# Workations Sound Like a Really Good Deal, But Are They Really?

The idea of working while sipping a Pina Colada on the beach sounds like a dream, but are workations really as beneficial as they seem? Let’s find out!

Workations have their benefits according to some studies. Not only does employee productivity increase, it also is beneficial to the health and satisfaction of the employee! A workation opens many more opportunities for employees to relax and balance their work with free time. This leads to improved problem-solving and teamwork skills, thus also improving productivity.

Offering workations can also attract a high level of talent. Many highly creative and talented people seek workations as it allows them to break free from traditional routines and find inspiration and motivation in a more diverse setting.

What reasons are there to not offer workations? Cost and planning requirements are an obvious reason. A workation is very costly, due to the requirements of needing a hotel and a stable internet connection, not to mention the planning overhead to make it happen in the first place. Distractions also can play a role into workations not being a good idea. Someone who gets easily distracted should not go on a workation.

If workations aren’t suitable, there alternatives with similar benefits. Reducing the work week to a four-day work week has similar benefits to employee productivity and health as workations. Offering home office results in similar improvements.

Overall, workations are a good idea that are worth considering. The gains and benefits mostly depend on the person taking the workation, so it’s worth considering if an alternative is more suited.