

Ant Hill

A mental health and awareness app that is tailored to your day-to-day activities and feelings through the use of journalling and wellbeing monitoring

Inspiration

Even though it's an old topic that has been picked up over time, it's a real disorder that affects millions of people worldwide. The crisis is going worse after the pandemic. Thus it is in our best interest to create something we can use to help reduce it. According to Community Mental Health Counselling, waiting time would be 1 month for most Canadians in 2019 - 2020. 10% of Canadians wait more than 4 months. The situation is better for home care services, but they still need several days.

What it does

Allow users to have a more personal way to destress and analyze their mental health.

How we built it

Using Flutter, Python language, Firebase database, and Flask.

Challenges we ran into

Connecting a server to flutter to act as storage.

Accomplishments that we're proud of

Completion of the app in a successful manner. Some of us don't have experience in frontend and backend development. we self-studied and collaborated throughout the project.

What we learned

Flutter, mental health, app design, collaboration.

What's next for Ant Hill

Update the backend and add more features to the app. Add Ant Hill to Apple Watch where users can easily create new journals on Apple Watch.

Built With

Flutter, Python language, Flask, Firebase

Try it out

<https://github.com/varunan-vara/UofTHacksX-Ant-Hill>

Devpost Link

<https://devpost.com/software/ant-hill>