_x dV = \int_V \frac{1}{2} E \varepsilon_x^2 dV = \int_V \frac{\delta_x^2}{E} dV \quad (\text{单位体积}) \\ &= \int_0^l \int_A \frac{1}{2} \frac{1}{E} \cdot \frac{M_z^2 y^2}{I_z^2} dA dx \\ &= \int_0^l \frac{M_z^2}{2EI_z} \underbrace{\int_A \frac{y^2}{I_z^2} dA}_{=1} dx \\ &= \int_0^l \frac{M_z^2}{2EI_z} dx \end{aligned}$$

Recall :  $U = \int_V \frac{1}{2} \delta_x \varepsilon_x dV = \int_0^l \frac{N^2}{2EA} dx$  挤压问题

$U = \int_V \frac{1}{2} I_p \tau dV = \int_0^l \frac{M_x^2}{2GI_p} dx$  扭转问题

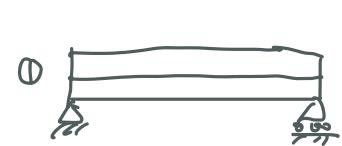
## § 4.3. 弯曲切应力



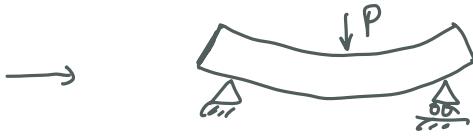
$\sum F_y = 0 \rightarrow Q \neq 0$  时, 存在切应力

$Q = 0$  时,  $T_{xy} = 0$  (将会证明)  $\rightarrow$  纯弯曲

生活经验：



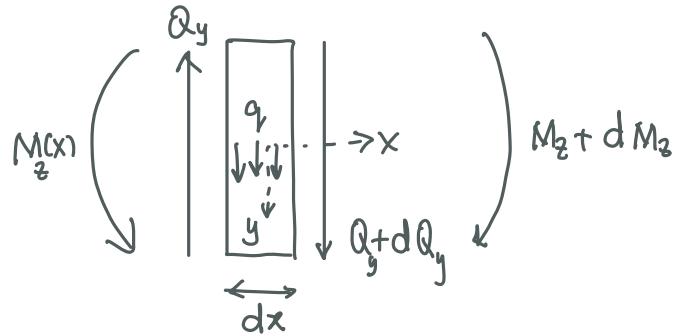
两者刚度不同，Why?



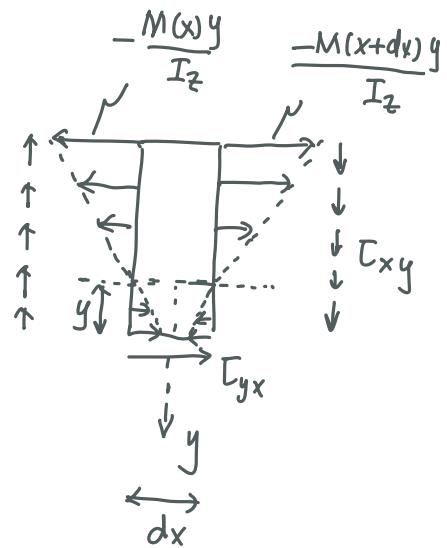
①中的中性面无法承受  
剪切，平截面假设失效！

如何分析截面上的切应力？

我们目前已知： $\frac{dQ_y}{dx} = -q$ ,  $\frac{dM_z}{dx} = -Q$ , 以及  $\sigma_x = -\frac{M_y y}{I_z}$



进一步分析  
Q\_y, M\_z  
no根源  
在y处切开, FBD

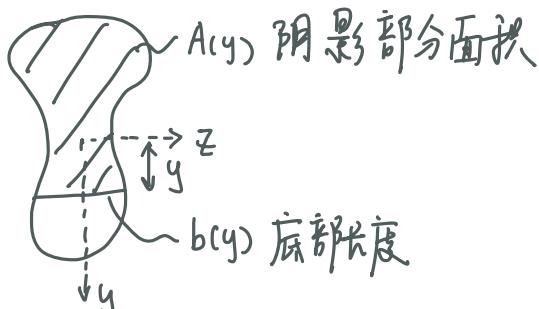


$$\cdot Q_y = \int_A C_{xy} dA \quad (\text{合力})$$

$$\cdot \sum F_x = - \int_{A^*} -\frac{M(x)y}{I_z} dA + \int_{A^*} -\frac{M(x+dx)y}{I_z} dA + [C_{xy}(y) \cdot b(y) \cdot dx] = 0$$

