

✓ Showing rows 0 - 13 (14 total, Query took 0.0003 seconds.)

`SELECT * FROM `todayslist``

id	name	fats	carbs	protein
15	chicken	0	2.7	26
16	rice	0.58	41.1	4.6
17	beans	10	4	5
18	bread	0.9	40	15.2
19	eggs	10.3	1.4	12.7
20	caesar salad with chicken	11	3	9
21	salmon	6.34	0	19.8
22	steak	12.9	0	22.7
24	pancakes	8	37	8
25	yogurt	3.8	17.25	12.86
29	pancakes	8	37	8
30	steak	12.9	0	22.7
35	protein bar	7	27	15
37	chocolate donut	12	38	4