

MEDITATION PROGRAM BY: Satanfollower2355

The following are references throughout the program references are made to up here

Muay Thai Prayer Mantras:

Daily one:

Na Yan Bot Songkram

Ma Tid tam Satra

Bud Tor Su Pai Rin

Cha Sin Pol Kral

Ya Chok Chai Chana

(DO THIS ONE EVERY DAY)

During hard times:

Na Dej Rukran

Ma Tao Harn Fan Fad

Pa Pikat Home Huek

Ta Prab Suck Toi Tod

(DO THIS WHEN BEING ATTACKED)

Complete 666 Meditation:

Vibrate the following:

VAH into the Base Chakra

VOH into the Sacral Chakra

VUU into the Solar Chakra

VAH into the Heart Chakra

VUU into the Throat Chakra

VOH into the Sixth Chakra

VAH into the Crown Chakra

The above counts as one rep, do as many as instructed.

Aura of Protection:

Sowilo into the Aura 108 times

Affirm "My Aura is permanently and constantly deflecting and repelling any and all negative energies directed at me and is permanently returning them a hundredfold to those who sent them i am aligning these protective energies with those of my brothers and sisters in Satan."

Release of Kundalini Energies:

Go into a light-medium trance and focus on your Serpent time your breathing with it's pulsing spend the given number of minutes that day.

Merkaba:

Do the following every Merkaba Day

http://www.angelfire.com/hailtosatansvictory666/Star_of_Astaroth.html

<https://web.archive.org/web/20121215022907/http://www.vovimbaghie.com/satanic-meditations/dramatically-increasing-your-vibration/>

Cleaning Aura:

Sowilo 16 times into your Aura.

Daily Affirmation:

Light Trance

Affirm:

I am safely and constantly adjusting to the Kundalini energy within me without causing issues against myself and ego.

May help to make that into a sigil but this is a beginning program so it is not mandatory that you do.

Sexual Orgasm:

Orgasm but this time focus on running the energies through your Middle Chakras.

Intro into the Meditation Program:

This Program is to make Satanic Warriors, so follow it with riger, if you feel it is going too slow for you feel free to speed it up, at the end of each week there are assignments to do, there is no set timeline for them to be completed but try to finish them as soon as possible and try to make creative solutions to these assignments we need leaders not followers.

IMPORTANT NOTE: While Yoga is not contained in here it is HIGHLY suggested that you start every meditation session with Kundalini Yoga and do Hatha Yoga to finish. Also remember this is a beginning meditation designed to get you to the activated Serpent level and slightly past it, some will progress faster through it then others and that is completely fine just remember to have discipline and complete all the assignments.

EXTREMELY IMPORTANT: FOCUS REALLY HARD ON THE CHAKRAS WHILE MEDITATING AND HAVE THE INTENT TO EMPOWER YOUR SOUL FIRST AND FOREMOST WHILE MEDITATING.

MEDITATION PROGRAM:

Day 1:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 13 times

Cleaning Aura

Daily Affirmation

Day 2:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 13 times

Cleaning Aura

Daily Affirmation

Day 3:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 13 times

Cleaning Aura

Daily Affirmation

Day 4:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 13 times

Cleaning Aura

Daily Affirmation

Day 5:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 13 times

Cleaning Aura

Daily Affirmation

Day 6:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 13 times

Cleaning Aura

Daily Affirmation

Day 7:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 13 times

Cleaning Aura

Daily Affirmation

Day 7 (ASSIGNMENT):

Pay attention to local news

Day 8:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 26 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 9:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 26 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 10:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 26 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 11:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 26 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 12:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 26 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 13:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 26 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 14:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 26 times

Cleaning Aura
Merkaba
Daily Affirmation

Day 14 (ASSIGNMENT):
Look and study all the Runes on the JoS, memorize as much as you can with them.

Day 15:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 39 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 16:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 39 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 17:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 39 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 18:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 39 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 19:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 39 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 20:
Aura of Protection

Release of Kundalini Energies
Complete 666 Meditation 39 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 21:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 39 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 21 (ASSIGNMENT):
Use Runes to make a working (40 days) to manifest in 6 month making a local news article that you want.

Day 22:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 52 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 23:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 52 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 24:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 52 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 25:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 52 times
Cleaning Aura
Merkaba
Daily Affirmation

Day 26:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 52 times

Cleaning Aura

Merkaba

Daily Affirmation

Day 27:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 52 times

Cleaning Aura

Merkaba

Daily Affirmation

Day 28:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 52 times

Cleaning Aura

Merkaba

Daily Affirmation

Day 28 (ASSIGNMENT):

The working should be a 40 day working so continue with it, also study into thoughtforms

Day 29:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 65 times

Cleaning Aura

Merkaba

Daily Affirmation

Sexual Orgasm

Day 30:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 65 times

Cleaning Aura

Merkaba

Daily Affirmation

Sexual Orgasm

Day 31:

Aura of Protection

Release of Kundalini Energies

Complete 666 Meditation 65 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 32:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 65 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 33:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 65 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 34:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 65 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 35:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 65 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 35 (ASSIGNMENT):
The working should be a 40 day working so continue with it, also study into Element work

Day 36:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 78 times

Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 37:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 78 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 38:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 78 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 39:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 78 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 40:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 78 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 41:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 78 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 42:
Aura of Protection
Release of Kundalini Energies
Complete 666 Meditation 78 times
Cleaning Aura
Merkaba
Daily Affirmation
Sexual Orgasm

Day 42 (ASSIGNMENT):
The working should be a 40 day working so continue with it

Congratulations you got to the end of the program this is for beginners so stop sucking your own dicks and get to more work here is a list of problems needed to be solved so find, make, and solve these problems you cumbuckets.

You will know you activated your Serpent by the Symptoms of the Serpent, taken from Maxine:

19

Kundalini Symptoms

There are various symptoms of activated kundalini. Much of this is individual and also depends upon the stage one is at and just how close one is to raising one's kundalini all the way.

Kundalini is hot. If you are close to raising it all of the way, symptoms can include:

Feeling like your aura is on fire

Waking up feeling this way at night when asleep, feet feeling like they are on fire

Feeling hot all over

The energy buzz after doing yoga or feeling it when sitting still can now be felt

when you are active, up and around. It is now either a constant or you feel it a

majority of the time, active or not

Insomnia- once kundalini has risen all of the way, in extreme cases, one can go

without sleep for months

Bouts of extreme energy

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Feeling edgy at times

२६

A pulling sensation in the spine or at the base chakra

२६

A hot and/or throbbing sensation at the base chakra

२६

The spine becomes very hot

२६

A feeling of knowing things before they happen

२६

Intuition and other psychic abilities are amplified

२६

Aura/skin tingling; a burning sensation

२६

Vibrating inside from the energy

२६

Extreme physical sensitivity to sounds and other things in the environment

२६

Feelings of intense bliss and ecstasy

Symptoms that kundalini has been activated:

Experiencing the 'crawlies,' sensations like ants crawling

२६

Feelings of wanting to do inverted yoga positions, like the headstand

२६

Itching

२६

Detachment [now, this is not indifference like many books out there will try

to tell you, but this is a feeling of inner calm and peace, where upsetting

things in the environment do not cause physical reactions, such as

nervous knots in the stomach, etc.]

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Intensified or diminished sexual desires [these do not usually last]

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Problems in concentrating [for people who normally can]

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Being scatterbrained, feeling spacey [this does not last]

PS: IF YOU ARE AWAKENED DO NOT SUCK YOUR OWN DICKS IT STILL IS NOTHING YOU
HAVE A LOT MORE TO GO