$$dA = dy dz$$

$A^*$ ,  $b(y)$ 是什么？



$S_z^*$ :  $A^*$ 相对于z轴的静矩

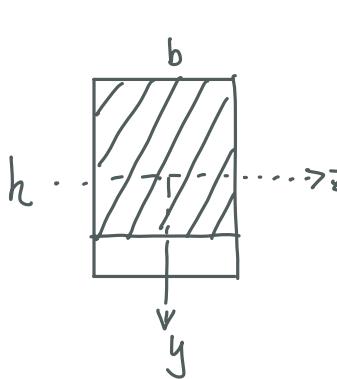
$$\rightarrow [C_{xy}(x,y) b(y) \cdot dx] = \int_{A^*} \frac{M(x+dx) - M(x)}{I_z} y^2 dA = \frac{dM(x)}{I_z} \int_{A^*} y^2 dA$$

$$\text{弯曲切应力: } \tau_{xy}(x, y) = -\frac{Q_y(x) S_z^*(y)}{I_z b(y)}$$

$$\text{或 } \tau_{xy} = -\frac{Q S_z^*}{I_z b} \quad (\text{简化记号}).$$

物理意义?  
z穿过形心

## 矩形截面梁



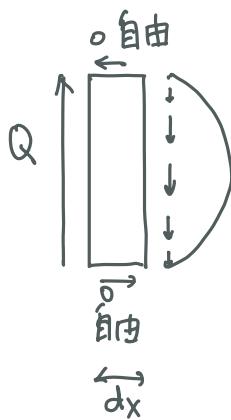
$$b(y) \equiv b$$

$$S_z^*(y) = \int_{-\frac{h}{2}}^y y \cdot b dy = \frac{b}{2} \left( y^2 - \frac{h^2}{4} \right)$$

$$\rightarrow \left| \frac{S_z^*}{b} \right|_{\max} = \frac{1}{2} \left| y^2 - \frac{h^2}{4} \right|_{\max} = \frac{h^2}{8}$$

$$\tau_{\max} = \frac{Q}{\frac{1}{12} h^3 b} \cdot \frac{h^2}{8} = \frac{3}{2} \frac{Q}{h b}$$

$$\tau_{\text{average}} = Q/A ?$$

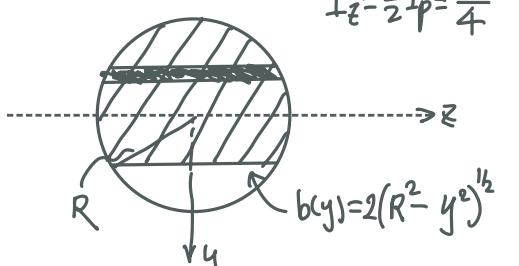


$$\tau_{xy}(y) = -\frac{12Q}{h^3 b^2} \cdot \frac{b}{2} \left( y^2 - \frac{h^2}{4} \right) = \frac{3}{2} \frac{Q}{hb} \left[ 1 - \left( \frac{2y}{h} \right)^2 \right], \quad y \in [-\frac{h}{2}, \frac{h}{2}]$$

$$\tau_{\text{average}} = \frac{1}{A} \int_A \tau_{xy} dA = \frac{1}{hb} \int_{-\frac{h}{2}}^{\frac{h}{2}} \frac{3}{2} \frac{Q}{hb} \left[ 1 - \left( \frac{2y}{h} \right)^2 \right] b dy$$

$$= \frac{3Q}{2h^2 b} \left( y - \frac{4}{3} \frac{y^3}{h^2} \right) \Big|_{-\frac{h}{2}}^{\frac{h}{2}} = \frac{3Q}{2h^2 b} \left( h - \frac{4}{3} \cdot \frac{1}{4} h \right) = \frac{Q}{hb}$$

## 圆形截面梁



$$I_z = \frac{1}{2} I_p = \frac{\pi R^4}{4}$$

$$S_z^* = \int_{-R}^y y \cdot 2\sqrt{R^2 - y^2} dy \stackrel{u=y^2}{=} \int_{R^2}^{y^2} (R^2 - u)^{\frac{1}{2}} du$$

