

# ONE BRIGHT (7)

## Ultrasonic Tooth Cleaner

**User Guide** 

## What is an Ultrasonic Tooth Cleaner and what does it do?

The One Bright Tooth cleaner uses a high frequency ultrasonic transducer to generate over 40,000 vibrations per second. These rapid vibrations break down unwanted calculus and hardened dental plaque.

Unlike a regular toothbrush, the ultrasonic tooth cleaner is designed to remove hardened plaque and tartar residing on and over your teeth, usually located along the gum line and between teeth. Tartar is the calcified form of the plaque which tightly attaches to the teeth and is responsible for gum disease and halitosis.



Removing calculus and hardened plaque will improve the appearance of your teeth & overall oral health and hygiene.



### What's in the box

01

#### Ultrasonic tooth cleaner

2 million vibrations per minute.



02

#### **Eraser tips**

- Flat tip Designed to remove staining and plaque on teeth surfaces.
- **Needle tip-** Designed for removing tartar and plaque build-up between the teeth and tight spaces.



03

#### **Dental mirror**

Allows you to see teeth at varying angles including from behind.



04

#### Tongue scraper

Designed to clean your tongue eliminating bad breath and improving oral hygiene.



### Powering on the device

To turn the device on press and hold the power button for 2 seconds, the device is on when the green lights appear. Simply press the power button to change the intensity level. The device will only begin to output vibrations when in contact with hard surfaces such as your teeth or calculus. The device has an intelligent sensor which can differentiate between hard and soft surfaces meaning the device will immediately stop working when it touches anything soft such as skin or gums.





#### How to use

Select the appropriate tip and secure it in place using the provided spanner.

- Activate the device; when the green light is illuminated, it is ready for use. Vibration commences upon contact between the tip and your teeth.
- Choose a suitable mode, we advise starting with "Soft" before gradually increasing intensity as needed.
- Employ the mirror to examine your mouth, focusing on identifying areas with attached tartar (we advise using a bathroom mirror as well as the dental mirror) Common locations include the lower surface of your lower teeth, gaps in your teeth as well as the areas in constant contact with the tongue.

- Position the tip near the gum line of a stained tooth and assess for roughness or catches. The sensed "catches" are typically plaque, tartar, or calculus.
- Direct the tip toward the calculus at a 45-degree angle. Simply touching the calculus is sufficient in the removal. The device features a built-in smart sensor for preventing operation when pressed against the gums or other soft tissues. Later, position the device at a 90-degree angle against the tooth when using the flathead tip.
  - \*Please note using the One Bright ultrasonic cleaner can be difficult at first but like all things with practice comes perfection.
- Glide the tip along the gum line to remove plaque, tartar, or food debris. Concentrate on areas where flossing and brushing may be less effective.
- When pointing the tip at a tooth surface, the device will automatically employ ultrasonic vibration to clean your teeth.

  Manual scraping of plaque and tartar is unnecessary.
- Repeat the scaling process for all areas near the gum line where debris or stains are present on each tooth.
- Progress from one side of the mouth to the other until all teeth are covered. Optionally, use a sterile piece of gauze for cleaning if gums are swollen or bleeding due to gum disease.
- Once satisfied with the results, turn off the teeth cleaner by pressing the power button for 2 seconds. Rinse with water or mouthwash to eliminate debris and bacteria, and sanitize the used heads.

## **5 Intensity Levels**

#### Soft

This level is our gentlest mode designed for beginners & sensitive teeth. Use this mode to become familiar with the sensation of ultrasonic vibrations.

Normal
This level is designed to breakdown softer plaque and tartar.

3 Middle
This level is ideal for polishing teeth with the flat tip.

4 This mode is recommended when you have gotten use to handling the Ultrasonic tooth cleaner.

5 Super strong
This level targets stubborn calculus use this mode for the fastest and most dramatic results.

## Charging

- When fully charged the power button will appear green.
- When the battery is running low, it will appear yellow.
- The battery will run out when the flashing yellow light appears.
- When charging the power button will be solid yellow.
- Please allow for 3 hours to fully charge.
- Please avoid overcharging to prolong battery life.
- Allow the device to fully charge before first use.

#### Disclaimer

The Ultrasonic Tooth Cleaner is designed to aid in managing visible tartar build-up and stain deposits between dental check-ups. While it can be a helpful tool, it is not intended to treat dental diseases or replace preventive dental appointments.

For your safety, please adhere to all warnings and only use the ultrasonic tooth cleaner with the approval and guidance of your personal dentist. We strongly recommend cleaning the device with alcohol or an antibacterial wipe before each use.

As a precaution, please ensure that the Ultrasonic Tooth Cleaner is kept away from users under the age of 18 and out of reach of children. This product is not formulated to diagnose, treat, cure, or prevent any disease. Thank you for your understanding and commitment to proper usage.