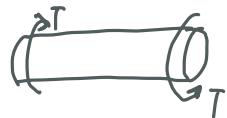


§3.1 圆截面直杆的扭转



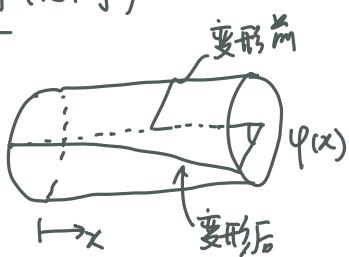
直杆端部所受载荷可以简化为作用在轴向的力偶(扭矩)



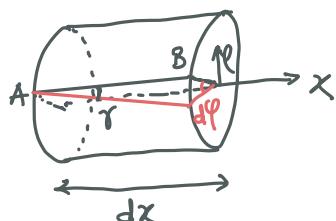
截面应力和合力(内力)为扭矩T, 该受力状态为扭转.

- 平截面假设: 横截面像刚性平面一样绕杆的轴线转动 (几何大为简化但合理)

• 扭转角(几何)

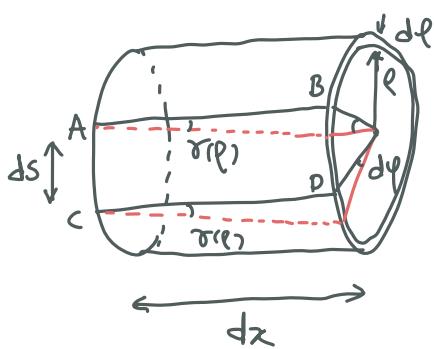


两个截面相对转动的角度 $\varphi = \varphi(x)$. 取一微元 dx , 得 $d\varphi$.



单位长度的扭转角为 $\theta = \frac{d\varphi}{dx} \rightarrow d\varphi = \theta(x) dx$

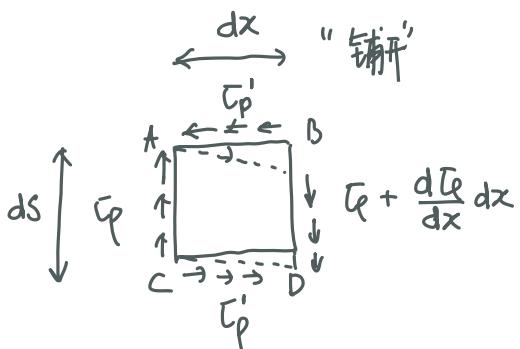
AB的长度变化 $O(\tau^2)$, 角度变化 $\tau = \tau(\rho)$



在 ρ 处, 取 $-d\rho$ 厚度圆筒

$$\tau(\rho) = \frac{d\varphi \times \rho}{dx} = \theta \cdot \rho \rightarrow \boxed{\tau(x, \rho) = \theta(x) \rho}$$

ABDC 的切应变 (无正应变)

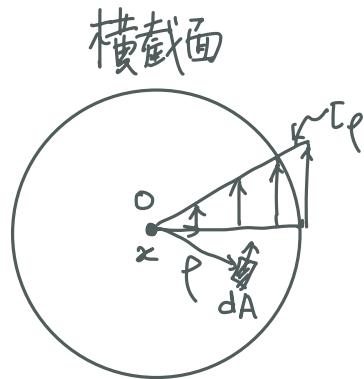


取出微元 $dx ds$ (纯剪切状态)

$$C_p' = C_p \quad (\text{力矩平衡})$$

$$\boxed{C_p = G\tau = G\theta\rho} \quad (\text{物理方程/胡克材料})$$

考虑完几何和物理方程后，还有平衡方程！！！首先考查内力。



$$N_x = 0 = Q_y = Q_z = M_y = M_z$$

$$M_x = \int_A \tau_p dA \cdot \rho = G \theta \int_A \rho^2 dA$$

极惯性矩 I_p

$$\zeta_x = 0$$

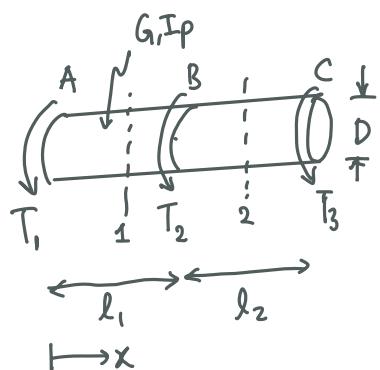
$$\text{对于圆截面 } I_p = 2\pi \int_0^{\frac{D}{2}} \rho^2 \rho d\rho = \frac{\pi}{32} D^4$$

$$\text{单位长度扭角-扭矩关系: } \theta(x) = \frac{M_x(x)}{G I_p}$$

$$\text{扭矩切应力: } \tau_p(x, \rho) = \frac{M_x \rho}{I_p} \quad (0 \text{ 到 } \frac{M_x D}{2 I_p} \text{ 线性变化})$$

$$\text{当 } M_x = \text{常数时, 扭角-扭矩关系: } \varphi = \frac{M_x l}{G I_p}, \quad G I_p - \text{扭转轴截面刚度, } \frac{G I_p}{l} - \text{扭转刚度}$$

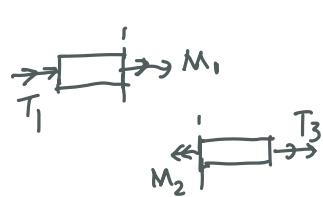
例 1.