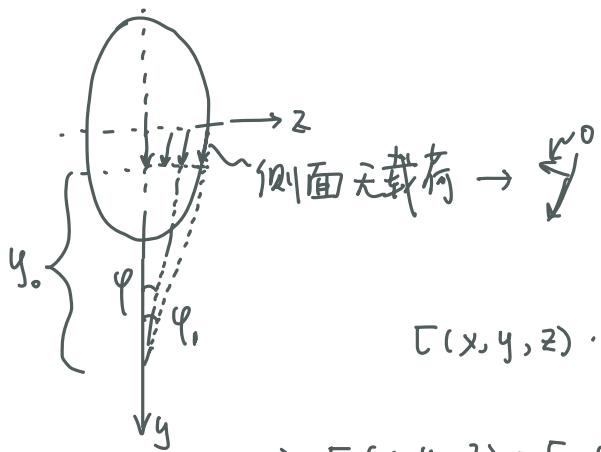
$$= \frac{-2}{3} (R^2 - u)^{\frac{3}{2}} \Big|_{R^2}^{y^2} = -\frac{2}{3} (R^2 - y^2)^{\frac{3}{2}}$$

$$\left| \frac{S_z^*}{b(y)} \right|_{\max} = \frac{1}{3} (R^2 - y^2)_{\max} \xrightarrow{\text{在 } y=0 \text{ 处}} \frac{1}{3} R^2$$

$$\rightarrow T_{\max} = \frac{|Q| \frac{1}{3} R^2}{\frac{\pi}{4} R^4} = \frac{4}{3\pi} \frac{|Q|}{R^2} = \frac{4}{3} \frac{|Q|}{A} = \frac{4}{3} T_{\text{average}}$$

实际上,  $T(x, y) = \frac{-Q(x) S_z^*(y)}{I_z(x) b(y)}$  只是近似, 仅对矩形截面较为适用. Why? 思考以下两个例子。

①椭圆形截面:  $T_{xy}$  实际上是  $T$  在  $y$  方向的投影



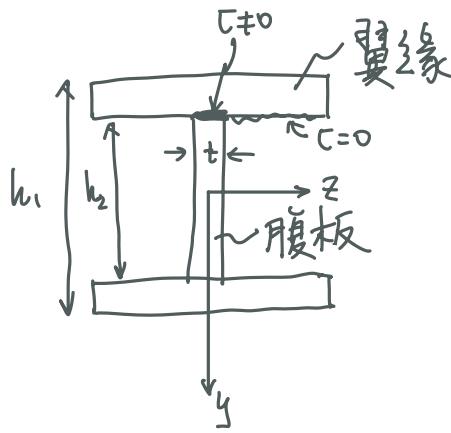
$$\tan \varphi_1 = \frac{b}{2y_0}$$

$$\tan \varphi = \frac{z}{y_0} = \tan \varphi_1 \cdot \frac{2z}{b}$$

$$T(x, y, z) \cdot \cos \varphi = T_{xy}$$

$$\rightarrow T(x, y, z) = T_{xy}(x, y) (1 + \tan^2 \varphi)^{1/2} = T_{xy}(x, y) \left[ 1 + \left( \frac{2z}{b} + \tan \varphi_1 \right)^2 \right]^{1/2}$$

②工字梁:



$$I_z = \frac{1}{12} h_1^3 b - \frac{1}{12} h_2^3 (b-t)$$

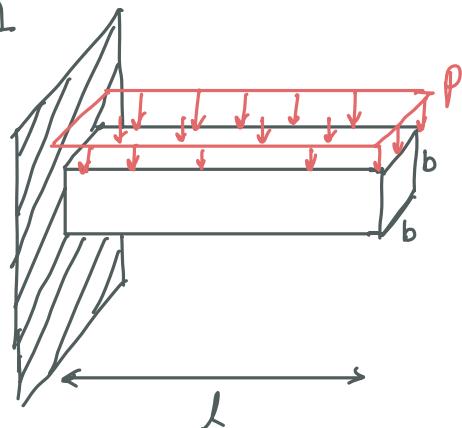
$$T = \frac{Q S_z^*}{I_z b} \quad \text{假设在 } b(y) \text{ 内均匀分布}$$

$$\bullet -\frac{h_1}{2} < y < \frac{1}{2}h_1, \text{ 合理.}$$

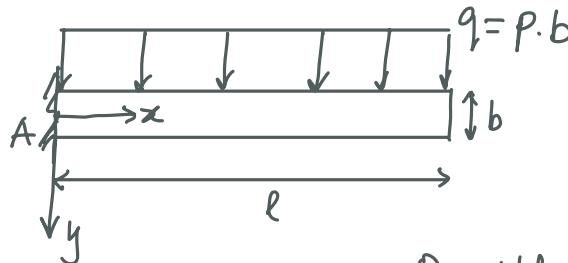
•  $|y| \geq \frac{h_1}{2}$  时, 不合理 (在第七章中进一步讨论).

