



iCAN

Study Guide

Philippians 4:13



The intent of this book, Philippians 4:13, is to help you develop that level of faith that we can see and hear in the original author, the Apostle Paul. The goal is to find inspiration through multiple interpretations and to establish a solid foundation for faith to grow and prosper through the word of God. My prayer is as we partner together with the Holy Spirit that He would breathe upon us in a major way, so that we can establish that Philippians 4:13 kind of faith. I believe that the mindset set forth by the apostle Paul in Philippians 4:13 should be the mindset of every Kingdom Citizen. A mindset of faith that will allow us to be fruitful in our walk with God and for God with kingdom results. Join us into a deeper Study.

- *Pastor Ricardo Handy Sr.*

Philippians 4:13

I can do all things through Christ which strengtheneth me

Chapter One

A Word from Lady LaTroya Handy

Chapter Two

I Can

Chapter Three

I Can Do

Chapter Four

I Can Do All Things

Chapter Five

I Can Do All Things Through Christ

Chapter Six

I can do all things through Christ which strengtheneth me

Final Confession



I Can Do All Things Through Christ

Philippians 4:13





A Word from Lady LaTroya Handy

Philippians 4:13



If you have spent any time in church, you are familiar with the words of Philippians 4:13. We have heard these words for a long time, yet I think we have yet to truly understand what God intends for us to grasp from these words. In my husband's latest book, God has pulled back the curtain and allowed him to uncover for us powerful truths that are necessary for us to succeed in the kingdom life! Before we can do anything in the kingdom of God, we have to **believe** we can! Not believing that we can do all things has been a challenge not only for us, but for or biblical sisters and brothers before us. Well! We believe that God can and will turn all of that around!! And we declare:

We **BELIEVE** that we can! If God called us to it, He already knows we **CAN**. Join me in this opening confession: I **BELIEVE** I **CAN**..... Let's dive in!



Philippians 4:13

Chapter 2 I Can



The mindset that we want to establish
early in our reading is: I can!

Philippians 4:13 Chapter Two Quote



Why was it important to establish this mindset?

What is the difference in denying ourselves and
doubting ourselves?

What's a major investment for faith?



The proper way and the only way to walk the faith walk with success is, you must deny yourself without doubting yourself. You have to believe that you can and deny what?

During the “Faith Walk” you will encounter many enemies and if I can also say _____!

(Chapter Two Quote)

What are the five ways listed that every believer should reach for the Philippians 4:13 type of faith?

If you are going to reach for it you must Surround yourself with people that are not _____ to say I can and are not _____ by others who say so.

(Chapter Two Quote)



Chapter two conclusion: *Have you ever thought about what you can do? Have you ever said to yourself I can do this? Philippians 4:13 can also be your personal testimony. Yes, the I can of Philippians 4:13 can also include you. You will discover, if you keep reading, that everything that was made available to the apostle Paul has also been made available to you. You have the opportunity create a mindset of faith where you can believe that I Can. It's not a mindset that won't be tested or challenged. But It's a faith mindset that meets every challenge with faith In word of God, and In the Redeeming power of the cross of Jesus Christ. Going forward you going to have to Deny yourself without doubting yourself. Believe that you can. Keep saying that you can. Because the truth is you can do all things through Christ which strengtheneth you. Let's go a little deeper in what we can do.*




Confess This:

I am fully equipped to do all the things God
asks me to do!



Philippians 4:13

Chapter 3 I Can Do



Faith that does not result in good deeds is not real faith. How convinced am I that I Can? Can I prove that my faith is healthy and strong? Do I have that Philippians 4:13 type of faith?

Philippians 4:13 Chapter Three Quote



How does the Holy Spirit assist us in a true showing of faith?

What are the three connections listed in Romans 12:3 by the apostle Paul?



In this chapter, we will discover what the Philippians 4:13 type of faith looks like. The kind of faith that refuses to _____ and _____ at just believing.

(Chapter Three Quote)

What part does a healthy mind plays in faith?

How can we embrace the fullness of who we are so we don't live average?

We have a kingdom responsibility to _____ and _____ out our faith in such a way that we are witnesses to the greatness of our God.

(Chapter Three Quote)



One of our greatest Inspirations to our faith is what and why?