$$T_1 = -1592 \text{ N}\cdot\text{m}, \quad T_2 = 955 \text{ N}\cdot\text{m}, \quad T_3 = 637 \text{ N}\cdot\text{m}$$

求最大切应力, 相对扭转变形。

① 平衡方程



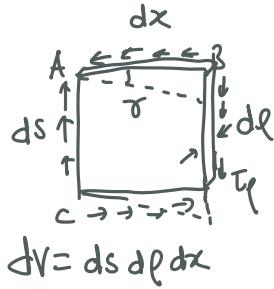
$$M_1 = -T_1, \quad M_2 = T_3 \quad \text{or} \quad M_x = \begin{cases} -T_1, & 0 \leq x \leq l_1 \\ T_3, & l_1 < x \leq l_1 + l_2 \end{cases}$$

$$\tau_{max} = \frac{|M_x|_{max} P_{max}}{I_p} = \frac{|T_1| D}{2 I_p}$$

② 物理方程

$$\varphi_1 = \frac{M_1 l_1}{G I_p}, \quad \varphi_2 = \frac{M_2 l_2}{G I_p} \rightarrow \varphi_{AS} = \varphi_1 + \varphi_2 = \frac{-T_1 l_1 + T_3 l_2}{G I_p}$$

• 扭转应变能



微元的应变能为 $\frac{1}{2} \times C_p d\phi ds \times \tau dx = \frac{1}{2G} C_p^2 \rho d\phi d\rho dx = U_1$

$\frac{1}{2} C_p \tau dV$
 $d\phi$ $\frac{1}{G} C_p$

(dx长)圆筒的应变能为 $\int_0^{2\pi} U_1 d\phi = \frac{\pi}{G} C_p^2 \rho d\rho dx = \frac{\pi}{G} \frac{M_x^2 \rho^3}{I_p^2} d\rho dx = U_2$

(dx长)圆轴的应变能为 $\int_0^{\frac{D}{2}} U_2 d\rho = \frac{\pi}{G} \frac{M_x}{4I_p^3} \left(\frac{\rho}{2}\right)^4 dx = \frac{1}{2G} \frac{M_x^2}{I_p} dx \quad (I_p = \frac{\pi}{32} D^4)$

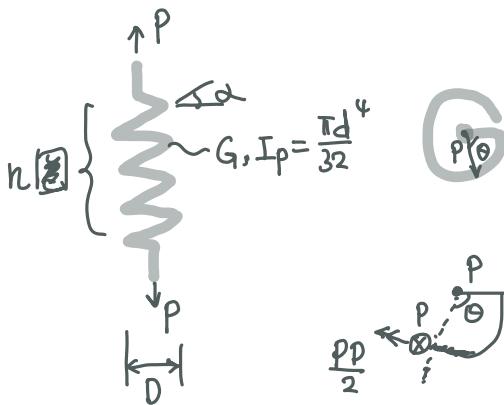
整个轴的应变能为 $U = \int_V \frac{1}{2} C_p \tau dV \quad (\text{单位体积})$

$$= \int_0^l \frac{1}{2} \frac{M_x^2}{G I_p} dx = \int_0^l \frac{1}{2} M_x \cdot \theta dx = \int_0^l \frac{1}{2} G I_p \theta^2 dx \quad (\text{单位长度})$$

$$= \frac{M_x^2 l}{2G I_p} = \frac{1}{2} \underbrace{M_x \theta l}_{W = \frac{1}{2} M_x \varphi} = \frac{1}{2} G I_p l \theta^2 \quad (M_x, \theta \text{ 为常数})$$

$W = \frac{1}{2} M_x \varphi$
外力功

例 2. 密圈螺旋弹簧



$$|\Delta| \ll 1$$

忽略 P 勾力对应的变形能.

$$W = \frac{1}{2} P \Delta$$

$$U = n \times \frac{1}{2} \frac{M_x^2 l}{G I_p} = n \times \frac{1}{2} \times \frac{P^2 D^2}{4} \times \frac{\pi D}{G \frac{\pi d^4}{32}} = \frac{4n P^2 D^3}{G d^4}$$

$$W = U \rightarrow \Delta = \underbrace{\frac{8n D^3}{G d^4}}_{\sim} P$$

$$\rightarrow k = \frac{G d^4}{8n D^3} \quad \text{弹簧刚度}$$

(需要 $D \gg d$ 才忽略弯力 P)

• 非均勻扭轉

現在考慮更一般的形狀 $M_x = M_x(x)$, $\theta = \theta(x)$, $I_p = I_p(x)$

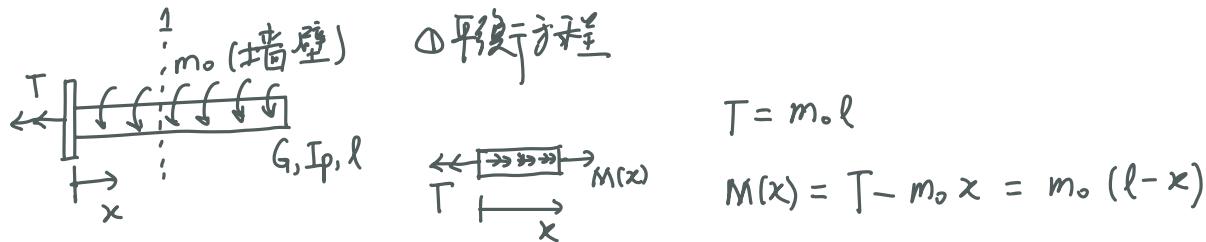
$$M_x + \frac{dM_x}{dx} dx + O(dx^2) \rightarrow \frac{dM_x}{dx} + m(x) = 0 \quad \text{平衡方程}$$

