

Ways To Rise

From Satanism Wiki

There are some ways to help the **Kundalini** rise:

- **Shaktipat:** When a Risen or higher stimulates the serpent of another person to rise or awaken.
- **Feeding** the Kundalini: Helps stimulate the Kundalini to rise when one is awoken. It is also important to do it constantly for Risens, because it empowers the Kundalini and clears blockages. This can be done in two ways.
- **Doing Cobra breath:** This breathing technique stimulates the Kundalini to rise and empower all your Chakras.
- **Doing meditations:** Doing powerful meditations like Full 666 or Merkaba.

Feeding the Kundalini with Excess Energy

Before going to bed, one can use their excess energy to feed their Kundalini. It is simple and may even help falling asleep:

- Clean your aura
- Make a sphere using all the energy you don't need
- Program the sphere you just made to be positive
- Visualize it in a white-golden color
- Visualize your Kundalini eating the sphere you made and feel it

Feeding the Kundalini with Sexual Energy

Since the Kundalini's nature is sexual, orgasm is the preferred method for feeding it. In order to do this:

- Reach orgasm through sex or masturbation
- Visualize your orgasmic energy as white-golden
If you are **Awakened**
- Visualize the serpent eating your orgasmic energy and rise up through your spine.
If you are **Risen**:
- Like before, but don't visualize the Serpent rise.

If you are not **Awakened** or **Risen**:

- Visualize your Kundalini eating your orgasmic energy and waking up.

Feeding your Kundalini this way will clear your blockages, and your aura may turn golden when that happens.

Kundalini and Trauma

The worst possible way to Rise is through traumatic experiences. In this case, the trauma can be anything from an emotional outbreak to losing an arm. The only upside to this is you need to be past the **Awakened** stage and nearing the Rising stage, the closer you are the easier it is for trauma to create a surge of energy forcing your Serpent up. A rapid change in your energy can cause another form of Rising we will call a temporary Rising. This likely happens when your new to meditating or doing drugs or several other things. A temporary Rising will give you the feeling that you are **Risen**, and will give you a lot of the experiences that a person in the real **Risen** stage gotten, however the Serpent does not create enough energy or draw enough energy into itself to sustain it's own life at the elevated level.

Rising by Possession

Possession can lead to an alteration in the person's mentality and soul, Rising by means of possession which is what happens 99.9% of the time can be very dangerous. The process behind it is actually quite easy, all you need to do is simply stimulate the Serpent with your own Serpent's energy, the Serpent draws from your energy to force it's way up to the top. The danger here is if the initiate stops meditating or focuses less on the Chakras they may lose their own individuality and become a puppet of the person who Rose them.