users

foodlist

Column	Type	Null	Default	Links to	Comments	Media type
id *(Primary)*	int(11)	No				
name	varchar(100)	No				
fats	float	No				
carbs	float	No				
protein	float	No				

Indexes

Keyname	Type	Unique	Packed	Column	Cardinality	Collation	Null	Comment
PRIMARY	BTREE	Yes	No	id	12	A	No	

todayslist

Column	Type	Null	Default	Links to	Comments	Media type
id *(Primary)*	int(11)	No				
name	varchar(100)	No				
fats	float	No				
carbs	float	No				
protein	float	No				

Indexes

Keyname	Type	Unique	Packed	Column	Cardinality	Collation	Null	Comment
PRIMARY	BTREE	Yes	No	id	14	A	No	

user

Column	Type	Null	Default	Links to	Comments	Media type
id *(Primary)*	int(11)	No				
username	varchar(50)	No				

Column	Type	Null	Default	Links to	Comments	Media type
password	varchar(255)	No				
created_at	datetime	Yes	current_timestamp()			

Indexes

Keyname	Type	Unique	Packed	Column	Cardinality	Collation	Null	Comment
PRIMARY	BTREE	Yes	No	id	12	A	No	
username	BTREE	Yes	No	username	12	A	No	