物理方程仍為 $\theta = \frac{M_x}{G I_p} = \frac{d\psi}{dx}$ (因為正是根據微元FBD分析得到的)

$$\rightarrow \psi(l) - \psi(0) = \int_0^l \frac{M_x(x)}{G(x) I_p(x)} dx.$$

同樣地: $C_p(x, l) = \frac{M_x(x) l}{I_p(x)}$

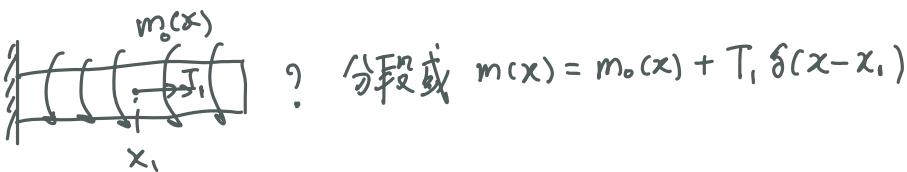
例3. 螺釘受摩擦作用



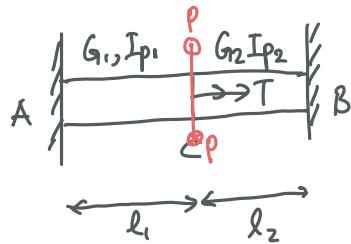
② 物理方程

$$\theta = \frac{d\psi}{dx} = \frac{M}{G I_p} = \frac{m_0 (l - x)}{G I_p}$$

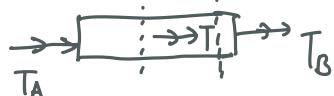
$$\Delta\psi = \int_0^l \theta dx = \frac{m_0 l^2}{2 G I_p}$$



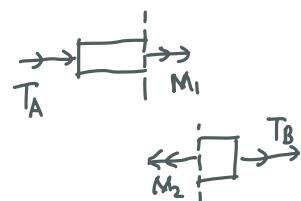
• 扭转静不定问题



① 平衡方程



$$T_A + T_B + T = 0$$



$$M_x = \begin{cases} -T_A, & 0 \leq x < l_1 \\ T_B, & l_1 < x \leq l_1 + l_2 \end{cases}$$

② 物理方程

$$\varphi_{Ac} = \frac{-T_A l_1}{G_1 I_{p1}}, \quad \varphi_{cB} = \frac{T_B l_2}{G_2 I_{p2}}$$

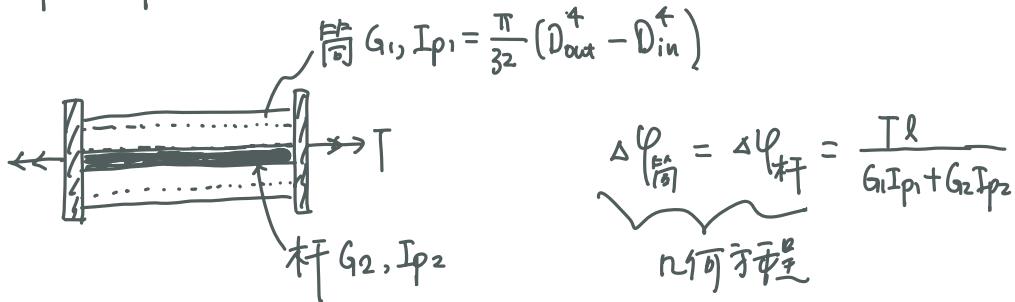
Check:

$k_1 \rightarrow \infty, k_2 \text{ finite?}$

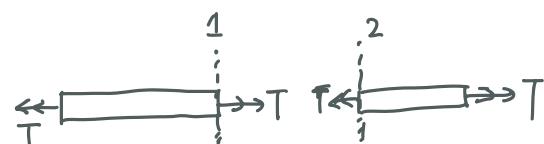
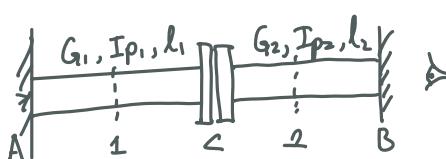
③ 几何方程

$$\varphi_{AB} = \varphi_{Ac} + \varphi_{cB} = 0 \rightarrow T_A = \frac{-\frac{G_1 I_{p1}}{l_1}}{\underbrace{\frac{G_1 I_{p1}}{l_1} + \frac{G_2 I_{p2}}{l_2}}_{k_1+k_2}} T = -\frac{k_1 T}{k_1+k_2}, \quad T_B = -\frac{k_2 T}{k_1+k_2}, \quad \varphi_{Ac} = -\varphi_{cB} = -\frac{T}{k_1+k_2}$$