一般情况下， $\delta_{yy} \neq 0$ ,  $\epsilon_{xy} \neq 0$ , 但我们只考虑了  $\delta_{xx}$  引起的变形 ( $M_z = EI_z K$ ). Why?

例 1.1

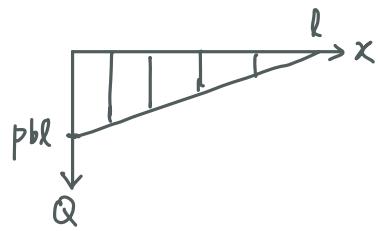


→

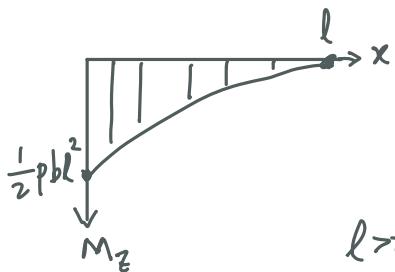


$$Q_A = pbl$$

$$M_A = \frac{1}{2} p b l^2$$



$$|\delta_x|_{\max} = \left| \frac{M_z \cdot y}{I_z} \right|_{\max} = \frac{\frac{1}{2} p b l^2 \cdot \frac{b}{2}}{\frac{1}{12} b^4} = 3p \left( \frac{l}{b} \right)^2$$



$$|\epsilon_{xy}|_{\max} = \left| \frac{Q S_z^*}{I_z} \right|_{\max} = \frac{3}{2} \cdot \frac{p b l}{b^2} = \frac{3}{2} p \left( \frac{l}{b} \right)$$

$$l \gg b \rightarrow$$

$$\boxed{|\delta_x| \sim p \left( \frac{l}{b} \right)^2 \gg |\epsilon_{xy}| \sim p \left( \frac{l}{b} \right) \gg |\delta_y| \sim p}$$

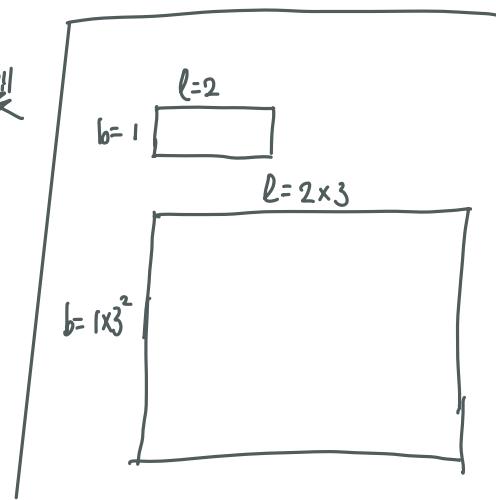
重新考虑勿里略的地狱厚度问题

- 外力:  $\rho g$  (单位体积)  $\rightarrow$   $\underbrace{\rho g b}_{P}$  (单位面积)  $\rightarrow \rho g b^2$  (单位长度)

- 当  $|\delta_x|_{\max} = \delta_0$  时, 梁在重力下在  $x=0, y=-\frac{h}{2}$  处断裂

$$\rightarrow \delta_0 = 3 \cdot \rho g b \cdot \left( \frac{l}{b} \right)^2 = 3 \rho g \frac{l^2}{b}$$

$\therefore$  长度增加  $\lambda$  倍, 厚度需增加  $\lambda^2$  倍 e.g.



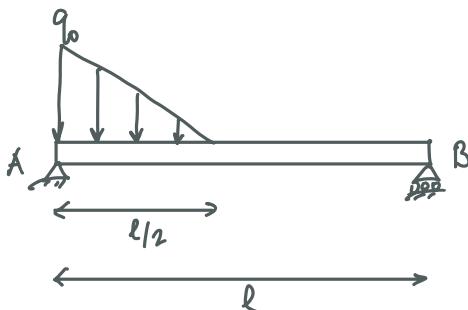
若考虑切应带来的变形，相应的弹性变形能则为

$$U = U_M + U_Q ,$$

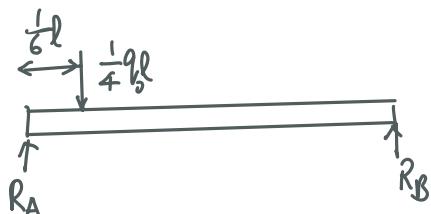
↑      ↑  
正应力    切应力    (两者可解耦  $\sigma \leftrightarrow \tau$ )