Chapter three conclusion: *Faith without works is dead. The faith of Philippians 4:13 is I Can Do. I can believe, but I also Can do. The faith of Philippians 4:13 says I'm not stopping at believing. Believe that you can be a doer so you can become a doer. Doing it glorifies God and it provides the evidence that you need that your faith is working.*

Like Caleb you cannot allow the evil reports that are brought up by those who don't believe prevent you from moving forward. God said that the people were well able. Caleb had to still the people and encourage the people. I don't know if you noticed it or not but I can see the same thing happening to you. Caleb had to still the people. David said He leads me beside the still waters. He restored my soul. Restoration Is taking place right now because God has called you to be still beside the still waters. Most of you had to find a still place just to read this book. Caleb had to still the people, but he also had to encourage the people.



Let me encourage you like Caleb did, by using the words of the apostle Paul. Don't get weary in well doing. You will reap if you faint not. The Only question you have to answer now is "Who's report will you believe?" Will you believe the evil report or will you believe the report of the Lord? The report of the Lord says I Can Do it. Let your faith show itself. You Can Do.



Confess This:

I believe God. I can do what He says I can do!



Philippians 4:13

Chapter 4 I Can Do All



Ok, think soberly. What am I really able to do?
God has dealt to every man a measure of faith. I
know I Can Do It. But the question is, do what?

Philippians 4:13 Chapter Four Quote



Knowing what to do will help us to avoid what?

How will a believer try to con their way into Romans
8:28? What's the missing factor that can help us gain
that Philippians 4:13 kind of faith?



Philippians 4:13 says that we can do all things without saying we can do what?

I can do all things that He has called and _____me to do. Yes Everything.

(Chapter Four Quote)

What quick lesson can we learn from Peter?

What quick lesson can we learn from the people who stayed in the boat?

What's the difference in Bid me and Bid we?



Faith is a dangerous area to make _____.
Many people believe that because you are doing
something you have faith. Others believe because you
don't do a certain thing that you have no faith. Faith
requires for us to do _____, but
what faith does not require for us is that we just do
_____.

(Chapter Four Quote)

When you have a word from God you can walk out
in spite of what?

When we step out without a word what can happen?

Philippians 4:13 says you can do all things that you
have been _____ to do. Peter asked for it
and Jesus _____ it.

(Chapter Four Quote)



Chapter four conclusion: *When you walking in your kingdom purpose you will have the backing of the king and all the king's resources.*

Never underestimate someone with permission. Someone who has the faith of Philippians 4:13. They believe they can do all things. Everything. They live with purpose. They live on purpose. Their steps are made according to purpose. They become a true testimony of psalm 37.

23 The steps of a good man are ordered by the LORD: and he delighteth in his way. 24 Though he fall, he shall not be utterly cast down: for the LORD upholdeth him with his hand

Even with God ordering your steps, falling is possible. Peter had permission and purpose, but he still had to stay focused. Peter had to be restored in his purpose after he saw the wind and began to sink. He began to sink, but his purpose hadn't changed. Your moment hasn't changed your purpose. It's possible to be sinking and still have purpose. God in an amazing way can still use you and sometimes He will use your purpose to restore you. Though he falls he shall not be utterly cast down. Cast down but not destroyed. The faith of Philippians 4:13 is not one without failures and flaws ,but it's sustainable faith. The faith to still believe after I have had a moment that I



can recover, get back on track, and follow through in doing all things.

Knowing what to do will help you to stay focused and offers moments of celebrations. There Is nothing more Inspirational than seeing a to do list that's completed. Paul says I pressed toward the mark and the prize. Every mark became a prize; A reason to celebrate.

Celebrate the fact that you did it.

Celebrate the fact that you made It.

Celebrate the fact that you kept going.

Celebrate every mark. You had to press to get there.

You can do all things. Obey every step. See it through. Trust the process. You can do all things that you have been purposed and granted permission to do. Like Paul, press toward the mark, but don't forget to celebrate every moment.

Celebrate every mark.



Confess This:

I am walking in my Kingdom purpose and my King is backing me up. I can all thing He has called me to do



Philippians 4:13

Chapter 5 I Can Do All Things Through Christ



Philippians 4:13 is all about being connected and making the right connections. There is an amazing life that awaits all of us through being in Christ and being connected to our Father.

Philippians 4:13 Chapter Five Quote



Philippians 4:13 is an amazing life that requires a _____ life.