等效组合轴



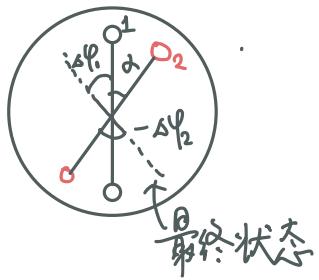
例4. 装配扭矩



$$\text{物理: } \Delta \varphi_1 = \frac{T l_1}{G_1 I_{p1}}, \quad \Delta \varphi_2 = \frac{T l_2}{G_2 I_{p2}}$$

$$\varphi_c \quad \varphi'_c$$

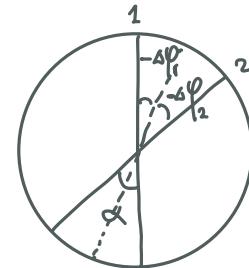
$$\varphi_c - \varphi_A = -\alpha$$



$$\text{几何: } -\Delta \varphi_2 = \Delta \varphi_1 + \alpha$$

$$\rightarrow T = \frac{-\alpha}{l_1/G_1 I_{p1} + l_2/G_2 I_{p2}}$$

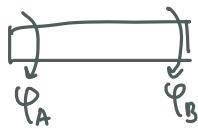
$$\Delta \varphi_1 = \frac{-l_1/G_1 I_{p1} \alpha}{l_1/G_1 I_{p1} + l_2/G_2 I_{p2}}, \quad \Delta \varphi_2 = \frac{-l_2/G_2 I_{p2} \alpha}{l_1/G_1 I_{p1} + l_2/G_2 I_{p2}}$$



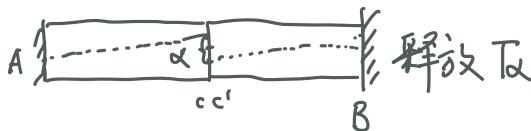
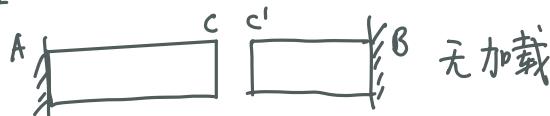
$$\text{Check: } ① l_1/G_1 I_{p1} = l_2/G_2 I_{p2} \rightarrow \Delta \varphi_1 = \Delta \varphi_2 = -\frac{\alpha}{2} \checkmark$$

$$② l_1/G_1 I_{p1} \rightarrow 0 \rightarrow \Delta \varphi_1 \rightarrow 0, \Delta \varphi_2 \rightarrow -\alpha, T \rightarrow -\frac{\alpha G_2 I_{p2}}{l_2} \checkmark$$

更为简单的几何考量



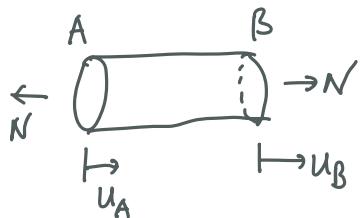
$$\Delta \varphi = \varphi_B - \varphi_A$$



$$\boxed{\varphi'_B - \varphi_A = \alpha}$$

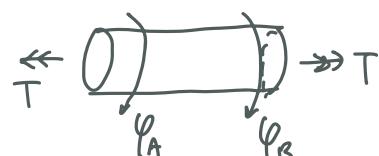
$$\underbrace{\varphi_B - \varphi_A}_{\Delta \varphi_1} + \underbrace{\varphi_B - \varphi'_B}_{\Delta \varphi_2} + \alpha = 0$$

拉压问题与扭转问题的相似性



$$\Delta l = u_B - u_A = \frac{Nl}{EA}$$

$\cancel{\text{Dof } N, E, A}$



$$\Delta \varphi = \varphi_B - \varphi_A = \frac{Tl}{GIp}$$

$\cancel{\text{Dof } T, G, I_p}$

$$\frac{q(x)}{N} \rightarrow N + dN$$

$$\frac{dN}{dx} + q_1(x) = 0$$

$$\varepsilon(x) = \frac{du}{dx} = \frac{N(x)}{EA}$$

$$\Delta l(x) = \int_0^x \frac{N(x)}{E \cdot I_p \cdot A(x)} dx$$

已知 N, E, A

$$\frac{m(x)}{M_x} \rightarrow M_x + dM_x$$

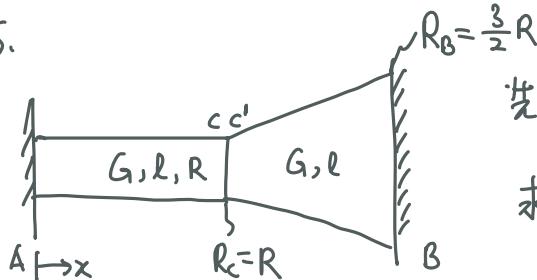
$$\frac{dM_x}{dx} + m(x) = 0$$

$$\theta(x) = \frac{d\psi}{dx} = \frac{M_x(x)}{G \cdot I_p}$$

$$\Delta \psi(x) = \int_0^x \frac{M_x(x)}{G(x) I_p(x)} dx$$

已知 M_x, G, I_p

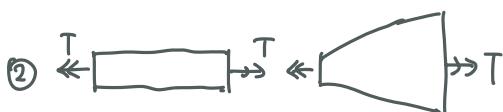
例 5.



先施加 ϕ_0 到 AC, 再固定 CC'

求 $\psi(x)$ 分布.

$$\textcircled{1} \quad \text{杆 } AC: \phi_0 = \phi_c - \phi_A^\circ = \frac{T_0 l}{G I_p} \rightarrow T_0 = G I_p \frac{\phi_0}{l}$$



$$\text{杆 } AC: \phi_c - \phi_A^\circ = \frac{T l}{G I_p} \rightarrow \phi_c = \frac{2 T l}{\pi G R^4} \rightarrow \phi(x) = \frac{2 T x}{\pi G R^4}$$

$$\text{杆 } CB (\text{具有非均匀 } I_p): \quad R(x) = R + \frac{1}{2} R \frac{x-l}{l} \rightarrow I_p(x) = \frac{\pi}{2} R^4(x)$$

$$\phi_B^\circ - \phi(x) = \int_x^{2l} \frac{2T}{G[R + \frac{1}{2}R \frac{x-l}{l}]} du$$