$$\frac{U_M}{U_Q} \sim \left(\frac{l}{h}\right)^2 \gg 1 \quad \left\{ \begin{array}{l} U_M = \int_0^l \frac{M^2}{2EI_z} dl . \text{ (上节课内容)} \sim \frac{(ql^2)^2 \cdot l}{Eh^3 b} \sim \frac{q^2 l}{E} \frac{l^4}{h^3 b} \\ U_Q = \int_0^l \underbrace{\left(\frac{Q}{2G}\right)^2}_{\text{Converge}} \cdot \frac{1}{2G} dA dl \sim \int_0^l \frac{Q^2}{2GA} dl \sim \frac{q^2 l^2}{Ehb} l \sim \frac{q^2 l}{E} \frac{l^2}{hb} \end{array} \right.$$

例 2.

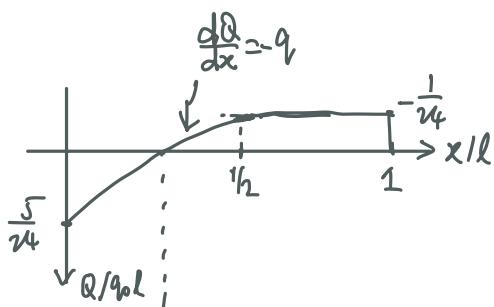


$\sigma_{max}$ ,  $\epsilon_{max}$  及其位置



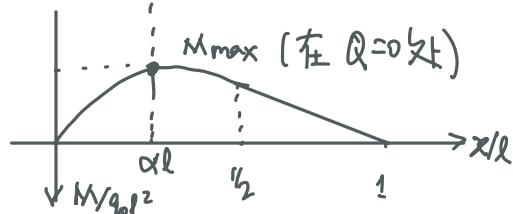
$$R_A + R_B = \frac{1}{2} q_0 l \quad \rightarrow \quad R_A = \frac{5}{24} q_0 l$$

$$R_B \cdot l = \frac{1}{24} q_0 l^2 \quad \rightarrow \quad R_B = \frac{1}{24} q_0 l$$

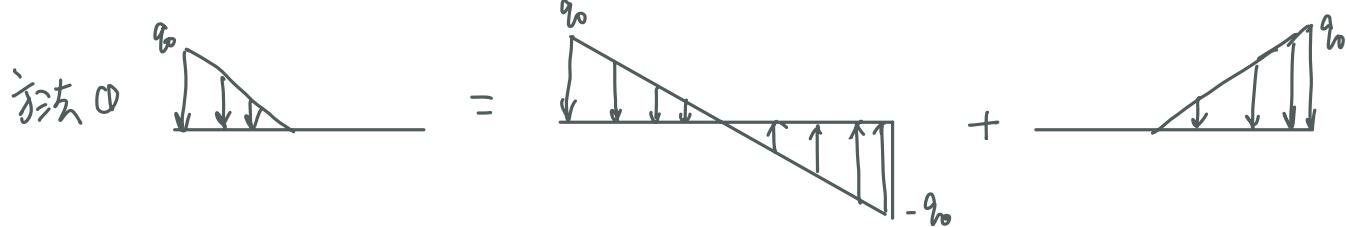


$$|Q|_{max} = \frac{5}{24} q_0 l , \text{ 发生在 } x=0 \text{ 处}$$

$$\epsilon_{max} = \left( \frac{QS}{I_z b} \right)_{max} = \frac{5}{24} q_0 l \times \frac{1}{hb} \times \frac{3}{2} = \frac{5}{16} \frac{q_0 l}{hb}$$



需要求解  $M$  &  $Q$ .



$$q_f(x) = q_0 - 2q_0 \frac{x}{l} + 2\frac{q_0}{l} \varphi_1(x - \frac{1}{2}l)$$

$$Q(x) = -q_0 x + \frac{q_0 x^2}{l} - \frac{2q_0}{l} \varphi_2(x - \frac{1}{2}l) + \frac{5}{24} q_0 l$$

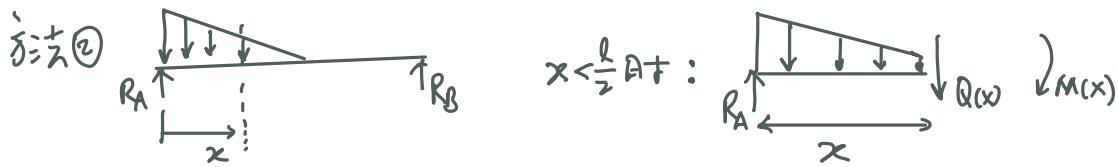
$$\rightarrow \frac{5}{24} - \alpha + \alpha^2 = 0 \rightarrow \alpha \approx 0.296$$

