Theorem.
$$(P \lor Q) \to R \equiv (P \to R) \land (Q \to R)$$

Solution:

Proof. Let P,Q, and R be statements. We begin with the left side and work towards the right side:

$$\begin{split} (P \lor Q) &\to R \equiv \neg (P \lor Q) \lor R \\ & \equiv (\neg P \land \neg Q) \lor R \\ & \equiv (\neg P \lor R) \land (\neg Q \lor R) \end{split} \qquad \begin{aligned} & \text{[Conditional as Disjunction]} \\ & \equiv (P \to R) \land (Q \to R) \end{aligned} \qquad \begin{aligned} & \text{[Distribution]} \\ & \equiv (P \to R) \land (Q \to R) \end{aligned} \qquad \end{aligned}$$

Therefore,
$$(P \vee Q) \to R \equiv (P \to R) \land (Q \to R)$$
.

Reflection:

- I worked from the left side and found the right.
- Remembering the problem we did in-class, the left side jumped out instantly at me.
- I did not get stuck, it just takes some time.
- I did not use Dr. Johnson's solution or help from any other source other than The Summary of Useful Logical Equivalences and my notes; I did however use ChatGPT to help clean up my Latex code.