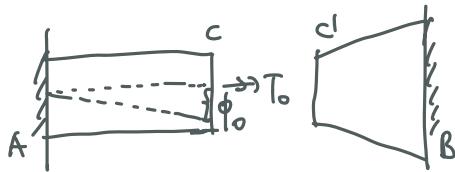
$$= \int_{R + \frac{1}{2}R(x-l)}^{\frac{3}{2}R} \frac{2T}{\pi G u^4} \cdot \frac{2l}{R} du$$

$$= \frac{4Tl}{3\pi GR} \left[-u^{-3} \right]_{R + \frac{1}{2}R(x-l)}^{\frac{3}{2}R} = - \frac{4Tl}{3\pi GR} \left[\frac{1}{(R + \frac{1}{2}R \frac{x-l}{l})^3} - \frac{8}{27} \frac{1}{R^3} \right]$$

$$U = R + \frac{1}{2}R \frac{x-l}{l}$$

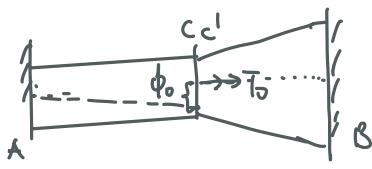
$$du = \frac{1}{2} \frac{R}{l} dx$$

$$\rightarrow \phi_{c'} = \phi(x=l) = -\frac{4Tl}{3\pi GR} \cdot \frac{19}{27} \frac{1}{R^3} = -\frac{76Tl}{81\pi GR^4}$$



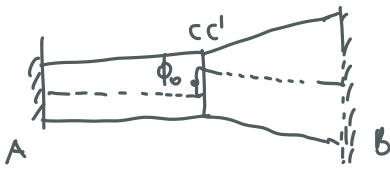
几何方程 $\phi_c - \phi_{c'} = \phi_0$

$$\rightarrow \frac{2Tl}{\pi GR^4} + \frac{76Tl}{81\pi GR^4} = \phi_0 \rightarrow T = \frac{81}{238} \frac{\pi GR^4}{Tl} \phi_0$$



Check: ① 期待 $\phi_{c'} < 0$, $T > 0 \rightarrow \phi_{c'} < 0 \checkmark$

$$\textcircled{2} 0 < \phi_c < \phi_0 \rightarrow \phi_c = \frac{81}{119} \phi_0 \checkmark$$



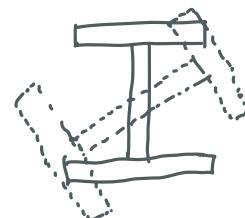
$$[C]_{\max} = \left(\frac{TR}{GI_p} \right)_{\max} = \frac{2T}{\pi G R^3} \Big|_{\max} \rightarrow \text{在 AC 杆表面处}$$

§3.2 闭口薄壁截面直杆的扭转

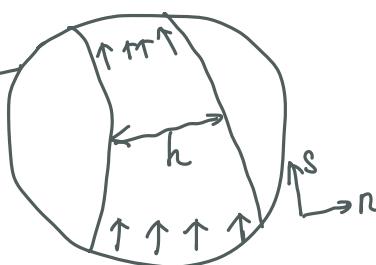
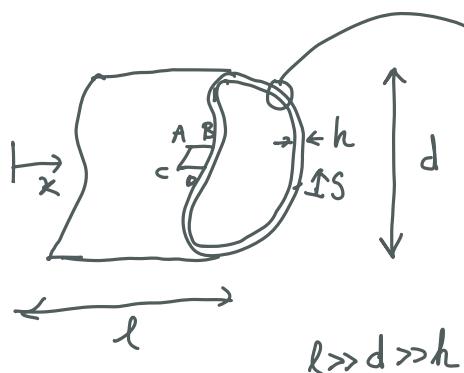
• 刚周边假设

对于非圆截面，平面假设不再合适。例如，同样面积下，圆的 I_p 小于矩形截面的 I_p ，但实际圆截面杆的抗扭刚度更大？截面发生翘曲。接下来，我们允许截面翘曲，但假设翘曲后的截面在其变形前和平面上的投影形状保持不变。