[Check:  $Q(l) = q_0 l \left( -1 + 1 - \frac{1}{4} + \frac{5}{24} \right) = -\frac{1}{24} q_0 l \quad \checkmark$ ]

$$M(x) = +\frac{1}{2} q_0 x^2 - \frac{1}{3} \frac{q_0 x^3}{l} + \frac{2}{l} \varphi_3(x - \frac{1}{2}l) - \frac{5}{24} q_0 l x + M_2(0)$$

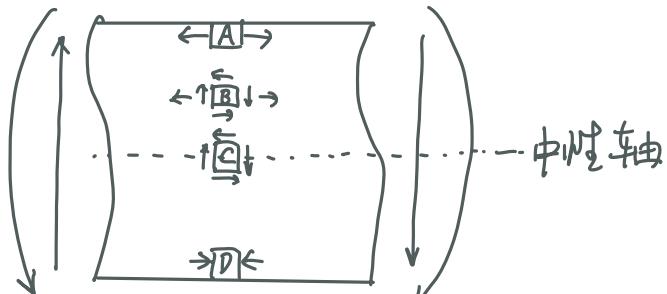
[Check:  $\frac{M(l)}{q_0 l^2} = \frac{1}{2} - \frac{1}{3} + \frac{2}{3!} \frac{1}{8} - \frac{5}{24}$   
= 0  $\checkmark$ ]

$$\rightarrow M_{max} = M(x=\alpha l) = \left| q_0 l^2 \left( +\frac{1}{2} \alpha^2 - \frac{1}{3} \alpha^3 - \frac{5}{24} \alpha \right) \right| \approx 0.265 q_0 l^2$$



## §4.4. 梁的强度条件和梁的合理设计

### 强度条件



A, D 处: 无切应力,  $|\sigma_x|_{\text{最大}}$

$$|\sigma_x|_{\text{max}} \leq [\sigma]$$

(类似于拉压问题, 但比拉伸  $[\sigma]$  更大一些)

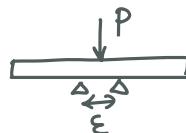
C处：无正应力， $|\sigma_{xy}|$ 最大， $|\tau_{xy}| \leq [c]$  (类似于纯剪切问题)

B处：复杂应力状态，强度理论进行计算(后续内容)

一般情况下， $|\sigma_x|_{max} \gg |\tau_{xy}|_{max}$ ,  $[c] \sim [s]$ , A, D处最为关键，无需考虑剪切。

有以下几个特殊情况

- 最大 M 较小，最大 Q 较大时。



$$M_u, P, \varepsilon, Q_u, P.$$

- 组合截面，加工与梁腹板较薄时



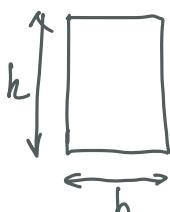
- 木梁等顺纹方向抗剪强度较差时



## 优化措施

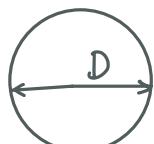
$$|\sigma_x|_{max} = \frac{|M_z|_{max} |y|_{max}}{I_z} = \frac{|M_z|_{max}}{W} \rightarrow W = \frac{I_z}{|y|_{max}} - \text{抗弯截面系数}.$$

- 增大 W/A (相同材料面积下，提高 W)



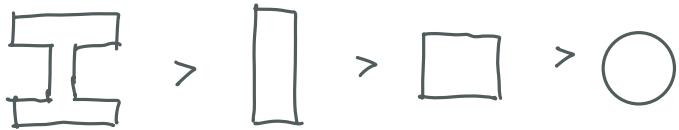
$$W = \frac{1}{12} h^3 b / \frac{1}{2} h = \frac{1}{6} A h \approx 0.167 A h$$

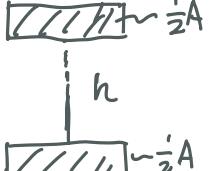
相同面积下，h 越大越好。



$$W = \frac{\pi D^4}{64} / \frac{1}{2} D = \frac{\pi}{32} D^4 = \frac{1}{8} A D \approx 0.125 A h < W_{square}$$

