

Music Therapy Research

<https://www.arts.gov/national-initiatives/creative-forces/research/music-therapy-research>

Art Students' Mental Health: A Complicated Picture

<https://www.chronicle.com/blogs/arts/art-students-mental-health-a-complicated-picture/27923>

Historical Relationship Between Art and Music

<https://www.ukessays.com/essays/arts/historical-relationship-between-art-and-popular-music-art-essay.php>

The Surprising Science Behind What Music Does To Our Brains

<https://www.fastcompany.com/3022942/the-surprising-science-behind-what-music-does-to-our-brains>

The Relationship Between Music and Science

<https://www.bnbmusiclessons.com/blog/the-relationship-between-music-and-science/>

The Importance of Music in Our Society

<https://www.gilbertgalindo.com/importanceofmusic>
**The psychological functions
of music listening**

<https://www.frontiersin.org/articles/10.3389/fpsyg.2013.00511/full>

Mental Health In Schools: A Hidden Crisis Affecting Millions Of Students

<https://www.npr.org/sections/ed/2016/08/31/464727159/mental-health-in-schools-a-hidden-crisis-affecting-millions-of-students>

Music changes perception, research shows

<https://www.sciencedaily.com/releases/2011/04/110427101606.htm>

How Music Affects the Mood

<https://cloudcovermusic.com/music-psychology/mood/>

Music moves brain to pay attention, Stanford study finds

<https://med.stanford.edu/news/all-news/2007/07/music-moves-brain-to-pay-attention-stanford-study-finds.html>

How Music Can Influence the Body: Perspectives From Current Research

https://www.researchgate.net/publication/304711031_How_Music_Can_Influence_the_Body_Perspectives_From_Current_Research

What are the Benefits of Music Therapy?

<https://positivepsychology.com/music-therapy-benefits/>