扭转变形可分成两部分 ① 绕杆轴转过一个角度 ② 沿杆轴方向翘曲。

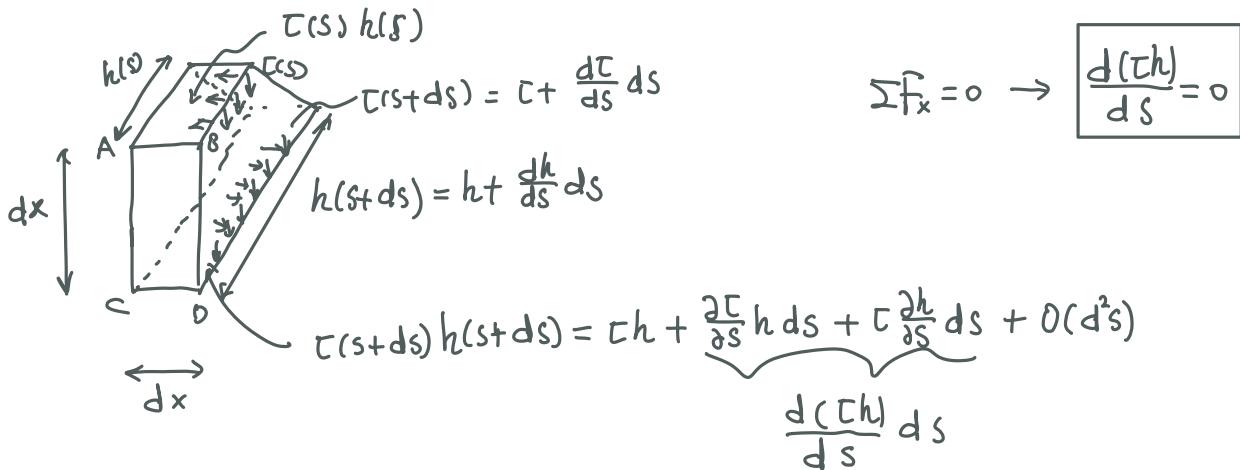


• 薄壁截面

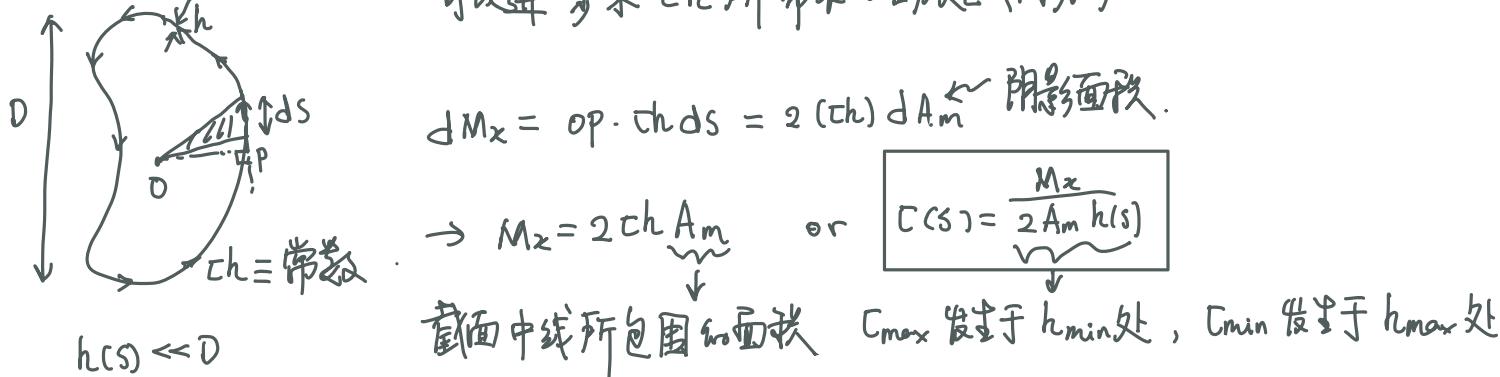


认为应力 σ 沿厚度 s 方向的变化
不重要，更关心 σ 作为厚度方向
的平均，对应的单位 s 的合力 ch 。

先考虑均匀扭转(不依赖于 x) $\rightarrow C = C(s)$, $h = h(s)$, 取微元 $ABCD$.



可以进一步求 Ch 所带来的合力矩 (内力)



怎么确定 $C-\theta$ 或 $M-\theta$ 关系? 通常采用微元分析 (确实可以 P107-108), 但我们在 这里采用一个更简洁的方法 - 能量法.

Diagram of a thin-walled cylinder of length dx and outer radius R under torque M_x . The shear modulus is G .

$$\begin{aligned} \frac{1}{2} M_x \theta dx &= \frac{1}{2} \int_r^R \frac{C^2}{G} dV = \frac{1}{2} \int_r^R \frac{C^2}{G} dx \cdot ds \cdot h \\ &\text{整体层面} \\ &\text{或外力功} \\ &= \frac{Ch}{2G} \int C ds \\ &= \frac{M_x}{4GA_m} \int C ds \Rightarrow \theta = \frac{M_x}{G(4A_m^2/\int h ds)} \end{aligned}$$

例1. 薄壁圆筒



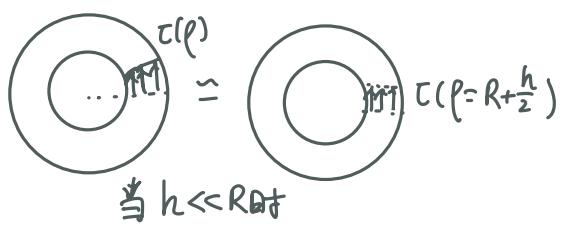
$$A_m = \pi R^2, h(s) \equiv h$$

$$\rightarrow C(s) = \frac{M_x}{2\pi R^2 h}, \quad \theta = \frac{1}{2G\pi R^2} \int C ds = \frac{M_x}{G \cdot 2\pi R^3 h}$$

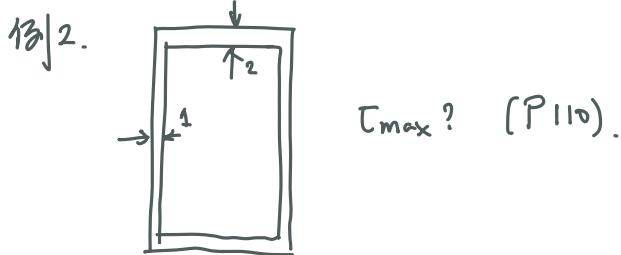
$$\frac{M_x}{2\pi R^2} \cdot \frac{1}{h} \cdot 2\pi R$$

$$I_p?$$

圆截面可以用 $\Theta = \frac{M_x}{G I_p}$ 可求解, 其中 $I_p = \frac{\pi}{32} (D_{out}^4 - D_{in}^4)$