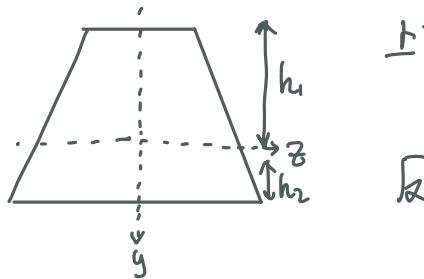
相同面积下，材料离中性轴越远越好。



思考:   $I_z \approx 2 \times \left(\frac{h}{2}\right)^2 \times \frac{A}{2} = \frac{1}{4} A h^2$  (惯性矩定理)  
 $W = 0.5 A h$

• 拉伸和压缩应力的强度储备相同

当  $[\sigma]_t \neq [\sigma]_c$  时, 使得  $\frac{|\sigma_{max}^+|}{|\sigma_{max}^-|} = \frac{[\sigma]_t}{[\sigma]_c}$

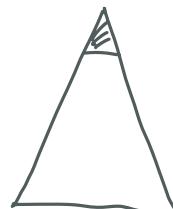
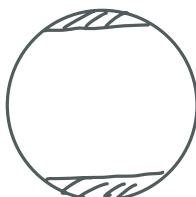
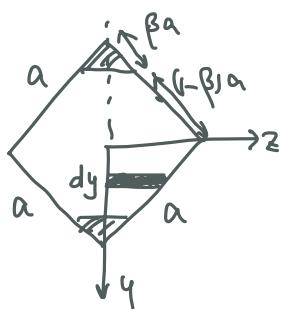


上拉下压时.  $\left| \frac{M_z h_1}{I_z} \right|_{max} / \left| \frac{M_z h_2}{I_z} \right|_{max} = \frac{h_1}{h_2} = \frac{[\sigma]_t}{[\sigma]_c}$

反之,  $\frac{h_1}{h_2} = \frac{[\sigma]_c}{[\sigma]_t}$

其它形状 , 道理相同.

• 削去上下端处的小部分面积 ( $W = \frac{I_z}{y_{max}}$ , 当  $y_{max}$  与  $I_z$  减小的更快时)

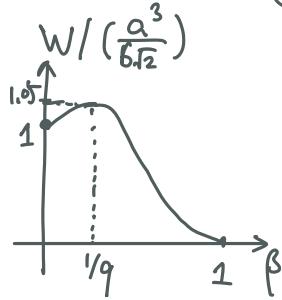


$I_z(\beta) = 2 \int_0^{\frac{\sqrt{2}}{2}(1-\beta)a} y^2 dA$ ,  $dA = dy \times 2 \times (\frac{\sqrt{2}}{2}a - y)$

$\frac{\sqrt{2}}{2}a - y$   
 $\frac{\sqrt{2}}{2}a - y - dy$

$$= \frac{\alpha^4}{l^2} (1-\beta)^3 (1+3\beta) = \frac{\alpha^4}{l^2} (1-6\beta^2 + O(\beta^3)) \quad \text{for } \beta \ll 1$$

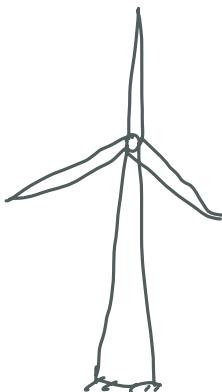
$$y_{max}(\beta) = \frac{\sqrt{2}}{2} (1-\beta) \alpha \quad (\text{当 } \beta \ll 1, \text{ 截面的 } I_2 \text{ 更快})$$



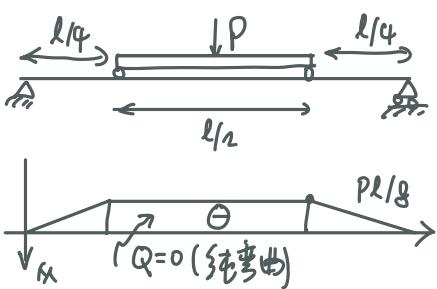
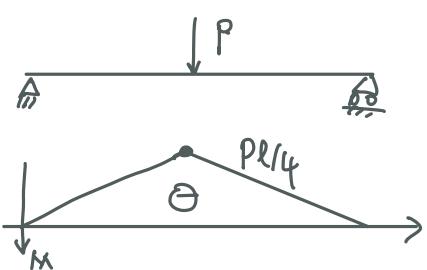
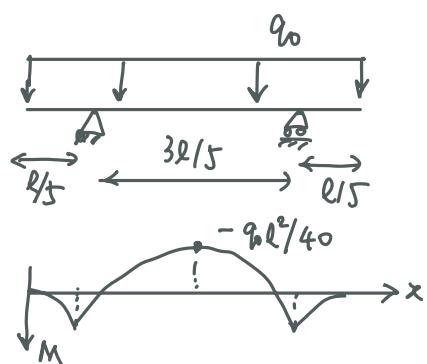
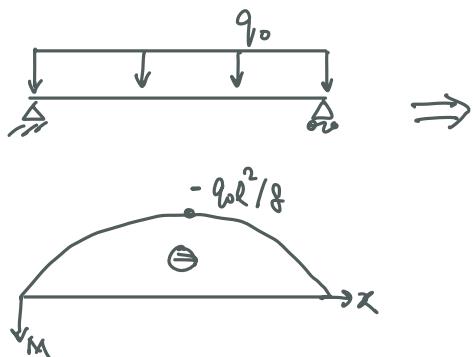
$$W = I_2 / y_{max} = \frac{\alpha^3}{6\sqrt{2}} (1-\beta)^2 (1+3\beta) = \frac{\alpha^3}{6\sqrt{2}} (1+\beta - 5\beta^2 + O(\beta^3)) \quad \text{Good!}$$

