1. <Title name>
   1. Analysis of physiological aspects of fetal ECG

Heart defects are among the most common birth defects and the leading cause of birth defect-related deaths. Every year, about one of 125 babies are born with some form of congenital heart defects. The defect may be so slight that the baby appears healthy for many years after birth, or so severe that its life is in immediate danger. Congenital heart defects originate in early stages of pregnancy when the heart is forming and they can affect any of the parts or functions of the heart. Cardiac anomalies may occur due to a genetic syndrome, inherited disorder, or environmental factors such as infections or drug misuse [1].

There are at least two ways of fECG assessment. The key features in are FHR rhythm-related, and FECG morphology related. The second one includes changes in ST and QT segments. It is known that QT interval reacts to situations of stress and exercise. It has been shown that a significant shortening of the QT interval was associated with intrapartum hypoxia irrespectively of changes in FHR [2], whereas in normal labor these changes do not occur.

However, for fECG recordings, it is unclear how robust these measures are, particularly when accompanied by:

* noise/artefacts;
* fetal movements;
* different electrode configurations;
* undesired distortions caused by extraction algorithms.

Moreover, even when using modern monitoring equipment like STAN [3], it is not possible to assess how well the morphology of the fetal signal is preserved. This because the reference (invasive FECG) is based on a different lead, which represents another projection of the cardiac electrical activity.

* + 1. Fetal QT interval feature

A small number of researches conducted on the association between the fetal QT interval and newborn outcome. Although, many studies note QT interval abnormalities during the fetal and newborn period with serious events, including sudden death [4].

A prolonged QT interval, either genetic or acquired, predisposes to ventricular tachycardia and sudden death. Changes in the QT interval have also been shown during exercise, stress, infection and heart failure [5]. A QT shortening was noticed in conjunction with an increase in T-wave amplitude. It seemed logical to assume that the QT shortening would depend on the ability of the fetal myocardium to enhance its performance in response to a catecholamine surge and on h-receptor activation known to elicit the rise in T-wave amplitude.

* + 1. Fetal ST interval feature

The ST interval comprises the ST segment and the T wave, and both relate to the repolarization of myocardial cells in preparation for the next contraction, an energy-intensive process. An increase in T-wave height (fig. 1), quantified by the T/QRS ratio, occurs when cellular energy production within myocardial cells begins to decline, that is, when the oxygen supply is inadequate to maintain metabolic activity so that cells are forced to generate energy by ß-adrenoceptor-mediated anaerobic breakdown of glycogen reserves.

ST interval depression indicates an imbalance between the endocardium and epicardium because of the difference between the lower blood perfusion pressure of the endocardium and the higher mechanical strain, which delays myocardial repolarization.



Figure 1. Changes in fetal ST segment

All the factors that modify the performance characteristics of the myocardial wall, including hypoxia, prematurity, infections, maternal fever, myocardial dystrophy, maternal diabetes and cardiac malformations may depress the ST interval.

* + 1. Fetal heart rate

The basic premise underlying FHR as a tool is that patterns reflect the oxygen status of the fetal brain. The changes and patterns seen in the FHR in response to changes in oxygenation and acid/base status should be considered as the fetal organism attempting to maintain homeostasis [7].

There are both accelerations and decelerations exist in the life of fetus. The first ones appear as exposure to external influence such as tactile or acoustic actions. In addition, accelerations could be served as a manifestation of short spontaneous increase in sympathetic activity. The presence of heart boosts indicates the absence of severe hypoxia or acidosis. However, accelerations may not be appeared in different cases, during fetal sleep, arrhythmia, exposure to certain medications, and extreme prematurity.

Decelerations usually serve as an alarm indicator depending on the temporal relationship to contraction. They can be early, late, variable or prolonged. Early decelerations remain the state without certain mechanism description. They appear quite rare and do not serve as a decease alarm.

