Accelerated diffusion-weighted MRI at 7T: Joint reconstruction for shift-encoded navigated interleaved echo planar imaging (JETS-NAViEPI)

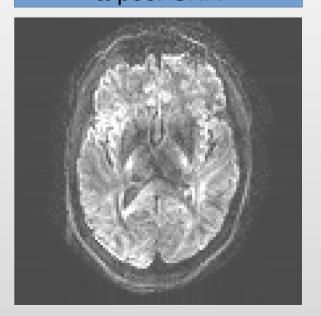
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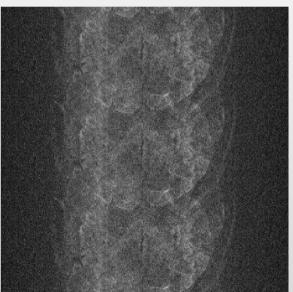
Motivation

Diffusion-weighted MRI (DWI) suffers from:

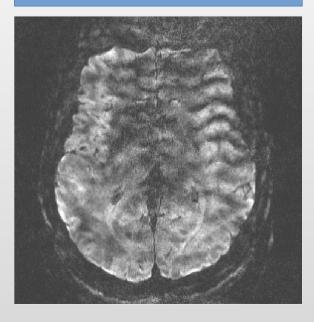
Limited spatial resolution & poor SNR



Shot-to-shot phase variation



Motion



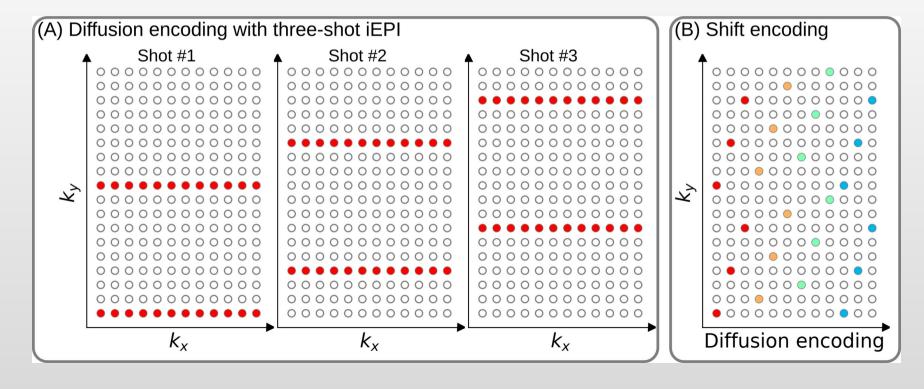
Goal

To develop high spatial-angular-temporal resolution DWI at 7 T.

- Sub-millimeter spatial resolution
- Multi-shell q-space sampling
- Undersampled complementary k-space acquisition

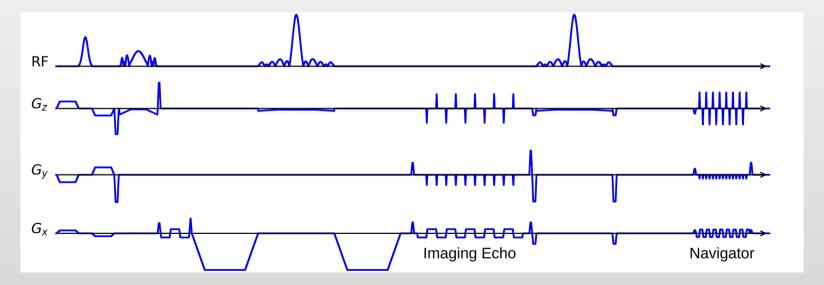
Approach: Shift Encoding

Enables complementary k-q-space sampling

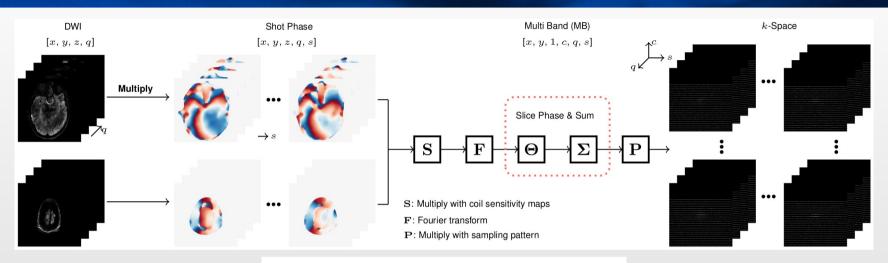


Approach: NAViEPI – iEPI Meets rsEPI

- Consistent echo spacing between imaging and navigator echoes
 - Minimal distortion mismatch between echoes
 - Flexible number of shots for high spatial resolution
 - Reliable shot-to-shot phase estimation



