

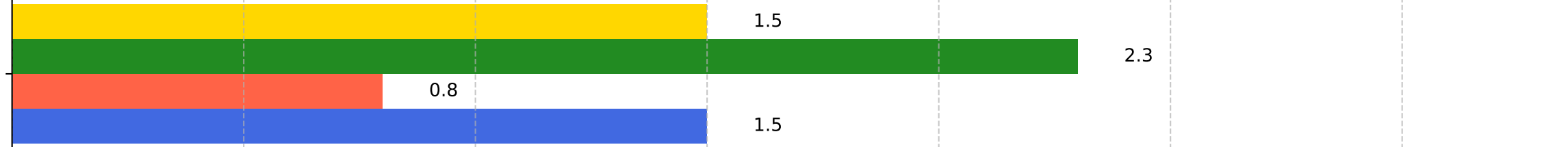
# Average Smartphone Screen Time by Application Type and Age Group in 2023



Seniors (50+)



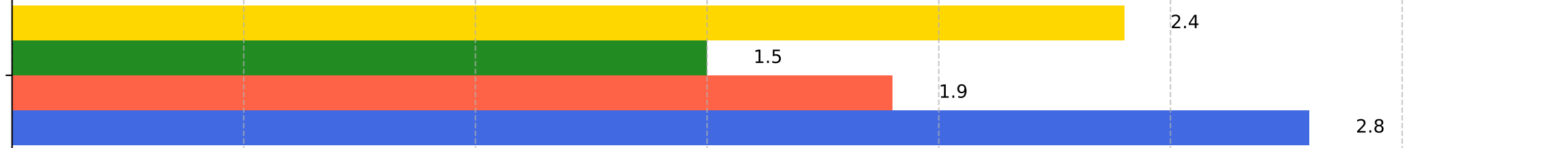
Middle-aged (40-49)



Adults (30-39)



Young Adults (20-29)



Teens (13-19)



Average Screen Time (Hours per Day)