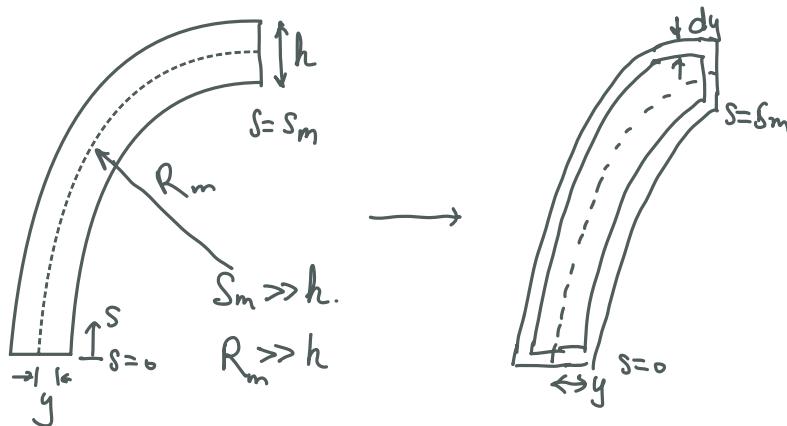


$$\begin{aligned} I_p &= \frac{\pi}{2} (R_{out}^4 - R_{in}^4) \\ &= \frac{\pi}{2} \left[(R + \frac{h}{2})^4 - (R - \frac{h}{2})^4 \right] \underset{(R^4)^1 \cdot h}{\approx} 2\pi R^3 h \end{aligned}$$



§3.3. 开口薄壁截面直杆的扭转

该类问题的解法可参考弹性力学。这里我们可以做一定简化，方便工程设计。



- 取距离截面中心轴 y 处的 dy 厚度“开口薄壁杆”。($C dy$ 为常数)。
- 认为在离 y 处的“开口杆”都扭转 Θ (刚截面)

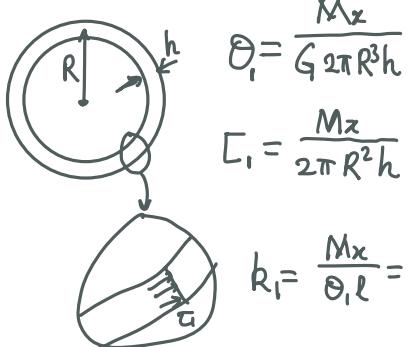
$$\Theta = \frac{1}{2G A_m} \int C ds, \quad A_m(y) \approx 2S_m y, \quad \int C ds \approx 2S_m C$$

$$\rightarrow \Theta \approx \frac{2S_m C}{2G \cdot 2S_m y} = \frac{C(y)}{2Gy} \quad \text{or} \quad \boxed{C(y) = 2G\Theta y} \text{ 线性分布.}$$

$$C = \frac{dM_x}{2A_m dy} \rightarrow dM_x = 2 \cdot 2S_m y \cdot 2G\theta y \cdot dy = 8GS_m \theta y^2 dy$$

$$\rightarrow M_x = \frac{1}{3} GS_m h^3 \theta \quad \text{or} \quad \theta = \frac{M_x}{G \frac{1}{3} S_m h^3}$$

无缝管

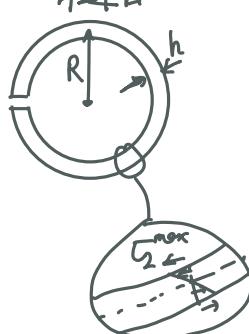


$$\theta_1 = \frac{M_x}{G 2\pi R^3 h}$$

$$I_1 = \frac{M_x}{2\pi R^2 h}$$

$$k_1 = \frac{M_x}{\theta_1 l} = 2\pi R^3 h / l$$

有缝管



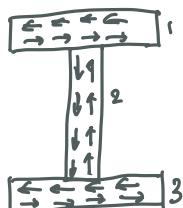
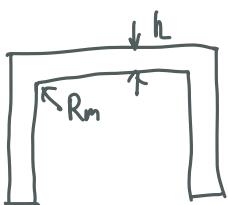
$$\theta_2 = \frac{M_x}{G \frac{1}{3} 2\pi R \cdot h^3}$$

$$I_2^{\max} = \frac{M_x}{\frac{1}{3} \pi R^2 h^3} \times \frac{h}{2}$$

$$k_2 = \frac{M_x}{\theta_2 l} = \frac{2}{3} \pi R h^3 / l.$$

$$\left\{ \begin{array}{l} k_1 / k_2 = 3R^2 / h^2 \ggg 1. \quad I_{p1} \sim R^3 h \\ I_1 / I_2^{\max} = h / 3R \ll 1 \quad I_{p2} \sim R h^3 \end{array} \right.$$

工件中，截面的形状往往是几个开口杆的拼接，加工工字梁。拼接处的曲率半径可以认为是无限小，这时的处理方式为假设每一部分承受的扭转变是独立的（但θ相同）。



$$(M_x)_i = \frac{\theta}{3} (G S_m h^3)_i$$

$$M_x = \sum_i^n (M_x)_i = \frac{\theta}{3} \sum_i^n (G S_m h^3)_i$$

$$\text{编写的 } k \text{ 部份上扭矩: } (M_x)_k = \frac{(G S_m h^3)_k M_x}{\sum_i^n (G S_m h^3)_i}$$

$$\text{编写的 } k \text{ 部份上最大扭矩 } (M_x)_{\max} = \frac{3(G h)_k M_x}{\sum_i^n (G S_m h^3)_i}$$

$$\text{对于 } G_1 = G_2 = \dots G_n, \quad I_{\max} = \frac{3 M_x h_{\max}}{\sum_i^n (S_m h^3)_i}$$

修正系数 ~1.2 (工字钢)

§3.4. 直杆扭转的强度和刚度计算.

