



安徽大學  
Anhui University

Dear Admission Officers,

In the capacity of both Mr. Zhong's professor in the course Developmental Biology and his instructor in the graduation thesis during his undergraduate period at Anhui University, I am pleased to write the letter for his overseas study.

Mr. Zhong joined my lab because of his outstanding performance in the University Student Innovation Programme and then finished his graduation thesis under my instruction later. Mr. Zhong has remarkable academic research and writing skills. He believes that only through timely reflection and summary can he move forward faster. After detecting the repairing effect of selenium-enriched Spirulina on liver damage in mice, he published an extraordinary SCI paper in "Food and Function," in which he studied the protection mechanism of selenium-enriched Spirulina on chronic liver injury induced by alcohol. As part of his impressive experiment conclusion, he proposed that the alcoholic liver injury is mainly caused by apoptosis and supplemented by autophagy, which could be revised by selenium-enriched Spirulina.

Besides his extraordinary academic achievements, he possesses outstanding communication and coordination skills. He voluntarily organized several workshops to help those lag-behind students grasp the knowledge and experimental skills better. In this way, he contributed a lot to the whole class's progress.

In sum, Zhiwen has my highest recommendation for your admission. He has demonstrated excellence in all that he puts his mind to, whether it's designing an experiment or helping other students. With his wisdom and courage to overcome difficulties, I believe that there will be no limit to his growth and achievements. Please don't hesitate to contact me at [beihuang@163.com](mailto:beihuang@163.com) if you have any questions.

Yours faithfully,

*Bei Huang*

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