- 变截面梁：在弯矩大的位置，使用更大的  $W$  (更经济)

$$\zeta_{max} = \frac{M(x)}{W(x)} = [\zeta]$$

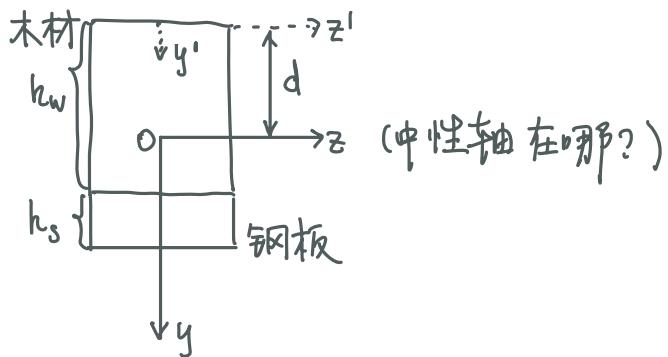


- 合理安排约束及加载方式



## §5.5. 两种材料的组合梁

最后，简单推导由两个梁“紧密连接”组合梁中的物理关系  
界面无错动



平载面假设 ( $E_s, E_w$  不能相差太大) :

$$\zeta_w = -\frac{1}{R} E_w y$$

$$\zeta_s = -\frac{1}{R} E_s y$$

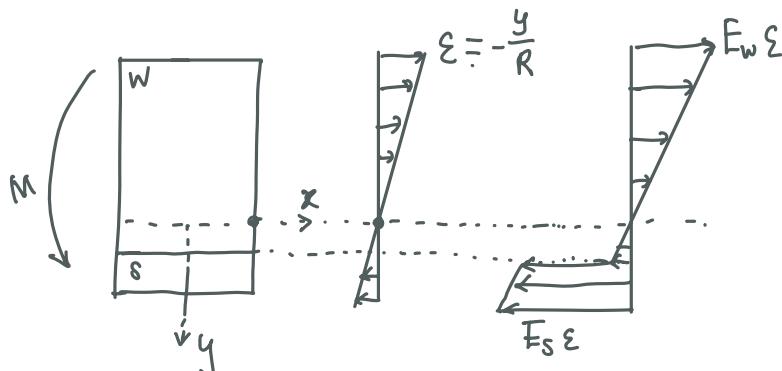
$\Sigma F_x = 0$  :  $\int_{A_w} E_w y \, dA + \int_{A_s} E_s y \, dA = 0$

$$y = y' - d \rightarrow \int_{A_w} E_w (y' - d) \, dA + \int_{A_s} E_s (y' - d) \, dA = 0$$

$$\rightarrow d = \frac{E_w \int_{A_w} y' \, dA + E_s \int_{A_s} y' \, dA}{E_w A_w + E_s A_s}$$

Check: 当  $E_w = E_s$  时,  $d = \int_{A_w+A_s} y' \, dA / (A_w + A_s) = \frac{1}{2}(h_w + h_s)$  ✓

$\Sigma M_z = 0$  :  $\int_{A_w} E_w \cdot \left(-\frac{y}{R}\right) (-y) \, dA + \int_{A_s} E_s \left(-\frac{y}{R}\right) (-y) \, dA = M$



$$\rightarrow M = (E_w I_w + E_s I_s) \cdot \frac{1}{R}$$

$$\rightarrow \zeta_w = \frac{-E_w M y}{E_w I_w + E_s I_s}$$

$$\zeta_s = \frac{-E_s M y}{E_w I_w + E_s I_s}$$