强度: $C = \frac{M_x P}{I_p} \rightarrow |C|_{max} = \frac{|M_x|_{max}}{W_p} \leq [C] - \begin{cases} 0.5 - 0.6 [\zeta] & \text{塑性材料} \\ 0.8 \sim 1.0 [\zeta] & \text{脆性材料} \end{cases}$

\uparrow 扭转截面系数

刚度: $\Theta = \frac{M_x}{G I_p} \rightarrow |\Theta|_{max} = \frac{|M_x|_{max}}{G C} \leq [\Theta] - \begin{cases} 0.15^\circ - 0.30^\circ/m & \text{精密机器} \\ 2^\circ/m & \text{一般传动轴} \end{cases}$

\uparrow 刚度系数

	W_p	C
圆截面	$\frac{1}{16}\pi D^3$	$\frac{1}{32}\pi D^4$
圆筒截面	$\frac{1}{16}\pi D^3 \left(1 - \frac{D'^4}{D^4}\right)$	$\frac{1}{32}\pi (D^4 - D'^4)$
闭口薄壁	$2A_m h_{min}$	$4A_m^3 / \oint \frac{1}{h} ds$
开口薄壁	$\frac{1}{3} \frac{1}{h_{max}} \sum_i (S_m h^3)_i$	$\frac{1}{3} \frac{1}{h} \sum_i (S_m h^3)_i$

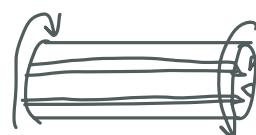
· 破坏模式



低碳钢

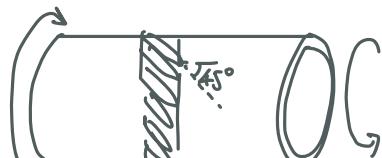
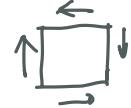
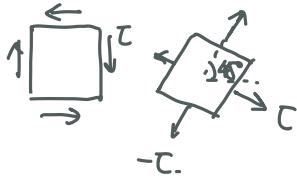


铸铁(骨头)



木材

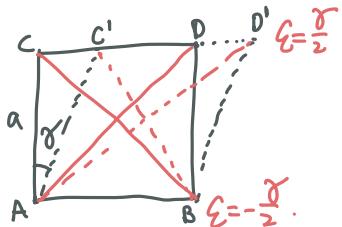
$$C \rightarrow C_s$$



薄壁管(失稳)

这是一个很妙的应力分析的例子。我们已经讨论了这个例子。现在讨论下面这个例子：

作业题 1.7

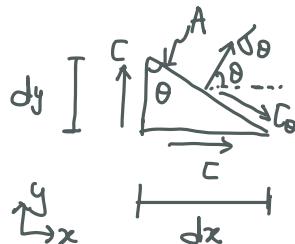


$$AD' = \sqrt{a^2 + a^2(1+\gamma)^2} = \sqrt{2a} \sqrt{1+\gamma+\frac{1}{2}\gamma^2} \approx \sqrt{2a} \left[1 + \frac{1}{2}\gamma + O(\gamma^2) \right]$$

$$\epsilon_{AD} = \frac{AD' - AD}{AD} = \frac{1}{2}\gamma$$

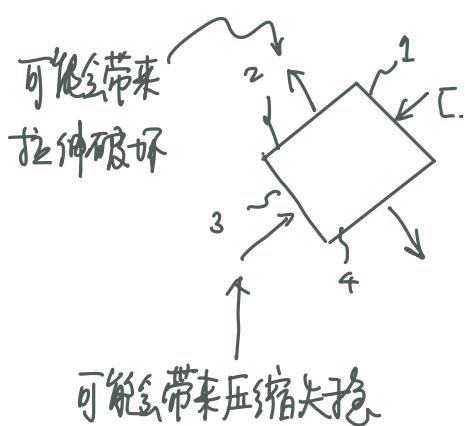
$$\epsilon_{BC} = -\frac{\gamma}{2} \quad (\text{相同的方法})$$

纯剪切和45°方向会有线应变 $\pm \frac{1}{2}\gamma$



$$\sum F_{\theta} = 0 \rightarrow \sigma_{\theta} A + \underbrace{C \cdot A \cos \theta \cdot \sin \theta}_{F_x} + \underbrace{C A \sin \theta \cdot \cos \theta}_{F_y} = 0 \rightarrow \sigma_{\theta} = -C \sin 2\theta$$

$$\sum F_{\theta} = 0 \rightarrow C_0 A - C A \cos \theta \cdot \cos \theta + C A \sin \theta \sin \theta = 0 \rightarrow C_0 = C \cos 2\theta$$



$$1: \theta = \frac{\pi}{4} \rightarrow \sigma_1 = -C, \tau_1 = 0$$

$$2: \theta = \frac{3\pi}{4} \rightarrow \sigma_2 = C, \tau_2 = 0$$

$$3: \theta = \frac{5\pi}{4} \rightarrow \sigma_3 = -C, \tau_3 = 0$$

$$4: \theta = \frac{7\pi}{4} \rightarrow \sigma_4 = C, \tau_4 = 0$$