**About Dataset**

**Overview:**  
This dataset include data for the estimation of obesity levels in individuals from the countries of Mexico, Peru and Colombia, based on their eating habits and physical condition.  
The data contains 17 attributes and 2111 records, the records are labeled with the class variable NObesity (Obesity Level), that allows classification of the data using the values of Insufficient Weight, Normal Weight, Overweight Level I, Overweight Level II, Obesity Type I, Obesity Type II and Obesity Type III.

**Data Details:**

* Gender: Gender
* Age: Age
* Height : in metres
* Weight : in kgs
* family\_history : Has a family member suffered or suffers from overweight?
* FAVC : Do you eat high caloric food frequently?
* FCVC : Do you usually eat vegetables in your meals?
* NCP : How many main meals do you have daily?
* CAEC : Do you eat any food between meals?
* SMOKE : Do you smoke?
* CH2O : How much water do you drink daily?
* SCC : Do you monitor the calories you eat daily?
* FAF: How often do you have physical activity?
* TUE : How much time do you use technological devices such as cell phone, videogames, television, computer and others?
* CALC : How often do you drink alcohol?
* MTRANS : Which transportation do you usually use?
* Obesity\_level (Target Column) : Obesity level

https://www.semanticscholar.org/paper/Dataset-for-estimation-of-obesity-levels-based-on-Palechor-Manotas/35b40bacd2ffa9370885b7a3004d88995fd1d011