(Chapter Five Quote)

Can we have the Philippians 4:13 kind of faith without being connected? If so, what connections do need to make?

We are reconciled or reconnected to God by the _____ of his Son, Jesus. God has done everything within His power to reconnect with us.

(Chapter Five Quote)



What are some of the names for the Holy Spirit in the word of God?

What are the two types of relationship connections that David speak of that can help us develop that Philippians 4:13 kind of faith?

The reality of Philippians 4:13 can be yours, but you need some _____.

(Chapter Five Quote)

When God said let us make man, who was he referring to? We can have an amazing life but we must be willing to allow who to help us?



Chapter Five conclusion: *Today, at this very moment God is just waiting on you to acknowledge that you can't do it by yourself. You can't break that cycle or habit by yourself. You can't live for him by yourself. Paul said that the good I would do I do not and the evil I would not, that I do. He later praises Christ for giving him victory.*

Romans 7:22-25

MSG

²¹⁻²³ It happens so regularly that it's predictable. The moment I decide to do good, sin is there to trip me up. I truly delight in God's commands, but it's pretty obvious that not all of me joins in that delight. Parts of me covertly rebel, and just when I least expect it, they take charge. ²⁴ I've tried everything and nothing helps. I'm at the end of my rope. Is there no one who can do anything for me? Isn't that the real question? ²⁵ The answer, thank God, is that Jesus Christ can and does.

You got to connect. Allow Him to become Lord of your life. Make It personal. Connect with Him in a personal way. When you do it , it will produce an unbreakable bond that will change your life forever. Because of Jesus, the enemy will not be able to trip you up. The message Bible says

²⁴ I've tried everything and nothing helps. I'm at the end of my rope. Is there no one who can do anything



for me? Isn't that the real question?²⁵ The answer, thank God, is that Jesus Christ can and does.

The answer is still Jesus. When you are connected to Him you can do all things.

*Mark 10:27
(KJV)*

And Jesus looking upon them saith, With men [it is] impossible, but not with God: for with God all things are possible.

Philippians 4:13 is not about our human Connections, but our supernatural connections. Because I'm connected to Him, I can do all things. The presence and power of God will become so active in your life that out of your belly will flow rivers of water. It will open the door to a filling of the Holy Spirit like never before. You will be able to do all things. That's the amazing life that awaits all of us in Philippians 4:13 if we only connect.



Confess This:

I cannot do it by myself, but because I am connected to Jesus I CAN do it. Not by Might, nor by power, but By God's Spirit, I will get it done!



Philippians 4:13

Chapter 6 Can Do All Things Through Christ that
Strengthen Me.



One of the benefits of being connected to Jesus is
access to an unlimited supply of strength.

Philippians 4:13 Chapter Six Quote



The Spirit led person has the ability to survive
_____ and _____.

(Chapter Six Quote)

Even though Jesus was tested, challenged and even
questioned in the wilderness he was victorious
because of what?

The faith of Philippians 4:13 is about seeing His
strength flowing through you in an _____ way.

(Chapter Six Quote)



Is it possible to live a life where I always triumph?

Why shouldn't I put new wine into old bottles?

A lot of times we center our teaching and learning around how expensive the wine is. But Jesus teaches how _____ it is.

(Chapter Six Quote)

We can become new creature in Christ Jesus. Before the bible says that all things can become new it says old things must do what and why is that important?

What were the two important kingdom keys that Jesus taught about the wine?



Jeremiah visits to the potter house showed us that it possible to be in His hands and not ready to hold the liquid? What did God do the vessel that wasn't ready?

Because we are spoiled that don't change the fact that we are His or that His hands are on us. Cracked and spoiled, but _____ in his hands.

(Chapter Five Quote)

Can you come from a place of being cracked and still develop that Philippians 4:13 kind of faith? How?




Confess This:

I believe God. I can do what He says I can do!



Philippians 4:13

Let's Make Some Confessions according to the Word of
God:

I can do all things because God is with me.

My King is backing me as I pursue His purpose for my life.

My connection to Jesus is the key to my success.

I am well able to take possession of everything God has for
me.

I am not alone. God is working in and through me.

I may fall, but I will not fail.

I am In God's Hands.

God is making me into a vessel of honor.



I Can Do All Things Through Christ

Philippians 4:13

