Multiple-Choice Question with a Single Correct Option (SMCQ)

内隐记忆是指()的记忆。

选项: A.受意识控制B.没有意识到C.对知识技能D.对情绪情感 (English version: Implicit memory refers to memory that is (). Options: A. controlled by consciousness B. not consciously aware C. related to knowledge and skills D. related to emotions and feelings)

Answer: B, 内隐记忆是个体并没有意识到,过去的经验却对当前的活动产生了影响,又称自动的、无意识的记忆。(English version: B, implicit memory refers to memory that an individual is not consciously aware of, but past experiences influence current activities. It is also known as automatic or unconscious memory.)

Multiple-Choice Question with Multiple Correct Options (MMCQ)

焦虑性人格障碍的特点是()。

选项: A.总是感到不安B.对他人意见过分敏感 C.一贯猜疑偏执 D.习惯性夸大潜在危险(English version: The characteristics of anxiety personality disorder are (). Options: A. Always feeling uneasy B. Overly sensitive to others' opinions C. Consistently suspicious and paranoid D. Habitually exaggerating potential dangers)

Answer: ABD, 是一贯感到紧张、提心吊胆、不安全和自卑,总是需要被人喜欢和接纳,对拒绝和批评过分敏感,因习惯性地夸大日常处境中的潜在危险,所以有回避某些活动的倾向。(English version: ABD, It is characterized by consistently feeling tense, apprehensive, insecure, and inferior. Individuals with this disorder constantly need to be liked and accepted and are overly sensitive to rejection and criticism. Due to their habitual exaggeration of potential dangers in everyday situations, they tend to avoid certain activities.)

Case

求助者10余年来工作认真负责,积极努力...1个多月前上级来了正式任命,但任命的科长不是他。求助者很震惊,觉得特别没有面子,认为领导是故意让自己难堪为此情绪较为低落,内心苦恼,烦躁不安,觉得无助。近2周来,调动工作未果,经常失眠、食欲明显下降...(English version: The client has been diligent and responsible in their work for over 10 years, always putting in a lot of effort ... Over a month ago, an official appointment was made by their superior, but the section chief position was not given to him. The client was shocked and felt deeply humiliated, believing that the leader intentionally made him look bad. As a result, the client has been feeling down, distressed, restless, and helpless. For the past two weeks, their efforts to transfer positions have been unsuccessful, leading to frequent insomnia and a significant decrease in appetite ...

1. 对该求助者症状持续时间的判定是()。 选项: A.10余年 B.半年 C.1个多月 D.2周 (English version: The duration of the client's symptoms is (). Options: A. Over 10 years B. Six months C.

Over one month D. Two weeks) Answer: C

- 2. 该求助者出现的主要心理症状包括()。 选项: A.内心冲突 B.入睡困难 C.情绪低落 D.烦躁不安 (English version: The main psychological symptoms experienced by the client include (). Options: A. Inner conflict B. Difficulty falling asleep C. Low mood D. Restlessness Answer: CD
- 3. 该求助者出现的认知错误可能包括()。选项: A.领导让自己难堪 B. 自己命运不好 C.坚持原则得罪人 D.自己没有面子 (English version: The cognitive errors that the client may be experiencing include (). Options: A. The leader is intentionally making him look bad B. He have bad luck C. Sticking to principles has offended people D. He have lost face Answer: ABD

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