Approach: Joint Reconstruction



$$\operatorname{argmin}_{x} \|Y - \mathbf{A}(x)\|_{2}^{2} + \lambda R(x)$$

Y: measured k-space data;

x : diffusion-weighted images (DWI);

A: the above forward model;

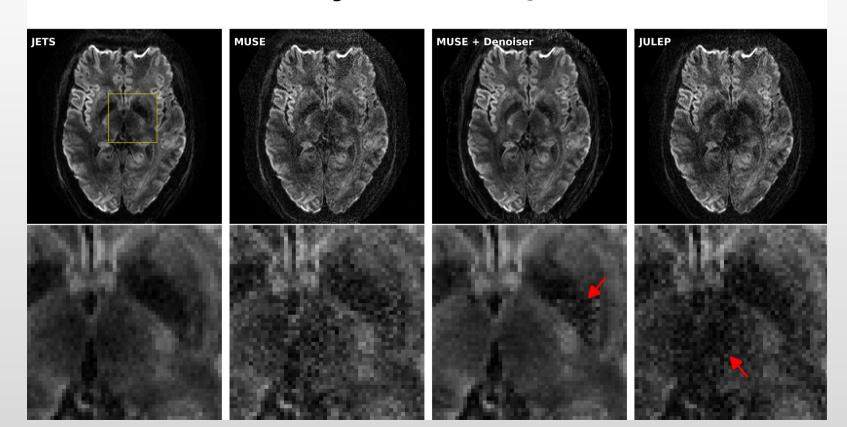
R(x): regularization function.

Experimental Setup

| Experiment | #1 | #2 | #3 |
|----------------------|------------|---------------------------------|------------------|
| Spatial resolution | 1.0 mm ISO | 0.5 x 0.5 x 2.0 mm ³ | 1.0 mm ISO |
| Shots | 4 | 5 | 2 |
| Diffusion directions | 20 | 3 | 126 |
| b-values (s/mm²) | 1000 | 1000 | 1000, 2000, 3000 |
| Acceleration | 1 x 3 | 3 x 2 | 3 x 3 |
| Scan Time (min) | 10:42 | 1:38 | 22:25 |

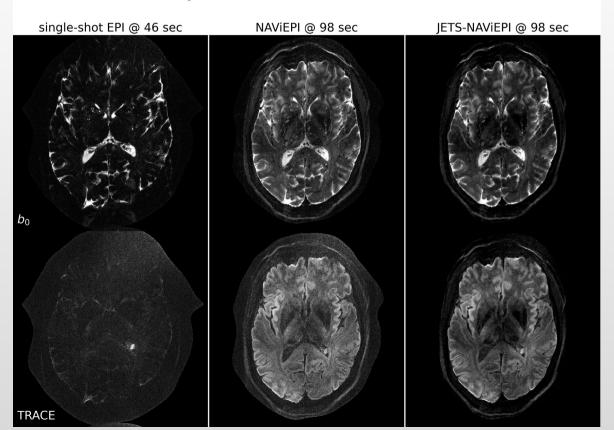
Result: Effective JETS Reconstruction

8th DW image from 4-shot iEPI @ 1 mm ISO

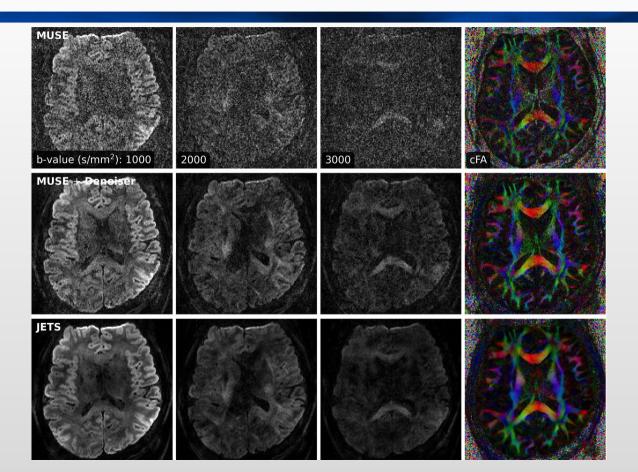


Result: Efficient NAViEPI Sampling

3-scan trace acquisition with voxel size 0.5 X 0.5 X 2.0 mm³



Result: 3-Shell DTI



Open-Source Codes

Accepted by *Imaging Neuroscience*:
 https://doi.org/10.1162/imag_a_00085

Codes & Data:
 https://github.com/ZhongguoTan/I

https://github.com/ZhengguoTan/NAViEPI

Impact

JETS-NAVIEPI enables

- accelerated sub-millimeter resolution brain DWI at 7T;
- ✓ clinically relevant 3-scan trace and neuroscientific DTI protocols.

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