

Boluwatife Gbadamosi

M.Sc. Candidate / Public-Health Nutrition Researcher

Ogun State, Nigeria

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Professional Snapshot

Recent honours Graduate B.Sc. Nutrition & Dietetics graduate (F.U.N.A.A.B) with **hands-on research, dietary-assessment and community-nutrition** experience. Proven record of **400-participant human observational studies, SPSS analytics and patient-centred hospital internships**. Passionate about bridging the gap between **clinical nutrition evidence and real-world public-health action**.

Education

B.Sc. Nutrition & Dietetics

Federal University of Agriculture, Abeokuta | 2021 – 2025

Honours

Research Experience

Undergraduate Researcher – Meal Skipping & Stomach Ulcer Prevalence

Department of Nutrition & Dietetics, F.U.N.A.A.B | Jan – Jun 2025

Supervisor: Dr (Mrs) C. A. Oladoyinbo

- Designed & executed cross-sectional study among **400 undergraduates** using **multi-stage random sampling**
- Deployed **GSRS-based questionnaires**; captured anthropometrics, socio-demographics and ulcer history
- Coded & analysed data in **SPSS** (descriptive, χ^2 , logistic regression)
- Discovered **82.3 % skipped meals; 23.5 % reported ulcer symptoms** with significant SES linkage
- Presented findings to faculty; **3 evidence-based policy recommendations** adopted for campus food programmes
- Secured **ethical clearance**, informed consent & confidentiality compliance

Work Experience

Nutrition Intern – State Hospital Ota, Ogun State | May – Aug 2024

- Prepared & demonstrated therapeutic meals for **60+ antenatal patients** (diabetes & hypertension)
- Delivered **nutrition education sessions** → **22 % rise in return-visit compliance**
- Monitored vitals (BP, weight, glucose) for **50 expectant mothers & 30 diabetic patients** daily
- Weighed **>20 babies pre-immunisation** to ensure accurate vaccine dosing
- Led talks on **breastfeeding, complementary feeding & diabetic diets**

Academic Projects

Comprehensive Family Dietary Assessment | 2023

- Conducted **24-hour dietary recalls & FFQs** for **3 multi-generational families**
- Calculated energy & micronutrient intake vs **RDA**; delivered **personalised meal plans**
- Achieved **>90 % family adherence** to recommendations at 4-week follow-up

Teaching & Outreach

Role	Institution / NGO	Impact
Learning Facilitator	Larsen Advocacy & Empowerment Agency (2025)	Taught 69 boys sexual-violence prevention; pre/post knowledge score increase by 35 %
Classroom Tutor	SD & DP Primary School (2021)	Taught 7 pupils core subjects; mean grade increased by 20 %
Home-Economics Mentor	Soft Touch Secondary (2020)	Improved reading habits by 5 % in 5 seniors ; instructed 20 juniors in nutrition basics

Core Competencies

- Dietary Assessment (24-hr recall, FFQ, RDA analysis)
 - Data Collection & Analytics: **SPSS, Excel, Epi Info**
 - Human Study Design & Ethics
 - Academic & Grant Writing
 - Participant Recruitment & Retention Strategies
 - Patient Education & Monitoring
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Publication

Gbadamosi, B. C. (2025). *Meal Skipping and the Prevalence of Stomach Ulcer Among Undergraduate Students*. Unpublished B.Sc. research project, Federal University of Agriculture, Abeokuta.

Certifications & Workshops

- **Research Ethics & Integrity** – FUNAAB (2024)
 - **SPSS for Health Researchers** – DataCamp (2024)
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Professional Interests

Non-communicable disease prevention • Food security • Maternal & child nutrition • Behaviour-change communication