One of the mechanisms of variable deceleration is a compression in umbilical cord. At first, as an exposure on decreased blood flow heart becomes beating more often. Further cord compression leads to occlusion of both the umbilical vein and arteries, leading to a marked increase in peripheral vascular resistance and a resulting abrupt decrease in the heart rate. However, another mechanism, which shows deceleration/acceleration, exists [7]. Late decelerations are most consistently associated with a response to a reduction in fetal oxygenation. The normal fetus will tolerate this brief reduction well. In contrast, when oxygen tension is already low, the loss of oxygen tension leads to vasoconstriction. Baroreceptors recognize this increase in fetal blood pressure and instigate a lowering of the FHR.

The final type of deceleration is the prolonged deceleration, defined as more than 2 minutes in duration but less than 10. The most likely mechanism in this type of deceleration is a sudden and prolonged reduction in oxygen delivery. Experts speculate that the decrease in FHR is an attempt to conserve oxygen in cases of severe debt. Thus, such type of deceleration became the brightest in problem indication.

* 1. Methods for registration fetal heart activity

Electronic fetal monitoring techniques can be invasive or non-invasive with intermittent or continuous assessment; these techniques include fetal phonocardiography, Doppler ultrasound, cardiotocography, fetal magnetocardiography and fetal electrocardiography [8].

Cardiotocography is a technical means of recording the fetal heartbeat and the uterine contractions during pregnancy. It uses both ultrasonic measurement sensor for fetal heart rate and electrodes for uterine contractions. However, cardiotocography may also include fetal activity measurement devices [9]. All the transducers

* + 1. Magnetocardiography

Fetal magnetocardiography, the magnetic analog of fetal ECG, is an emerging technology that is uniquely suited for investigation of fetal cardiac electrophysiology. Owing to its ability to assess fetal heart rate, rhythm, and conduction with efficacy similar to that of postnatal ECG.

Despite its advantages, fetal MCG is not widely used. A major barrier to clinical adoption is the high cost and complexity of Superconducting Quantum Interference Device technology. However, recent researches changed the situation. The demonstration of a new type of optically pumped magnetometer (OPM) can achieve SQUID sensitivity in a room temperature device [10], and thus, be a much cheaper and simpler in use method for fetal MCG acquisition. Signals obtained by both acquisition methods are presented in figure 2.



Figure 2. Fetal magnetocardiography with different acquisition methods

Characterization of normal fetal behavior is fundamental to neurodevelopmental research and to clinical fetal evaluation. The compromised fetus restricts its activity [11]. Fetal magnetocardiography allows FHR extraction, fetal heart activity assessment and its own morphology evaluation. Figure 3 presents changes in fetal magnetocardiography during gestation.



Figure 2. Fetal magnetocardiography during gestation

* + 1. Fetal electrocardiography

Two methods of fetal electrocardiogram acquisition exist: invasive and non-invasive. First one includes scalp electrode to obtain direct contact with fetus body. This way provides quite clear signal without any significant interference. However, baseline drift, electrode contact noise, electronic noises, power interference and movements with uterine present in signal [12].

Non-invasive fECG technic means abdominal acquisition method, where in mess of signals fetal cardiogram exists and can be extracted with powerful processing methods.

In general, abdominal fetal acquisition system present following modules:

* Acquiring module.
* Signal preprocessing module
* Transducing module.
* Signal processing and Analysis module.
* Data performing module.

However, actual problem is located in theoretical knowledge about data processing and analysis, module placement. Approximate structure contains of microcontroller as the overall module for signal preprocessing and transducing and others that shown in figure 1.



Figure 1. Fetal ECG monitoring system

* 1. Instrumental methods for fECG registration

The most frequently used fetal monitoring technology uses a Doppler ultrasound device to obtain fetal cardiac activity, either the fetal heart itself or arterial flow through a major fetal vessel. An algorithm in the device calculates the time interval between the loudest points in the cardiac cycle and displays a heart rate. Fetal electro cardio signals are much harder to obtain clearly and analyses, thus, in many cases only fetal heart rate measurement is used.

Nevertheless, the majority of attempts keep stepping on the road of technology and methodology improvement. Several monitors and remote biomedical devices for fetal heart rate or ECG waveform acquirement are used widely.

