单词	音标	解释
mainland	/ˈmeɪnlænd/	
messy	/'mesi/	
moderation	/ˌmɒdəˈreɪʃn/	
preventive	/prɪˈventɪv/	
rainfall	/ˈreɪnfɔːl/	
short-sighted	/ˌʃɔːt ˈsaɪtɪd/	
survival of the fittest		
tide	/taɪd/	
valley	/ˈvæli/	
volcano	/vɒlˈkeɪnəʊ/	
waste disposal		
waterfall	/ˈwɔːtəfɔːl/	
amateur	/ˈæmətər/	
backstroke	/ˈbækstrəʊk/	
badminton	/ˈbædmɪntən/	
baseball	/ˈbeɪsbə:l/	
bobsleigh	/ˈbɒbsleɪ/	
boxing	/ˈbɒksɪŋ/	
breaststroke	/ˈbreststrəʊk/	
chess	/tʃes/	
competitor	/kəmˈpetɪtər/	
concord	/ˈkɒŋkɔːd/	
confrontation	/ˌkɒnfrʌnˈteɪʃn/	
contender	/kənˈtendər/	
dash	/dæʃ/	
discus	/ˈdɪskəs/	
diving	/ˈdaɪvɪŋ/	

单词	音标	解释
doping	/ˈdəʊpɪŋ/	
envision	/ɪnˈvɪʒn/	
epitome	/ɪˈpɪtəmi/	
fencing	/ˈfensɪŋ/	
football	/ˈfotbə:l/	
freestyle	/ˈfriːstaɪl/	
golf	/gplf/	
gym	/dʒɪm/	
gymnastics	/dʒɪmˈnæstɪks/	
hammer	/ˈhæmər/	
handball	/ˈhændboːl/	
high jump		
ice hockey		
long jump		
marathon	/ˈmærəθən/	
measurement	/ˈmeʒəmənt/	
Olympics	/əˈlɪmpɪks/	
pole vault		
representative	/ˌreprɪˈzentətɪv/	
rowing	/ˈrəʊɪŋ/	
sailing	/ˈseɪlɪŋ/	
skating	/ˈskeɪtɪŋ/	
skiing	/ˈskiːɪŋ/	
swim	/swɪm/	
symbolic	/sɪmˈbɒlɪk/	
table tennis		
torch	/to:tʃ/	
victory	/ˈvɪktəri/	
volleyball	/l:cdilav'/	
wrestling	/ˈreslɪŋ/	