* + 1. Monica AN24

The first FHR monitor using noninvasive fetal ECG technology to arrive in the American clinic was the Monica AN24 monitor. It collects fetal ECG data from five electrodes placed on the laboring woman’s abdomen. The technical challenge for the Monica AN24 and other similar monitors is that, at the point where the electrodes are placed on the maternal abdomen, the fetal ECG waveform is overwhelmed by the maternal ECG, which has a voltage 100 times greater than its tiny fetal counterpart [13].

Monica AN24 is able to obtain 4 channels with 5 electrodes where one common is placed on the referenced point, usually close to the back. The main unit uses advanced technics to extract MHR, FHR and uterine activity. And thus, there is no way to present fetal or mother ECG itself. The device is presented in figure 3.



Figure 3. Monica AN24

In addition, researches proved supremacy of use Monica AN24 over basic CTG technics for obtaining fetal heart rate and uterine contractions. Moreover, woman with big Body Mass Index raises difference in result with the use of electrodes and ultrasound sensors, that has been shown in [14, 15].

* + 1. Monica Novii

Monica Novii is a device developed to improve the labor and birthing experience with remote monitoring. Wireless Patch System is an intrapartum fetal monitor that non-invasively measures and displays the FHR, maternal heart rate, and uterine activity with only five electrodes that communicate all maternal and fetal information to the Novii Pad through Bluetooth technology. The device detects the fetal ECG and maternal ECG rather than FHR through Doppler on a separate device when using standard EFM [16].

For contractions, the Novii uses electromyogram signals from the uterine muscle to detect uterine activity rather than external tocometry. The suggested benefits of this device include reliable tracing on high body mass index patients and patient comfort as the user has a wireless experience during labor and child birth which can increase satisfaction for those who desire frequent position changes and movement [17].



Figure 4. Monica Novii patch system with interface

Despite the fact that monitor provides FHR and MHR it doesn’t use any complex techniques for fetal ECG morphological analysis. However, there is a possibility to show signals from Novii pod.

The Novii Interface is an accessory to the Novii Pod which provides a means of interfacing the wireless output of the Novii Pod to the transducer inputs of a CTG Fetal monitor. The Novii Interface enables signals collected by the Novii Pod to be printed and displayed on a CTG Fetal Monitor and sent on to a central network, if connected [18].

Novii pod system with patches contains 5 electrodes that is shown in figure 5. The positioning of electrodes has been chosen that way to amplify their individual signals. Thus, electrode 4 is implied as neutral one; 3rd significantly important for detection of uterine contractions. Second one for mother’s ECG, it places in the closest location to mothers’ heart among others. Electrode number gives significant contribution to fetal ECG analysis, and thus, FHR extraction.



Figure 5. Novii pod system

One significant contraindication exists Monica Novii is used only with woman over 36 completed weeks of pregnancy. That is usually the last month of gestation.

* + 1. Meridian M110

Meridian system includes monitor and electrode patch. In my opinion, the most significant advantage of a patch is focused in usability comfort. The Meridian Electrode Patch eliminates the need for skin preparation and replaces the fetal scalp electrode, intrauterine pressure catheter, Doppler, and TOCO sensors with a single non-invasive disposable system, while maintaining the same accuracy and sensitivity performance expected of today’s monitoring devices.

Meridian M110 Electrode Patch consists of four patches (fig 6), two for the mother’s abdomen and one for each of her sides, which provides continuous fetal ECG signal pick up for any fetal position or movement [19].



Figure 6. Mindchild Meridian electrode patch

Meridian monitor is a main computational unit for channel processing and indicators extraction. Market has small number of devices for fetal monitoring, however, all of them have personal unique features. Current device is considered to be the one which can perform well for woman with obesity.

MERIDIAN M110 is the only fetal monitor on the market that performs as well in obese patients as it does in lean patients. Both the fetal heart rate signal and the contraction signal deteriorate when BMI increases, compromising obstetric safety [20].



Figure 7. Mindchild Meridian monitor